BEST FOR SPORT, SKY & STREAMING

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7-13 JUNE 2025

TV & Satellite week

EXCLUSIVE

Not Going Out

Big changes for **Lee Mack** and **Sally Bretton** as the hit sitcom takes a time jump!

NEW

THE GOLD
It's Brink's-Mat or bust in Series 2

NEW

OCEAN
Go to sea with **David Attenborough**

EXCLUSIVE

DEEP COVER
All-action comedy set in gangland London

HotList This week's 28

Saturday 7

Challenge Cup finals

***RUGBY LEAGUE** BBC1 & BBC2*

In the showpiece events at Wembley, St Helens take on Wigan Warriors in the women's final (BBC2, kick-off 11.45am), then it's Warrington Wolves v Hull KR in the men's competition (BBC1, k-o 3pm).

World Cup qualifier

***FOOTBALL** ITV1, kick-off 5pm*

Coach Thomas Tuchel (above) will be hoping for three wins out of three, as England's men travel to Barcelona to face Andorra in their latest qualifying match ahead of next year's World Cup finals.

Doctor Who: Unleashed – 20 Years in Wales

***DOCUMENTARY** BBC3, 7pm*

If you're still on a comedown from last week's finale, this special episode of *Unleashed* should help, as we celebrate the last 20 years of the Doctor's antics.

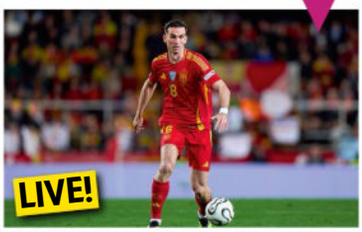
Memory

***THRILLER** C4, 9.30pm*

Liam Neeson (above) stars as a hitman with early-onset dementia who is forced to go on the run from his employers and work with the FBI to expose a sex-trafficking ring. *See review, page 23*

Full listings start on **p35**

Sunday 8



Nations League final

***FOOTBALL** ITV1, kick-off 8pm*

The fourth edition of the men's international tournament reaches its climax, with Germany or Portugal playing either defending champions Spain or France at Bayern Munich's Allianz Arena.

Ocean with David Attenborough

***DOCUMENTARY** National Geographic, 8pm, & Disney+*

In his new film, the naturalist (above) shows how vital the oceans are for the survival of life on Earth. *See feature, p12*

The Gold

***DRAMA** BBC1, 9pm (box set, BBC iPlayer)*

As the heist drama returns, the manhunt after the Brink's-Mat robbery takes cop Brian Boyce (Hugh Bonneville, above) and his team further afield. Continues on Tuesday. *See feature, page 6*

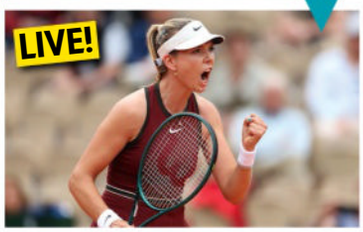
Our Guy in Vietnam

***DOCUMENTARY** C4, 9pm*

In the concluding episode of his exploration of the Southeast Asian country, Guy Martin (above) learns how a single-party state is developing into the world's next high-tech proving ground.

Full listings start on **p45**

Monday 9



Queen's Club Championships

***TENNIS** BBC2, from 1pm*

This year, the pre-Wimbledon event in west London features a women's tournament for the first time in over half a century. The action continues all week.

Shardlake

***DRAMA** ITV1, 9pm (box set, ITVX)*

Arthur Hughes (above) stars as C.J. Sansom's sleuthing lawyer Matthew Shardlake in this Tudor-era whodunnit. Sean Bean co-stars as Thomas Cromwell.

• ***Previously shown on Disney+ in 2024***

Jamie's Dyslexia Revolution

***DOCUMENTARY** C4, 9pm*

Jamie Oliver (above) has always been open about his experiences with dyslexia, and, here, the chef calls for reforms in schools. *See Documentaries, page 20*

BETH

***DRAMA** C4, 10pm*

Nicholas Pinnock and Abbey Lee (both pictured) star in this sci-fi drama as a married couple whose lives are thrown into turmoil after the birth of their baby daughter. *See feature, page 11*

Full listings start on **p55**

Tuesday 10

Trainwreck: The Astroworld Tragedy

***DOCUMENTARY** Netflix*

Looking back at the awful events that took place at Travis Scott's Astroworld festival in 2021, in which 10 people died and hundreds were injured.

International football

***FOOTBALL** ITV1 & BBC2 (N Ireland only)*

Two home nations are in friendly action tonight, with England hosting Senegal at Nottingham Forest's City Ground (ITV1, k-o 7.45pm), while Northern Ireland play Iceland (BBC2 in N Ireland, k-o 7.45pm).

Who Do You Think You Are?

***FACTUAL** BBC1, 8pm (times vary)*

Best known as historian Philomena Cunk in the *Cunk on Earth* mockumentaries, Diane Morgan (above) sets her sights on her own family history in this series finale.

Surviving Syria's Prisons

***DOCUMENTARY** BBC2, 9pm (times vary)*

After Syrian president Bashar al-Assad (above) was ousted in 2024, the disappearance of over 100,000 Syrians came to light. This one-off explores the harrowing story, hearing from eyewitnesses.

Full listings start on **p65**

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Wednesday 11

The Secrets of TikTok Shop: Untold

DOCUMENTARY *Channel 4 Streaming*

Vlogger Mariam Musa investigates the huge success of online retailer TikTok Shop – and learns about the enormous money some brand owners can make.

Race Across the World

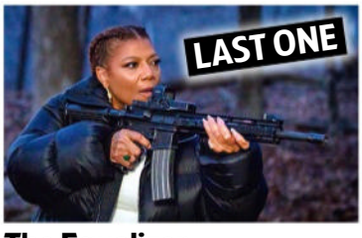
REALITY *BBC 1, 9pm*

The finishing line is in sight after seven weeks of travelling through China, Nepal and India – and the four teams are closing in on the town of Kanniyakumari. But who will claim the £20,000 prize?

Flight 149: Hostage of War

DOCUMENTARY *Sky Documentaries & Sky Showcase, 9pm*

Documentary about the ordeal of the crew and passengers of a British Airways flight who found themselves in the middle of a war zone.



The Equalizer

CRIME DRAMA *Sky Witness, 9pm*

The finale of Season 5 marks the end of the crime drama, with Robyn McCall (Queen Latifah, above) fighting for justice one last time – but will there also be a satisfactory ending for Robyn and Marcus?

Full listings start on p75

Thursday 12

Deep Cover

COMEDY *Prime Video*

An improv teacher (Bryce Dallas Howard) and two of her students (Orlando Bloom and Nick Mohammed) are recruited by the police to infiltrate a London criminal gang. *See feature, page 8*

FUBAR

ACTION COMEDY *Netflix*

Arnold Schwarzenegger (above) returns as veteran CIA agent Luke Brunner, with Carrie-Anne Moss joining the cast as German spy Greta, who also just happens to be Luke's ex. *See Your Watchlist, p16*

European Under-21 Championship

FOOTBALL *C4, kick-off 8pm*

Group B gets under way as the defending champions – Lee Carsley's England youngsters – face the Czech Republic in Slovakia. *See Sport Week, page 28*

DNA Journey

FACTUAL *ITV1, 9pm (box set, ITVX)*

The genealogy series returns with *Cold Feet* stars Fay Ripley and Hermione Norris (both pictured) learning more about their family histories, including a surprise for Ripley about her grand ancestors.

Full listings start on p85

Friday 13

Echo Valley

THRILLER *Apple TV+*

Julianne Moore stars as a mother who goes to extreme lengths to protect her daughter (Sydney Sweeney), when she shows up at her door covered in someone else's blood. *See Your Watchlist, page 14*

Here After

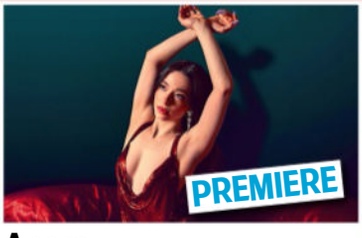
HORROR *Paramount+*

Relief turns to dread as a woman's revived daughter displays unexplainable changes, in this supernatural drama starring Connie Britton (above) and Freya Hannan-Mills. *See Your Watchlist, page 17*

Not Going Out

COMEDY *BBC 1, 9pm (times vary) (box set, BBC iPlayer)*

The sitcom returns for a 14th run with another time jump, as empty nesters Lucy (Sally Bretton) and Lee (Lee Mack) decide to make a fresh start. *See feature, page 4*



Anora

COMEDY DRAMA *Sky Premiere, 10pm*

A surprise at this year's Oscars, winning five awards including Best Picture and Best Actress, this comedy drama is about a woman (Mikey Madison, above) who weds the son of an oligarch. *See review, p22*

Full listings start on p95

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Home alone

Sally Bretton and Lee Mack are empty nesters as *Not Going Out* takes a time jump

NEW COMEDY

Not Going Out

Friday, 9pm (times vary), BBC1 (box set, BBC iPlayer)

When *Not Going Out* was cancelled in 2009 while the third series was still airing on BBC1, the show seemed destined to become a mere footnote in the pantheon of British sitcoms.

But fast forward 16 years, and after a last-minute change of heart by the BBC, Lee Mack's gag-filled sitcom is now more popular than ever – and the second longest-running comedy in British TV history, behind only *Last of the Summer Wine*.

Over the years, we've seen wisecracking Lee move from bachelor pad to family home, and as the latest six-part run begins this week, there's a new chapter for Lee and his long-suffering wife Lucy (Sally Bretton). As the series starts, their three children have left home and the couple are moving away from their suburban empty nest as they look to buy the house of their dreams.

We sat down with Mack, 56, to hear what's in store…

Why does the show jump forward a few years? The kids were growing up, but the time jump was really because I wanted to make the new series as live as possible. Each episode is a real-time 30 minutes, so it's like a play with me and Sally and maybe a few guests. We perform it all on the night and try to go all the way through without stopping – although we rarely manage it. The reality is, you can't really do that with child actors, as there are so many restrictions.

Why did you decide to change the filming format? Because I always wanted to do a live sitcom. We did a live episode once and I thought it would be great if we did every episode live – keeping the mistakes in. But everyone involved begged me not to because it was so stressful, so this is a compromise,

What else can we expect in the series? My favourite episode is one where Lee accidentally comes home with a robotic sex doll. Before filming, I assumed they'd be easy to get hold of, but it turns out it's quite tricky, so, in the end, we had to make one, which was brilliant.

What other episodes did you enjoy? There's one where Lucy and Lee are having an argument while trying to buy Oasis tickets for their upcoming gigs, which is a bit of a two-hander.

Are you a big Oasis fan? I am, although I didn't manage to get tickets. When we were doing the episode, I wondered if we could get Noel or Liam Gallagher to turn up at the end. Rob Brydon gave me Noel's number, so I sent him a text asking if he'd be in the show but I never heard anything back. I suppose it's good really, because there are a few jokes about the price of Oasis tickets in that one!

Why do you love studio sitcoms? I'm in my 50s and when I was growing up, I used to watch *Dad's Army* and *Fawlty Towers* and think it would be brilliant to do that one day. But studio sitcoms are in the minority now. There's *Mrs. Brown's Boys* and there used to be *Miranda*, which hasn't been on for a while.

Can you tell us something about *Not Going Out* that fans might not know? The show came from a sketch I did at the Edinburgh Festival with Catherine Tate, so she was the original leading lady and was even in the pilot episode!

You hit 100 episodes with the 2023 Christmas special. Were you tempted to stop after chalking up that milestone? Yes, but then I thought, 'Is 100 enough?' And we're nowhere near *Last of the Summer Wine*, which has nearly 300. Thank God they have so many because otherwise I'd be trying to get to No 1!

Mack channels rock band Oasis

WORDS: SEAN MARLAND. PHOTOS: BBC, SKY

Lucy (Sally Bretton) and Lee (Lee Mack)

LEE MACK'S 30 YEARS OF LAUGHTER

1995 After starting out as a holiday-camp entertainer, he wins a comedy award at the Edinburgh Festival, performing under his real name, Lee McKillop.

2001 Stars in ITV's BAFTA-winning *The Sketch Show*, alongside Ronni Ancona and future *Not Going Out* co-star Tim Vine.

2006 *Not Going Out* (above) debuts on BBC1, starring Mack as a work-shy slacker lodging in the London flat of his best pal Tim (Vine).

2007 Becomes a team captain on comedy panel show *Would I Lie to You?* alongside David Mitchell. It's now in its 18th year.

2012 Compères at the Queen's Diamond Jubilee celebrations, and performs the same role at Her Majesty's Platinum Jubilee in 2022.

2022 Becomes the host of ITV game show *The 1% Club*.

2023 Hosts spoof game show *3 by 3* (above) in an episode of *Inside No. 9*. The *Not Going Out* Christmas special is the show's 100th episode.

2024 Stars with comedian Chris McCausland in Christmas comedy *Bad Tidings* (left).

2025 Joins Sally Bretton for a Red Nose Day sketch featuring a marital mix-up with the cast of *Beyond Paradise* (below).

Mack and Bretton with Kris Marshall and Zahra Ahmadi

Nicki, Logan, Brian, Charlie and John

GOLDEN GLOBE

The hunt for the **Brink's-Mat bullion** spreads across the world as the hit drama returns

NEW DRAMA

The Gold

Sunday & Tuesday, 9pm, BBC1 (box set, BBC iPlayer)

Stephen Campbell Moore as DI Lundy, Emun Elliott as DI Brightwell and Charlotte Spencer as DI Jennings

The ripples from the 1983 Brink's-Mat robbery, which saw thieves steal £26 million in gold bullion from a warehouse near Heathrow, are spreading even further in the second series of BBC1's *The Gold*.

In the first run of the drama, which is inspired by the crime, tenacious Deputy Chief Inspector Brian Boyce (Hugh Bonneville) and his colleagues DI Nicki Jennings (Charlotte Spencer) and DI Tony Brightwell (Emun Elliott) secured convictions for some of those involved. But they eventually realised that the criminals they had apprehended had only ever possessed half of the gold.

Now, with pressure from their bosses to wrap up the investigation – the longest and most expensive in Metropolitan Police history – the trio are even more determined to trace the loot and the criminals who are still at large.

Top of their list is robber Charlie Miller (Sam Spruell), who they believe stashed away some of the gold before disappearing.

HIGH-STAKES JOURNEY

As the manhunt becomes ever more challenging, it takes the police from Cornwall and the Isle of Man to Spain and the Caribbean, while Charlie teams up with lawyer and financial adviser Douglas Baxter (Joshua McGuire) and businessman Logan Campbell (Tom Hughes) to try to launder the proceeds.

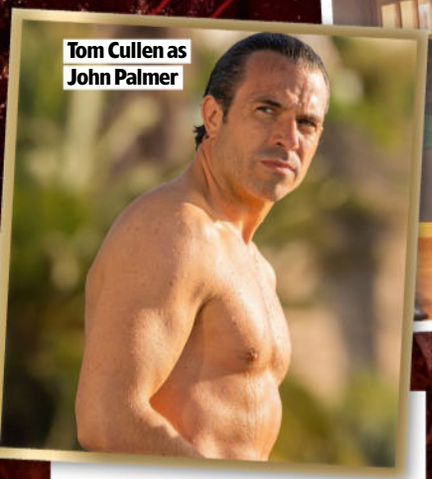
'This second series focuses on how the gold and the subsequent money were used, how it changed people, and the different criminal establishments it managed to find its way into,' says *Sexy Beast*'s Elliott, 41. 'It becomes an ever more complicated trail. What started off as six guys in a van in London [carrying out the robbery] is now global. We're chasing the money around the world because now there are new villains escorting this treasure and introducing it to others who can help them clean up the money.'

Sam Spruell as Charlie Miller

WORDS: CAREN CLARK. PHOTOS: BBC

'In Series 2, we see the consequences of the gold having been stolen'
HUGH BONNEVILLE

Tom Hughes as Logan Campbell


Tom Cullen as John Palmer

DCI Boyce's team have an enigmatic new weapon in their arsenal in the form of DI Tony Lundy (Stephen Campbell Moore), a wayward but single-minded cop who is assigned to their investigation.

'The arrival of DI Lundy twists the dynamic. He mixes things up because he has a reputation as being this lone wolf with his own methods who has been known to cross the line in terms of protocol,' reveals Elliott. 'DI Brightwell is trepidatious of how this might change things, but he respects DI Lundy because he gets results.'

LIVING IT UP

In addition to searching for Charlie, the police are also keen to bring down John Palmer (Tom Cullen), dubbed 'Goldfinger', who melted some of the gold but was acquitted. John has now built up a lucrative timeshare empire in Tenerife, while his wife Marnie (Stefanie Martini) and their children remain in Britain, but is his luck about to run out?

'John has gone from being a low-level criminal who was reluctant to get involved to, arguably, the head of one of the largest crime syndicates, and he's on *The Sunday Times*' Rich List,' shares Cullen, 39. 'But he doesn't know when to stop, and that's where danger comes in.'

THE MIDAS TOUCH

***Hugh Bonneville**, 61, on The Gold's return...*

Why does gold hold a special place in the world economy? Gold is a mysterious metal. It's been around for ever, has survived every economic crash and adorns bodies all around the world. It's synonymous with luxury and wealth. If you've got gold, you're associated with the Midas touch. That's the myth and the allure of this extraordinary commodity.

Bonneville as DCI Boyce

How does Series 2 develop the story? In Series 1, we learnt about the process of smelting, bringing the proceeds to market, and laundering the profits from the sale. In Series 2, we see the consequences of the gold having been stolen and the extraordinary ripple effect that it has, not only through the British economy but around the world.

How does the arrival of new detective Tony Lundy affect your character, Brian Boyce, and the team? It really shifts the dynamic. He couldn't be more different to Brian. DI Lundy is a maverick; he doesn't do things by the book. He's the sort of man Brian could never be or want to be, but he achieves things on the edge of the law that brings the kind of results Brian and his team so desperately need.

NEW FROM prime video

Hugh
Nick Mohammed
Mild-mannered office worker Hugh embarks on improv classes and soon becomes part of Kat's undercover trio.

Kat
Bryce Dallas Howard
The down-on-her-luck actor turned improv teacher is recruited by the police.

ACTING TOUGH

Three improv performers are hired by the police for an **undercover mission**

NEW COMEDY

Deep Cover

From Thursday 12 June, Prime Video

When a trio of improv actors are recruited by the police to help catch criminals, they find themselves way over their heads and embroiled with some of London's most terrifying crime lords…

That's the premise of Prime Video's new British action-comedy movie *Deep Cover*, starring *Jurassic World*'s Bryce Dallas Howard, *Ted Lasso*'s Nick Mohammed and The Lord of the Rings' Orlando Bloom as unlikely thespian crime-fighters Kat, Hugh and Marlon, who use their acting skills to infiltrate the capital's most notorious gang.

Here, in an exclusive interview with *TV&Satellite Week*, Howard and Mohammed, both 44, tell us more...

What can you reveal about your characters?

Howard Kat is an American improv teacher. Her goal was always to be an actor but it hasn't worked out, so now she's teaching students.

Mohammed Hugh is an office worker at a crossroads in his life. When he stumbles into one of Kat's classes, he decides to have a go to build his confidence.

How do Kat and Hugh's strengths in the team unfold?

Howard What I love about Kat is that she's not a spy or a fighter – she's a comedian and a teacher, and that becomes her superpower. Her improv skills foster adaptability and listening – things that are crucial whether you're having a tough conversation, facing the unknown, or, in this case, going undercover in a criminal empire!

Mohammed Hugh is very quickly out of his depth but he realises he has found some soulmates in Kat and Marlon. He even has a bittersweet relationship with one of the criminals, Shosh.

What appealed most about taking on these roles?

Mohammed It's a premise that is inherently funny and it's based on a true story. The FBI apparently used an improv-comedy troupe to go undercover because they believed they'd be better at coming up with backstories than undercover cops.

Howard There's a brilliant balance between action and comedy that is propulsive and entertaining.

How does Orlando Bloom's character, Marlon, fit in as the third member of the undercover trio?

Mohammed Marlon is a wild card because he is a method actor and takes himself very seriously. He creates this alter-ego character

Gang member Fly with Kat, Hugh and Marlon

WORDS: MICHAEL DARLING, TESS LAMACRAFT, ALISON SLADE
PHOTOS: BBC, ITV, PRIME VIDEO, ADOBE STOCK, SHUTTERSTOCK

Marlon
Orlando Bloom
The out-of-work method actor adopts the undercover persona of a dangerous Mancunian criminal called Roach.

called Roach and goes all in, but this quickly lands them in a lot of trouble.

***Deep Cover* has a fabulous British cast. How did it feel being the sole American, Bryce?**
Howard That's my favourite state of being! I find British humour funnier than American humour and we had such a great cast on this. I loved it when we were all together.

What were some of your favourite moments filming?
Howard There is an autopsy scene with a chainsaw that is just bananas.
Mohammed We shot in some brilliant locations around the East End of London and I particularly enjoyed doing the night shoots because they were stunt-heavy. It was my first foray into the action world and it felt like the real deal.

WHO'S WHO

Fly
Paddy Considine
A career criminal, Fly is impressed by the 'credentials' of the trio's fake gangland characters.

Shosh
Sonoya Mizuno
Hugh forms a connection with Fly's right-hand woman and fellow gang member.

Metcalfe
Ian McShane
The ruthless crime lord has a penchant for murder... and for playing the block-toppling game Jenga.

Billings
Sean Bean
The detective sergeant recruits Kat, Hugh and Marlon for the special sting operation but has a hidden agenda.

SOAP WEEK

STORY OF THE WEEK

This week's soaps at a glance

Alfie is jolted by Kat's wedding-day wobble

EASTENDERS

Will Alfie and Kat tie the knot?

» **Soulmates Kat** and Alfie are all set to remarry, but the bride-to-be is preoccupied over an explicit adult video that she's found on her fiancé's laptop.

Hurt to think he's been getting his 'kicks' elsewhere, she goes all out to seduce him, but it's too much for Alfie, who has struggled to get intimate since his surgery for prostate cancer.

Kat storms off, feeling rejected, and when the couple later discuss their issues, they realise the video was actually purchased by son Tommy. As their wedding day arrives, their concerns for the impressionable teenager loom large, and when Alfie then makes a hash of several jobs that Kat has tasked him with, she snaps and announces that the nuptials are off.

Kat frets over the mucky movie

Devastated Alfie gets a pep talk from an unlikely source, as Kat offloads on Elaine and Yolande, who are having problems in their own relationships.

Twenty-two years after they first said, 'I do', can the pair agree to tackle their issues together, and become Mr and Mrs Moon once again?

» **PLUS** 'Betrayed' Elaine makes a rash decision, Vicki discovers that Joel shamed Avani for sleeping with him, Yolande worries about her relationship with Patrick, and Joel shows Tommy a video by a misogynistic online influencer.

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ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Maria (above) is arrested on suspicion of attacking Lou, Kit is a no-show at Craig's memorial, Brody collapses, Betsy finds an intriguing letter, Theo's daughter Millie drops a bombshell, and Toyah irks Leanne by interfering in her life.

EMMERDALE

» Tracy is accused of Nate's murder (above), Vinny and Gabby celebrate the anniversary of their first kiss, Kammy steals Clemmie's phone, Jacob rails at Sarah for not telling Charity about her cancer, and Bear puts Eve in danger.

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Molly (Abbey Lee) and Joe (Nicholas Pinnock)

Identity crisis

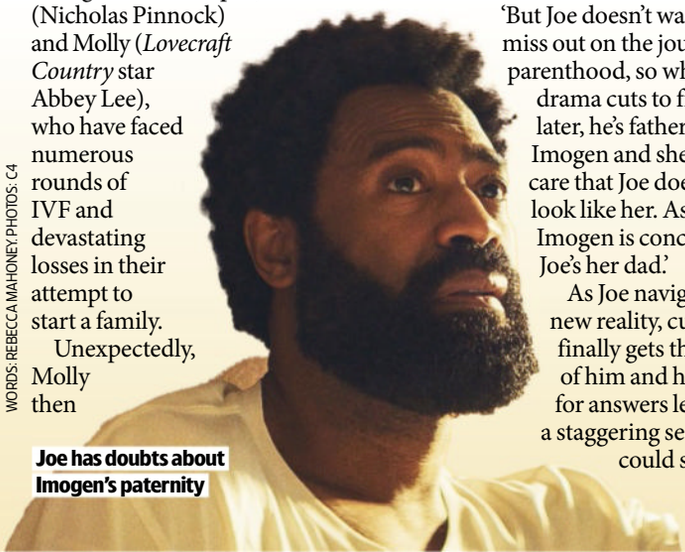
Nicholas Pinnock is a father who discovers a shocking secret in a bold sci-fi drama

NEW DRAMA
BETH
Monday, 10pm, C4

When an excited new father takes one look at his newborn daughter, his entire world begins to unravel in C4's sci-fi drama *BETH*.

The 45-minute film from writer-director Uzo Oleh follows successful, loving married couple Joe (Nicholas Pinnock) and Molly (*Lovecraft Country* star Abbey Lee), who have faced numerous rounds of IVF and devastating losses in their attempt to start a family.

Unexpectedly, Molly then becomes pregnant. However, the couple's visions of family life are crushed when baby Imogen is born and bears no resemblance to her Black father.



Joe has doubts about Imogen's paternity

SEARCH FOR ANSWERS

'The baby looks nothing like Joe whatsoever, so he tries to fill in the blanks and thinks someone else must be the father,' Pinnock, 51, tells *TV&Satellite Week*.

'But Joe doesn't want to miss out on the journey of parenthood, so when the drama cuts to five years later, he's fathering Imogen and she doesn't care that Joe doesn't look like her. As far as Imogen is concerned, Joe's her dad.'

As Joe navigates his new reality, curiosity finally gets the better of him and his search for answers leads to a staggering secret that could send shock waves across the world…

Joe supports Molly through labour

'Joe and Molly's confrontation is heartbreaking,' reveals Pinnock. 'I think viewers will be moved morally, as well as entertained and educated, by *BETH*. It's a thrill ride between two people in an incredible love story where nothing goes wrong but nature.'

COMMUNITY SPIRIT

Pinnock was also recently seen starring opposite Amanda Seyfried in C4 crime thriller *Long Bright River* (currently available as a box set on Channel 4 Streaming) and he sees similarities between the two dramas.

'*BETH* tells us that family can be whatever you make it, and what's clever about *Long Bright River* is that while it's set against the backdrop of America's opioid crisis, it's actually a beautiful love story between two sisters and shows how community is everything,' he says.

'A big reason why I wanted to do *Long Bright River* was Amanda Seyfried. She's become one of my favourite people on the planet. If I get the chance to work with her again, I'll be there with bells on.'

WORDS: REBECCA MAHONEY. PHOTOS: C4

LOOK WHO'S BACK...

A familiar face making a new appearance this week

Diane Morgan

Who Do You Think You Are?

LAST ONE

Tue, 8pm (times vary), BBC1

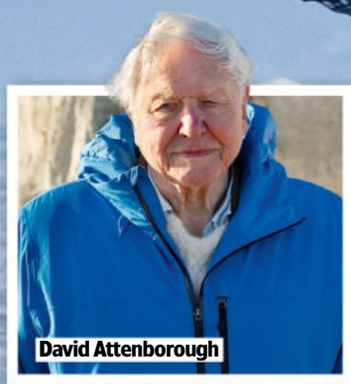
Born in Manchester in 1975, Diane Morgan is best known as her comedy alter ego, clueless historian Philomena Cunk (inset), seen most recently in *Cunk on Life*. She's also played blunt-talking Liz in sitcom *Motherland* and newspaper-ad manager Kath in *After Life*, and she writes and stars in comedy series *Mandy*. Last Christmas, she voiced local TV reporter Onya Doorstep in *Wallace & Gromit: Vengeance Most Fowl*.

HER NEW APPEARANCE

In this week's *Who Do You Think You Are?*, Morgan, 49, is keen to find out about her late father Peter's side of the family. She learns more about her great-great-aunt Jinny, who lost her fiancé, Albert Dugdale, in World War One. After Albert's death, Jinny was given his 'death medal', which was issued to the families of personnel who lost their lives. Morgan is keen to return Albert's medal, and is delighted when his nephew, John, is traced. 'In our family, we think of Jinny and Albert fondly,' she says. 'So it was lovely to finally meet a Dugdale.'

Morgan traces her roots

WORDS: NICK CANNON, HANNAH DAVIES, RICHARD MCCLURE. PHOTOS: BBC, ITV, SKY, CBS, ADOBE STOCK, ©2025 DISNEY & ITS RELATED ENTITIES, NATIONAL GEOGRAPHIC, OLLY SCHOLEY, SILVERBACK FILMS AND OPEN PLANET STUDIOS/STEVE BENJAMIN/KEITH SCHOLEY


David Attenborough

Dive into **Sir David Attenborough**'s most important film yet...

Tide of CHANGE

NEW DOCUMENTARY

Ocean with David Attenborough

Sun, 8pm, National Geographic, & from Sunday 8 June, Disney+

Sir David Attenborough presents a rallying cry to save our oceans in his visually stunning new film *Ocean*, released to mark his 99th birthday last month.

Featuring remarkable camera sequences of spotted dolphins, colourful clownfish and humpback whales and set against a score by Oscar-winning *Gravity* composer Steven Price, the movie broke box-office records for a nature documentary when it was released in cinemas earlier this year.

The one-off film reveals some extraordinary scientific discoveries, like how 2,000 new marine species are found each year and how plankton absorbs vast amounts of carbon emissions. Yet, no matter how special or important they are, our oceans are in crisis.

'The film has a very powerful story, and it's not a traditional natural-history documentary in that respect,' explains director Keith Scholey. 'It's a mission-driven film. It's about what can be done to protect our oceans.'

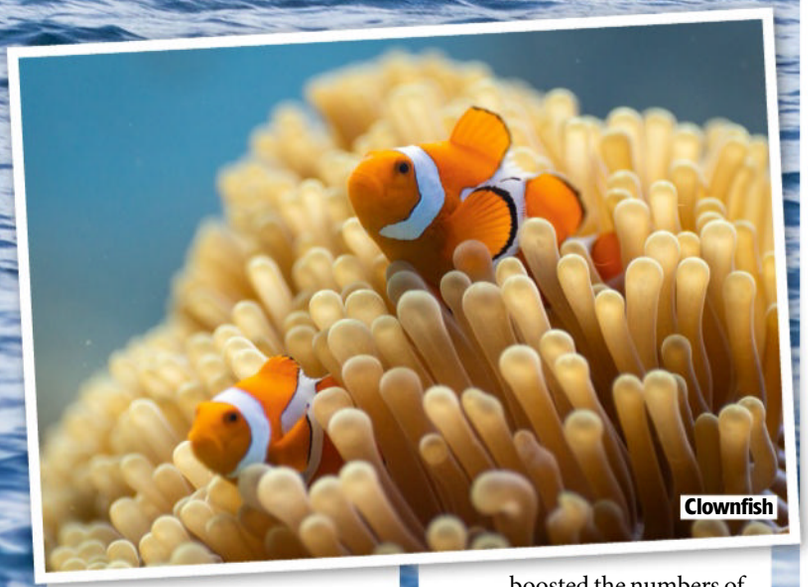
Ocean reveals the biggest mass coral-bleaching event in history and the devastation caused by industrial-scale bottom trawling.

'With bottom trawling, it's a case of out of sight, out of mind,' says Scholey. 'If you decided that you were going to catch a deer from a British forest, you probably wouldn't do it by forging through the entire area with a bulldozer. People would complain. However, that's what's happening every day in our oceans.

'And, sadly, coral bleaching is happening all over the world. Mexico's Yucatán used to have some of the last big beds of elkhorn coral [an important reef-building species],

Bottlenose dolphins

A humpback whale


Clownfish

and that has bleached. For me, that's heart-rending.'

But despite the destruction of our seas, *Ocean* ends with a message of hope. One of the biggest scientific discoveries in recent years is that, if protected, our oceans can recover faster than we ever thought possible.

'The speed of recovery is extraordinary,' says Scholey. 'If you actually leave any part of the ocean alone, especially shallow seas, within five years you'll see a huge change.

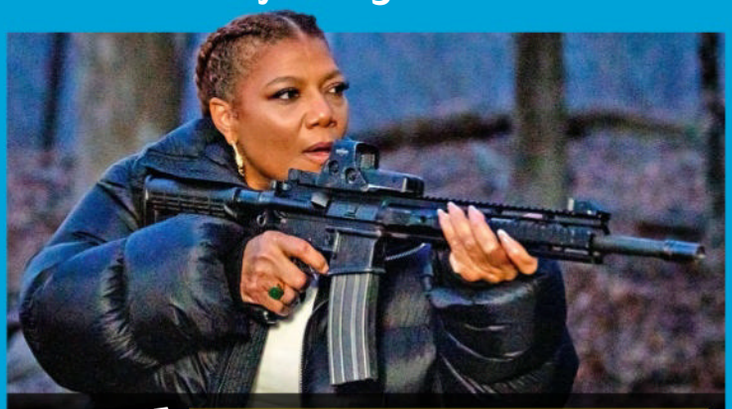
'For years the yellowfin-tuna population in Hawaii was on its knees because of over-exploitation. But now the world's largest ocean reserve has actually boosted the numbers of tuna by 50 or 60% in surrounding waters, and that's amazing.'

Attenborough first appeared on our TV screens in 1954's *Zoo Quest*, but despite his ripe old age, the much-loved naturalist is more dedicated to saving the planet than ever.

'I've worked with David since I was a 21-year-old researcher, so more than 45 years,' explains Scholey. 'David remains so passionate about nature, even though change will not happen in his lifetime. He talks in the film about the fact that nobody alive today has ever witnessed a truly wild ocean, but that our grandchildren could – and he finds that very exciting.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...



LAST ONE

The Equalizer

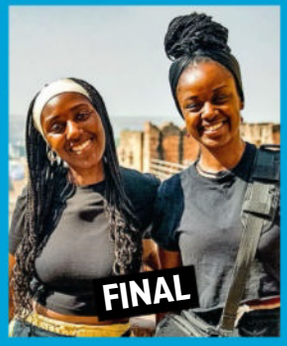
Wednesday, 9pm, Sky Witness

After five seasons, the US action drama comes to an end with a gripping finale that sees Robyn and Marcus on a romantic getaway, only for Robyn to be taken hostage after her boyfriend is shot by crime kingpin Angel Salazar and his team. Can Harry and Mel save the day? 'A kick-ass role like Robyn McCall was everything I hoped it would be,' says star Queen Latifah (above). 'Having had the opportunity to do this for five seasons feels surreal.'

Race Across the World

Wednesday, 9pm, BBC1

After seven weeks of nail-biting finishes and exotic locations, the end is in sight for the four remaining teams. In this week's tense final leg, there's just 1,200km to the finish line at the town of Kanniyakumari in India. 'All the teams have still got quite healthy budgets, which is something we've never experienced before on the show,' says executive producer Lucy Curtis. 'It makes things really exciting...'



Shardlake

NEW

Monday, 9pm, ITV1 (box set, ITVX)

Based on the Tudor-set mystery novels by C.J. Sansom, this four-part period drama follows London lawyer Matthew Shardlake (Arthur Hughes), who is dispatched by King Henry VIII's chief adviser Thomas Cromwell (Sean Bean) to investigate the murder of a royal official at a monastery. And failure is not an option...

● ***Previously shown on Disney+ in 2024***

ITV Quiz

NEW CHANNEL

From Monday, from 6am

ITVBe is closing down on Sunday 8 June, but you can now catch all your favourite game shows on brand-new channel ITV Quiz, which launches on Monday 9 June. Among the shows on the channel's first day are episodes of *Tipping Point* (presented by Ben Shephard, right), *Wheel of Fortune*, *Tenable*, *Lingo*, *Who Wants to Be a Millionaire?* and *Deal or No Deal*.

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

NOW

tv+

Julianne Moore is a mother who takes extreme measures to protect her junkie daughter

Addicted to love

Julianne Moore and Sydney Sweeney

The best of **Netflix, Prime Video, Disney+** and more...

tv+ Echo Valley

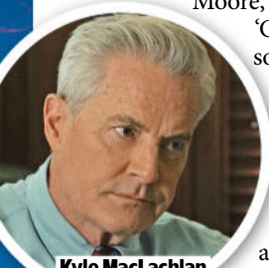
NEW *Available: Friday 13 June*
Genre: Thriller

Recently seen as an enigmatic billionaire in Netflix comedy drama *Sirens*, Julianne Moore is no stranger to playing complex characters. This week, the Oscar winner appears opposite *The White Lotus*' Sydney Sweeney as a mother who learns just how far she'll go to save her child in nail-biting Apple TV+ thriller *Echo Valley*.

Kate (Moore) lives a seemingly simple life on her remote Pennsylvania farm, Echo Valley, where she tends to her horses and gives riding lessons. Beneath the surface, however, she has a troubled family life: she's grieving the death of her partner and also has a strained relationship with her drug-addicted daughter, Claire (Sweeney).

One rainy night, Kate gets a shock when Claire shows up at her doorstep covered in someone else's blood. That's when Kate springs into action and makes drastic moves to protect the one she loves…

'These are my favourite kinds of movies: movies about relationships. What will people do for one another? What kind of decisions do you make? How far will you go?' says Moore, 64.



Kyle MacLachlan plays Richard

'Claire is definitely a lost soul and a troubled child,' adds Sweeney, 27. 'But I don't want to say too much because the more I say, the more I give away. There are so many twists and turns and things you don't even see coming.'

Sweeney researched the role by watching YouTube videos of addicts interviewed on Los Angeles' Skid Row and also drew on personal experience.

'I've had a lot of family members deal with addiction and struggle with similar issues as Claire and her friends,' she reveals. 'There's a manipulation underneath a lot of it. But the person that they are at the core, as buried as they might be, is still there.'

The film is produced by Sir Ridley Scott and co-stars Kyle MacLachlan as Kate's ex-husband Richard, Fiona Shaw as Kate's close friend Leslie, plus Edmund Donovan as Claire's junkie boyfriend Ryan and Domhnall Gleeson as local drug dealer Jackie.

Sweeney learnt how to ride a horse at a high level for the movie, which was filmed at a farm in New Jersey.

'When I was younger, I took horseback-riding lessons for a year,' she reveals. 'I was really young and I've always loved being around horses. So it was fun being able to pick it up and ride again and hang out with the horses. There was one horse there named Moose and we became best friends. It made me want to have a farm and have a bunch of horses.'

What we're watching...

The shows being enjoyed by the *TVSW* team

Disney+ Abbott Elementary

Genre: Comedy Season: 4 (part 2) Episodes: 9-15

The cast of long-running comedy *It's Always Sunny in Philadelphia* guest-star in the first instalment of the second batch of episodes of the Philadelphia-set school mockumentary's fourth season. The self-centred gang of misfits from Paddy's bar – Charlie (Charlie Day), Mac (*Welcome to Wrexham*'s Rob McElhenney), Dee (*High Potential*'s Kaitlin Olson) and Frank (Danny DeVito) – volunteer to help out at Abbott but prove to be more troublesome than the kids. Later in the series, a transport-workers' strike causes disruption.

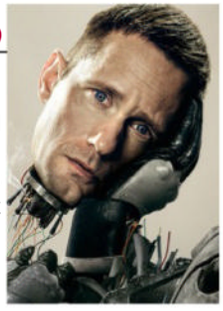
Disney+ Welcome to Wrexham

Genre: Documentary Season: 4 Episodes: 8 (released weekly)

As well as guesting in *Abbott Elementary*, Rob McElhenney has been busy with his duties as co-owner of Wrexham AFC alongside Ryan Reynolds as the club's meteoric rise continues.

tv+ Murderbot

Genre: Sci-fi Season: 1 Eps: 10 (released weekly)



A security-guard robot (Alexander Skarsgård) reprogrammes itself and secretly gains free will. Disdainful of the humans it is assigned to protect, it would rather spend its time watching soaps in this droll sci-fi comedy.

Now in production...

Three upcoming shows to look out for soon

tv+ The Studio

A second run of Apple TV+'s comedy will see Seth Rogen (above) reprise his role as Matt Remick, the harassed head of a Hollywood film studio, who is set to face new challenges with both his troubled executives and his stars, as he struggles to create successful films.

NETFLIX Dan Levy

Dan Levy (above) will star in and co-create an as-yet-untitled eight-part Netflix crime comedy about a pair of hapless siblings who end up becoming embroiled in organised crime after they are blackmailed. Taylor Ortega and Laurie Metcalf will also appear.

prime Last One Laughing

Prime Video's quirky contest, in which comedians do anything they can to make each other laugh while trying to avoid giggling themselves, will return for a second run, hosted once more by Jimmy Carr (above) and featuring 10 new comics.

WORDS: CAREN CLARK; JUDY EWENS, VICTORIA WILSON. PHOTOS: APPLE TV+, ©2025 DISNEY & ITS RELATED ENTITIES, GETTY, SHUTTERSTOCK

Schwarzenegger, Barbaro and Moss

Arnie reloaded

The Matrix's **Carrie-Anne Moss** joins the *FUBAR* gang

NETFLIX

FUBAR

NEW *Available: Thu 12 June*
Genre: Action comedy
Season: 2 Episodes: 8

Arnold Schwarzenegger promised he'd 'be back' as CIA operative Luke Brunner and, true to his word, the Hollywood legend returns in Season 2 of Netflix's action-packed comedy *FUBAR*.

Postponing his retirement after discovering his beloved daughter Emma (Monica Barbaro) had also been secretly working for the US government agency, Luke joined Emma in the Season 1 finale to pull off a successful undercover mission.

With their true identities now compromised, however, father and daughter and those close to them are forced into witness protection. But with everyone living under one roof – including Luke's ex-wife Tally (Fabiana Udenio) and her lover Donnie (Andy Buckley) – things soon get a little awkward...

'It's bigger, it's better,' says Schwarzenegger, 77, of Season 2, which sees the return of Milan Carter, Travis Van Winkle and Fortune Feimster as agents Barry, Aldon and Roo. 'There are more laughs. There is more of everything.'

The action ramps up in Season 2

This time, Carrie-Anne Moss – best known for playing Trinity in the Matrix film franchise – joins the cast as German spy Greta Nelso, who just happens to be Luke's ex.

'The first time I met Arnold was in a rehearsal for a dance scene,' reveals Moss, 57. 'We just jumped in, and it was so much fun. He's a hoot. We got to know each other, and then we'd run into each other at the gym and have breakfast. I don't know if I have ever had so much fun doing a job.'

Luke and his ex, German spy Greta

The show's creator Nick Santora says fans should expect a 'bananas' second season and plenty of sparks between the leading actors.

'Arnie and Carrie-Anne are icons,' he says "They know how to do action, be funny, and create full and engaging characters. So, it was great to just sit back and watch them do their thing.'

Shamsuddin Mahmood

Mask of DEATH

How a **brutal murder** rocked a remote community

prime **The Orkney Assassin: Murder in the Isles**

NEW *Available: Sunday 8 June*
Genre: Documentary

In June 1994, Bangladeshi waiter Shamsuddin Mahmood was working at the Orkney Islands' only tandoori restaurant when a masked gunman burst in and shot him at point-blank range in front of horrified diners, before vanishing into the night.

It was Orkney's first murder in 25 years, yet it took 14 years of police investigations before Sergeant Michael Ross, a sniper with the Black Watch who was just 15 at the time of the murder, stood trial for the killing in 2008.

Michael Ross

The prosecution alleged the 'savage and merciless' crime was racially motivated, but there was no forensic evidence to link Ross with the murder and witnesses failed to pick him out at an identity parade.

After a six-week trial, Ross was found guilty and sentenced to a minimum of 25 years. He dramatically tried to flee the court after the verdict and it was later discovered that he had a cache of arms hidden in a hired car parked less than a mile away.

Now, 17 years on, a Prime Video documentary looks back at the case and its impact on the islands. Ross maintains his innocence as his family and friends campaign for his release. Has there been a miscarriage of justice or has a racist killer been rightfully put behind bars?

WORDS: CAREN CLARK; VICTORIA WILSON; RICHARD MCCLURE. PHOTOS: NETFLIX; BBC, ITV; PARAMOUNT+; ALAMY; ORKNEY PHOTOGRAPHIC

Stars Freya Hannan-Mills and Connie Britton

Voice from within

Connie Britton suspects that her daughter is possessed by an evil force

Here After

NEW Available: Fri 13 June Genre: Horror

In new horror movie *Here After*, *Nashville* and *The White Lotus* star Connie Britton plays divorced American expat Claire, who is living in Rome with her daughter Robin (Freya Hannan-Mills), a talented pianist who doesn't communicate verbally.

When Robin is involved in an accident, doctors declare her clinically dead – only for the musician to return to life after 20 minutes. An overjoyed Claire considers it a miracle, but when Robin suddenly starts to speak and exhibits sinister behaviour, her mother suspects something dark is at work. Is Robin possessed by an evil entity that has followed her back from the afterlife?

Robin starts acting strangely

Claire's in turmoil after Robin's accident

Here, Britton, 58, reveals more…

Why did you decide to star in a horror movie? I did *American Horror Story* years ago, but I've always been afraid of horror movies. I'm a scaredy-cat. I don't like blood, so it's not been my go-to genre. But I was really moved by the story. It was so interesting to explore feelings about being a mother and guilt and loss and pain, but in a supernatural way.

What is the main theme of the film? One of the things that drew me to *Here After* was that it is connected to psychological trauma and redemption. It's a story of what happens when you experience such deep pain and loss that it creates this guilt that impacts other people around you, and how devastating guilt can be when it controls your life.

What was the biggest challenge of the shoot? Every time I choose a role, there has to be something about it that is outside my comfort zone. In the case of *Nashville*, I had to sing. Here, the water stunts were intense. I love swimming but this was a real challenge.

You had to learn Italian for some scenes. How was that? I was terrified because I could not speak a word. It was hard to learn those lines, but it was made a lot easier by being in Rome and everybody around me speaking Italian.

EVERYONE'S TALKING ABOUT...

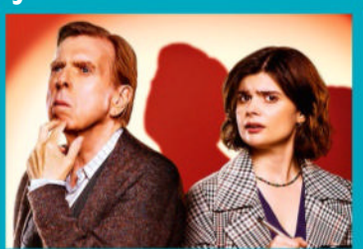
We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER Walking with Dinosaurs

As the revival of BBC1's docuseries begins, palaeontologists in Montana uncover the remains of a baby Triceratops, and VFX shows the dinosaur having confrontations with an Infernodrakon and a T-rex.

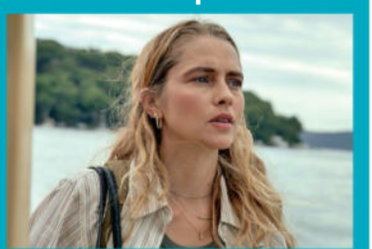
ITVX Ellie Simmonds: Should I Have Children?

ITV1's thought-provoking documentary sees the Paralympian contemplate her future plans for a family, as she explores the choices parents face when they learn their child may be disabled.



BBC iPLAYER Death Valley

In BBC1's comedy drama, Timothy Spall is actor John, who once played a TV sleuth. He crosses paths with cop Janie (Gwyneth Keyworth), who is investigating an apparent suicide – John suspects it may have been murder and ends up assisting her.



BBC iPLAYER The Last Anniversary

Journalist Sophie (Teresa Palmer) gets a shock in BBC1's drama after she inherits a house on an Aussie island. But when she moves there, she finds herself embroiled in the mystery of a missing couple.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

BMF

Saturday 7 June

Demetrius Flenory Jr. and Da'Vinchi star in the fourth season of the period crime drama, inspired by the true story of two Detroit brothers, who founded a major drug-trafficking and money-laundering organisation, later using a hip-hop business as a front.

Ocean with David Attenborough

Sunday 8 June

A landmark documentary from Sir David Attenborough, in which he showcases the wonders of the world's oceans, highlights the threats they face from climate catastrophe and overfishing, and reveals how they can still recover. Also on National Geographic at 8pm. See feature, page 12.

The Orkney Assassin: Murder in the Isles

Sunday 8 June

True-crime documentary on a Scottish murder that remained unsolved for 14 years. In June 1994, Bangladeshi waiter Shamsuddin Mahmood was serving a table at the only curry house on the Orkney Islands when a masked man burst in and shot him dead and then vanished into the night. In 2008, Michael Ross was convicted. See feature, page 16.

Cocaine Air: Smugglers at 30,000ft

Wednesday 11 June

French true-crime documentary. On 20 March 2013, four French nationals – two ex-air-force pilots and two passengers – were arrested in the Dominican Republic on board a private jet about to take off for St-Tropez. On board were 26 suitcases filled with 700kg of cocaine, but none of those arrested fitted the profile of an international drug smuggler.

Trainwreck: The Astroworld Tragedy

Tuesday 10 June

Documentary about the crowd crush that took place during the Astroworld festival, an annual musical event held by rapper Travis Scott at NRG Park in Houston, Texas, on 5 November 2021, which left 10 festivalgoers dead. Survivors, paramedics and security staff recall the fateful night.

The Secrets of TikTok Shop: UNTOLD

Wednesday 11 June

Documentary about the booming world of TikTok Shop – the e-commerce platform integrated within the TikTok app – showing how it is reshaping online retail.

FUBAR

Thursday 12 June

True Lies' Arnold Schwarzenegger returns as veteran CIA operative Luke Brunner in the second season of the action comedy. On his last mission, Luke discovered his daughter Emma (Monica Barbaro) was also an undercover agent and his new partner. This time, Luke's ex, German spy Greta Nelso (Carrie-Anne Moss), comes back into his life. See feature, page 16.

Deep Cover

Thursday 12 June

Action comedy starring Bryce Dallas Howard, Orlando Bloom and Nick Mohammed as three improv comedians who are hired by a cop (Sean Bean) to infiltrate London's gangland by pretending to be dangerous criminals. But the trio quickly find themselves in over their heads. See feature, page 8.

Confessions of a Parent Killer

Thursday 12 June

True-crime documentary. On 15 September 2023, police arrested Virginia McCullough in Great Baddow, Essex, on suspicion of murdering her parents. She immediately confessed, before revealing that she had killed them in 2019 and had kept their bodies concealed in the family home ever since.

American Thunder: NASCAR to Le Mans

Thursday 12 June

Documentary following the 18-month journey of preparing a NASCAR car to race at Le Mans with the help of Hendrick Motorsports and featuring drivers Jenson Button, Jimmie Johnson and Mike Rockenfeller.

Echo Valley

Friday 13 June

Thriller starring Julianne Moore as Kate, who trains horses on her Pennsylvania farm. One night, her daughter Claire (Sydney Sweeney) turns up covered in blood that is not hers and Kate has to decide what she is willing to do to protect her. See feature, page 14.

Here After

Friday 13 June

Supernatural horror. Claire (Connie Britton) is overjoyed when her daughter Robin (Freya Hannan-Mills) is miraculously revived after a fatal accident. But Claire's relief turns to dread as she notices changes in her daughter, suspecting something dark has followed her back from the brink of death. See feature, page 17.

Not a Box

Friday 13 June

Animated preschool series inspired by the children's picture book of the same name by Antoinette Portis. With just one cardboard box, bright-eyed bunny Riley imagines magical worlds.

Paw Patrol: Air Rescue

Friday 13 June

Children's animated film featuring the adventures of the search-and-rescue dogs in Adventure Bay. When there's trouble in the skies, the pups take off in their all-new planes to save the day.

The Creature Cases

Monday 9 June

The fifth season of the popular animated children's series following animal detectives. Snow leopard Sam Snow and fox Kit Casey travel around the world solving mysteries using their expertise in problem-solving and animal facts.

WORDS: JUDY EWENS. PHOTOS: NETFLIX

Documentaries

Recipe for hope

Jamie Oliver wants to reform the education system to help dyslexic children

Oliver with protesters

The campaigner visits a school

NEW FACTUAL

Jamie's Dyslexia Revolution

Monday, 9pm, C4

Jamie Oliver is one of the world's most famous chefs, with a string of restaurants and bestselling recipe books to his name. But the cookery star admits that growing up with dyslexia made him believe he would never achieve anything in his life.

'I really struggled to read at primary school. I didn't read my first book until I was 33,' he confesses. 'Growing up, there's always this feeling that you have nothing to offer the world – that feeling of sadness, of feeling thick, stupid, worthless and dumb.'

Sadly, as Oliver learns in this emotional and thought-provoking documentary, not much has changed since he left school in terms of supporting children with dyslexia and other neurodiversities.

BLIGHTED CHANCES

Dyslexia affects someone's ability to read, write, spell, process and remember information and it is believed there are three or four children with the condition in every UK classroom.

However, despite being so widespread, dyslexics are still over three times more likely to be expelled from school and make up 50% of the UK prison population.

'It's not an isolated problem, it's all connected,' says Oliver, 50. 'Our streets, our kids, our crime, it all stems back to these kids in primary school. We need radical change, quick.'

In the film, he finds out more about the challenges facing dyslexic children and talks to campaigners, business owners and scientists about ways to help them.

He also meets Education Secretary Bridget Phillipson as part of his campaign for children to be screened for dyslexia within the first two years of school and for more support and training for teachers around the issue.

He is backed by presenters Holly Willoughby and Jamie Laing, who are both dyslexic and, like Oliver, found school difficult and confusing.

'An education system that only works for some kids, and not everyone, is broken,' he insists. 'It's about getting tens of thousands of kids a year to thrive, and not just survive, in school.'

DNA Journey

Thursday, 9pm, ITV1 (box set, ITVX)

Fay Ripley and Hermione Norris (both above) dig into their pasts as the *Cold Feet* stars head to London, where Ripley learns about an ancestor who owned Sadler's Wells theatre, before travelling to Chester-le-Street in County Durham, where Norris hears the tale of a forebear who accidentally shot and killed his best friend.

David Bowie: Cracked Actor

Sunday, 10.15pm, BBC2

In a tribute to BBC arts guru Alan Yentob, who died last month, there's another chance to see his 1975 documentary about musician David Bowie (right). It's followed by his 2024 interview *Salman Rushdie: Through a Glass Darkly* (11.10pm), in which the author talks about surviving his devastating knife attack three years ago.

Alan Yentob

The Yorkshire Vet: At Home with the Greens

Tuesday, 9pm, 5

Elderly Yorkshire farmers Jean and Steve Green (both above) open the doors of Stoneybrough Farm once again as they reveal to viewers how they believe their property is haunted, while cameras follow Jean as she thinks about getting a tattoo, at the age of 73, and Steve celebrates his 96th birthday.

WORDS: NATASHA HOLT, TESS LAMACRAFT, RICHARD MCCLURE. PHOTOS: 5, BBC, C4, ITV, GETTY, SKY

‘It’s not an isolated problem, it’s all connected’

JAMIE OLIVER

Flight 149: Hostage of War

Wednesday, 9pm, Sky Documentaries & Sky Showcase

On 2 August 1990, passengers and crew on a British Airways flight were held hostage by Saddam Hussein after the plane unwittingly touched down in Kuwait during the invasion by Iraqi forces. But how much did the British government know about the offensive ahead of the aircraft’s ill-fated landing?

Wedding Night

Tuesday, 10pm, BBC4

Film director Rachel Elitzur and others in the ultra-Orthodox Jewish community open up about their society’s strict rules regarding love and relationships in this *Storyville* special. How do matchmaking and arranged marriages affect their wedding night when the couples must be intimate in their first time alone together?

The singer-songwriter performing last year

Piano man

Billy Joel takes to the stage in his beloved New York City

NEW MUSIC

Billy Joel: The 100th Live at Madison Square Garden

Saturday, 9.55pm, BBC2

Music fans were devastated last month when Billy Joel abruptly announced he was cancelling all upcoming tour dates after being diagnosed with a rare brain condition.

The 76-year-old New Yorker was told by doctors to stop performing because he has normal pressure hydrocephalus, which causes problems with hearing, vision and balance.

The news comes just a year after the Grammy Award-winning singer-songwriter came to the end of a record-breaking residency at Manhattan’s Madison Square Garden that saw him play a series of sold-out gigs at the famous venue stretching back to 2014.

On Saturday, as part of a special tribute night on BBC2, fans get the chance to see Joel’s iconic 100th performance from his residency. Filmed in March 2024, it features some of his biggest hits, including *My Life* and *It’s Still Rock and Roll to Me*, plus guest appearances from Sting and Jerry Seinfeld.

Joel in 1978

HALLOWED HALL

‘At first I didn’t really know what a residency encompassed,’ admits Joel, who has sold 160 million records. ‘I thought, “OK, so we’ll play a couple of gigs in a row.” I never imagined playing this late in life. I thought you had to go to the rock-and-roll retirement home.

‘I saw [Led] Zeppelin at the Garden, I saw Elton [John], I saw Bruce [Springsteen]. All the big shots. And when I’m up onstage, it’s still a little bit bewildering. Like, “What am I doing here? Why are all these people coming to see me?”’

With Joel playing to nearly two million people during his 10-year residency, his fans don’t have any such doubts about his status as a rock icon – and they’ll be wishing him a speedy recovery and a quick return to the stage.

● *The evening includes Billy Joel at the BBC (8.40pm), featuring performances of Uptown Girl and We Didn’t Start the Fire, and a repeat of Billy Joel: Old Grey Whistle Test (11.55pm).*

Films Our pick of this

MOVIE OF THE WEEK

Anora

This Best Picture Oscar winner stars a superb **Mikey Madison** as an impetuous sex worker

ROMANTIC COMEDY

Friday, 10pm, Sky Premiere ★★★★★

After a New York lap dancer (Mikey Madison) encounters a Russian oligarch's spoilt young son (Mark Eyldelshteyn), the pair impulsively marry on a trip to Las Vegas. His outraged family, however, is determined to get the marriage annulled. Winner of 2024's Cannes film festival's Palme d'Or and the Oscar for Best Picture, this cockeyed *Cinderella* story, a *Pretty Woman* for a more cynical and desperate era, swings wildly between blisteringly funny farce and heartrending drama.

At its heart is an astonishing performance by rising star Madison (best known before this as one of the breakout performers from US comedy series *Better Things*) as the eponymous young sex worker, who manages to be opportunistic and naive, resilient and vulnerable, hilarious and touching, often in the same scene. 'What happened here?' asks the oligarch's weary fixer (Karren Karagulian) entering the family's wrecked mansion. 'She happened,' reply the hapless pair set to babysit her until the feckless playboy's parents arrive from Moscow.

Again turning his empathetic and insightful eye on society's margins, the film is yet another triumph for writer-director Sean Baker, a masterful film-maker yet to put a foot wrong since his 2015 debut, *Tangerine*. 2024, 18, 139MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner >>>

week's Best Movies

MYSTERY

Opus

Available now to buy or rent from digital stores, including Prime Video and Sky Store ★★★★

When journalist Ariel (*The Bear*'s Ayo Edebiri) is chosen to be only one of six people to go and listen to the latest music of a legendary reclusive musician (a magnificent John Malkovich) who's releasing his first album in 27 years, she has little idea of a what's in store when she arrives at his compound. It seems… culty. And things only get weirder. And bloodier. The first film by the ex-editor of *GQ*, Mark Anthony Green, (a man very familiar with the worship of celebrity), this pitch-black comedy morphs into something increasingly sinister, with Edebiri proving to be a superb anchor for the insanity going on around her. Malkovich, though, is so good you'll struggle to believe he's not a rock god in real life. 2025, 15, 104MIN

Puppet master: John

The beast inside: Tommy and Melissa

FANTASY ROMANCE

Your Monster

Saturday, 10.50am & 10pm, Sky Premiere ★★★★

Timid wannabe musical theatre actor Melissa Barrera is dumped by her longtime boyfriend in the midst of her cancer treatment, while he also takes the project they worked on together with him. Devastated, she sinks into a deep depression in her old family home, only to be startled by her in-the-closet/under-the-bed childhood monster (Tommy Dewey) showing up... Writer-director Caroline Lindy's take on finding your own inner rage may be a little on the nose, but she mines the concept with a deft script and fine cast. Although appearing at first glance to be another riff on *Beauty and the Beast*, this only uses that idea as a jumping off point, with highlights including terrific show tunes, bloody revenge and the skewering of many a romcom trope. 2024, 15, 103MIN

Murder on the dancefloor...

TEEN HORROR

Fear Street: Prom Queen

Available now, Netflix ★★★

With only tenuous ties to the previous *Fear Street* trilogy, this 1988-set slasher instead leans heavily on riffing certain movies; from *Carrie* to *Mean Girls*. It's not entirely successful, but does make for an entertainingly gnarly flick, as timid Lori (India Fowler) vies with chief bitch Tiffany (Fina Strazza) for the Prom Queen tiara, while everyone around them is being knocked off in the grisliest of fashion by a masked murderer. The young cast is decent without being particularly memorable, but it's the twists and body count that matters in these movies, and here both are high. 2025, 18, 90MIN

On the edge: Liam

THRILLER

Memory

Saturday, 9pm, C4 ★★★

Although Liam Neeson playing a gun-for-hire out to kill some villains may seem thoroughly routine, this solid thriller from Martin Campbell (*Casino Royale*) is no B-movie. Neeson plays an assassin who refuses to complete his latest assignment – to take out a trafficked 13-year-old Mexican girl – and so he now has a hit on him. As he turns the tables, though, he's hampered by the fact he has Alzheimer's. Throw in Guy Pearce as an FBI agent also out to nab the leaders of the paedophile ring and Monica Bellucci as the chief villain, and you have a suitably satisfying, well-acted tale. 2022, 15, 114MIN

Films

Road kill: Paul and Jenna

HORROR COMEDY

Death of a Unicorn

Available now to buy or rent from digital stores, including Prime Video and Sky Store ★★★★

What if we have the myths of unicorns all wrong – that they're not ethereal, winsome creatures, but far darker, blood-thirsty beasts. This is the conundrum laid bare by useless workaholic father Paul Rudd and his distant daughter, Jenna Ortega, when they accidentally run over one on their way to meet Rudd's horrible (but dying) boss Richard E Grant and his equally awful family – wife Téa Leoni and spoilt son Will Poulter. Trouble is, they discover that unicorn blood is also a cure for every illness...

A fun creature-feature that masks its satisyingly entertaining eat-the-rich sentiment, Alex Scharfman's debut is blessed by having an almost perfect cast. Ortega is the teenage voice of reason without being cloying, while Rudd delivers a performance of cringy subservience masterfully well. Grant, Leoni and Poulter have a field day with their dastardly characters, but it is Anthony Carrigan, as their put-upon manservant, who really shines.

Comeuppance is brutal and bloody, as the final act sees a herd of the giant horned monsters arrive for payback, in a movie that is piercingly good fun. 2025, 15, 117MIN

Hidden gems Great movies you might have missed...

THRILLER

Bound

BFI Player ★★★★

A terrific dark thriller from the directors of *The Matrix* trilogy. A hot lesbian affair between mobster's mistress Jennifer Tilly and ex-con Gina Gershon leads to the girls planning to lift $2million being guarded by the Mob's launderer, who also happens to be the bisexual Tilly's boyfriend (Joe Pantoliano). The girls' clever scheme to get away with it goes well until Tilly makes an unwise phone call... It's a skilfully plotted, deliciously amoral tale. 1996, 18, 118MIN

HORROR

Late Night with the Devil

Shudder ★★★★

A 1970s TV talk show host unwittingly unleashes occult forces during a live Halloween-night special in this wickedly funny and sometimes gory found-footage horror film. Oozing slickness and fake sincerity, David Dastmalchian is spot-on as the host who invites a parapsychologist (Laura Gordon) and her supposedly possessed teenage patient (Ingrid Torelli) onto his show, alongside a mind-reading psychic (Fayssal Bazzi) and a professional sceptic (Ian Bliss). 2023, 15, 93MIN

SCI-FI COMEDY

Safety Not Guaranteed

MGM+ ★★★★

The delightfully deadpan Aubrey Plaza plays a magazine intern trying with two colleagues to track down the unknown person who has placed a classified ad seeking a time-travel partner. When she encounters Mark Duplass' crackpot amateur inventor, she pretends to be a potential candidate to get the story. Inspired by a real-life classified ad from 1997, this quirky low-budget sci-fi comedy is smart, sweet and utterly beguiling. 2012, 15, 86MIN

Saturday 7 June

HORROR THRILLER

Piggy

12m't, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This smart Spanish thriller centres on a compelling performance from newcomer Laura Galán as the frequently bullied Sara who, during a traumatic long walk home, sees her mean-girl tormentors being kidnapped by a violent stranger. In choosing to keep his secret, Sara forms an unspoken bond with the abductor that evolves into a sinister infatuation. Blending rites-of-passage drama with (gruesome) slasher horror, writer-director Carlota Pereda tackles tricky topics – including the cruel legacy of fat-shaming in teen culture – openly and sensitively, delivering a confident, unsettling feature debut. Subtitled. 2022, 18, 99MIN

Road to hell: Laura

ROMANTIC COMEDY

I Know Where I'm Going!

2pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Wendy Hiller thinks she knows where she's going when she heads up to Scotland to marry a millionaire, but the rough weather conspires to bring her close to local laird and naval officer Roger Livesey instead. Powell and Pressburger's highly original romance blends rugged landscapes, extravagant symbolism and a whimsical storyline into something quite magical – and totally cinematic. In a classy supporting cast, Petula Clark (only 13 at the time) appears in one of her earliest roles with perennial movie Highlanders Finlay Currie and John Laurie. 1945, U, 91MIN

COMEDY THRILLER

Ocean's Eleven

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

This supercharged, high-gloss remake of the 1960 Frank Sinatra film has some exceptional fun in its opening half, as super-confident thief George Clooney recruits his team to relieve three Vegas casinos of their winnings. Brad Pitt, Elliott Gould and Matt Damon light up their roles, Don Cheadle's ripe cockney accent has to be heard to be believed, while the fact that callous casino boss Andy Garcia is married to Clooney's ex-wife (Julia Roberts) adds a useful spot of tension. Laughs, thrills and star charisma are all here in abundance. 2001, 12, 116MIN

ANIMATION

The SpongeBob SquarePants Movie

3.35pm, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Loosely – and anarchically – based on Homer's *The Odyssey*, this jolly big-screen adventure for the kids' TV show sees the goofy sponge hero and his starfish pal Patrick on a quest to retrieve Neptune's stolen crown and save the life of Mr Krusty Krabs who is suspected of the crime. In reality, the culprit is the evil Plankton, who plans to usurp Krabs' fast-food franchise. Former *Baywatch* star David Hasselhoff gamely sends himself up in a hilarious cameo during the typically surreal adventure that ensues. 2004, U, 87MIN

COMEDY THRILLER

BlacKkKlansman

12.10am, BBC1 ★★★★

Sex ●●● Violence ●●● Language ●●●

A gob-smacking true story about an early-1970s black undercover cop, Ron Stallworth (John David Washington), who infiltrated the Ku Klux Klan. Stallworth fools the Klan into believing he's white over the phone, even convincing Grand Wizard David Duke (Topher Grace) – then sends his Jewish colleague Flip Zimmerman (Adam Driver) to take his place in the flesh. Director Spike Lee is at his provocative best, skilfully balancing intrigue and suspense with comedy. 2018, 15, 135MIN

■ Full listings start on p35

Sunday 8 June

ROMANTIC COMEDY

Four Weddings and a Funeral

10.30pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The vintage but still very witty Richard Curtis Britcom featuring a breakout performance from Hugh Grant as a hapless wedding guest. The fact Grant is the only modern star who can say a word like 'Gosh!' with conviction is one of the main reasons his character seems so fresh, and his bashful, hilariously hesitant way with words reaps comic dividends in every scene. Andie MacDowell is the glamorous guest he falls for over the five events, Rowan Atkinson plays a bungling vicar and there's cheery scene-stealing support from Simon Callow, Kristin Scott Thomas and Charlotte Coleman. But it's Grant's show all the way. 1994, 15, 117MIN

Rainy day romance: Andie and Hugh

ANIMATION

The Secret Life of Pets 2

3.45pm, BBC1 (3.15pm Wales) ★★★

Sex ●●● Violence ●●● Language ●●●

This animated sequel is another lively, good-humoured affair purporting to show us what pets get up to while their owners are away. The first film's leading animal characters are back – including Patton Oswalt's fretful Jack Russell, Harrison Ford's gruff sheepdog, Kevin Hart's boastful rabbit and Jenny Slate's Pomeranian – but this time they lead largely separate adventures until the narrative pulls them together for a rousing, race-against-time climax. The movie is consistently entertaining with moments of madcap slapstick fun to cherish. 2019, U, 86MIN

COMEDY

Legally Blonde

8.10pm, ITV2 ★★★

Sex ●●● Violence ●●● Language ●●●

Reese Witherspoon lights up the screen, as a bubble-headed California girl who thinks about nothing but make-up and fashion. But then, when her boyfriend ditches her to go to the prestigious Harvard Law School, she figures the only to get him back is to become a law student there herself... Outrageously over-dressed in shocking pink, Witherspoon is hilariously out of place on the college campus but always invests her character with wit, intelligence and heart. The result is a delectably daft and enjoyable piece of movie fluff. 2001, 12, 96MIN

CLASSIC THRILLER

Chinatown

10.15pm, Sky Thriller ★★★★★

Sex ●●● Violence ●●● Language ●●●

This classic 1970s noir thriller trades triumphantly on the idea that LA is as much a state of mind as a real place – positioned where the West ends and amorality begins. Jack Nicholson has one of the roles of his career, as 1930s private eye JJ Gittes, a gutsy gumshoe who annoys most of the people he meets most of the time and, along the way, drifts ever deeper into a web of menace, corruption and paranoia. Robert Towne's script won a deserved Oscar, John Huston has a key role and director Roman Polanski a cutting cameo. 1974, 15, 131MIN

SUPERHERO

Aquaman and the Lost Kingdom

10.25pm, Sky Select ★★★

Sex ●●● Violence ●●● Language ●●●

Jason Momoa's Aquaman is now dad to a baby boy, while Yahya Abdul-Mateen II's Black Manta is still hungry for revenge and ready to wield the demonic Black Trident to get it. This second Aquaman outing should have made a bigger splash, but there are flashes of brilliance, especially when Manta's Octobots collide with Atlantis' psychedelic bioluminescence, getting to the heart of the franchise's trippy appeal. 2023, 12, 124MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 9 June

BIOPIC

Lee

12noon, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

'I'd rather take a picture than be one', barks US model-turned-photojournalist Lee Miller (Kate Winslet) as she reveals the extraordinary stories behind her famous World War Two photos. Exploring how she fought to report atrocities, this handsome biopic showcases Winslet's gritty performance. Constantly defying army bans on women reporters, Winslet's Miller is a reckless, hard-drinking obsessive whose prickly unlikeability recalls Winslet's tough-tender turn in *Mare of Easttown*. 2023, 15, 117MIN

War storyteller: Kate

COMEDY

Old Boys

7.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in a ridiculously hidebound 1980s public school, this fresh and funny take on *Cyrano de Bergerac* finds an awkward teenage boy (Alex Lawther) helping the school's dim sporting hero (Jonah Hauer-King) woo the new French teacher's intimidatingly cool daughter (Pauline Etienne) – even though he's in love with her himself. Charming and silly in equal measure, the film does boast some appealing leads. 2018, 12, 95MIN

THRILLER

Runaway Jury

10.55pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

One sincerely hopes it's not as easy to nobble a jury as it seems in this lavish adaptation of John Grisham's legal potboiler. John Cusack plays a juror willing to swing the vote in favour of the highest bidder in a controversial case against a firearms manufacturer, with both Dustin Hoffman's prosecuting attorney and Gene Hackman's scheming advisor sorely tempted by the promise of a failsafe verdict. Fine entertainment. 2003, 12, 127MIN

ACTION THRILLER

Man on Fire

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Burnt-out Denzel Washington is hired as a bodyguard to a wealthy family in Mexico City and has to take little Dakota Fanning to school each day. Washington's disdain for the kid gradually turns into a friendship that gives him a reason to live – but then she's kidnapped and he embarks on a mission of revenge. Washington gives a sizzling turn and Fanning is also excellent. Tough, dark and very stylish, this is one mean flashy movie. 2004, 18, 146MIN

DRAMA

The Children Act

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Emma Thompson gives a standout performance in this compelling courtroom drama based on Ian McEwan's novel. She's a family court judge whose life is thrown into turmoil when she has to rule on the case of a 17-year-old Jehovah's Witness (Fionn Whitehead) who is refusing a life-saving blood transfusion. Stanley Tucci and Jason Watkins offer fine support. 2017, 12, 105MIN

Full listings start on p55

Tuesday 10 June

DRAMA

Master Gardener

9pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Joel Edgerton's horticulturist leads a quiet, stoic life while hiding a violent white supremacist past. He's working for Sigourney Weaver, a privileged white southerner whose troubled grand-niece (Quintessa Swindell) arrives from New York. And, much to his boss' displeasure, the shoots of romance sprout between them. Writer-director Paul Schrader's drama is a slow burn, but it is still blooming good – a joyous sequence of blossoming flowers and trees is a delight – and the stars are electric. 2022, 15, 111MIN

Plant life: Joel and Sigourney

ROMANTIC COMEDY

Lost in Translation

8pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Filmed with almost Zen-like simplicity, director Sofia Coppola's gentle comedy about romantic and geographical dislocation is delightfully fresh. Bill Murray is superb as the cynical actor in Tokyo to film a ridiculous whisky ad, who is drawn into an unaffected relationship with disenchanted fellow traveller Scarlett Johansson. Tokyo is portrayed in all its contradictory glory, a city of the future entrenched in the past. 2003, 15, 102MIN

ROMANTIC COMEDY

Crush

10.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A thoroughly contemporary take on teen romance movies, *Crush* follows the mild trials and tribulations of Rowan Blanchard's Paige, a gay girl whose heart belongs to queen bee Gabriela (Isabella Ferreira), from afar until she is mentored by Gabriela's twin, AJ (*Moana*'s Auli'i Cravalho). Light, bubbly, sassy and snarky when it needs to be, this is a refreshingly frank insight into today's teenagers. It's also genuinely funny to boot. 2022, 15, 93MIN

PERIOD THRILLER

Road to Perdition

10.50pm, ITV1 (not STV/UTV/Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Hanks gives a towering performance as the henchman of mobster Paul Newman in 1931 Chicago. But when Newman's trigger-happy son Daniel Craig kills his wife and son, Hanks grabs his eldest boy and hits the vengeance trail. On their tail is a psychotic killer (Jude Law) who photographs the death throes of his victims in an impeccably handled and marvellously suspenseful period thriller. 2002, 15, 119MIN

DRAMA

The Levelling

11.30pm, BBC2 (not NI/Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in the Somerset Levels after the floods of 2014, writer-director Hope Dickson Leach's debut feature is appropriately damp and dour. Trying to keep her head above water is Ellie Kendrick's trainee vet, bristling with anger, resentment and guilt on her return to the family's farm following her brother's sudden death. An understated drama. 2016, 15, 84MIN

Full listings start on p65

Wednesday

FANTASY COMEDY

Barbie

8pm, Sky Hits ★★★★

Sex ●●● Violence ●●● Language ●●●

Living a perfect life, Barbie (Margot Robbie) suddenly has thoughts of death and must go into the real world to put things right, with her lovesick accessory Ken (Ryan Gosling) tagging along. She finds a horrifying reality where the patriachy

Road trip buddies: Margot and Ryan

ROMANTIC COMEDY

Groundhog Day

6.55pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Aside from boasting one of the most original comedy concepts of the 1990s – a cynical TV weatherman is stranded in a backwoods town while covering the Groundhog Festival, reliving the same day over and over again – director Harold Ramis' exceptional comic fantasy fairly crackles with wit. As the hapless main character, Bill Murray delivers one of his finest performances and Andie MacDowell makes the perfect foil. 1993, PG, 103MIN

WAR DRAMA

Dunkirk

8pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Defying convention and Hollywood heroics, Christopher Nolan's epic about the Dunkirk evacuation plunges us straight into the action as hundreds of thousands of trapped Allied troops await rescue from the wartorn beaches of 1940 France. The film interweaves plot lines involving Mark Rylance, Fionn Whitehead, Kenneth Branagh et al, brilliantly conveying the panic, terror and resolve of the people involved. 2017, 12, 106MIN

11 June

rules, while Ken disastrously takes the idea back home to Barbieland... Can Barbie (with America Ferrara and daughter Ariana Greenblatt) save her world from toxic masculinity? Director and co-writer Greta Gerwig's satire is hilarious, cutting and emotional, with sensational turns from Robbie and Gosling. 2023, 12, 114MIN

PERIOD COMEDY

The Sting

10.10pm, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Having established their on-screen chemistry in *Butch Cassidy and the Sundance Kid*, Paul Newman and Robert Redford were winningly cast opposite each other again in this delightful caper movie. They play a couple of conmen in 1930s Chicago out for revenge against mobster Robert Shaw. The film won seven Oscars, and made Scott Joplin's ragtime music popular again. 1973, PG, 129MIN

CRIME DRAMA

Ain't Them Bodies Saints

12m't, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

With nods to Terrence Malick's *Badlands*, this bittersweet tale of doomed outlaw lovers in 1970s Texas relies more on mood than tight plotting to keep you gripped. Casey Affleck and Rooney Mara are terrific as the young couple on the run. With help from some atmospheric cinematography, this is a haunting, achingly wistful film. 2013, 15, 97MIN

■ Full listings start on p75

Thursday 12 June

COMEDY DRAMA

The Banshees of Inisherin

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A darkly amusing and heartbreakingly sad comedy drama from writer-director Martin McDonagh. Starring Colin Farrell and Brendan Gleeson, the film's set in 1923 on a fictional Irish island. They are best friends, until Gleeson puts an end to their friendship for seemingly nebulous reasons. Baffled, Farrell persists, eventually leading Gleeson to lay down a jaw-droppingly drastic ultimatum. It's McDonagh's twisted take on the break-up movie, albeit with deep empathy for both sides. 2022, 15, 114MIN

Barflies: Brendan and Colin

COMEDY

Brian and Charles

7.10pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Largely set around a rural Welsh cottage in perennial drizzle, this is a delightfully weird low-budget British comedy. It has humour and heart in its endearing story of lonely, inept inventor Brian (an engaging David Earl) who creates a clunky companion, Charles (Chris Hayward), out of odds and ends ('My tummy is a washing machine!') which is brought to life, Frankenstein-style, by a stray bolt of lightning. 2022, PG, 90MIN

CRIME DRAMA

GoodFellas

11.50pm, Sky Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Martin Scorsese brought his own experiences of growing up in New York's Little Italy to bear on this seminal gangster movie based on the memoirs of real-life Mafia hood Henry Hill (Ray Liotta). There are few films that match its chillingly authentic depiction of organised crime and its terrifying portrayal of evil as embodied by the psychopathic 'wise guys' Robert De Niro and Joe Pesci who Liotta's wannabe looks up to. 1990, 18, 143MIN

THRILLER

Fatal Attraction

9pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Hold tight for this rollercoaster ride in which a spurned Glenn Close sets out to ruin the home life of her married lover (Michael Douglas). This is a stylish, superbly acted thriller with some brilliantly staged shocks, especially the scene which introduced the term 'bunny boiler'. However, the ending, which was changed after it was given the thumbs-down by preview audiences, ends up being a bit of a cop-out. 1987, 18, 120MIN

CRIME DRAMA

Taxi Driver

2.05am, Sky Greats ★★★★★

Sex ●●● Violence ●●● Language ●●●

Another of director Martin Scorsese's classic movies, this masterful depiction of urban alienation has lost none of its power. Robert De Niro delivers a career-defining performance as New York cabbie Travis Bickle, a troubled Vietnam veteran-turned-vigilante, with his infamous 'You talkin' to me?' soliloquy. Equally good is Jodie Foster as a child prostitute. 1976, 18, 110MIN

■ Full listings start on p85

Friday 13 June

DRAMA

Three Billboards Outside Ebbing, Missouri

9pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

An Oscar-winning Frances McDormand is on incendiary form as a grieving mum who puts up a series of enraged ads on the billboards of the title in a bid to goad the local police chief (Woody Harrelson) into finding who raped and killed her daughter. Moving in unexpected directions, writer-director Martin McDonagh's brilliant film balances caustic humour and heartbreaking emotion. 2017, 15, 115MIN

Poster girl: Frances

CRIME DRAMA

The Godfather Part II

3.45pm, Sky Hits ★★★★★

Sex ●●● Violence ●●● Language ●●●

This densely plotted, impeccably crafted gangster epic from director Francis Ford Coppola is easily as good as the original film (showing at 12.45pm). Taking the elements already present in *The Godfather*, Coppola both develops the story of the reign of young Michael Corleone (Al Pacino), while delving into the past to contrast his experiences with the ruthless rise to power of his father Vito (Robert De Niro). 1974, 18, 200MIN

SCI-FI THRILLER

Virtuosity

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Who would have thought the oddball Aussie playing a virtual reality serial killer in this sci-fi thriller would one day be picking up an Oscar for Best Actor? Future *Gladiator* star Russell Crowe delivers a bravura performance as a composite of the personalities of all the world's worst killers, with Denzel Washington providing his usual upstanding performance as the ex-cop on his trail. Presposterously entertaining. 1995, 15, 103MIN

DRAMA

The Last Black Man in San Francisco

11pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

With a languid, shaggy doggish narrative, this captivating drama follows Jimmie Fails, an African-American who is a third-generation San Franciscan. He is finding it difficult to find his place in a city where money and hipsters are around every corner. It's also the story of his relationship with eccentric budding playwright and artist Jonathan Majors, a bond explained as the film progresses. 2019, 15, 121MIN

FANTASY THRILLER

Ghost Rider

11.05pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

As a teen motorbike stunt rider Johnny Blaze sells his soul to the Devil (Peter Fonda) to save his dad. Years later, adult Johnny (Nicolas Cage) blazes on his bike again when his girl (Eva Mendes) comes back into his life – but alas so does the Devil, turning Johnny into a Satanic bounty hunter. The fiery effects work a treat in this rip-roaring action fantasy. 2006, 12, 110MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

England lifting the trophy in 2023

Arsenal forward Ethan Nwaneri

THE MAIN EVENT

Can **Lee Carsley**'s talented Young Lions retain their title?

European Under-21 Championship

LIVE FOOTBALL

Czech Republic v England

Thursday, kick-off 8pm, C4

Some of English football's most exciting youngsters are in action when C4 shows live coverage of the European Under-21 Championship, which begins on Wednesday in Slovakia.

Holders England are the only home nation to have qualified for the 16-team tournament and coach Lee Carsley's side begin the defence of their title on Thursday with a Group B clash against the Czech Republic in Dunajská Streda.

The Young Lions squad – which is set to include the likes of Liam Delap, Ethan Nwaneri, Tino Livramento, Jarell Quansah and Adam Wharton – will also face Slovenia and Germany in Group B, with the top two sides from each of the four groups progressing to the quarter-finals.

Head coach Lee Carsley

BUILDING A LEGACY

Under Carsley, England won the last tournament in Georgia-Romania in 2023 when Curtis Jones' goal was enough to defeat Spain in the final as the Young Lions lifted the trophy for a third time.

Harvey Elliott is one of a handful of 2023 players who remain in the current squad and the Liverpool forward grabbed seven goals in qualifying as top scorers England secured a place in the finals for a 10th time in a row. Meanwhile, midfielder Jobe Bellingham – younger brother of superstar Jude – will be seeking more success after helping Sunderland clinch promotion to the Premier League.

Among the foreign stars to look out for are Portugal's Fábio Silva, who scored eight times in the qualifiers, plus a host of Premier League players including Brighton's Brajan Gruda of Germany and Aston Villa's Ian Maatsen of the Netherlands.

The Dutch side were the only team to qualify with a 100% record, while other contenders for the crown include Spain and Italy, who share the record (five) for most tournament wins.

'It's difficult to compare England's 2023 and 2025 sides,' says Carsley. 'The last squad won six games and didn't concede any goals in the entire tournament. That will be very hard to recreate, but that's the challenge we have put down for these players – we want them to be better than the last group, so hopefully they can be.'

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY, SHUTTERSTOCK

England's Eberechi Eze

WORLD CUP ACTION

England's senior team also play his week, taking on minnows Andorra in Barcelona on Saturday in a World Cup qualifier (kick-off 5pm, ITV1) followed by a home friendly against Senegal on Tuesday (kick-off 7.45pm, ITV1), with Crystal Palace's FA Cup winners Eberechi Eze and Dean Henderson in Thomas Tuchel's squad.

Meanwhile, a Wales squad featuring Spurs' Europa League hero Brennan Johnson travel to Belgium (Monday, kick-off 7.45pm, BBC1 & S4C) for a World Cup qualifier in Brussels.

There are also two international friendlies as Scotland visit Liechtenstein on Monday (kick-off 5pm, BBC2 & BBC Scotland) and Northern Ireland host Iceland on Tuesday (kick-off 7.45pm, BBC2 in Northern Ireland & BBC iPlayer).

Wales star Brennan Johnson

LIVE HORSE RACING

The Derby

Saturday, race starts 3.30pm, ITV1

The 246th edition of the Epsom Downs colts' classic is being run in honour of the Aga Khan IV, the owner of five Derby winners, who died in February. Delacroix and Ruling Court are among the favourites along with the home-bred Pride of Arras who has leapt up the betting after winning the Dante Stakes at York last month. 'He doesn't have the profile of other horses when it comes to pedigree,' says trainer Ralph Beckett. 'But he's worthy of his place in the Derby.'

Rossa Ryan riding Pride of Arras to victory in May

LIVE GOLF

US Open

From Thursday, Sky Sports Golf & Sky Sports Main Event

Masters champion Rory McIlroy and PGA Championship winner Scottie Scheffler tee off as the Oakmont Country Club near Pittsburgh stages the third major of the year. Big hitter Bryson DeChambeau took the title last year and comes into the tournament on the back of two top-five major finishes. The Oakmont course includes a punishing 8th hole, at 289 yards one of the longest par-threes in world golf.

American Scottie Scheffler

Hull KR winger Tom Davies

Wigan Warriors' Eva Hunter

LIVE RUGBY LEAGUE

Challenge Cup finals

Saturday, BBC1 & BBC2

Hull KR's fine form means the Robins will start as favourites against Warrington Wolves in the men's Wembley showpiece (kick-off 3pm, BBC1). The sides met in the Super League last month when Tom Davies and Mikey Lewis were among the try-scorers in a comfortable 31-12 win. Nine-time winners Warrington were runners-up last year, while Hull KR's sole victory came way back in 1980. The match is preceded by the women's final between Wigan Warriors and St Helens (kick-off 11.45am, BBC2), with Warriors sisters Ruby and Eva Hunter aiming to help Wigan to a first ever title.

LIVE TENNIS

Queen's Club

From Monday, BBC2

The second Gram Slam of the year will be decided as the French Open reaches its climax on the red clay of Roland-Garros over the weekend, with the women's final on Saturday and the men's showpiece on Sunday (TNT Sports 1 & Discovery+). Attention then switches to the grass courts of Queen's Club on Monday when a women's tournament returns to the west London venue for the first time in more than 50 years. Brits Emma Raducanu and Katie Boulter are in the field, as is four-time major winner Naomi Osaka. It will be followed by the men's tournament from 16 June.

British No 1 Katie Boulter

LIVE CRICKET

World Test Championship

From Wed, Sky Sports Cricket & Sky Sports Main Event

Australia and South Africa have topped the ICC World Test league table over the past two years and the sides will battle it out for the title in a five-day Test at Lord's. The Aussies are defending the crown they won in 2023 against India and will be boosted by the return of captain Pat Cummins, while South Africa have fast bowler Kagiso Rabada back after a one-month doping suspension.

Australia's Pat Cummins

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TVSAT03/06/25q

Sport week A-Z GUIDE

ATHLETICS

LIVE Diamond League: Oslo
Thu 7pm BBC3
The Bislett Games, the sixth meeting of the campaign at Bislett Stadium.

AUSTRALIAN RULES

LIVE Geelong Cats v Gold Coast Suns
Sat 7am TNT Sports 1
The AFL game at GMBHA Stadium.

LIVE North Melbourne Kangaroos v West Coast Eagles
Sun 6am TNT Sports 3
The AFL match from Hands Oval.

LIVE Melbourne Demons v Collingwood Magpies
Mon 6am TNT Sports 1
The AFL fixture from Melbourne.

LIVE St Kilda Saints v Western Bulldogs
Thu 10.30am TNT Sports 1
The AFL game at Marvel Stadium.

LIVE Hawthorn Hawks v Adelaide Crows
Fri 10.30am TNT Sports 1
The AFL match from UTAS Stadium.

LIVE Brisbane Lions v GWS Giants
Fri 4am TNT Sports 1
The AFL fixture from Brisbane.

BASEBALL

LIVE Cleveland Guardians v Houston Astros
Sat 9pm TNT Sports 4
The MLB American League match.

LIVE New York Yankees v Boston Red Sox
Sat 12.30am TNT Sports 2
MLB American League East game.

LIVE New York Yankees v Boston Red Sox
Sun 6.30pm TNT Sports 2
The MLB American League East match from Yankee Stadium.

LIVE Cleveland Guardians v Cincinnati Reds
Mon 11.30pm TNT Sports 1
The MLB inter-league match.

LIVE Kansas City Royals v New York Yankees
Tue 12.30am TNT Sports 1
The MLB American League game.

LIVE Milwaukee Brewers v Atlanta Braves
Wed 7pm TNT Sports 1
The MLB National League match.

LIVE San Diego Padres v Los Angeles Dodgers
Wed 9pm TNT Sports 3
MLB National League West game.

Basketball
Can Oklahoma City Thunder star Shai Gilgeous-Alexander rack up more points in the NBA Finals?

LIVE Minnesota Twins v Texas Rangers
Thu 6pm TNT Sports 3
The MLB American League match.

LIVE Baltimore Orioles v Detroit Tigers
Thu 11.30pm TNT Sports 1
The MLB American League game.

LIVE Chicago Cubs v Pittsburgh Pirates
Fri 7pm TNT Sports 2
The MLB National League Central match staged at Wrigley Field.

BASKETBALL

LIVE Golden State Valkyries v Las Vegas Aces
Sat 8pm TNT Sports 3
The WNBA match at Chase Center.

LIVE NBA Finals
Sun, Wed & Fri 1am TNT Sports 1
Games two to four.

BOXING

LIVE Callum Simpson v Ivan Zucco
Sat 7pm Sky Sports Main Event, Sky Sports Action & Sky Showcase
The European super-middleweight title bout at Oakwell in Barnsley.

COMBAT SPORTS

LIVE UFC 316 Prelims
Sat 1am TNT Sports 1

LIVE Merab Dvalishvili v Sean O'Malley
Sat 3am TNT Sports 1
The bantamweight title bout from Prudential Center in New Jersey.

CRICKET

LIVE England v West Indies
Sat 10.30am Sky Sports Main Event & Sky Sports Cricket
The third and final women's ODI staged at the County Ground, Taunton.

LIVE Nottinghamshire Outlaws v Worcestershire Rapids
Sat 6.55pm Sky Sports Mix & 7pm Sky Sports Cricket
The T20 Blast North Group match from Trent Bridge, Nottingham.

LIVE England v West Indies
Sun 2pm 5, Sky Sports Main Event, Sky Sports Cricket & Sky Showcase
The second T20 in the three-match series from Seat Unique Stadium.

LIVE England v West Indies
Tue 6pm Sky Sports Main Event & Sky Sports Cricket
The third and final T20 in the series from Utilita Bowl, Southampton.

LIVE Australia v South Africa
Wed-Fri 10am Sky Sports Main Event & Sky Sports Cricket
Days one to three of the ICC World Test Championship final at Lord's. These two sides finished the latest cycle of the World Test Championship in the top two places to set up this meeting, with Australia winning the previous final in June 2023. See p29.

LIVE Northants Steelbacks v Birmingham Bears
Wed 6.15pm Sky Sports Main Event & Sky Sports Cricket
The T20 Blast North Group match.

LIVE Ireland v West Indies
Thu 2.45pm TNT Sports 1
The first T20 in the three-match series from Bready Cricket Ground.

LIVE Essex Eagles v Glamorgan
Thu 6.15pm Sky Sports Cricket
The T20 Blast South Group match.

LIVE Gloucestershire v Somerset
Fri 6.55pm Sky Sports Cricket
The T20 Blast South Group match at Seat Unique Stadium in Bristol.

CYCLING

LIVE UCI Mountain Bike World Series Women
Sat 12.30pm TNT Sports 3
The DHI elite final in Leogang.

LIVE UCI Mountain Bike World Series Men
Sat 2pm TNT Sports 3
The DHI elite final in Leogang.

LIVE Tour of Slovenia
Sun 10.15am TNT Sports 3
The fifth and final stage.

LIVE UCI Mountain Bike World Series Women
Sun 11.30am TNT Sports 4
The olympic elite race in Leogang.

LIVE Criterium du Dauphine
Sun 12noon, Mon-Fri 2.30pm TNT Sports 3; Mon-Wed & Fri 2.30pm TNT Sports 1
Stages one to six from France.

LIVE UCI Mountain Bike World Series Men
Sun 2pm TNT Sports 4
The XCO olympic elite race.

LIVE Tour of Switzerland
Thu & Fri 1.45pm TNT Sports 4
The first and second stages.

DARTS

LIVE World Series of Nordic Masters
Sat 6pm ITV4
Day two from Forum Copenhagen.

LIVE World Cup of Darts
Thu 6pm, Fri 11am & 6pm Sky Sports Action
Days one and two at Eissporthalle.

EQUESTRIAN

LIVE Longines Global Champions Tour
Sat 7.45pm TNT Sports 2
Stage five of the season in Cannes.

GOLF

LIVE KLM Open
Sat 12.30pm & Sun 11.30am Sky Sports Golf; Sun 11.30am Sky Sports Main Event
Days three and four in Amsterdam.

LIVE RBC Canadian Open
Sat & Sun 12.45pm Sky Sports+; Sat 5pm & Sun 4.30pm Sky Sports Golf; Sun 6.30pm Sky Sports Main Event
Days three and four from TPC Toronto at Osprey Valley in Alton.

LIVE Tenerife Women's Open
Sat & Sun 1pm Sky Sports Mix
Days three and four at Abama Golf.

LIVE ShopRite LPGA Classic
Sat 8pm & Sun 7pm Sky Sports+
Days three and four staged at The Seaview in Galloway, New Jersey.

LIVE US Open
Thu 12.30pm Sky Sports Main Event & Sky Sports Golf
Day one of the Major staged at Oakmont Country Club. When this venue last hosted the tournament in 2016, the opening day's play was blighted by heavy rain. See p29.

LIVE Hulencourt Women's Open
Thu & Fri 2.30pm Sky Sports Mix
Days one and two at Hulencourt Golf Club in Genappe, Belgium.

LIVE Meijer LPGA Classic
Thu 8pm Sky Sports+
The opening day at Blythefield Country Club in Belmont, Michigan.

LIVE US Open
Fri 12.30pm Sky Sports Main Event & Sky Sports Golf
Day two of the Major staged at Oakmont Country Club. See p29.

HORSE RACING

LIVE Epsom Derby
Sat 12.45pm ITV1
Day two of the meeting headlined by The Derby at 3.30pm. See p29.

ICE HOCKEY

LIVE NHL Play-offs
Sat, Mon & Thu 1am Premier Sports 2

MINORITY SPORTS

LIVE IFSC Climbing World Cup
Sat & Sun 5.30pm TNT Sports 3
The men's and women's bouldering final in Prague, Czech Republic.

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
Grand Prix of Aragon Moto2 and Moto3 second free practice sessions.

LIVE Grand Prix of Aragon MotoGP qualifying session
Sat 9am TNT Sports 2

LIVE Grand Prix of Aragon Moto2 and Moto3 qualifying
Sat 11.45am TNT Sports 2

LIVE Grand Prix of Aragon MotoGP sprint race
Sat 1.45pm TNT Sports 2 & 3pm Quest

LIVE MotoGP Rookies Cup
Sun 7.30am TNT Sports 2
Grand Prix of Aragon second race.

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Aragon warm-up.

LIVE Grand Prix of Aragon Moto3 race
Sun 9am TNT Sports 2
From MotorLand Aragón, Spain.

LIVE Grand Prix of Aragon Moto2 race
Sun 11am TNT Sports 2
The eighth round of the season staged at MotorLand Aragón.

LIVE Grand Prix of Aragon MotoGP race
Sun 12.15pm TNT Sports 2
The eighth round of the season staged at MotorLand Aragón.

LIVE Leicester Lions v Sheffield Tigers
Mon 7.30pm TNT Sports 1
The British Speedway race staged at Hydroscand Arena.

LIVE Superbike World Championship
Fri 9.30am & 12.45pm TNT Sports 2
The sixth round of the season from Misano World Circuit in Italy.

LIVE Speedway Grand Prix
Fri 6.30pm TNT Sports 1
The fourth round of the season staged in Manchester.

MOTORSPORT

LIVE V8 Supercars Championship
Sat 6am & 9am TNT Sports 4; Sun 8.15am TNT Sports 1
Bosch Power Tools Perth Super 440.

LIVE World Rally Championship
Sat 8am, 9.15am, 10.30am & 4.30pm TNT Sports 3; Sun 6.15am, 7.30am & 9.45am TNT Sports 4
The Rally Italy special stages.

LIVE FIM Endurance World Championship
Sat 12noon TNT Sports 4
The Eight Hours of Spa from Circuit de Spa-Francorchamps in Belgium.

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LIVE British Touring Car Championship
Sun 11am ITV4
The fourth meeting of the season at Thruxton, featuring races 10, 11 and 12.

LIVE Motocross World Championship
Sun 2pm TNT Sports 3
The MX2 race two from the 11th round of the season in Kegums.

LIVE Motocross World Championship
Sun 3pm TNT Sports 3
The MXGP race two from the 11th round of the season in Kegums.

LIVE NASCAR
Sun 6.30pm Premier Sports 1
The Firekeepers Casino 400 at Michigan International Speedway.

LIVE FIA World Endurance Championship
Wed 1pm TNT Sports 2
The 24 Hours of Le Mans first free practice session ahead of the fourth round of the season in France.

LIVE FIA World Endurance Championship
Wed 5pm TNT Sports 2
The 24 Hours of Le Mans qualifying session ahead of the fourth round of the season in Le Mans, France.

LIVE FIA World Endurance Championship
Wed 8pm TNT Sports 2
The 24 Hours of Le Mans second free practice session in France.

LIVE FIA World Endurance Championship
Thu 12noon TNT Sports 2
The 24 Hours of Le Mans third free practice session ahead of the fourth round of the season in France.

LIVE FIA World Endurance Championship
Thu 6.45pm TNT Sports 2
The 24 Hours of Le Mans hyperpole session ahead of the fourth round of the season in Le Mans, France.

LIVE FIA World Endurance Championship
Thu 9pm TNT Sports 2
The 24 Hours of Le Mans fourth free practice session ahead of the fourth round of the season.

LIVE F1 Academy
Fri 4pm Sky Sports F1
The Canadian Grand Prix practice session ahead of the fourth round of the season in Montreal.

LIVE Formula 1
Fri 6pm Sky Sports F1
The Canadian Grand Prix first practice session ahead of the 10th round of the season at Circuit Gilles-Villeneuve in Montreal.

LIVE Formula 1
Fri 9.45pm Sky Sports F1
The Canadian Grand Prix second practice session ahead of the 10th round of the season at Circuit Gilles-Villeneuve in Montreal.

LIVE F1 Academy
Fri 11.15pm Sky Sports F1
The Canadian Grand Prix qualifying session ahead of the fourth round of the season staged at Circuit Gilles-Villeneuve in Montreal.

NETBALL

LIVE Super League
Fri 6pm Sky Sports Mix
A match in the top flight.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2
Group Two of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.

POWERLIFTING

LIVE World Classic Championship
Thu 6pm TNT Sports 4
The women's 69kg and men's 93kg events from Chemnitz, Germany.

RUGBY LEAGUE

LIVE Cronulla-Sutherland Sharks v New Zealand Warriors
Sat 8.30am Sky Sports Main Event & Sky Sports Mix
The NRL match from the 14th round of the season at Sharks Stadium.

LIVE Brisbane Broncos v Gold Coast Titans
Sat 10.30am Sky Sports Mix
The NRL match from the 14th round of fixtures at Suncorp Stadium.

LIVE St Helens v Wigan Warriors
Sat 11.15am BBC2 (kick-off 11.45am) The Women's Challenge Cup final staged at Wembley Stadium. St Helens have won this trophy in each of the last four years, beating Leeds Rhinos 22-0 in the 2024 final, and they defeated York Valkyrie in the semi-finals this time around. See p29.

LIVE Warrington Wolves v Hull Kingston Rovers
Sat 2pm BBC1 (kick-off 3pm)
The Challenge Cup final at Wembley Stadium. Warrington are looking to go one better than last season, when they were beaten by Wigan Warriors in the final, and they were 21-14 victors over Leigh Leopards in the semi-finals. Having been runners-up in this competition in 2023 and the Super League last year, Rovers will have high hopes of finally ending their 40-year trophy drought this time around. See p29.

LIVE Wests Tigers v Penrith Panthers
Sun 7.05am Sky Sports Main Event & Sky Sports Action
The NRL match from the 14th round of fixtures at CommBank Stadium.

LIVE Hull Kingston Rovers v Catalans Dragons
Fri 7.30pm Sky Sports+ (kick-off 8pm) The Super League game in the 14th round of fixtures at Sewell Group Craven Park Stadium.

RUGBY UNION

LIVE Super Rugby
Sat 8am Sky Sports Action
The opening qualifying final.

LIVE Super Rugby
Sat 10am Sky Sports Action
The second qualifying final.

LIVE Premiership
Sat 2.45pm TNT Sports 2
The second semi-final.

LIVE United Rugby Championship
Sat 4.30pm Premier Sports 1
The opening semi-final.

LIVE United Rugby Championship
Sat 7.15pm Premier Sports 1
The second semi-final.

LIVE Top 14
Sat 8pm Premier Sports 2

LIVE Super Rugby
Fri 8am Sky Sports Action
A semi-final, as the teams contest a place in the final.

LIVE Top 14 Play-offs
Fri 8pm Premier Sports 1

SAILING

LIVE SailGP
Sat & Sun 8.30pm TNT Sports 1
Days one and two of the sixth round of the season in New York.

TENNIS

LIVE French Open
Sat 10am TNT Sports 1
The wheelchair final staged at Stade Roland-Garros in Paris.

LIVE French Open
Sat 2pm TNT Sports 1
The women's final at Stade Roland-Garros in Paris. Iga Swiatek of Poland dominated last year's final, overcoming Italy's Jasmine Paolini 6-2, 6-1 to win this title for the fourth time in the last five years.

LIVE French Open
Sat 5pm TNT Sports 1
The men's doubles final staged at Stade Roland-Garros in Paris.

LIVE French Open
Sun 10am TNT Sports 1
The women's doubles final staged at Stade Roland Garros in Paris.

LIVE French Open
Sun 2pm TNT Sports 1
The men's final staged at Stade Roland-Garros. Carlos Alcaraz and Alexander Zverev contested a five-set epic in last year's showpiece match, with Alcaraz coming back from 2-1 down to win this title for the first time in his career.

LIVE WTA and ATP Tours
Mon-Fri 10am Sky Sports+ & Sky Sports Tennis
Featuring the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.

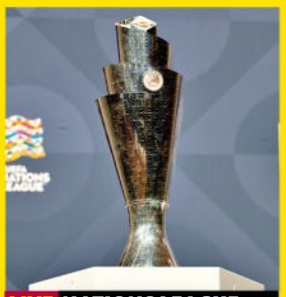
LIVE Queen's Club
Mon 1pm BBC2
Day one of the women's grass-court tournament at Queen's Club, featuring matches in the first round of the singles competition. See p29.

LIVE Queen's Club
Tue 1pm BBC2
Day two of the women's grass-court tournament from Queen's Club.

LIVE Queen's Club
Wed 2pm BBC1 & 3pm BBC2
The third day of the women's grass-court tournament staged at Queen's Club, featuring singles matches from the second round.

LIVE Queen's Club
Thu 1pm BBC2
Day four of the women's grass-court tournament at Queen's Club, featuring more singles matches from the second round.

LIVE Queen's Club
Fri 1pm BBC2
Day five of the women's grass-court tournament at Queen's Club, featuring the singles quarter-finals. The players are preparing for Wimbledon in this first women's tournament here since 1973, and now they are at this stage the remaining players will all have high hopes of going into the Grand Slam with a win under their belts.



LIVE NATIONS LEAGUE

Final

Sunday, kick-off 8pm, ITV1

Holders Spain will hope to have seen off France in the semi-finals and secured a place in the final at Munich's Allianz Arena – with Germany and Portugal contesting the other spot. Spain defeated Croatia on penalties to claim the trophy in 2023 with Dani Carvajal chipping home the winning spot kick.

LIVE WORLD CUP QUALIFIER

Argentina v Colombia

Tuesday, kick-off 1am, Premier Sports 1

Colombia could do with a vital three points late on Tuesday as they face holders Argentina, who have already qualified for next year's finals. Liverpool's Alexis Mac Allister and Inter Miami's Lionel Messi have both dazzled in qualifying so far.

Saturday 7

LIVE Andorra v England
4.15pm ITV1 (kick-off 5pm)
The FIFA World Cup Group K qualifier at RCDE Stadium in Barcelona. England got off to a perfect start to their campaign and Thomas Tuchel's reign as manager with home wins against Albania and Latvia, as Harry Kane extended his record number of England goals with a strike in each game.

LIVE Denmark v Northern Ireland
5.40pm BBC2 (N Ireland only) (kick-off 6pm)
The international friendly staged at Parken Stadium in Copenhagen.

LIVE Orlando Pride v Houston Dash
12m't TNT Sports 3 (kick-off 12m't)
The NWSL match staged at Inter & Co Stadium in Orlando.

Sunday 8

LIVE Nations League final
7.30pm ITV1 (kick-off 8pm)
The showpiece match, which sees Germany or Portugal face Spain or France at Allianz Arena. Spain won this tournament two years ago.

LIVE Washington Spirit v North Carolina Courage
9pm TNT Sports 3 (kick-off 9pm)
The NWSL match from Audi Field.

Monday 9

LIVE Liechtenstein v Scotland
4.30pm BBC Scotland & 4.45pm BBC2 (kick-off 5pm)
The international friendly at Rheinpark Stadion in Vaduz.

LIVE Belgium v Wales
7.20pm S4C & 7.30pm BBC1 (kick-off 7.45pm)
The FIFA World Cup Group J qualifier at King Baudouin Stadium.

Tuesday 10

LIVE England v Senegal
7pm ITV1 (kick-off 7.45pm)
The international friendly staged at The City Ground in Nottingham.

LIVE Northern Ireland v Iceland
7.30pm BBC2 (N Ireland only) (kick-off 7.45pm)
The friendly at Windsor Park.

LIVE Argentina v Colombia
12.55am Premier Sports 1 (kick-off 1am)
CONMEBOL World Cup qualifier.

LIVE Brazil v Paraguay
1.40am Premier Sports 2 (kick-off 1.45am)
CONMEBOL World Cup qualifier.

Wednesday 11

LIVE Slovakia v Spain
4.50pm 4seven (kick-off 5pm)
The opening match of the UEFA European Under-21 Championship, from Group A. See p28.

LIVE Portugal v France
7.50pm 4seven (kick-off 8pm)
The UEFA European Under-21 Championship Group C match.

LIVE Italy v Romania
Channel 4 Sport YouTube (kick-off 8pm)
The UEFA European Under-21 Championship Group A tie.

LIVE Poland v Georgia
Channel 4 Sport YouTube (kick-off 8pm)
The UEFA European Under-21 Championship Group C clash.

Thursday 12

LIVE Ukraine v Denmark
4.50pm 4seven (kick-off 5pm)
The UEFA European Under-21 Championship Group D fixture.

LIVE Czech Republic v England
7.30pm C4 (kick-off 8pm)
The UEFA European Under-21 Championship Group B match staged at DAC Aréna. See p28.

LIVE Germany v Slovenia
7.50pm 4seven (kick-off 8pm)
The UEFA European Under-21 Championship Group B match at Stadión pod Zoborom in Nitra.

LIVE Finland v Netherlands
Channel 4 Sport YouTube (kick-off 8pm)
Action from Group D.

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Saturday

7 June

Evening Planner

Rugby League

Challenge Cup Finals

BBC1 & BBC2

Coverage of both the women's (St Helens v Wigan, BBC2, k-o 11.45am) and men's finals (Wolves v Hull KR, BBC1, k-o 3pm).

Football

World Cup Qualifier

ITV1, kick-off 5pm

Captain Harry Kane is set to lead England out in today's qualifying match against Andorra, which takes place in Barcelona.

Documentary

Doctor Who: Unleashed: 20 Years in Wales

BBC3, 7pm

Looking back at the last two decades, featuring showrunner Russell T Davies.

Thriller

Memory

C4, 9.30pm

Liam Neeson stars as a hitman with symptoms of Alzheimer's, who accepts one final job before planning retirement.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.35 Hit List	7.20 Pointless Celebrities	8.05 Blankety Blank	8.40 Casualty		9.30 The Last Anniversary	10.20 News	10.40 Mrs...
	102 BBC2		7.10 Scandinavia with Simon Reeve	8.10 Dad's Army	8.40 Billy Joel at the BBC			9.55 Billy Joel: The 100th Live at Madison...	
	103 ITV1		7.20 Deal or No Deal for Soccer Aid		8.20 The 1% Club for Soccer Aid		9.25 It'll Be Alright on the Night	10.15 News	10.30 Fake
	104 CHANNEL 4	7.00 News	7.30 World's Greatest Train Journeys from...		8.30 Secrets of Flying Scotsman		9.30 Film: Memory		
	105 5	‹ 6.30 Gatcombe Park: A Royal...		7.50 Royal Residences: A Map of Britain			9.20 Meghan vs Kate: The Meeting That Changed the Monarchy		
	106 SKY SHOWCASE	7.00 Fight Night – Live: Callum Simpson v Ivan Zucco							
ENTERTAINMENT	115 BBC3	7.00 Doctor Who: Unleashed – 20 Years in...		8.00 EastEnders		9.00 Alison...	9.30 Two Pints of Lager and a Packet of Crisps		
	116 BBC4	7.00 Flying...	7.20 All Creatures Great and Small			9.00 The Black Forest Murders			10.35 Bob Servant
	118 ITV2		7.15 Film: Men in Black II			9.00 Love Island: A Decade of Love			10.30 Family Guy
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Elsbeth		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.30 House of the Dragon	7.40 The Penguin			9.00 The White Lotus		10.00 Mountainhead	
	110 U&GOLD	‹ 6.40 Only Fools and Horses						10.00 Mrs Brown's Boys	10.40 Billy...
	111 U&DAVE	7.00 Ghosts				9.00 The Office	9.40 Extras	10.20 The Cleaner	
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.00 World Series of Darts: Nordic Masters – Live: The quarter-finals, semi-finals and final						10.00 The Motorbike Show	
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Russell Howard: Live at the London...		10.00 Film: Pineapple Express	
	139 SKY SCI-FI	7.00 Star Trek: Voyager							
	113 SKY MAX	7.00 Film: Coming 2 America				9.00 Film: Borat Subsequent Moviefilm			
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Beyond Paradise		9.00 Death in Paradise		10.00 Father Brown	
	130 SKY ARTS	7.00 The Music Videos That Shaped the 80s		8.00 Tears for Fears: Scenes from the Big Chair			9.20 INXS – Live Baby Live		
	132 U&W	7.00 999 Rescue Squad				9.00 Coupling			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Rush: Mine Rescue with Freddy...		8.00 Blowing Up History		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Wild Australia		9.00 Wild Mexico		10.00 Alaska Monsters	
	129 NAT GEO	7.00 Seconds from Disaster		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 WW2 Air Crash Detectives				9.00 Prison Chronicles			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash					
	121 SKY DOCS	7.00 On the Line: The Richard Williams Story				9.00 100 Foot Wave		10.00 The Girl Who Caught a Killer	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.25 Old Guy		8.00 Venom: The Last Dance				10.00 Your Monster	
	302 SUPERHEROES	‹ 6.00 Justice League		8.00 Superman					10.25 Superman II
	303 BLOCKBUSTERS	‹ 5.50 Indiana Jones and the Last Crusade		8.00 Inception					10.30 The Beekeeper
	304 GREATS	‹ 6.00 Back to the Future		8.00 Back to the Future Part II				10.00 Back to the Future Part III	
	305 ANIMATION	‹ 5.55 Despicable Me 4	7.35 Transformers One				9.25 Barnyard		
	306 FAMILY	‹ 5.50 Jumanji	7.40 Mr Bean's Holiday				9.15 Johnny English Reborn		
	307 ACTION	‹ 5.05 Saving Private Ryan		8.00 American Sniper					10.20 Godzilla x Kong: The...
	308 PITCH PERFECT	7.00 Pitch Perfect 2				9.00 Pitch Perfect 3			10.35 Pitch...
	309 THRILLER	‹ 5.55 The Bikeriders		8.00 Ocean's Eleven				10.05 Munich	
	310 DRAMA	‹ 6.00 Grease		8.00 Grease 2				10.05 L'immensità	
	311 SCI-FI	‹ 6.15 A Quiet Place: Day One		8.00 Interstellar					
	313 FILM4	‹ 6.05 Midway				9.00 Armageddon			
SPORT	401 MAIN EVENT	7.00 Fight Night – Live: Callum Simpson v Ivan Zucco							
	402 PREMIER LEAGUE	7.00 We're Not...	7.30 Newcastle...	8.00 Champions Show: Liverpool		9.00 PL Review		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 Championship Retro		8.00 EFL Rivalries	8.30 EFL Greatest Games			10.00 EFL Cup Final 16	
	404 CRICKET	7.00 Vitality T20 Blast Cricket – Live: Nottinghamshire Outlaws v Worcestershire Rapids							10.15 The Boy From Baracara
	410 TNT SPORTS 1	7.00 Roland Garros		8.00 SailGP...	8.30 SailGP – Live: The first day of the sixth round of the season			10.00 Roland Garros	
	411 TNT SPORTS 2	7.00 Tom Aspinall's Fight Lab	7.45 Longines Global Champions Tour – Live: Coverage of the fifth stage of the season					10.00 World Rally...	10.30 MotoGP

‹ Denotes programmes starting before 7.00pm † Regions vary

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SATURDAY

Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With Matthew Goode, Julius Roberts and Poppy O'Toole. (S)
11.30 **The Great Food Guys** (S)(R)(AD)
12.00 NOON **Homes Under the Hammer** From Leeds. (S)(R)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.00 **LIVE Rugby League: Challenge Cup** Warrington Wolves v Hull Kingston Rovers: Mark Chapman presents all the action from the final at Wembley Stadium. Kick-off is at 3.00. (S)
5.30 **BBC News** (S)
5.40 **Local News** (S)
5.50 **Celebrity Bridge of Lies** New edition 6/10. Greg McHugh, Kerry Godliman, Kola Bokinni and Ria Lina take part in the quiz. (S)

8.40 Casualty

6 PM
6.35 **The Hit List** Series finale 12/12. Marvin and Rochelle Humes present a celebrity special, with Suzi Ruffell, Jessica Knappett, Paul Sinha, Dean McCullough, Joe Sugg and Nikita Kanda. (S)

7 PM
7.20 **Pointless Celebrities** New edition Jess Robinson, Danny Beard, Esther Manito, Rich Hall, Jane Hill, Ben Boulos, Wynne Evans and Joanna Page compete in the general knowledge quiz. (S)

8 PM
8.05 **Blankety Blank** New edition 7/9. With Jenny Eclair, Jon Richardson, Tom Allen, Kiell Smith-Bynoe, Rustie Lee and Angela Scanlon. (S)
8.40 **Casualty** *Internal Affairs:* Rida bravely faces her worst nightmare when she is pressured into silence concerning Russell. (S)(AD)

9 PM
9.30 **The Last Anniversary** New episode 4/6. Sophie and Veronika plan to establish the identity of Enigma's father, while Grace has visions of her family life without her. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.20 **BBC News** (S)
10.40 **Mrs Brown's Boys** 2/4. Agnes decides to try out speed-dating. (S4) (S)(R)(AD)
11.10 **Doctor Who: Unleashed: 20 Years in Wales** A look at *Doctor Who*'s impact on Wales. (S)(R)(AD)
12.10 AM **FILM BlacKkKlansman** Spike Lee's fact-based drama starring John David Washington. An African-American police officer from Colorado attempts to infiltrate the local Ku Klux Klan branch. (S)(AD) (2018, 15, 130min) ★★★★
2.20 **Weather for the Week Ahead** (S)
2.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.25 AM **Children's Programmes**
8.55 **Gardeners' World** (S)(R)
9.55 **FILM The Tommy Steele Story** Biopic starring Tommy Steele. (S) (1957, b/w, U, 80min) ★★★
11.15 **LIVE Rugby League: Women's Challenge Cup** St Helens v Wigan Warriors: Tanya Arnold presents coverage of the final at Wembley Stadium. Kick-off is at 11.45. (S)
2.00 PM **FILM I Know Where I'm Going!** Romantic comedy starring Wendy Hiller and Roger Livesey. (S) (1945, b/w, U, 95min) ★★★★
3.35 **Meerkats: Secrets of an Animal Superstar** A 20-year study of the animals' behaviour. (S)(R)(AD)
4.30 **Flog It!** From Birmingham. (S)(R)
5.10 **Hidden Treasures of the National Trust** A look at Ham House and Corfe Castle. (S)(R)(AD)

8.40 Billy Joel at the BBC

6 PM
6.10 **Jane Austen: Rise of a Genius** 2/3. A look at how the death of Jane's father threw her family into turmoil, before her brother offered her a stable home at Chawton Cottage. (S)(R)(AD)

7 PM
7.10 **Scandinavia with Simon Reeve** 3/3. The presenter uncovers surprising and sometimes shocking sides of Sweden and Denmark, two of the happiest, wealthiest and most equal countries on Earth. (S)(R)(AD)
8.10 **Dad's Army** *Number Engaged*: The platoon guard a telephone line. (S)(R)

8 PM
8.40 **NEW Billy Joel at the BBC** A selection of archive performances by the American singer-songwriter, featuring the biggest hits and fan favourites, from his first UK hit *Just the Way You Are* through to *The River of Dreams*, the last big single of his career. (S)

9 PM
9.55 **NEW Billy Joel: The 100th Live at Madison Square Garden** The singer-songwriter's 100th show at Madison Square Garden in New York City in 2024, featuring performances of *An Innocent Man, Piano Man* and *Uptown Girl*. (S)
11.55 **Billy Joel: Old Grey Whistle Test** Bob Harris introduces a 1978 performance in which the singer-songwriter plays songs from his album *The Stranger*. (S)(R)
12.45 AM **FILM Purple Rain** Rock musical drama starring Prince as the lead singer of a struggling band. (S) (1984, 15, 105min) ★★★
2.30 **Sign Zone: The Bombing of Pan Am 103** 5&6/6. (S1) (S)(R)(AD)
4.30 **to 6.20** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Love Your Garden** (S)(R)(AD)
6.30 **Love Your Weekend with Alan Titchmarsh** With Tom Allen. (S)(R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Racing: The Opening Show – Derby Day Special** (S)
10.30 **James Martin's Saturday Morning** New edition With Carly Paoli. (S)
12.30 PM **ITV News** (S)
12.45 **LIVE Racing** Francesca Cumani and Ed Chamberlin present coverage of day two of the Derby meeting from Epsom, headlined by The Derby. (S)
4.15 **LIVE International Football** Andorra v England: Mark Pougatch presents all the action from the World Cup Group K qualifier at RCDE Stadium in Barcelona. Kick-off is at 5.00. (S)

7.20 Deal or No Deal for Soccer Aid

6 PM
LIVE International Football (started at 4.15pm)

7 PM
7.20 **Deal or No Deal for Soccer Aid** New edition Stephen Mulhern hosts a charity edition as *The Last Leg* co-host Alex Brooker goes up against the Banker, supported on the wings by his Soccer Aid family. (S)(AD)

8 PM
8.20 **The 1% Club for Soccer Aid** New edition Lee Mack hosts a special edition of the quiz show, with 100 sports stars and celebrities competing for the chance to win up to £100,000 for charity. (S)(AD)

9 PM
9.25 **It'll Be Alright on the Night** David Walliams narrates a selection of out-takes from *Strictly Come Dancing, Blankety Blank, Coronation Street, Emmerdale, Antiques Road Trip* and *Love Island*. (S)(R)(AD)
10.15 **ITV News** (S)

10 PM
10.30 **Fake** New episode *Run:* 6/8. Joe reunites with his girlfriend Kirsty and refuses to sign divorce papers. (S1) (S)(AD)
■ Entire series on ITVX
11.20 **FILM Road to Perdition** Director Sam Mendes' crime drama set in the 1930s, starring Tom Hanks, Paul Newman and Jude Law. (S)(AD) (2002, 15, 130min) ★★★★
1.30 AM **Teleshopping**
3.00 **Dame Maggie Smith: A Celebration** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.00 **to 6.00** AM **Gary Barlow's Food and Wine Tour: Australia** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **Cheers** 5-8/22. (S7) (S)(R)
7.55 **Frasier** 13-15/25. (S11) (S)(R)(AD)
9.20 **The Simpsons** (S)(R)(AD)
11.20 **Come Dine with Me: The Professionals** In Edinburgh. (S)(R)
12.20 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.00 **A Place in the Sun** Laura Hamilton helps a couple find a home in Lazio, Italy. (S)(R)
4.00 **Grand Designs** Furniture-maker Lucinda sets out to build a home entirely out of wood in the woodland near her old home in South Herefordshire. (S)(R)(AD)
5.00 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer tackle a sizable challenge in Whitley Bay, where Sarah and Sean need help deciding whether to sell their Victorian house. (S)(R)(AD)

8.30 Secrets of Flying Scotsman

6 PM
6.05 **George Clarke's Old House, New Home** George visits Manchester to bring an Arts and Crafts-inspired Edwardian home into the modern day. (S)(R)(AD)

7 PM
7.00 **News** (S)
7.30 **World's Greatest Train Journeys from Above** 1/6. Aerial footage of railway journeys. In the opening edition, the Glacier Express is filmed from above, winding along alpine peaks between St Moritz and Zermatt in Switzerland. (S)(R)(AD)

8 PM
8.30 **Secrets of Flying Scotsman** Series finale 2/2. After the age of steam, *Flying Scotsman* found a new life as a heritage attraction. More than a century on, the engine is still steaming across the UK. (S)(AD)

9 PM
9.30 **FILM PREMIERE Memory** Crime thriller starring Liam Neeson, Guy Pearce and Monica Bellucci. A veteran hitman decides to retire as he confronts the symptoms of Alzheimer's, but reluctantly accepts one final job. (S)(AD) (2022, 15, 135min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
11.45 **FILM Transformers: Age of Extinction** Sci-fi adventure starring Mark Wahlberg, Stanley Tucci and Kelsey Grammer. (S)(AD) (2014, 12, 170min) ★★★
2.35 AM **The Horne Section TV Show** 5&6/6. (S2) (S)(SL)(R)(AD)
3.25 **The Simpsons** (S)(R)(AD)
5.05 **Escape to the Chateau** (S)(R)(AD)
5.10 **to 6.05** AM **Location, Location, Location** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Four editions. (S)(R)(AD)
1.05 PM **Dogs Behaving (Very) Badly** Graeme Hall meets two Weimaraners who jump up at guests and pull on walks. (S)(R) **2.05** Graeme Hall meets three Frenchies with a tendency for terrorising passers-by. (S)(R) **3.05** Graeme helps an anti-social Chihuahua. (S)(R) **4.05** Graeme revisits memorable cases. (S)(R)
5.00 **Fawlty Towers: A Very British Comedy** A look at controversies surrounding the classic comedy series created by John Cleese and Connie Booth. (S)(R)

7.50 Royal Residences

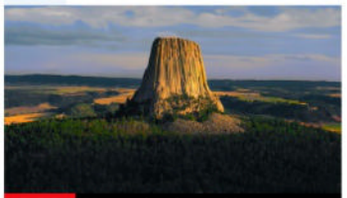
6.25 **News** (S)
6.30 **Gatcombe Park: A Royal Residence** Documentary exploring Princess Anne's private residence in the Cotswolds, which is also home for her two children and their families, as well as a haven for her horses. (S)(R)
7.50 NEW **Royal Residences: A Map of Britain** A look at royal homes around the nation, assessing what the portfolio is worth and what is going to happen to these properties next as King Charles III forges a fascinating legacy. (S)
9.20 NEW **Meghan vs Kate: The Meeting That Changed the Monarchy** A look at the 2018 showdown between the Prince and Princess of Wales and the Duke and Duchess of Sussex that sowed the seeds for the two households dramatically splitting. (S)
10.50 **1983: Those Were the Days** A look back at key events in TV, film and showbusiness, including the abduction of racehorse Shergar. (S)(R)
12.45 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **A Country Life for Half the Price with Kate Humble** (S)(R)
3.50 **Motorhoming with Merton & Webster** (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 NEW **Soaring to Life: The Making of How to Train Your Dragon** The creation of the live-action fantasy remake.
7.35 **Monkey Life** (S)(R)(AD)
9.00 **Beasts of the Big Blue** (S)(R)
12.00 NOON **The Simpsons** Six episodes of the comedy. (S)(R)
3.00 PM **David Attenborough's Wild City** The broadcaster explores Singapore's wildlife and natural treasures. (S)(R)(AD) **4.00** Exploring the animal life of Singapore's urban environments. (S)(R)(AD)
5.00 **Discovered by Disaster** Unexpected things revealed by catastrophic disasters. (S)(R)



6.00 Mysteries from Above

6.00 **Mysteries from Above** Cameras capture curious dwellings in the Peruvian Andes, witness a sacred monolith in Wyoming's Black Hills and spot an immovable waterfall in Mexico. (S)(R)
7.00 LIVE **Boxing: Fight Night** Callum Simpson v Ivan Zucco: Coverage of the European super-middleweight title bout from Oakwell in Barnsley. The undefeated Simpson steps up to this level for the first time to challenge for the vacant title, but will come into this contest full of confidence having already claimed and defended the British and Commonwealth titles during his career. Italian Zucco boasts an unblemished record of 21 wins to date, with 18 of those victories coming by way of knockout.
11.00 **Poker Face** 7/12. Charlie befriends a shop employee who is accused of robbery on Black Friday. Guest stars Sam Richardson. (S2) (S)(R)(AD)
12.00 M'T **The Office (US)** (S5) (S)(R)
2.00 AM **The Force: North East** Two women are caught fighting in the street in Sunderland. (S)(R)
3.00 **Road Wars** (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
5.50pm Alison Hammond's Big Weekend New edition (S)(AD) **6.20-7.20** Doctor Who: Unleashed: 20 Years in Wales New edition (S)(AD) **10.40** Would I Lie to You? (S)(R) **11.10** Mrs Brown's Boys (S)(R)(AD) **11.40pm-12.10am** Rewind: 60 Years of Welsh Pop (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
5.10pm Suzie Lee's Great Food Made Simple (S)(R) **5.40-8.10pm** LIVE International Football (S)

WALES
Sky 968, Freesat 968
4.30pm Flog It! (S)(R) **4.50** Hidden Treasures of the National Trust (S)(R)(AD) **5.50** Celebrity Bridge of Lies New edition (S) **6.35** The Hit List Series finale (S) **7.20** Scandinavia with Simon Reeve (S)(R)(AD) **8.20-8.40pm** The Pembrokeshire Coast: A Wild Year (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.15** Gwyliau Gartref (AD) **10.45** Ffasiwn Drefn (AD) **11.15** Ein Llwybrau Celtaidd **11.45** Ffermio **12.15pm** Ffermio **12.45** Cais Quinnell **1.15** Sgwrs Dan y Lloer **1.45** Ysbyty **2.45** Am Dro! (AD) **3.45** Iolo: Natur Bregus Cymru (AD) **4.45** Garddio a Mwy **5.15** Y Ci Perffaith **5.45** Cynghorddau Eisteddfod Genedlaethol Cymru 2023: Llwyfan y Maes – Candelas **7.15** Newyddion a Chwaraeon **7.30** Busnes Bwyd **8.30** Aur y Noson Lawen **9.30** Tafwyl '24 **10.30** Cysgu O Gwmpas (AD) **11.00** Yn y Lwp **11.35pm-12.00m't** Ar Led

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who: Unleashed – 20 Years in Wales** New edition A look behind the scenes.
8.00 **EastEnders** Harvey sets his sights on a new venture. **8.30** Kat and Alfie put the wheels in motion for their new limo venture.
9.00 **Alison Hammond's Big Weekend** 4/6. The presenter spends 48 hours with Mel B, aka Scary Spice, who opens up about her time as a Spice Girl.
9.30 **Two Pints of Lager and a Packet of Crisps** 9/14. Jonny and Gaz attend Janet's antenatal class. **10.00** 10/14. Gaz makes a startling confession. **10.30** 11/14. Jonny feels neglected by Janet. (S5)
11.00 **I Kissed a Boy**
12.35 AM **Glow Up: Britain's Next Make-Up Star**
1.35 **Doctor Who: Unleashed – 20 Years in Wales**
2.35 **to 4.05** AM **Two Pints of Lager and a Packet of Crisps**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **Ugly House to Lovely House with George Clarke** A bland 1970s house in Saffron Walden, Essex.
12.35 PM **George Clarke's Amazing Spaces**
1.40 **George Clarke's Old House, New Home**
2.40 **Location, Location, Location** From Cardiff.
3.40 **Come Dine with Me**
6.20 **Four in a Bed** The contest gets under way at B&B at No 3 in Market Bosworth.
6.50 **Four in a Bed** The rivals visit the Bull Hotel in Stony Stratford, Buckinghamshire. **7.25** A visit to the Chequers Inn in Battle, East Sussex. **7.55** Hastings House in St Leonards-on-Sea, East Sussex, is the location for the final visit of the week. **8.25** Payment Day arrives.
9.00 **24 Hours in A&E** A medical team give emergency oxygen to an 83-year-old woman who is struggling to breathe. **10.00** A moped delivery man is rushed to A&E after an accident involving a police car, and a 76-year-old man is brought in due to his breathing difficulties and a serious heart condition.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Flying Gardener** Chris Beardshaw looks for the ultimate water feature.
7.20 **All Creatures Great and Small** *Against the Odds:* James attempts to save a litter of piglets. **8.10** *Place of Honour:* Mrs Pumphrey throws a party.
9.00 **The Black Forest Murders** New episode 3/4. A hair found in the Schora case leads the investigators to a suspect. **9.45** Series finale 4/4. The team finally manage to glean evidence from the murder weapon. Subtitled. (S1)
■ Entire series on BBC iPlayer
10.35 **Bob Servant** 1/3. Bob and Frank make a new start. **11.00** 2/3. Bob is forced to defend himself in court. **11.30** 3/3. Frank prepares to get married. (S2)
12.00 M'T **The Good Life**
12.30 AM **Yes, Minister**
1.00 **Talking Pictures: Spartacus**
1.45 **to 3.25** AM **All Creatures Great and Small**

E4

135/136 126 106 13 122 13

6.00 AM **Brooklyn Nine-Nine**
6.30 **The Goldbergs**
8.30 **Lego Masters New Zealand** The teams have 24 hours to create a masterpiece in the final.
9.30 **Ramsay's Kitchen Nightmares USA**
1.30 PM **The Big Bang Theory**
4.00 **The Simpsons** Six episodes of the comedy, including at: **6.00** *Treehouse of Horror XIII:* Blood-curdling tales. **6.30** *Let's Go Fly a Coot:* Bart takes up smoking.
7.00 **The Simpsons** *Bull-E:* Homer gets arrested for bullying Ned Flanders. **7.30** *Mathlete's Feat:* Lisa joins a maths quiz team. **8.00** *Bart Stops to Smell the Roosevelts:* Bart discovers a passion for American history. **8.30** *Treehouse of Horror XXII:* Blood-curdling tales, including Homer being paralysed by a spider bite.
9.00 **Celebrity Gogglebox** Famous faces appraise *Antiques Roadshow, Unsolved Mysteries, Blue Planet II* and *Basic Instinct*.
10.00 **Gogglebox** Opinions on *Britain's Got Talent, Celebrity Hunted* and *Boarders*. **11.05** *Fear* and *Wheel of Fortune* are appraised.
12.05 AM **First Dates**
2.10 **Gogglebox**
4.05 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hr 235/236 306 30 123 256

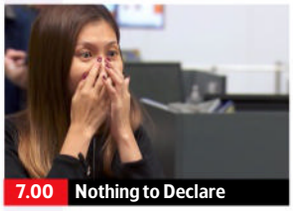
SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Rapid Response** Documentary.
7.00 **Sun, Sea and A&E**
8.00 **Motorway Patrol**
9.00 **Caught Red Handed**
12.00 NOON **Stop, Search, Seize** Documentary following the work of Ireland's border force.
1.00 PM **Border Security USA** Agents prepare to raid an illegal smuggling operation on the Mexican border.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.


7.00 Nothing to Declare

7 PM **7.00 Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM **8.00 Nothing to Declare** Double bill of the series accessing the world of national security at Australia's biggest airports.

9 PM **9.00 Elsbeth** *Diamonds Are for Elsbeth:* 4/20. Elsbeth uncovers plans for a gala heist. Guest stars Vanessa Williams. (S2)

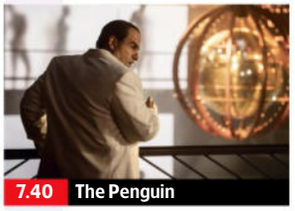
10 PM **10.00 The Equalizer** *Acceptance:* 17/18. Dante's brother seeks the team's help to clear his client's name in a shooting. (S5)
11.00 **Blue Bloods** 1/21. Erin receives a surprising offer. (S13)
12.00 M'T **FBI: Most Wanted** 3/22. The team search for fugitives from a diamond heist. (S4)
1.00 AM **The Good Doctor** (S3)
2.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town**
7.00 **House of the Dragon** Ten episodes, including at: **1.30** PM 6/10. Daemon considers an offer from Pentos. **2.50** 7/10. King Viserys calls for an end to infighting between the Great Houses. **4.05** 8/10. Rhaenyra tries to strike a bargain with Rhaenys. **5.25** 9/10. Alicent enlists help to track down Aegon. **6.30** 10/10. Rhaenyra tries to hold the realm together and Daemon prepares for war. (S1)


7.40 The Penguin

7.40 The Penguin *A Great or Little Thing:* 8/8. Truths are laid bare as Oz nears the end of his journey and his power struggle with Sofia comes to a head. (S1)

9.00 The White Lotus *Arrivals:* 1/6. Tensions quickly arise between the hotel staff and the volatile vacationers. (S1)

10.00 Mountainhead Jesse Armstrong's satire, starring Steve Carell, Jason Schwartzman and Cory Michael Smith.
12.00 M'T **Homicide: Life on the Street** 22/22. Julianna and Mike face the light of day. (S5) **1.00** AM 1/23. Part one of three. A body is discovered in the toilets of a hotel. **2.00** 2–4/23. Triple bill. (S6)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Bondi Rescue**
7.00 **NEW Soaring to Life: The Making of How to Train Your Dragon**
7.30 **Football's Funniest Moments**
8.00 **Grimm** 11–14/22. (S4)
12.00 NOON **The Walking Dead** Six episodes, including at: **4.00** PM 12/16. The survivors adapt to their new lifestyle. **5.00** 13/16. Rick procures additional firearms. (S5)
6.00 **Big Zuu and AJ Tracey's Rich Flavours** The duo explore New York's most expensive dishes.

9.00 Borat Subsequent...

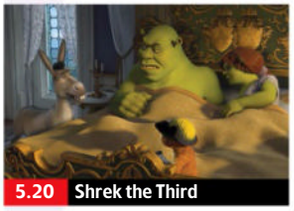
7.00 FILM Coming 2 America Comedy sequel starring Eddie Murphy. Pampered crown prince Akeem faces a constitutional crisis without a male heir to ascend the throne of Zamunda. With Arsenio Hall and Jermaine Fowler. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Borat Subsequent Moviefilm Spoof documentary sequel starring Sacha Baron Cohen. Borat returns from Kazakhstan to America intent on giving his 15-year-old daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Poker Face** 7/12. Charlie befriends a shop employee accused of robbery. Guest stars Sam Richardson. (S2)
12.00 M'T **Strike Back: Silent War**
1.00 AM **A League of Their Own: Mexican Road Trip**
2.00 **The Force: North East**
3.00 **Road Wars** Vehicle crime.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Totally Bonkers Guinness World Records**
9.10 **Deal or No Deal**
12.10 PM **In for a Penny**
12.40 **The Masked Singer US**
2.30 **Celebrity Catchphrase**
3.35 **FILM The SpongeBob SquarePants Movie** Animated family adventure. (2004, U, 87min) ★★★★
5.20 **FILM Shrek the Third** Animated adventure sequel with the voice of Mike Myers. (2007, U, 88min) ★★★★


5.20 Shrek the Third

7.15 FILM Men in Black II Sci-fi comedy sequel with Tommy Lee Jones and Will Smith. When an evil alien threatens Earth, top MIB agent Jay needs the help of his amnesiac former partner Kay in order to save the planet. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Love Island: A Decade of Love Previous contestants reunite to reflect on moments from the villa and look at previously unseen audition clips.
10.30 Family Guy 14/23. Peter promises a favour to a helpful dolphin when he tries to salvage a car. (S10)
11.00 **Family Guy** 7/23. (S10)
11.30 **American Dad!** (S8&7)
12.35 AM **Bob's Burgers** 2/22. (S13)
12.55 **Iain Stirling's CelebAbility**
1.45 **Totally Bonkers Guinness World Records**
2.15 **Count Abdulla** (S1)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **A Touch of Frost**
8.50 **FILM Carry On Follow That Camel** Comedy with Jim Dale. (1967, PG, 90min) ★★★
10.50 **Doc Martin** 5&6/8. (S5)
12.50 PM **Agatha Christie's Poirot**
3.00 **Midsomer Murders** *Death of the Small Coppers:* Barnaby and Winter investigate a mysterious club for geniuses. **5.00** *The Lions of Causton:* Barnaby and Winter investigate when the owner of the local rugby club is killed.

11.00 Lewis

7.00 Midsomer Murders *Drawing Dead:* A former supermodel is murdered during a comic convention – and the only clue is a comic that seems to reveal the dark secrets of several local people. Guest stars Bill Bailey and Jemma Redgrave.

9.00 Vera *The Darkest Evening:* The DCI comes across an abandoned car with a baby inside, and later tries to solve a murder when a body is found near the Stanhope family's ancestral pile.
11.00 **Lewis** *Wild Justice:* An American female bishop is poisoned.
12.50 AM **Agatha Christie's Poirot** *The Third Floor Flat:* A murder takes place in the detective's apartment block.
1.50 **Long Lost Family**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Mart** Two farming brothers retiring after 50 years get rid of all their worldly goods. **7.45** Auctioneer Colin visits rival farmers desperate to outdo each other on sales day.
8.15 **The Secret Life of Midges** Investigating the bloodsucking flies.
9.15 **Only Child** 1/6. Comedy starring Gregor Fisher and Greg McHugh. (S1)
9.45 **Mrs Brown's Boys** 6/7. Agnes is excited about Rory's big day. (S3)
10.15 **Two Doors Down** 4/6. Beth and Eric meet Gordon's parents. (S4)
10.45 **Growing Up Scottish** A look at friendships.
11.00 PM **to 12.00** M'T **Songs of Modern Scotland: Celtic Connections** Featuring Simon Neil.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S1&2)
10.25 **Entourage** (S3)
1.20 PM **Barry** 1–4/8. (S1)
3.55 **Ballers** 7–10/10. (S2)
6.30 **The Office (US)** 21/28. Michael becomes increasingly careless. **7.00** 22/28. Jim soon regrets lying about his ability to play football. **7.30** 23/28. Michael holds a pancake lunch to promote his new paper company. **8.00** 24/28. Dwight realises his loyalties are conflicting. **8.30** 25/28. The Michael Scott Paper Company's low prices hit profits. (S5)
9.00 **Maisie Adam: Appraisal** A hometown show by the comedian at Harrogate Theatre.
10.20 **The Rehearsal** (S2)
11.40 **Barry** 1&2/8. (S4)
12.55 AM **Girls** (S3)
2.15 **Insecure** (S5)
4.20 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil: Volta** A production based on extreme sports.
8.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **The Directors**
2.00 **Classic Movies: The Story of Billy Liar**
3.00 **FILM The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
5.20 **Clint Eastwood: A Life in Film**
7.00 **The Music Videos That Shaped the 80s** The effect of music videos on the industry.
8.00 **Tears for Fears: Scenes from the Big Chair**
9.20 **INXS: Live Baby Live** From Wembley Stadium.
11.30 **Siouxsie and the Banshees: Nocturne**
12.50 AM **Isle of Wight Festival 2023**
2.50 **The Ronnie Wood Show**
4.00 **London Calling**
5.00 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **Silly Animals**
8.15 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **Nothing to Declare**
11.00 **Over Australia**
12.00 NOON **Africa's Wild Horizons** The Kalahari.
1.00 PM **Secret Life of the Kangaroo** Documentary.
2.00 **Baby Animals**
3.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2.
5.00 **Animals Like Us**
6.00 **Super Shark Highway**
7.00 **Airborne** Documentary.
8.00 **Caught on Dashcam**
9.00 **Love You to Death** A young man calls for help in his last moments.
10.00 **Hawaii Five-0** (S1)
1.00 AM **Sex and the City**
3.00 **Nothing to Declare**
4.00 **to 6.00** AM **The Force: Manchester**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.40 **The Only Way Is Essex**
7.55 **Buying the View**
8.20 **Olivia Meets Her Match**
10.10 **The Real Housewives of Miami** Triple bill.
1.00 PM **Project Bakeover**
3.55 **Real Housewives and the Menopause**
4.55 **Dinner Date**
6.00 **Celebrity Dinner Date**
8.00 **Dinner Date** Adam from Edinburgh chooses three blind dates.
9.00 **Botched** Dr Paul Nassif fixes a crater on a woman's nose. **10.00** Terry Dubrow performs full body work on a pair of sisters.
10.55 **Loaded in Paradise** The final three pairs battle it out in the finale.
11.55 **The TOWIE Years**
12.55 AM **Ferne McCann: First Time Mum**
5.25 **Backyard Builds**
5.50 **to 6.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
1.00 PM **Highway to Heaven** Eight episodes of the drama, including at: **7.00** *Jonathan Smith Goes to Washington:* 11/25. Jonathan tries to give a senator a change of heart. **8.00** *Oh Lucky Man:* 12/25. Mark comes into some money. (S3)
9.00 **Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Crime drama starring Candace Cameron Bure.
10.55 **Aurora Teagarden Mysteries: Til Death Do Us Part** Crime drama with Candace Cameron Bure and Niall Matter.
12.50 AM **The New Avengers**
3.00 **Randall and Hopkirk (Deceased)** 14/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Great Racehorses**
- **6.20** **Minder**
- **7.20** **The Professionals**
- **8.30** **T100 Highlights**
- **9.30** **Racing: The Opening Show – Derby Day Special**
- **10.35** **The Big Match Revisited**
- **11.35** **Isle of Man TT**
- **12.35** PM **The Derby Through the Years** Memorable stagings.
- **12.55** **The Professionals**
- **1.55** **Hornblower**
- **4.05** FILM **Police Academy 2: Their First Assignment** Comedy. (1985, 12) ★★

6.00 World Series of Darts

6.00 LIVE **World Series of Darts: Nordic Masters** Coverage of day two from Forum Copenhagen in Denmark, featuring the quarter-finals, semi-finals and final. Gerwyn Price was the victorious player in 2024, comfortably defeating Dimitri Van Bergh 6-1 in the last eight, before prevailing 7-3 against Michael Smith and defeating Rob Cross 8-5 in the showpiece match.

10.00 **The Motorbike Show** Henry Cole visits Wales to ride the Aberystwyth mountain road to Devil's Bridge. He also tells the story of two British bikes – the Ariel and the Triton.

11.00 **Isle of Man TT** Action from the four-lap Senior TT, the blue riband event of the week.

- **1.00** AM **Wrestling: AEW Collision**
- **2.50** **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** FILM **Battle for Pandora** Sci-fi adventure starring Tom Sizemore and Mark Riketson. (2022, PG, 90min) ★★
- **1.00** PM **Star Trek: Enterprise** Five episodes, including at: **4.00** 18/26. An alien race take over the ship and its crew. **5.00** 19/26. Captain Archer faces a death sentence. (S2)
- **6.00** **Star Trek: Voyager** 13/26. Tuvok's shuttle crash-lands on a deserted wasteland. (S5)

11.00 Battle for Pandora

7.00 **Star Trek: Voyager** *Bliss:* 14/26. Celebrations are the order of the day as the weary crew finally find a quick way home.

8.00 **Star Trek: Voyager** *Dark Frontier – Part One:* 15/26. The dreaded Borg return and present Seven of Nine with an ultimatum.

9.00 **Star Trek: Voyager** *Dark Frontier – Part Two:* 16/26. Janeway prepares a daring rescue mission that leads to a showdown.

10.00 **Star Trek: Voyager** *The Disease:* 17/26. Ensign Kim breaks Starfleet protocol by engaging in an affair with an alien. (S5)

11.00 **The Walking Dead** 3/16. Questions of morality muddy the waters in the coalition's battle against the Saviors. **12.00** M'T 4/16. Negan's latest weapon causes problems. **1.00** AM 5/16. Negan and his Saviors adjust to realities of war. **2.00** 6&7/16. (S8)

- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries**
- **10.00** **Elementary** 7&8/24. (S4)
- **1.00** PM **Inspector George Gently**
- **3.00** **Father Brown** As 10.00pm. **4.00** *The Serpent Within:* Sullivan is arrested for receiving stolen goods. **5.00** *The Kembleston Olimpicks:* Rivalries escalate to murderous heights during the Kembleston Olimpicks. **6.00** *The Forensic Nun:* The priest investigates when Sister Boniface is implicated in the murder of a renowned artist.

10.00 Father Brown

7.00 **Hudson & Rex** *A Room with a Clue:* 2/16. Rex resolves to bring justice all on his own when he witnesses a murder. (S7)

8.00 **Beyond Paradise** 6/6. A museum heist is under investigation as Humphrey and Martha's wedding day arrives. (S2)

9.00 **Death in Paradise** *Murder in the Polls:* 8/8. One of the candidates in the local mayoral elections is stabbed to death. (S6)

10.00 **Father Brown** *The Wheels of Wrath:* The arrival of a group of bikers causes outrage and excitement in equal measure.

11.00 **CSI: Vegas** 1/10. Josh Folsom is charged with murder. **12.00** M'T 2/10. Catherine reopens an investigation from her past. (S3)

- **1.00** AM **Father Brown**
- **2.45** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.10** AM **Hi-de-Hi!**
- **8.20** **Only Fools and Horses**
- **1.50** PM **Only Fools and Horses** As shown at 8.20pm. **3.30** Christmas special from 1987. Del Boy sets out to find his dear departed mother's treasure trove. **4.50** Christmas special from 1989. The Trotters go on a day trip to Margate, but things do not turn out as expected. **6.40** Christmas special from 1990. Rodney leaves home after a fight with Cassandra.

10.40 Billy Connolly Does...

Only Fools and Horses (started at 6.40pm)

8.20 **Only Fools and Horses** Christmas special from 2002. Trotters Independent Traders go on a booze cruise to France under new managing director Rodney.

10.00 **Mrs Brown's Boys** The family await the fruits of their insurance fraud.

10.40 **Billy Connolly Does...** The comedian discusses heroes and villains.

11.40 **French & Saunders: Funny Women** Dawn French and Jennifer Saunders discuss crucial female contributions to comedy.

- **1.40** AM **The Cockfields**
- **3.25** **to 4.00** AM **Hi-de-Hi!**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Top Gear: Driving Home for Christmas** A yuletide trek.
- **8.00** **Storage Hunters UK**
- **9.00** **James May: The Reassembler**
- **10.00** **Top Gear** China's car industry.
- **11.00** **Red Bull Soapbox Race**
- **1.00** PM **Guy's D-Day Landing**
- **3.00** **Robson Green's Weekend Escapes** Double bill.
- **4.00** **Motorhoming with Merton & Webster** Snowdonia.
- **5.00** **The Americas with Simon Reeve** From Texas to Mexico.
- **6.00** **Border Force: America's Gatekeepers** Documentary.

9.00 The Office

7.00 **Ghosts** Mike makes a discovery among some old relics in the garden. **7.40** Some uninvited guests set the ghosts on a mission to defend their home from the intruders. **8.20** Heavy snow disrupts plans for a wedding at Button House.

9.00 **The Office** A special training day for the staff turns into a sing-song. **9.40** **Extras** Andy's big break sees him working alongside Les Dennis.

10.20 **The Cleaner** Wicky arrives at a stately home to clean up the aftermath of a burglary gone wrong.

11.00 **Not Going Out** Lee, Lucy and the children set off in their car to catch a ferry.

- **11.40** **Not Going Out** Double bill.
- **1.00** AM **Have I Got a Bit More News for You** Double bill.
- **3.00** **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM

8 PM

9 PM

10 PM

4seven

137/138 163 143 49 127 16

- **9.00** AM **A New Life in the Sun: Where Are They Now?** Four editions.
- **1.00** PM **Chateau DIY**
- **6.00** **A Place in the Sun** Jasmine Harman helps Angie and Alan find their first property on the Orihuela Costa, Spain. **7.00** A couple seek their holiday home in Nerja, southern Spain.
- **8.00** **Location, Location, Location** House-hunting in Stirling and Glasgow.
- **9.00** **Grand Designs** A woman plans on building a home entirely out of wood.
- **10.00** **Jon Richardson: Old Man Tour** Stand-up show.
- **11.05** **Taskmaster**
- **12.05** AM **Gogglebox**
- **1.10** **Celebrity Gogglebox**
- **2.15** FILM **Rosaline** Comedy with Kaitlyn Dever. (2022, PG, 95min) ★★★★
- **4.05** **to 5.00** AM **Open House: The Great Sex Experiment**

5USA

141/169 129 120/162 21 129 29

- **9.10** AM **Blue Bloods** (S4)
- **1.00** PM **NCIS** 6-10/10. (S21)
- **6.00** **NCIS: Hawaii** *Pilot:* 1/22. An experimental naval aircraft crashes on Oahu. **7.00** *Boom:* 2/22. Tennant and NCIS must take down a team of international thieves. **8.00** *Recruiter:* 3/22. Kai goes undercover with one of Hawai'i's oldest surf gangs. **9.00** *Paniolo:* 4/22. The team investigate the mysterious shooting of a US Marine. (S1)
- **10.00** **Law & Order: Special Victims Unit** *Lime Chaser:* 17/22. The unit search for a suspect who drugs women's drinks. (S24)
- **11.00** **Law & Order: Special Victims Unit** (S24)
- **1.50** AM **Criminal Minds**
- **2.45** **The Good Wife** (S5)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Highway Patrol**
- **8.30** FILM **The Time Machine** Sci-fi action adventure based on HG Wells's classic tale, starring Guy Pearce. (2002, PG, 96min) ★★
- **10.25** **Car Pound Cops**
- **3.25** PM **Nightmare Tenants, Slum Landlords**
- **6.25** FILM **Outbreak** Thriller starring Dustin Hoffman, Rene Russo and Morgan Freeman. (1995, 15, 128min) ★★★
- **9.00** FILM **Immortals** Epic action adventure based on Greek mythology, starring Henry Cavill and Mickey Rourke. (2011, 15, 110min) ★★★
- **11.25** FILM **Final Destination 5** Thriller sequel starring Nicholas D'Agosto. (2011, 15, 91min) ★★★
- **1.20** AM **Serial Killer Wives**
- **2.20** **Fights, Camera, Action!**
- **3.10** **to 4.00** AM **Skin A&E**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Motorway Patrol**
- **9.25** **Police Interceptors**
- **12.25** PM FILM **Day of the Evil Gun** Western starring Glenn Ford. (1968, PG, 93min) ★★
- **2.30** FILM **Ride in the Whirlwind** Western starring Jack Nicholson. (1966, PG, 83min) ★★
- **4.15** FILM **War of the Wildcats** Western with John Wayne. (1943, b/w, U, 102min) ★★
- **6.25** FILM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★
- **9.00** **Police: Night Shift 999** Two officers respond to a report of an alleged assault at a pub. **10.00** Officers are called to a potentially fatal road traffic incident.
- **11.00** **Police Interceptors**
- **2.00** AM **Motorway: Hell on the Highway**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **The Bill**
- **11.00** **Tipping Point**
- **3.00** PM **999 Rescue Squad** Six editions, including at: **5.00** A man has a metal spike impaled in his face. **6.00** A woman plunges through the floorboards of her Sheffield home. **7.00** A car towing a caravan on the M1 rolls over and hits a lamp post. **8.00** The team rush to help a biker critically injured in a crash.
- **9.00** **Coupling** 4/6. Steve realises Susan has discovered a risque film in his video collection. **9.40** 5/6. Jeff decides to approach an exotic-looking woman. **10.20** 6/6. Susan discovers Patrick's secret video collection. (S1)
- **11.00** **Wife Swap USA**
- **12.00** M'T **The Undateables**
- **1.00** **to 3.00** AM **Mysteries & Scandals** New editions

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.30** AM **Birds of a Feather**
- **8.05** **Bergerac** Triple bill.
- **11.15** **Lovejoy**
- **1.40** PM **Call the Midwife**
- **3.00** **Father Brown**
- **5.00** **2point4 Children**
- **7.00** **The Brokenwood Mysteries** *Blood and Water:* 1/4. First episode. Detective Inspector Mike Shepherd is sent to the town of Brokenwood to investigate the death of a local farmer. (S1)
- **9.00** **Judge John Deed** *Hidden Agenda:* A doctor is accused of murdering a seriously ill patient with a morphine overdose.
- **10.55** **Rebellion** 4/5. The rebels are forced to surrender. (S1)
- **12.05** AM **The Heart Guy**
- **1.05** **PD James: The Murder Room** Stars Martin Shaw.
- **2.50** **to 4.00** AM **The Chelsea Detective**

+1 hr 243 316 60 260

SATURDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Derbyshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector**
7.00 **The Hotel Inspector: The Walkout**
8.00 **Derelict Rescue**
9.00 **The Repair Shop** An 88-year-old teddy bear from Berlin and a well-loved set of golf clubs are restored. **10.00** The experts restore a pedal car, a china dog and a clock. **11.00** Restoring a banjo, a pair of rollerskates and a wooden salad bowl.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Dale's Supermarket Sweep** Double bill.
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** David Dickinson and his team visit Troon.
1.00 PM **Strike It Lucky**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Double bill.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Jimi Mistry, Gemma Atkinson, Nadia Sawalha and James Cosmo try secure a cash prize for charity.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
9.50 **The Lightning War**
11.10 **Wanted: Dead or Alive**
12.10 PM **FILM Red Headed Stranger** Western. (1986, 15, 105min) ★★
2.30 **FILM Distant Drums** Western adventure. (1951, U, 99min) ★★
4.45 **FILM In Old California** Western drama. (1942, b/w, PG, 88min) ★★
6.40 **FILM The Comancheros** Western. (1961, PG, 102min) ★★★
9.00 **FILM Gold** Adventure starring Roger Moore. (1974, 12, 124min) ★★
11.50 **FILM Midnight in Saint Petersburg** Thriller sequel. (1995, 15) ★★
1.50 AM **FILM Super Collider** Action thriller. (2013, PG, 90min) ★★
3.30 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM **Heathrow: Britain's Busiest Airport**
10.20 **FILM Lost Letter Mysteries: Home Again** Drama. (2017, PG) ★★
12.20 PM **FILM Lost Letter Mysteries: The Road Less Travelled** Drama. (2018, U, 72min) ★★
2.20 **FILM Mary Higgins Clark: A Cry in the Night** Crime thriller. (1992, PG, 96min) ★★
4.35 **FILM Mary Higgins Clark: A Crime of Passion** Mystery thriller. (2003, PG, 95min) ★★
6.45 **FILM Supercell** Drama. (2023, 12, 100min) ★★
9.00 **FILM Shadow Man** Espionage thriller. (2006, 15, 92min) ★
11.05 **FILM Stratton** Thriller. (2017, 15, 94min) ★★
1.00 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM My Mother's Murder** Thriller. (2018, PG, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Christmas à la Carte** (2021, PG) ★★
10.00 **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
12.00 NOON **FILM Christmas Around the Corner** Drama. (2018, PG) ★★
1.55 PM **FILM The Christmas Chalet** (2019, PG) ★★
4.05 **FILM On the Twelfth Day of Christmas** Drama. (2015, PG, 90min) ★★
6.05 **FILM Christmas Next Door** (2017, U) ★★
8.00 **FILM The Mistletoe Promise** Romance. (2016, U, 84min) ★★
9.55 **FILM A Very Country Christmas** Drama. (2017, PG, 90min) ★★
12.00 M'T **FILM Switched for Christmas** Drama. (2017, PG, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Christmas Chalet** Drama. (2019, PG, 90min) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Dick Turpin**
8.00 **Fantasy Island** (S1)
9.00 **The Monkees** (S1)
11.30 **Please Sir!** (S3)
2.00 PM **Blue Thunder** (S1)
3.00 **Watching** 4&5/9. (S4)
4.00 **Bubblegum & Cheese**
5.00 **Stereo Underground**
6.00 **Fantasy Island** (S1)
7.00 **In Loving Memory** (S2)
9.30 **Please Sir!** 3/14. Bernard sets class 5C a task. **10.00** 4/14. Miss Ewell falls in love. **10.30** 5/14. Bernard dreams of married life in the idyllic countryside. **11.00** 6/14. Maureen has dreams of becoming a nun. **11.30** 7/14. Bernard tries to remain honourable. (S3)
12.00 M'T **Police Woman** (S1)
1.00 AM **Mitch** 10/10. (S1)
2.00 **Blue Thunder** 5/11. (S1)
3.00 **Stereo Underground**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Watching**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Aussie Gold Hunters**
2.00 PM **Outback Opal Hunters** Five editions.
7.00 **Hoarding: Buried Alive** Featuring a man whose home has been deemed so unsafe that he must clear his collection of items or risk losing his three-year-old son. **8.00** Featuring a man who has been to prison twice as a result of his hoarding, and a woman whose doll collection is a cause for concern.
9.00 **The Bad Skin Clinic** David visits Dr Emma about a lump on his back that is growing rapidly. **10.00** Dr Emma tries to remove a tumour from Tracyleanne's nose.
11.00 **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Barefoot Contessa: Back to Basics**
11.00 **James Martin's Mediterranean**
12.00 NOON **James Martin Digs Deep** Six editions.
3.00 PM **Tom Kerridge's American Feast** Ten editions, including at: **7.00** Tom travels to the Florida Keys to samples the tropical cuisine. **7.30** Tom looks back at his favourite moments from his US road trip.
8.00 **Secrets of the Curry Kitchen** Asma Kahn cooks prawn biryani and friendship rotis.
8.30 **Nadiya's Simple Spices** Nadiya Hussain sets out to prove that cooking with spices does not have to be complicated.
9.00 **Diners, Drive-Ins and Dives** Six editions.
12.00 M'T **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM The Philadelphia Experiment** Sci-fi thriller remake. (2012, 15) ★★
9.00 **Knight Rider** (S2)
2.00 PM **FILM Gone to Texas** Western biopic. (1986, 15, 144min) ★★★
4.55 **FILM Jesse James the Unstoppable Outlaw** Western adventure. (2018, 12, 80min) ★★
6.30 **FILM Billy the Kid v Dracula** Horror Western. (1966, PG, 73min) ★
8.00 **The Twilight Zone**
9.00 **FILM Virtuosity** Thriller with Denzel Washington. (1995, 15, 103min) ★★★
11.05 **FILM Split Second** Futuristic horror thriller. (1991, 18, 90min) ★
12.55 AM **FILM Bad Lieutenant** Abel Ferrara's drama. (1992, 18, 98min) ★★★★
2.55 **to 4.50** AM **FILM The Humanity Bureau** Sci-fi thriller. (2017, 15) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
8.00 **FILM Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
10.00 **FILM At the Earth's Core** Sci-fi adventure. (1976, PG, 86min) ★★★
12.00 NOON **FILM Independents' Day** Sci-fi action adventure. (2016, 15, 91min) ★★
2.00 PM **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
4.00 **The Lost World** (S1)
9.00 **FILM Young Guns** Western starring Emilio Estevez and Kiefer Sutherland. (1988, 18, 107min) ★★★
11.05 **FILM Cross the Line** Thriller with Luke Goss. (2015, 15, 87min) ★★
1.00 **to 3.00** AM **FILM Eye of the Tiger** Thriller. (1986, 18, 90min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Storage Hunters**
8.00 **Container Wars**
10.00 **Storm Stories**
12.00 NOON **The Proof Is Out There** Four editions.
2.00 PM **Egypt's Unexplained Files**
4.00 **Ancient Aliens** Four editions, including at: **7.00** How high-ranking government officials are now discussing UFOs.
8.00 **Alien Corridors** Possible alien activity in Sedona, Arizona.
9.00 **An Unknown Compelling Force** The Dyatlov Pass Incident of February 1959.
11.15 **Strange Evidence** A power cut plunges a town into darkness. **12.10** AM A creature panicking campers in the Florida wilderness.
1.00 **My Strange Arrest**
2.00 **Dog Patrol** Double bill.
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Althorp House: Diana's Family Home**
10.00 **Blenheim Palace: Behind the Grandeur**
12.00 NOON **Murder, She Wrote** Six episodes.
6.00 PM **Drain the Oceans: Egypt's Lost Wonders**
7.00 **Endurance: Race to the Pole with Ben Fogle** 3/3. A look at the ill-fated Terra Nova expedition of 1910–13.
8.00 **Michael Palin: Into Iraq** 2/3. Michael continues his journey in Iraq with visits to Kirkuk and Tikrit.
9.00 **James May's Great Explorers** How James Cook became one of the greatest naval captains.
10.30 **Discovering Tutankhamun's Tomb with Dan Snow**
12.00 M'T **Thomas Cromwell: A Very Modern Tudor**
2.00 AM **Britain in Colour**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Love Your Garden**
11.00 **My Lottery Dream Home International**
2.00 PM **My Lottery Dream Home** Double bill.
3.00 **Escape to the Country** Five editions in which people set out to find their ideal retreats.
8.00 **Your Garden Made Perfect** Angela Scanlon meets a woman in St Annes, Lancashire, who needs help with her dilapidated space. **9.00** The owners of a new-build house in Liverpool seek help regarding a retaining wall which overwhelms their outdoor space.
10.00 **Escape to the Country** Triple bill. People set out to find their ideal rural retreats with the help of a property expert.
1.00 AM **Castle Impossible**
3.00 **to 4.00** AM **Flip or Flop**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Say Yes to the Dress: Atlanta** Double bill.
7.00 **1000-lb Best Friends**
8.00 **Dr Pimple Popper** Kenny has lumps growing all over his body. **9.00** Paula has painful and odoriferous legs. **10.00** Alyse is suffering from a burning rash. **11.00** Tyler is considering having his hands amputated.
12.00 M'T **Body Invaders**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** (S10&1)
5.15 PM **FILM Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Liam Payne.
9.00 **Russell Howard: Live at the London Palladium**
10.00 **FILM Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. (2008, 18, 111min) ★★★★
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **Reno 911!** 7/11. (S8)
1.45 **Key & Peele**
2.15 **Lee Evans: Roadrunner**
3.15 **Modern Horror Stories**
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Blockbusters Christmas Special**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Becker** 9-16/24. (S4)
1.00 PM **Most Ridiculous**
3.00 **Whose Line Is It Anyway? USA**
7.00 **Friends** 17&18/18. The last-ever episode. Monica and Chandler wait anxiously for Erica to give birth. (S10) **8.00** 1/24. The first-ever episode. **8.30** 2/24. Carol tells Ross about her plans for their baby. **9.00** 3/24. Monica shows off her new boyfriend. **9.30** 4/24. The girls spy on a neighbour. (S1)
10.00 **Friends** 5–12/24. (S1)
2.00 AM **Impractical Jokers**
3.00 **The Roast of James Franco** A comedy tribute.
4.15 **Beavis and Butt-Head**
4.30 **Al Murray Live: Barrel of Fun** Stand-up show.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
8.00 **Border Patrol**
11.00 **Nothing to Declare**
2.00 PM **The Cleaning Lady**
7.00 **Motorway Patrol**
9.00 **Chucky** *Cape Queer:* 6/8. Jake and his friends set a trap for Chucky – with catastrophic consequences in store if it backfires. **10.00** *Twice the Grieving, Double the Loss:* 7/8. Jake and his friends desperately try to figure out Chucky's mysterious endgame. **11.00** *An Affair to Dismember:* 8/8. The doll's diabolical plan comes to fruition at a public venue. (S1)
12.00 M'T **The Russell Howard Hour**
2.00 AM **A League of Their Own Road Trip: Loch Ness to London**
3.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: The Next Chapter** Double bill.
9.00 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: The TV Show** Eight editions.
9.00 **Ghosted: Love Gone Missing** Rachel and Travis help Brittney track down her best friend.
10.00 **FILM Hitman** Action thriller starring Timothy Olyphant, Dougray Scott and Olga Kurylenko. A bar-coded hitman goes on the run after he is double-crossed over the assassination of a Russian politician. (2007, 15, 100min) ★★★
12.00 M'T **Ink Master**
1.00 AM **Beavis and Butt-Head** (S3)
1.30 **Jackass**
2.00 **Catfish: The TV Show**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Salvage Hunters**
8.00 **Border Control Poland**
10.00 **Salvage Hunters**
12.00 NOON **Gold Rush** Six editions of the series, including at: **3.00** PM Rick confronts foreman Buzz, while Tony and Monica go on a treasure hunt. **4.00** Kevin loses an excavator just as his pay pile runs out. **5.00** Tony plans to unleash his floating wash plant.
6.00 **Gold Rush: White Water** With time running out, Dustin must make an impossible call.

10.00 Salvage Hunters

7.00 **Gold Rush: Mine Rescue with Freddy & Juan** Freddy and Juan rescue their first all-female mining crew.
8.00 **Blowing Up History** The ancient necropolis of Abusir, which contains strange megastructures unlike any in Egypt.
9.00 **Naked and Afraid: Last One Standing** A legend suffers a third-degree burn and faces immediate elimination. Survivalists are warned when deadly taipan snakes surround their shelter.
11.00 **Expedition X** Heather and Phil head to Tennessee's Brushy Mountain Penitentiary to investigate the violent, powerful and hostile forces lurking in its remains
12.00 M'T **Deadliest Catch**
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Deadliest Sharks**
3.00 **Shark Alley: Legend of Dynamite** Documentary.
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** Commercial breeding kennels.
6.00 **Tanked** The San Francisco Giants want an aquarium building inside their stadium.

8.00 Wild Australia

7.00 **How Do Animals Do That?** Fun facts about eagles and squirrels. **7.30** Why pandas are black and white.
8.00 **Wild Australia** 2/2. Documentary looking at the wilderness of Australia through the eyes of the indigenous Aborigines.
9.00 **Wild Mexico** A profile of the country, home to a vast wilderness of oceans, deserts, jungle and unique creatures.
10.00 **Alaska Monsters** The team investigate the Otterman, which is believed to have the ability to shape-shift.
11.00 **Legends of the Wild** The mysterious deaths of crocodiles in Australia's Northern Territory.
12.00 M'T **Legends of the Wild**
1.00 AM **Alaska: Surviving the Last Frontier** Documentary.
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
11.00 **Amsterdam Central 24/7**
12.00 NOON **Air Crash Investigation**
3.00 PM **NEW SERIES Drain the Oceans: Deep Dive** Exploring the sea bed.
4.00 **Apocalypse: Hitler Takes on the West** 1/2. A look at Nazi offensives on Western nations during World War Two. **5.00** 2/2. France under German occupation.
6.00 **Nazi Megastructures** The story of the German air force during World War Two.

8.00 Car S.O.S

7.00 **Seconds from Disaster** In 1982, a delayed flight from Washington, DC crashes into a bridge on the River Potomac.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend try to restore a 1980s Porsche 911 suffering from almost terminal rust.
9.00 **Car S.O.S** Tim and Fuzz head to Bournemouth to meet the Hutchings-Clarke family, who all drive Ford Anglias.
10.00 **Car S.O.S** Tim and Fuzz restore a 1984 Audi UR Quattro owned by a man with health problems.
11.00 **World's Most Dangerous Drug: Super Meth**
12.00 M'T **Destruction Decoded**
2.00 AM **To Catch a Smuggler: Tropical Takedown**
2.55 **Food Factory** Double bill.
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Rust Valley Restorers**
9.00 **The Curse of Oak Island**
10.00 **Pawn Stars** Triple bill.
1.00 PM **Secrets in the Jungle** Four editions, including at: **3.00** In Madagascar, a near-perfect fossil is found. **4.00** Scientists discover an unidentified animal vertebra.
5.00 **Discovered by Disaster** Unexpected things revealed by catastrophic disasters.
6.00 **Mysteries from Above** An immovable waterfall in Mexico.

9.00 Prison Chronicles

7.00 **WW2 Air Crash Detectives** Garth Barnard looks into the 1943 Baker's Creek aviation disaster in Australia.
8.00 **WW2 Air Crash Detectives** Garth Barnard investigates the Turweston Wellington Collision of 8 July 1944.
9.00 **Prison Chronicles** The Colorado prison ADX, the 'Alcatraz of the Rockies'. **9.30** Exploring stories associated with Alcatraz.
10.00 **Prison Chronicles** The Hanoi Hilton, an American PoW prison in Vietnam. **10.30** The Sing Sing Correctional Facility.
11.00 **History's Greatest Mysteries** Exploring the Franklin Expedition, a failed British voyage of Arctic exploration.
12.00 M'T **Hunting History with Steven Rinella** Steve journeys to Oregon's remote ranches to investigate the mystery of cattle mutilations.
1.00 AM **Forged in Fire**
3.00 **to 6.00** AM **Pawn Stars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **American Pickers**
10.00 **Find It, Fix It, Flog It**
1.05 PM **One Foot in the Grave**
3.15 **'Allo 'Allo!** Herr Flick is imprisoned in General Von Klinkerhoffen's dungeon. **3.50** Lt Gruber rescues Rene. **4.25** Leclerc and Rene plot to blow up Lt Gruber's bedroom.
5.00 **Porridge** The inmates face a day of hard labour. **5.40** Fletch is desperate to get out of making fishing nets. **6.20** Fletcher takes on the role of agony aunt.

5.00 Porridge

7.00 **Bangers & Cash: Restoring Classics** The team take Derek's advice when he sniffs out the last remaining Hillman GT.
8.00 **Bangers & Cash** A 350cc Douglas Mark V motorbike from 1950 goes under the hammer.
9.00 **Bangers & Cash** Four VW camper vans pitch up at the auction house looking for a new home.
10.00 **Bangers & Cash** Derek auctions off a Jensen Interceptor and a Jensen Healey.
11.00 **Bangers & Cash** A Rover and a Rolls-Royce go under the hammer, and a 1966 Triumph Spitfire is restored. **12.00** M'T Derek collects a huge haul that includes two Bentleys and a Daimler.
1.00 **to 3.00** AM **Canal Boat Diaries**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Saturday

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Wheeler Dealers World Tour**
9.00 **Wheeler Dealers**
2.00 PM **Wheeler Dealers World Tour**
3.00 **LIVE MotoGP** Coverage of the Grand Prix of Aragon sprint race.
4.00 **Shed and Buried**
7.00 **Find It, Fix It, Flog It**
9.00 **Massive Engineering Mistakes** New editions A look into the devastating effects of engineering disasters.
11.00 **Aussie Gold Hunters** Paul Mackie hires a huge dozer to uncover a gold deposit that could be worth millions.
12.00 M'T **Outback Crystal Hunters** Documentary.
1.00 AM **Valley of the Kings: The Lost Tombs**
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Who the (Bleep) Did I Marry?**
7.00 **Who the (Bleep) Did I Marry?** Four editions.
9.00 **The Curious Case of...** New editions 1/2. Sheryl Ruthven demands loyalty and saves cats for spiritual salvation. **10.00** 2/2. Self-styled prophet Sheryl Ruthven manipulates her followers to revere cats.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** A decorated Navy Commander is found dead in a hotel room. **8.00** A look into how a university student ended up dead in an extended stay hotel room.
9.00 **Millionaire Murders** When Anthony Ashley-Cooper vanished, his family feared he had been kidnapped. **10.00** Alex and Maggie Murdaugh's dynasty begins to crumble.
11.00 **48 Hours** The story of Las Vegas investigative reporter Jeff German. **12.00** M'T The intriguing case of Kouri Richins. **1.00** AM The story of the Menendez brothers.
2.00 **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
2.00 PM **Medical Detectives** The investigation into a hit-and-run leads to a video reconstruction. **2.30** Police are baffled when a man's DNA is found at a crime scene. **3.00** After a woman goes missing, her husband is the prime suspect. **3.30** Investigators believe a blood trail will lead them to a woman. **4.00** A young girl's parents are charged with her murder. **4.30** Police use laser technology to detect the origin of a letter.
5.00 **Evidence of Evil**
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Stop, Search, Seize**
8.00 **Highway Patrol**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **Britain's Most Evil Killers** Johnny Miller.
12.00 NOON **Killer in My Village** Louise Rump.
1.00 PM **How I Caught the Killer** Larene Austin.
2.00 **Murdered at First Sight**
3.00 **Murders That Shocked the Nation** Double bill.
5.00 **The Real Manhunter**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **World's Most Evil Killers**
10.00 **Killer in My Village**
11.00 **The Girl Scout Murders**
1.00 AM **Ireland's Most Evil Killers** Joe O'Reilly.
2.00 **Killer Siblings**
3.00 **An Unexpected Killer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Minnesota.
8.50 **Vichy and the Nazis: A Deal with the Devil**
10.05 **American Dynasties: The Kennedys**
1.00 PM **Vichy and the Nazis: A Deal with the Devil**
2.15 **The Lost Colony of Roanoke** 1&2/2.
4.15 **Vichy and the Nazis: A Deal with the Devil**
5.30 **Normandy '44: D-Day and the Battle for France** 1-3/3.
8.40 **The Lost Colony of Roanoke** 1/2. The disappearance of the English colonists of Roanoke Island. **9.40** 2/2. The team continue their investigation into the missing colonists.
10.45 **Vichy and the Nazis: A Deal with the Devil**
12.00 M'T **Armenia, My Home**
1.15 **to 2.00** AM **America the Bountiful**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Walter Matthau**
7.00 **Discovering: Shirley MacLaine**
8.00 **The Directors**
9.00 **Larry Kramer: In Love & Anger**
10.45 **My Icon: John Amaechi**
11.00 **Music Box**
1.00 PM **The Apollo**
3.00 **I Am Johnny Cash**
4.45 **My Icon: Denise Lewis**
5.00 **Schmeichel** Documentary.
7.00 **On the Line: The Richard Williams Story** The father of tennis stars Venus and Serena retraces his family's journey.
8.50 **My Icon: Heather Watson**
9.00 **100 Foot Wave** New edition 2/5. A tragedy of the highest magnitude strikes Nazaré.
10.00 **The Girl Who Caught a Killer** 2/2. The story of Rachael Watts, who was kidnapped, strangled and left for dead as a child by Russell Bishop.
11.15 **Transhood** Documentary.
1.15 AM **Taylor Mac's 24-Decade History of Popular Music**
3.15 **Right to Fight** Documentary.
5.00 **to 6.00** AM **The Directors**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
8.00 **Beasts of the Big Blue**
11.00 **Evolution Earth** Triple bill.
2.00 PM **Survival of the Beast**
3.00 **Big Cats Small World**
5.00 **Great Barrier Reef with David Attenborough** Double bill.
7.00 **Great Barrier Reef with David Attenborough** Examining the future of the reef.
8.00 **Africa's Hunters** A leopard refuses to leave its mother, despite having reached maturity two years previously.
9.00 **Battle of the Alphas** Animals who use might to subdue enemies, from sea lions and cape buffalo to Canada geese. **9.30** The ugliest alphas of the animal world, from warthogs to giant African bullfrogs.
10.00 **Wild Sky** The volatile weather above four different continents, beginning with Australia. **11.00** Following polar bears as they hunt under the aurora.
12.00 M'T **Africa's Hunters**
1.00 AM **Battle of the Alphas**
2.00 **to 6.00** AM **Africa's Hunters**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Combat Machines**
10.00 **Combat Trains**
11.00 **Hell on Earth: WWII**
1.00 PM **Battle 360** Double bill.
3.00 **WWII's Most Daring Raids**
5.00 **Footprints of Civilisation**
6.00 **Evidence of the Unexplained** Unexplained aerial phenomena and reports of so-called 'first contact' moments.
7.00 **Ghost Ships** Searching the seabeds off Nova Scotia for wreckage from the SS *Atlantic*.
8.00 **Strangest Things** Perplexing and unusual historical objects.
9.00 **Myths & Monsters** A look into the ancient Greek myth of Antigone, who defied laws to bury her dead brother.
10.00 **Scary Tales of New York** Investigating an outlandish murder plot to kill Irish down-and-out Michael Malloy.
11.05 **Britain in Colour**
12.05 AM **Ancient Aliens**
3.00 **Royal Autopsy** King Charles II.
4.00 **Ross Kemp: Mafia and Britain**
5.00 **to 6.00** AM **Weeks of War**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Four editions.
10.45 **Fugitives Caught on Tape**
11.45 **Hometown Tragedy**
1.05 PM **Exhumed: Killer Revealed**
3.00 **Spring Break Murders**
4.00 **Murder at the Motel**
5.00 **Accident, Suicide or Murder?**
8.00 **Vanished: The Jennifer Dulos Story** The investigation into Jennifer Dulos' disappearance.
9.00 **A Perfect Scam** Exploring the world of scams and how con artists manipulate their victims.
10.00 **Interview with a Killer** Tyler Hadley discusses how he bludgeoned his parents to death.
11.00 **Missing Presumed Dead** Rhiannon Bragg's life changed forever after she was held at gunpoint by her ex.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Murder at the Motel**
3.00 **Spring Break Murders**
4.00 **to 6.00** AM **Exhumed: Killer Revealed**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Fish Tank Kings**
9.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Borneo**
3.00 **Ice Road Rescue**
5.00 **Diary of a Teen Leopard**
6.00 **Serengeti Speed Queen**
7.00 **Queens** A gelada monkey and an Ethiopian wolf fight for their families and their legacy in a world of ancient mountain peaks.
8.00 **Secrets of the Zoo** An alligator breaks out of its restraints during a medical examination. **9.00** The staff throw a leaving party for two polar bears being sent to another zoo, and a friendship is formed between a baby takin and a baby camel.
10.00 **Wild Cats of India** Cameras track India's big cats, including a snow leopard protecting his kill from a red fox and the last surviving Asiatic lions of Gir.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **How the Universe Works** The wide variety of planets that make up the universe. **7.00** Exploring the 300 moons within the solar system. **8.00** What supernovas reveal about the origins of life.
9.00 **Day After D-Day** Men who survived the Normandy invasion as young soldiers in 1944 recall their experiences.
10.00 **Coast Guard at War** Exploring the role of the Coast Guard in the Vietnam War, featuring contributions from members who served during the conflict.
11.00 **Tony Robinson's VE Day: Minute by Minute** The actor looks at the key events that made VE Day such a momentous 24 hours.
12.00 M'T **Storm Chasers** Double bill.
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Pointless** Double bill.
11.00 **Celebrity Mastermind**
1.40 PM **Later... with Jools Holland**
3.55 **Pointless** Quiz show.
4.55 **Celebrity Mastermind**
7.35 **Pointless** Double bill of the quiz hosted by Alexander Armstrong.
9.35 **Later.. with Jools Holland** Performances from PJ Harvey, Sounds of Blackness, Alice in Chains, Vince Gill and California's Maria McKee.
10.35 **Celebrity Mastermind** Michael Vaughan, Simon Armitage, Andi Osho and Richard Arnold take part in the famous quiz. **11.15** John Humphrys hosts, with Jessica Hynes, Jon Sopel, Michel Roux Jr and Neil Hannon.
11.55 **Later... with Jools Holland** Jools introduces performances by Shara Nelson, Aztec Camera, Jellyfish and Leonard Cohen.
1.10 AM **Celebrity Mastermind**
2.25 **Pointless** Double bill.
4.10 **Later... with Jools Holland**
4.55 **to 6.00** AM **Celebrity Mastermind**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed** Double bill.
10.00 **Married to Evil**
12.00 NOON **Who the (Bleep) Did I Marry?** Four editions.
2.00 PM **Devil in Suburbia**
4.00 **Crimes Gone Viral** A woman is kidnapped whilst walking home. **4.30** Two thieves get a shock when their victim fights back. **5.00** Thieves steal a shark from an open tank at an aquarium. **5.30** A robber attempts to hold up four men at gunpoint.
6.00 **American Monster** The crimes of Audrey Frazier. **7.00** The death of Charlie Billis.
8.00 **People Magazine Investigates** The case of a radio station intern.
9.00 **Grave Mysteries** The case of 32-year-old Becky Brosnan.
10.00 **Faking It: Tears of a Crime** The actions that marked Mark Galante out as a killer.
11.00 **Body Cam** Documentary.
12.00 M'T **Your Worst Nightmare**
2.00 AM **Caught in the Net**
4.00 **to 6.00** AM **Diabolical: Deadly Love**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Street Outlaws: Fastest in America** Four editions.
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **World's Greatest Motorcycle Rides**
5.00 PM **Kindig Customs** The team continue work on the Continental project. **6.00** The team prepare for annual car show Back to the 50s, where over 10,000 cars descend on St Paul, Minnesota. **7.00** A renovation job on a 1967 Chevelle proves too much for the team to handle.
8.00 **HMS Ark Royal** The ship's crew prepare for a royal visitor. **9.00** The aircraft carrier is bound for Nova Scotia. **10.00** The crew prepare to play a key role in the Royal Canadian Navy's centenary celebrations, a ceremony that will feature the Queen's attendance.
11.00 **Motor Pickers**
1.00 **to 5.00** AM **Street Outlaws: Fastest in America**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **The Wild Robot** (2024)
9.00 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
10.50 **PREMIERE Your Monster**
12.45 PM **Venom: The Last Dance**
2.45 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.35 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
6.25 **Old Guy** Action comedy starring Christoph Waltz. (2024, 15, 94min) ★★★

10.00 Your Monster

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE Your Monster Comedy starring Melissa Barrera. A softly-spoken actor finds her voice when she meets the monster living in her closet. (2024, 15, 104min) ★★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **A Different Man** Thriller. (2024, 15, 112min) ★★★★
1.45 AM **Escape from the 21st Century** Chinese adventure. Subtitled. (2024, 15, 94min)
3.40 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
5.25 **to 7.00** AM **Poison** Drama. (2024, PG, 86min) ★★★★

Sky Cinema Blockbusters

303 303 403 503 517

7.30 AM **The Cinema List: The 90s**
7.50 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
9.40 **Ghostbusters: Frozen Empire** Comedy. (2023, 12) ★★★
11.40 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
1.55 PM **Anyone But You** (2023)
3.50 **Mean Girls** Comedy remake. (2023, 12, 112min) ★★★
5.50 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

3.50 Mean Girls

8.00 Inception Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 The Beekeeper Thriller with Jason Statham. An apparently unassuming man finds someone important to him has been driven to harm. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
2.05 **Mean Girls** As 3.50pm.
4.00 **Sky Cinema Preview**
5.00 **to 6.35** AM **The Flintstones** Comedy with John Goodman. (1994, U, 93min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.20 AM **Through a Glass Darkly** Ingmar Bergman's Oscar-winning Swedish drama. Subtitled. (1959, b/w, 15, 91min) ★★★★
8.55 **Babylon** As shown at 11.55pm.
10.40 **L'immensità** As 10.05pm.
12.25 PM **To Olivia** Romantic drama. (2021, PG, 90min) ★★★★
2.05 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
4.00 **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
6.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
8.00 **Grease 2** Musical sequel starring Michelle Pfeiffer and Maxwell Caulfield. (1982, PG, 109min) ★★
10.05 **L'immensità** Italian drama with Penélope Cruz. Subtitled. (2022, 12, 99min) ★★
11.55 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
1.45 AM **Oh! What a Lovely War** Satirical anti-war musical. (1969, PG, 144min) ★★★★
4.20 **to 6.30** AM **Young at Heart** Romantic musical starring Doris Day. (1954, U, 117min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **Arcadian** As 1.00am.
8.35 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
10.20 **Arrival** Sci-fi with Amy Adams. (2016, 12, 116min) ★★★★★
12.20 PM **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
2.45 **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
4.20 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
6.15 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
8.00 **Interstellar** Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★
10.55 **Riddick** Sci-fi thriller sequel starring Vin Diesel. Space fugitive Riddick combats bounty hunters and fearsome monsters on a desert planet. With Jordi Mollà and Matt Nables. (2013, 15, 122min) ★★★
1.00 AM **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
2.40 **Ex Machina** Sci-fi drama. (2014, 15, 104min) ★★★★
4.35 **to 6.10** AM **Timestalker** Fantasy comedy starring Alice Lowe. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **Blueback** Family drama. (2022, PG, 102min) ★★★
8.30 **Yogi Bear** (2010, U) ★★★
10.00 **E.T. The Extra Terrestrial** Fantasy. (1982, U) ★★★★★
12.05 PM **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★
2.10 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
4.00 **Peter Rabbit 2: The Runaway** Adventure. (2021, U) ★★★
5.50 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★

9.15 Johnny English Reborn

7.40 Mr Bean's Holiday Comedy starring Rowan Atkinson. Accident-prone Mr Bean wins a holiday to the south of France. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

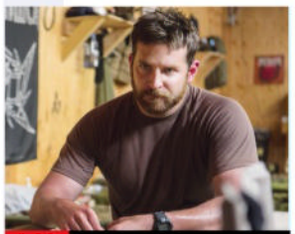
9.15 Johnny English Reborn Spoof comedy sequel starring Rowan Atkinson. The bungling secret agent causes chaos on a global scale when he attempts to stop an assassination. With Daniel Kaluuya. (2011, PG, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel. (2010, U, 82min) ★★
12.25 AM **Look Who's Talking Now** Comedy sequel with Kirstie Alley. (1993, 12, 95min) ★
2.05 **Beethoven** Family comedy. (1992, U, 87min) ★★★
3.40 **Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
5.15 **to 6.50** AM **Daddy Day Camp** Family comedy sequel. (2007, PG, 88min) ★★

Sky Cinema Action

307 307 407 507 521

6.55 AM **The Hand of Death** (1976)
8.40 **Hounds of War** Action thriller. (2024, 15, 95min) ★★★
10.25 **American Night** As 2.10am.
12.35 PM **Fast & Furious 8** Action thriller sequel with Vin Diesel. (2017, 12, 136min) ★★★
2.55 **Gods of Egypt** Adventure. (2016, 12, 127min) ★★★
5.05 **Saving Private Ryan** Steven Spielberg's World War Two drama starring Tom Hanks. (1998, 15, 169min) ★★★★★



8.00 American Sniper

8.00 American Sniper Biopic based on the experiences of real-life Iraq conflict veteran Chris Kyle, directed by Clint Eastwood and starring Bradley Cooper, Sienna Miller and Kyle Gallner. (2014, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

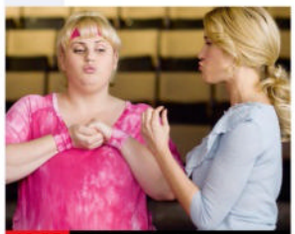
10.20 Godzilla x Kong: The New Empire Fantasy adventure sequel starring Rebecca Hall. Two ancient monsters clash in an epic battle against an undiscovered threat hidden within the Earth. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Hand of Death** Thriller. (1976, 15, 95min) ★★★
2.10 **American Night** Crime drama. (2021, 15, 123min) ★★★
4.25 **to 6.20** AM **Project A, Part II** Martial arts comedy adventure. (1987, 15, 94min) ★★★

Sky Cinema Pitch Perfect

308 308 408 508 522

6.00 AM **Pitch Perfect** As 10.35pm.
8.00 **Pitch Perfect 2** As 7.00pm.
10.00 **Pitch Perfect 3** As 9.00pm.
11.40 **Pitch Perfect** As 10.35pm.
1.35 PM **Pitch Perfect 2** (2015)
3.30 **Pitch Perfect 3** As 9.00pm.
5.05 **Pitch Perfect** As 10.35pm.
7.00 **Pitch Perfect 2** Comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance. (2015, 12, 112min) ★★★



10.35 Pitch Perfect

Pitch Perfect 2 (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Pitch Perfect 3 Musical comedy sequel starring Anna Kendrick and Rebel Wilson. After their win at the world championship, the Bellas reunite for one last singing competition at an overseas tour. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

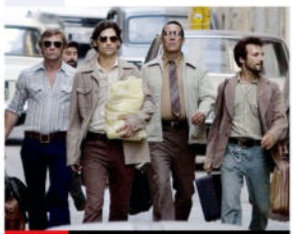
10.35 Pitch Perfect Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick, Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Pitch Perfect 2** (2015)
2.25 **Pitch Perfect 3** As 9.00pm.
4.00 **Pitch Perfect** As 10.35pm.
5.55 **to 8.05** AM **Pitch Perfect 2**

Sky Cinema Thriller

309 309 409 509 523

7.35 AM **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
9.20 **Vertigo** Hitchcock thriller. (1958, PG, 128min) ★★★★★
11.35 **Hanna** Action adventure. (2011, 12, 106min) ★★★★
1.35 PM **Split** Horror thriller. (2016, 15, 117min) ★★★
3.40 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
5.55 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★



10.05 Munich

8.00 Ocean's Eleven Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Andy Garcia and Matt Damon. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

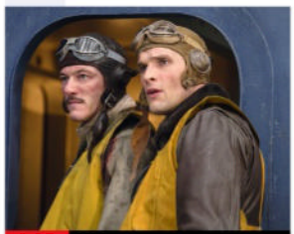
10.05 Munich Steven Spielberg's political thriller starring Eric Bana, Daniel Craig and Geoffrey Rush. A Mossad hit squad get caught in a spiral of violence after targeting Palestinian terrorists at the 1972 Olympics. (2005, 15, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Wasp** Thriller. (2024, 15, 96min) ★★★★
2.35 **Gloria** Crime drama. (1980, 15, 121 min) ★★★★
4.45 **to 7.00** AM **Chinatown** Roman Polanski's thriller. (1974, 15, 131 min) ★★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Playing with Fire** Comedy starring John Cena. (2019, PG, 96min) ★★
12.55 PM **Young Winston** Biopic. (1971, PG, 157min) ★★★
3.45 **Goodbye Christopher Robin** Biopic of author AA Milne, starring Domhnall Gleeson. (2017, PG, 103min) ★★★★
6.05 **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★



6.05 Midway

Midway (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Armageddon Sci-fi action adventure starring Bruce Willis, Liv Tyler and Ben Affleck. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Piggy** Spanish horror with Laura Galán. An overweight teen is bullied by a gang of cool girls while holidaying in her village. Subtitled. (2022, 18, 99min) ★★★★
2.05 **to 3.55** AM **The Woman in the Fifth** Psychological thriller starring Ethan Hawke and Kristin Scott Thomas. (2011, 15, 83min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

7.05 AM **Hancock** Action comedy. (2008, 12, 92min) ★★★
8.50 **Hulk** Sci-fi fantasy starring Eric Bana. (2003, 12, 138min) ★★★
11.15 **The Amazing Spider-Man** Fantasy with Andrew Garfield. (2012, 12, 136min) ★★★
1.35 PM **The Amazing Spider-Man 2** Fantasy sequel starring Andrew Garfield and Emma Stone. (2014, 12, 142min) ★★★
4.00 **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
6.00 **Justice League** Adventure starring Ben Affleck and Gal Gadot. (2017, 12, 120min) ★★
8.00 **Superman** Sci-fi adventure starring Christopher Reeve. (1978, PG, 143min) ★★★★
10.25 **Superman II** Fantasy adventure sequel with Christopher Reeve. (1980, PG, 127min) ★★★
12.35 AM **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
2.45 **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
4.20 **to 6.40** AM **King Arthur: Legend of the Sword** Fantasy drama starring Charlie Hunnam. (2017, 12, 126min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.00 AM **The Apartment** Comedy. (1960, b/w, PG) ★★★★★
9.15 **Star Trek V: The Final Frontier**
11.05 **Silent Running** Sci-fi drama. (1972, U, 90min) ★★★★
12.40 PM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
2.30 **Beverly Hills Cop II** Comedy sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
4.15 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★
6.00 **Back to the Future** Comedy fantasy starring Michael J Fox. (1985, PG, 115min) ★★★★★
8.00 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
10.00 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★
12.10 AM **The Man Who Fell to Earth** Fantasy starring David Bowie. (1976, 18, 140min) ★★★★
2.45 **Star Trek V: The Final Frontier** Sci-fi adventure starring William Shatner and Leonard Nimoy. (1989, PG, 100min) ★★
4.45 **Sky Cinema Preview**
5.35 **to 7.50** AM **The Quiet Man** John Ford's romantic drama. (1952, U, 129min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.10 AM **Dragon Rider** Animation. (2020, PG, 91 min) ★★★
7.50 **Monster House** Animation. (2006, PG, 91 min) ★★★★
9.35 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
11.20 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
12.50 PM **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
2.30 **The Emoji Movie** (2017, U) ★
4.00 **The Lego Movie 2: The Second Part** (2019, U) ★★★★
5.55 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
7.35 **Transformers One** Animation. (2024, PG, 104min) ★★★★
9.25 **Barnyard** Animated comedy. (2006, PG, 90min) ★
11.00 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
12.30 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
1.55 **The Swan Princess: The Secret of the Castle** (1997, U) ★★
3.15 **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
4.35 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
5.55 **to 7.15** AM **Fox and Hare Save the Forest** (2024, U) ★★★

Movies 24

312 313 419

7.00 AM **His and Hers** Romantic drama. (2024, PG, 90min) ★★
9.00 **The Story of Love** Romantic comedy. (2022, PG, 91 min) ★★
11.00 **To Her, With Love** Romantic drama. (2022, PG, 84min) ★★
1.00 PM **Haunted Wedding** Comedy fantasy. (2024, PG, 84min) ★★
3.00 **Junebug** Fantasy starring Autumn Reeser and Mila Jones. (2024, PG, 84min) ★★
5.00 **Love in Wolf Creek** Romantic drama. (2022, PG, 85min) ★★
7.00 **A Priceless Love** Romantic drama starring Erin Agostino. (2022, PG, 85min) ★★
9.00 **Perfect Harmony** Comedy with James Denton and Sherri Saum. When their friends ask them to be best man and maid of honour, two people spend time together and find themselves falling in love. (2022, PG, 84min) ★★
11.00 **Love and the Radio Star** Comedy. (2022, PG, 90min) ★★
1.00 AM **A Taste of Christmas** Drama starring Krystal Joy Brown. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **An American in Austen** Romantic comedy. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sing As You Swing** Musical. (1937, b/w, U, 82min) ★★
7.10 **A Message From Mars** Drama. (1913, b/w, PG, 69min) ★★
8.25 **Space Patrol** 23/39. (S1)
9.00 **Batman** 20/60. (S2)
9.30 **Richard the Lionheart** (S1)
10.00 **Supercar** 6/26. (S1)
10.30 **Seventy Deadly Pills** Adventure. (1964, b/w, U, 55min) ★★
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Giant Claw** Sci-fi chiller. (1957, PG, 75min) ★
1.35 PM **One Step Beyond** (S1)
2.10 **Dick Barton: Special Agent**
2.25 **Captain Scarlet and the Mysterons** 22/32. (S1)
3.00 **Scotland Yard** 28/39. (S1)
3.30 **Lord Jim** Seafaring adventure. (1965, PG, 154min) ★★
6.30 **Tell Me Another**
7.00 **Z Cars** 11/13. (S13)
8.00 **A Family at War** 3/19. (S2)
9.05 **A Dandy in Aspic** Espionage thriller. (1968, PG, 107min) ★★
11.15 **Run for the Sun** Adventure. (1956, PG, 95min) ★★
1.10 AM **King Kong Lives** Horror sequel. (1986, PG, 100min) ★
3.15 **Allan Quatermain and the Lost City of Gold** (1986, PG) ★
5.20 **Look at Life** Documentary.
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** Views on today's early stories and a look at the back pages.
8.30 LIVE **NRL Cronulla-Sutherland Sharks v New Zealand Warriors.** Coverage of the match from the 14th round of the season at Sharks Stadium in Sydney. Kick-off 8.30am.
10.30 LIVE **Women's International One-Day Cricket England v West Indies.** Coverage of the third and final ODI in the series from the County Ground, Taunton. The hosts will be looking to go back-to-back in ODI series against West Indies, having previously beaten them 3-0 in the last series in West Indies at the end of 2022. Play starts 11.00am.
7.00 PM LIVE **Fight Night Callum Simpson v Ivan Zucco.** Coverage of the European super-middleweight title bout staged at Oakwell in Barnsley. The undefeated Simpson steps up to this level for the first time to challenge for the vacant title.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Chelsea v Manchester United from the 2011/12 season.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Arsenal v Nottingham Forest.
3.30 Arsenal v Southampton.
4.00 Arsenal v West Ham United.
4.30 Arsenal v Wolves.
5.00 **Premier League Highlights** Aston Villa v Bournemouth.
5.30 Aston Villa v Crystal Palace.
6.00 Aston Villa v Ipswich Town.
6.30 Aston Villa v Leicester City.
7.00 **We're Not Really Here: Man City** A look back at Manchester City's season in the third tier.
7.30 **Newcastle – The Entertainers**
8.00 **Champions Show: Liverpool**
9.00 **Premier League Review**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years** A look back at the 03/04 season.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 1997/98**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Liverpool v Cardiff City in the 2012 final.
11.00 **Celtic's Invincibles**
12.00 NOON **Retro League One**
2.00 PM **EFL Cup Highlights**
2.30 **EFL Trophy** Action from Portsmouth v Salford City.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Retro**
5.00 **EFL** West Ham Utd v Blackpool.
6.00 **Championship Retro**
8.00 **EFL Rivalries**
8.30 **EFL Greatest Games** Sheffield Wednesday v Sheffield United.
8.45 Leeds Utd v Sheffield Utd.
9.00 **EFL Greatest Games**
10.00 **EFL Cup** Action from Liverpool v Manchester City in the 2016 final.
11.00 **EFL** Bristol City v Hull City in the 2007/08 Championship play-offs.
12.00 M'T **EFL Play-Off Final Championship 2015/16** Hull City v Sheffield Wednesday.
1.00 AM **EFL Play-Off Final League 1 15/16** Barnsley v Millwall.
2.00 **EFL Play-Off Final League 2 15/16** Highlights of AFC Wimbledon v Plymouth Argyle.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **The Boy from Baracara**
6.30 **Ashes Greats** Archive action.
6.50 **One-Day International Cricket**
8.40 **Women's One-Day International Cricket**
10.30 LIVE **Women's One-Day International Cricket England v West Indies.** Coverage of the third and final ODI in the series from the County Ground in Taunton. Play starts 11.00am.
7.00 PM LIVE **Vitality T20 Blast Cricket Nottinghamshire Outlaws v Worcestershire Rapids.** Coverage of the North Group match from Trent Bridge, Nottingham. The visitors won fairly comfortably in this meeting last season when they came away with a 20-run victory.
10.15 **The Boy from Baracara**
10.45 **Best of ICC WT20**
11.00 **Women's One-Day International Cricket**
12.00 M'T **One-Day International Cricket** England v West Indies.
1.00 AM **Vitality T20 Blast Cricket**
4.20 **Ashes Greats** Adam Gilchrist.
4.30 **Best of ICC WT20**
5.00 **The Boy from Baracara**
5.30 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour Champions**
7.00 **HotelPlanner Tour Golf**
7.30 **Rose Ladies Series**
8.00 **PGA Tour** Canadian Open.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf**
12.00 NOON **Turkish Airlines Masterclass** Highlights.
12.30 PM LIVE **DP World Tour** The third day of the KLM Open.
5.00 LIVE **PGA Tour** The third day of the RBC Canadian Open.
11.00 **HotelPlanner Tour Golf**
11.30 **Rose Ladies Series**
12.00 M'T **US Open Official Films**
1.00 AM **PGA Tour**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **DP World Tour**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **US Open Classic Matches**
9.30 **ATP Tour This Week**
10.00 **Billie Jean King: My Story**
11.00 **ATP Tennis** Tournament reviews.
4.00 PM **WTA Tennis** Rabat Open.
5.00 **ATP Tennis** Geneva Open final.
6.00 **WTA Tennis** Strasbourg Open.
7.00 **ATP Tennis** Hamburg Open final.
8.00 **ATP Tour This Week**
8.30 **Martina Navratilova: Unstoppable** An interview.
9.30 **WTA All Access**
10.00 **ATP Tennis** Tournament reviews.
3.00 **to 6.00** AM **US Open**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Rose Ladies Series**
7.30 **Women's State of Origin**
8.30 LIVE **NRL Cronulla-Sutherland Sharks v New Zealand Warriors.** Kick-off 8.30am.
10.30 LIVE **NRL Brisbane Broncos v Gold Coast Titans.** K-o 10.25am.
12.30 PM **PL Greatest Games**
1.00 LIVE **Ladies European Tour Golf** The third day of the Tenerife Women's Open at Abama Golf.
4.00 **PL Greatest Games**
4.30 **EFL Greatest Games**
5.00 **Women's ODI Cricket**
6.55 LIVE **T20 Blast Cricket Nottinghamshire Outlaws v Worcestershire Rapids.**
10.15 **Ashes Greats** Archive action.
10.45 **Best of ICC WT20**
11.00 **HotelPlanner Tour Golf**
11.30 **Rose Ladies Series**
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Azim v Davies.
3.00 **EFL Greatest Games**
4.00 **Women's ODI Cricket**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL Geelong Cats v Gold Coast Suns.** Coverage of the match from GMBHA Stadium in Geelong. Bounce-up 7.15am.
10.00 LIVE **French Open Tennis** Coverage of the wheelchair final at Stade Roland Garros in Paris.
12.00 NOON **Gallagher Premiership Rugby Union** A semi-final.
1.00 PM **Court Side** Day 14 analysis.
2.00 LIVE **French Open Tennis** Coverage of the women's final at Stade Roland Garros in Paris.
5.00 LIVE **French Open Tennis** Coverage of the men's doubles final from Stade Roland Garros.
7.00 **French Open Tennis**
8.00 **SailGP – Racing on the Edge**
8.30 LIVE **SailGP** Coverage from the first day of the sixth round of the season staged in New York.
10.00 **French Open Tennis**
12.30 AM **Tom Aspinall's Fight Lab**
1.00 LIVE **UFC** Coverage of the preliminiary bouts from UFC 316.
3.00 **to 7.00** AM LIVE **UFC Merab Dvalishvili v Sean O'Malley.** Coverage of the bantamweight title bout staged at Prudential Center in Newark, New Jersey.

TNT Sports 2

411 414 522 409 431

6.00 AM **Women's Cycling**
7.00 **MotoGP** Grand Prix of Aragon.
7.30 LIVE **MotoGP** The Grand Prix of Aragon practice and qualifying.
1.45 PM LIVE **MotoGP** The Grand Prix of Aragon MotoGP sprint race.
2.45 LIVE **Gallagher Premiership Rugby Union** Coverage of a semi-final. Kick-off 3.30pm.
6.00 **MLB Highlights**
7.00 **Tom Aspinall's Fight Lab**
7.30 **Reframe the Game**
7.45 LIVE **Longines Global Champions Tour** The fifth stage of the season in Cannes.
9.45 **Reframe the Game**
10.00 **World Rally Championship**
10.30 **MotoGP** Grand Prix of Aragon.
11.00 **Premiership Rugby Union**
12.00 M'T **UEFA Champions League**
12.30 AM LIVE **MLB New York Yankees v Boston Red Sox.** Coverage of the American League game staged at Yankee Stadium. Start-time 12.35am.
3.45 **MLB: Off the Bat**
4.15 **TNT Sports Reload**
4.30 **MotoGP** Grand Prix of Aragon.
5.00 **European Rally Championship**
5.30 **to 6.00** AM **World Rally Championship**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Highlights.
8.00 LIVE **Super Rugby** Coverage of the first qualifying final, as the teams contest a place in the last four. This round replaces the quarter-finals and sees each winner of the three matches and the highest-seeded losing team advance to the semi-finals.
10.00 LIVE **Super Rugby** The second qualifying final, as the teams contest a place in the last four.
12.00 NOON **Fight Night**
2.00 PM **The Rugby Championship** Australia v South Africa in 2024.
4.00 **Fight Night** Three bout replays.
7.00 LIVE **Fight Night Callum Simpson v Ivan Zucco.** Coverage of the European super-middleweight title bout staged at Oakwell in Barnsley. The undefeated Simpson steps up to this level for the first time to challenge for the vacant title, but will come into this contest full of confidence having already claimed and defended the British and Commonwealth titles throughout his career.
11.00 **Fight Night** Jonas v Dicaire.
12.00 M'T **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
9.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Sports Saturday** The latest scores from all the afternoon's sporting events.
12.30 PM **Celebrity Kop Club** Golfer Thomas Bjorn discusses his love for Liverpool Football Club and life on the fairway in this edition of Celebrity Kop Club.
12.45 LIVE **PGA Tour Golf** Coverage of the early stages of the third day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
6.00 **Sky Sports News**
8.00 LIVE **LPGA Tour Golf** Coverage of the second day of the ShopRite LPGA Classic staged at The Seaview in Galloway, New Jersey. Sweden's Linnea Ström won this event last year after winning by one stroke and finishing 14-under-par at this venue. She became the first Swedish winner of this competition since Anna Nordqvist won twice in a row in 2015 and 2016.
11.00 PM **to 6.00** AM **Sky Sports News**

TNT Sports 3

413 415 523 410 432

6.00 AM **Highlights**
8.00 LIVE **World Rally Championship** The Rally Italy.
9.00 **TNT Sports Reload**
9.15 LIVE **World Rally Championship** The Rally Italy.
10.15 **TNT Sports Reload**
10.30 LIVE **World Rally Championship** The Rally Italy.
11.30 **UCI Mountain Biking**
12.30 PM LIVE **UCI Mountain Bike World Series** From Leogang.
4.15 **TNT Sports Reload**
4.30 LIVE **World Rally Championship** The Rally Italy.
5.30 LIVE **Climbing World Cup**
8.00 LIVE **WNBA Golden State Valkyries v Las Vegas Aces.**
10.00 **Fight Week** UFC 316 preview.
10.45 **UCI Mountain Biking**
11.45 **UEFA Conference League**
12.00 M'T LIVE **NWSL Orlando Pride v Houston Dash.** K-o 12.00m't.
2.15 **to 6.00** AM **Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **V8 Supercars Championship** The Bosch Power Tools Perth Super 440.
7.15 **Tom Aspinall's Fight Lab**
7.45 **Europa League Goals Reload**
8.00 **Women's Cycling**
9.00 LIVE **V8 Supercars Championship** Further coverage of the Bosch Power Tools Perth Super 440 in Perth.
10.15 **Playing for Our Future: Cycling**
10.30 **Discovery Golf**
11.00 **Men's Cycling Pro Series**
12.00 NOON LIVE **FIM Endurance World Championship** Coverage of the 8 Hours of Spa at Circuit de Spa-Francorchamps.
8.30 PM **MLB: Off the Bat**
9.00 LIVE **MLB Cleveland Guardians v Houston Astros.** Coverage of the American League match. Start-time is at 9.10pm.
12.15 AM **Cycling** Recent highlights.
3.15 **French Open Tennis**
5.45 **to 6.00** AM **Training Day**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
7.00 **Transworld Sport** Magazine.
8.00 **NASCAR Highlights**
9.00 **Ultimate Karting Championship**
10.00 **DTM Highlights**
11.00 **PSA Squash Highlights**
12.00 NOON **Top 14 Rugby Union Highlights** Recent action.
12.30 PM **British Minibikes**
2.30 **Transworld Sport** Magazine.
3.30 **URC in 60** Quarter-finals.
4.30 LIVE **United Rugby Championship** Coverage of the opening semi-final.
7.15 LIVE **United Rugby Championship** Coverage of the second semi-final.
10.00 **Sporting Greats**
11.00 **United Rugby Championship** A replay of the first semi-final.
1.00 AM Another chance to see the second semi-final.
3.00 **Sporting Greats**
4.00 **Euro Le Mans Highlights**
5.00 **to 6.00** AM **World Surf League**

Premier Sports 2

420 552

6.00 AM **Swedish Speedway**
8.00 **NHL Ice Hockey**
10.00 **United Rugby Championship**
12.00 NOON **GP Confidential**
12.30 PM **FastZone** Motorsports.
1.00 **United Rugby Championship** A replay of Glasgow Warriors v Stormers in the first quarter-final.
3.00 **CONMEBOL World Cup Qualifiers** Ecuador v Brazil.
5.00 **GP Confidential** F1 news.
5.30 **Top 14 Rugby Union** Another chance to see Toulon v Bordeaux.
7.30 **Top 14 Rugby Union Highlights**
8.00 LIVE **Top 14 Rugby Union** A match in the French top flight.
10.00 **Temples of Sport**
10.30 **Bike World** Magazine.
11.00 **Top 14 Rugby Union** Action from the French top flight.
1.00 AM LIVE **NHL Ice Hockey** Coverage of a play-off match.
4.00 **Bike World** Magazine.
4.30 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Lewis's Secret Cinema**
6.30 **Formula 1** Spanish Grand Prix.
9.00 **The F1 Show** A race preview.
10.00 **Formula 1** Monaco Grand Prix.
12.00 NOON **F1 Features**
12.50 PM LIVE **Ferrari Challenge** The Coppa Shell category in Brno.
1.50 **72 Hours with Jack Doohan**
2.05 LIVE **Ferrari Challenge** The Trofeo Pirelli category in Brno.
3.05 **Jenson & the FW22: Extended**
3.20 LIVE **Ferrari Challenge** The Coppa Shell category in Brno.
4.15 **72 Hours with Jack Doohan**
4.30 **Formula 1** Monaco Grand Prix.
6.55 **F1 Features**
7.30 **Formula 1** Monaco Grand Prix.
8.30 **GB3 Championship Highlights**
9.30 **Ferrari Challenge Europe**
12.25 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

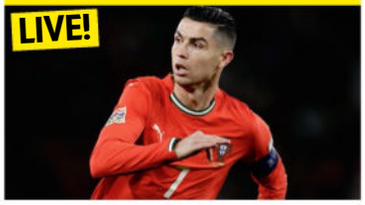
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

8 June

Evening Planner

Football



Nations League Final

ITV1, kick-off 8pm

Tonight's showpiece final will see Germany or Portugal play either defending champions Spain or France.

Documentary

Ocean with David Attenborough

National Geographic, 8pm & Disney+

The naturalist talks about how important the Earth's waters are for our future.

Drama

The Gold

BBC1, 9pm (box set, BBC iPlayer)

Detective Brian Boyce (Hugh Bonneville) casts the net further afield as the heist drama returns for a second series.

Documentary

Our Guy in Vietnam

C4, 9pm

In the concluding episode, Guy Martin learns more about how the communist state is preparing for a high-tech future.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.20 Antiques Roadshow		8.20 Death Valley	9.00 The Gold		10.00 News	10.30 Film: Four...
	102 BBC2	‹ 6.30 Amazing...	7.30 Top Gear: India Special			9.00 Imagine: Mel Brooks – Unwrapped		10.15 David Bowie: Cracked Actor	
	103 ITV1	‹ 6.30 The 1%... †	7.30 UEFA Nations League Final – Live: Coverage of the showpiece match (Kick-off 8.00)						10.30 News
	104 CHANNEL 4	7.00 The Great Celebrity Bake Off for Stand...		8.00 Our Yorkshire Shop: A Victorian...		9.00 Our Guy in Vietnam		10.00 The Handmaid's Tale	
	105 5	‹ 6.35 70s & 80s Kitchen: Everything We...		8.00 Summer in the Scilly Isles		9.00 Cause of Death		10.00 Police: Suspect No 1	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Conquest of the...		9.00 Film: Beverly Hills Cop			
ENTERTAINMENT	115 BBC3	7.00 EastEnders		8.00 Dubai Hustle		9.00 I Kissed a Boy		9.50 Love, Victor	
	116 BBC4	7.00 T20 Cricket	7.30 Vienna Philharmonic: Spring in Paris			9.00 The Many Faces of Alison Steadman		10.15 Second City Firsts: Girl	
	118 ITV2	‹ 6.05 Film: Men in Black 3		8.10 Film: Legally Blonde				10.05 Family Guy	
	136 MORE4	‹ 6.50 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons				9.00 Rick and Morty		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.15 House of the Dragon				9.00 True Detective		10.05 The Wire	
	110 U&GOLD	‹ 6.55 Only Fools and Horses			8.25 Dad's Army: The...	9.00 Only Fools and Horses			
	111 U&DAVE	7.00 Border Force: America's Gatekeepers		8.00 Have I Got a Bit More News for You				10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Doc Martin				10.00 Vera	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 River Monsters		9.00 Isle of Man TT		10.00 Film: The Equalizer	
	112 COMEDY CENTRAL		7.15 Film: Paul Blart: Mall Cop 2			9.00 Film: My Big Fat Greek Wedding 2			
	139 SKY SCI-FI	7.00 Stargate Universe							
	113 SKY MAX	7.00 Agatha Raisin				9.00 Rob & Romesh vs Strongman		10.00 The Force: North East	
	109 U&ALIBI	7.00 Hudson & Rex		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS	‹ 5.30 Bee Gees: One Night...	7.40 Film: Sherlock Holmes and The Scarlet Claw			9.00 Classic Movies: The Story of Billy Liar		10.00 The Agatha Christie Hour	
	132 U&W	7.00 Inside the Ambulance				9.00 Inside the Operating Theatre			
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Alaska: Homestead Rescue				10.00 Kindig Customs	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Do Animals Do That?		9.00 Crikey! It's the Irwins		10.00 Alaska Monsters	
	129 NAT GEO	7.00 Legend of the Giant Squid		8.00 Ocean with David Attenborough			9.45 OceanXplorers		10.30 Science of...
	123 SKY HISTORY	7.00 Instruments of Death				9.00 I Saw It: Bigfoot and Beyond			
	155 U&YESTERDAY	7.00 'Allo 'Allo!		8.05 Burma with Simon Reeve		9.05 Bangers & Cash			
	121 SKY DOCS	7.00 Pee-wee as Himself				9.00 Elizabeth Taylor: The Lost Tapes			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Your Monster		8.00 Venom: The Last Dance				10.00 Exhibiting Forgiveness	
	302 SUPERHEROES	‹ 5.45 Shazam!		8.00 Aquaman					10.25 Aquaman and the...
	303 BLOCKBUSTERS	‹ 5.00 The Lord of the Rings: The...		8.00 8 Mile				9.55 Bad Boys	
	304 GREATS	‹ 5.55 The Man Who Knew Too Much		8.00 The Private Life of Sherlock Holmes				10.10 Ghost	
	305 ANIMATION		7.25 The Lego Ninjago Movie			9.15 The Garfield Movie			
	306 FAMILY	‹ 5.35 Hook		8.00 Cats & Dogs: The Revenge of Kitty Galore			9.30 Ride On		
	307 ACTION	‹ 5.30 Man of Steel		8.00 Superman Returns					
	308 PITCH PERFECT	7.00 Pitch Perfect 3			8.35 Pitch Perfect				10.30 Pitch Perfect 2
	309 THRILLER	‹ 6.20 Retribution		8.00 Ocean's Twelve				10.15 Chinatown	
	310 DRAMA	‹ 5.20 Oh! What a Lovely War		8.00 Valentine's Day				10.10 Young at Heart	
	311 SCI-FI	‹ 6.00 Terminator Salvation		8.00 Dune: Part Two					
	313 FILM4	‹ 6.40 Hunter Killer				9.00 Peppermint			
SPORT	401 MAIN EVENT	‹ 6.30 PGA Tour Golf – Live: The RBC Canadian Open							
	402 PREMIER LEAGUE	7.00 David James: The One and Only			8.30 Gary Neville's Soccerbox			10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 SPFL: Old Firm...	7.30 SPFL...	8.00 SPFL Greatest Games					
	404 CRICKET	7.00 One-Day International Cricket						10.00 The Boy From...	10.30 Talking Cricket
	410 TNT SPORTS 1	‹ 6.30 Miracle of...	7.30 PL Stories	8.00 World Rally...	8.30 SailGP – Live: The second day of the sixth round of the season			10.00 Roland Garros	
	411 TNT SPORTS 2	‹ 6.30 MLB – Live: New York Yankees v Boston Red Sox (Start-time 6.35)						10.00 Women's Cycling World Tour	

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **A Celebration for Pentecost** (S)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Points of View** New edition (S)
2.05 **Walking with Dinosaurs** (S)(R)(AD)
2.55 **Zog** Animation. (S)(R)(AD)
3.20 **Zog and the Flying Doctors** (S)(R)
3.45 FILM **The Secret Life of Pets 2** Animated adventure sequel. (S)(AD) (2019, U, 80min) ★★★
5.05 **BBC News** (S)
5.20 **Local News** (S)
5.30 **Countryfile** New edition Matt Baker and Margherita Taylor are in Herefordshire to explore the latest innovations in agriculture. (S)

8.20 Death Valley

6 PM

6.30 **Walking with Dinosaurs** New edition 3/6. In Utah, 130 million years ago, a band of dinosaurs battle to reach adulthood, pursued by some of the most formidable predators that have ever lived. (S)(AD)
■ Entire series on BBC iPlayer

7 PM

7.20 **Antiques Roadshow** At Brodie Castle in Morayshire, Fiona Bruce meets a Highland Games commentator who has brought along items including a shot put, a hammer and a brooch presented by Queen Victoria in 1848. (S)(R)

8 PM

8.20 **Death Valley** New episode 3/6. Janie is tasked with solving the murder of the best man the night before a wedding. (S1) (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 NEW SERIES **The Gold** 1/6. Return of the crime drama inspired by the 1983 Brink's-Mat gold robbery. Stars Hugh Bonneville. *See feature, page 6.* (S2) (S)(AD)
■ Continues on Tuesday

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 FILM **Four Weddings and a Funeral** Romantic comedy starring Hugh Grant and Andie MacDowell. An inveterate wedding-goer who fights shy of tying the knot himself becomes smitten with a beautiful and elusive American. With Kristin Scott Thomas, Simon Callow, James Fleet and John Hannah. (S)(AD) (1994, 15, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.25 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **A to Z of TV Gardening** (S)(R)
7.05 **Countryfile** (S)(R)
8.00 **Beechgrove Garden** (S)(R)
8.30 **Weatherman Walking: The Welsh Coast** (S)(R)
9.00 **Landward** New edition (S)
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **Mary Berry: Cook & Share** (S)(R)
11.30 **This Farming Life** (S)(R)
12.30 PM FILM **This Beautiful Fantastic** Drama with Jessica Brown Findlay. (S) (2016, PG, 90min) ★★★
2.00 FILM **Julius Caesar** Shakespeare adaptation starring James Mason. (S) (1953, b/w, U, 120min) ★★★
4.00 **Rome's Invisible City** (S)(R)(AD)
5.00 **Clive Myrie's Italian Road Trip** 11/15. Clive visits Barga. (S)(R)
5.30 **Race Across the World** 7/9. The teams head for Panaji. (S)(R)(AD)

12.30 This Beautiful Fantastic

6.30 **Amazing Hotels: Life Beyond the Lobby** Monica Galetti and Rob Rinder arrive at Borgo Egnazia in Puglia, a hotel that has been built to look like a 200-year-old Italian village. (S)(R)(AD)

7.30 **Top Gear: India Special** Jeremy Clarkson, Richard Hammond and James May set out to boost the British economy by embarking on a trade mission to India. Equipped with three old British cars and a range of uniquely British products, they set off on an epic road trip across one of the world's most fascinating and challenging countries, devotedly promoting Britain – with distinctly mixed results. (S)(R)

9.00 **Imagine: Mel Brooks – Unwrapped** The late Alan Yentob travels to Hollywood to interview Mel Brooks in the year of his 91st birthday, profiling his extensive career in comedy, and observing him at work and play. (S)(R)

10.15 **David Bowie: Cracked Actor** Alan Yentob's documentary, originally shown as part of *Omnibus* in 1975, following David Bowie across America on his 1974 *Diamond Dogs* tour. (S)(R)

11.10 **Salman Rushdie: Through a Glass Darkly** (S)(R)(AD)
12.15 AM **Imagine: Diana Athill – Growing Old Disgracefully** (S)(R)
1.15 **Imagine: Tom Stoppard – A Charmed Life** (S)(R)
2.50 **Ella Fitzgerald at Ronnie Scott's** A performance from 1974. (S)(R)
3.35 **Ella Fitzgerald's Other Show** A show from 1974. (S)(R)
4.15 **Sign Zone: Question Time** (S)(R)
5.15 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **In for a Penny** (S)(R)(AD)
6.30 **James Martin's Saturday Morning** With Carly Paoli. (S)(R)
8.25 **Katie Piper's Weekend Escape** New edition With Joe Wicks. (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** (S)(R)
11.25 **Jeremy Pang's Hong Kong Kitchen** New edition (S)(AD)
12.25 PM **ITV News** (S)
12.40 **Alan Titchmarsh's Gardening Club** Errol Reuben Fernandes visits a unique Berkshire garden. (S)(R)
1.40 FILM **Jumanji** Comic fantasy starring Robin Williams. (S)(AD) (1995, PG, 120min) ★★★★
3.40 FILM **You Only Live Twice** James Bond adventure starring Sean Connery and Donald Pleasence. (S)(AD) (1967, PG, 140min) ★★★

1.40 Jumanji

6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **The 1% Club for Soccer Aid** Lee Mack hosts a special edition of the quiz show, with 100 sports stars and celebrities competing for the chance to win up to £100,000 for charity. (S)(R)(AD)

7.30 LIVE **International Football: Nations League Final** Mark Pougatch presents coverage of the showpiece match, which sees Germany or Portugal face Spain or France at Allianz Arena in Munich. Spain won this tournament two years ago, defeating Croatia on penalties in the final after Unai Simón saved from Lovro Majer and Bruno Petkovic. They have since won Euro 2024 and went into the semi-finals looking for yet another title. With analysis from Karen Carney and Guillem Balague, and commentary by Seb Hutchinson and Andros Townsend. Kick-off is at 8.00. (S)

10.30 **ITV News** (S)
10.50 NEW TO ITV1 **Love Island: A Decade of Love** Memorable contestants from the past decade of the show reunite as they reflect on unforgettable moments and look back at previously unseen audition clips. *Previously on ITV2.* (S)
12.15 AM **Teleshopping**
3.00 **Motorsport UK** Action from Donington Park, including the Porsche Carrera Cup Great Britain and the Wera Tools F4 British Championship. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.05 AM **Cheers** 9-12/22. (S7) (S)(R)
8.00 **Frasier** 16&17/25. (S11) (S)(R)(AD)
8.55 **Bake Off: The Professionals** (S)(R)
10.00 **Sunday Brunch** New edition With Tim Peake, Ben McKenzie, Sian Gibson and Professor Green. Plus, music from Yungblud. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
3.00 **Four in a Bed** This contest begins at Blackfriars in Inverness. (S)(R)
3.30 A visit to the Bogenraith House in Aberdeenshire. (S)(R)
4.00 A visit to Cairngorms Glamping in Aberdeenshire. (S)(R)
4.30 The B&B owners head to the Lovat Hotel in Perth. (S)(R)
5.00 Payment day arrives. (S)(R)
5.30 **Stacey Solomon's Renovation Rescue** In Cambridgeshire, Stacey helps a couple to transform their characterless home. (S)(R)(AD)

8.00 Our Yorkshire Shop

6.30 **News** (S)

7.00 **The Great Celebrity Bake Off for Stand Up to Cancer** Joe Locke, the Rev Richard Coles, Adam Hills and Sara Cox take on biscuits and pastry, and recreate their best friend for their Showstopper. (S)(R)

8.00 NEW SERIES **Our Yorkshire Shop: A Victorian Restoration** Documentary exploring plans to restore a derelict grocer's shop in Masham in a bid to revitalise the town. (S)(AD)

9.00 **Our Guy in Vietnam** Series finale 2/2. Guy Martin explores Vietnam's fields and factories to see how the single-party state is also becoming an industrial powerhouse. (S)(AD)
■ Entire series on C4 Streaming

10.00 **The Handmaid's Tale** New episode *Surprise:* 6/10. June hides out in an unexpected place. (S6) (S)(AD)
10.55 FILM **A Time to Kill** Courtroom drama starring Matthew McConaughey and Samuel L Jackson. (S)(AD) (1996, 15, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.35 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.25 NEW **Iris Prize Best British Shorts** *Sister Wives.* (S)
2.55 **Sunday Brunch Best Bits** (S)(R)
3.00 **The Simpsons** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **22 Kids & Counting** Sue is about to give birth to their 22nd child just as the nation goes into lockdown. (S)(R) **10.10** Chloe faces a medical emergency. (S)(R) **11.05** Sue sets her sights on buying a motorhome. (S)(R)
12.10 PM **Million Pound Motorhomes** Jenny Powell and her family head to the Lake District. (S)(R) **1.00** An author embarks on a research trip. (S)(R)
2.00 LIVE **Cricket: T20I** England v West Indies: The second T20 in the three-match series, held at Seat Unique Stadium, Bristol. Play starts at 2.30pm. (S)

8.00 Summer in the Scilly Isles

6.30 **News** (S)
6.35 **70s & 80s Kitchen: Everything We Loved & Lost** Nostalgic show charting the transformation of the British kitchen. TV chefs including Phil Vickery and Ken Hom, along with design experts and historians, reveal the trends and social changes that shaped the look and design of kitchens. (S)(R)
8.00 **Summer in the Scilly Isles** Series finale 4/4. A couple arrive in St Mary's to get married, and divers explore the wreck of a 17th-century East India Company ship in search of treasures. (S)
9.00 **Cause of Death** Dr James Adeley and his team examine the death of a man who was found dead in local woods, just days after being arrested due to a domestic incident. (S)(R)
10.00 **Police: Suspect No 1** Detectives investigate when a man is found in the early hours badly beaten at the side of the road with facial injuries and little recollection of what happened. (S)(R)
11.05 **The Killing Spree: Hunting Joanne Dennehy** The story of the female serial killer. (S)(R)
12.35 AM **999: Police Hour of Duty**
1.30 **Car Pound Cops** (S)(R)
2.00 **PlayOJO Live Casino Show** (S)
4.00 **Friends** (S)(R)
4.45 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **The Pingu Show** (S)(R)
6.30 **Lego City Adventures** (S)(R)
6.45 **Let's Game** (S)(R)
7.05 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** Four episodes of the comedy, including at: **11.30** 1/26. Michael regrets starting a rumour. (S6) (S)(R)
12.00 NOON **Hawaii Five-0** 21/25. Kono's husband Adam escapes from prison. (S)(R) **1.00** PM 22/25. A student is kidnapped. (S6) (S)(R)
2.00 LIVE **International T20 Cricket** England v West Indies: Coverage of the second T20 in the three-match series, held at Seat Unique Stadium, Bristol. Play starts at 2.30pm.

9.00 Beverly Hills Cop

6.30 **Soaring to Life: The Making of How to Train Your Dragon** The process behind the creation of the live-action remake of the 2010 animated fantasy film. (R)
7.00 **The Simpsons** *Milhouse Doesn't Live Here Anymore:* Milhouse moves away from Springfield. (S)(R) **7.30** *Bart-Mangled Banner:* Bart accidentally moons the American flag. (S)(R)
8.00 **David Attenborough's Conquest of the Skies** 1/3. Examining creatures capable of flight, looking at a descendant of the dragonfly, the Atlas beetle and the blow fly. (S)(R)(AD)
9.00 FILM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold, John Ashton and Ronny Cox. (S) (1984, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.00 **And Just Like That...** 2/12. Comedy drama starring Sarah Jessica Parker. (S3) (R)
12.00 M'T **Brassic** 2/8. Chinese Dan agrees to give his retired racing greyhound to Cardi, and the gang spot a money-making opportunity. (S4) (S)(R)(AD)
1.00 AM **The Force: North East** (R)
2.00 **Road Wars** Double bill. (S)(R)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **12.30-1.00pm** Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **2.05pm** A to Z of TV Gardening (S)(R) **2.25** Zog (S)(R)(AD) **2.50** Zog and the Flying Doctors (S)(R)(AD) **3.15** FILM The Secret Life of Pets 2 (S)(AD) (2019, U, 80min) ★★★ **4.35-5.05pm** Best of Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
5.00-5.30pm SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Nôl i'r Gwersyll **10.00** Garddio a Mwy **10.30** Cynefin **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Ralio: Pencampwriaeth Rali'r Byd 2025 **1.30pm** Y Fets **2.30** Y Sin (AD) **3.00** Am Dro! (AD) **4.00** Yr Ynys **5.05** Darn Bach o Hanes (AD) **5.35** Ffermio **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Hafiach (AD) **8.00** Joe Allen: y Chwiban Olaf **9.00** Radio Fa'ma (AD) **10.00** Dylan ar Daith **11.00-11.35pm** Bois y Rhondda

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Kathy persuades Peter to make amends with Lauren. **7.30** Kat and Alfie celebrate their joint stag and hen party.
8.00 **Dubai Hustle** Natasha and Eddie clash over a client. **8.30** Charlie catches wind of Eddie and Natasha's drama.
9.00 **I Kissed a Boy** New edition 9/10. It is the final Kiss-Off and emotions are high as the boys must decide whether to turn for their partner and commit to a relationship back home or call time on their summer of love.
9.50 **Love, Victor** 9/10. Victor opens up to his friends. **10.20** 10/10. Victor takes Mia to the Spring Fling. (S1)
10.50 **Bad Education** 5/6. (S5)
11.20 **Glow Up: Britain's Next Make-Up Star**
12.20 AM **Dubai Hustle**
1.20 **Bad Education**
1.50 **Donkey** Short comedy.
2.05 **I Kissed a Boy**
2.55 **to 3.55** AM **Doctor Who: Unleashed – 20 Years in Wales**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** Five editions of the culinary contest from Cardiff.
6.15 **Four in a Bed** The first visit of the week is to The View in Tynemouth, where guests are less than happy to be sharing a bathroom. **6.50** The best-value B&B contest continues at Northern Hotel in Angus. **7.25** The third visit of the week is to the Kirkstyle Inn in Dunning, Perth.
7.55 **Four in a Bed** The week's final visit is to Hazeldene Guest House in Perth. **8.25** Payment day arrives.
9.00 **999: On the Front Line** New edition Paramedics are called out to a woman who got tangled up in her dogs' leads, leaving her lapsing in and out of consciousness on her 45th wedding anniversary.
10.00 **24 Hours in A&E** A man is airlifted to St George's after being involved in a high-speed collision.
11.05 **Super Surgeons: A Chance at Life** An aspiring midwife may need to have her arm amputated to remove a tumour.
12.10 AM **999: On the Front Line** Medical documentary.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **International T20 Cricket** England v West Indies: Highlights from the second T20 of the series, at Seat Unique Stadium, Bristol.
7.30 NEW **Vienna Philharmonic: Spring in Paris** A performance by the celebrated orchestra.
9.00 **The Many Faces of Alison Steadman** The actor reminisces about her career.
10.00 NEW **Alison Steadman Remembers... Girl** The actor reflects on the drama.
10.15 **Second City Firsts: Girl** Drama from 1974, starring Alison Steadman. Just as she is about to leave the army, Jackie has an encounter with an old lover.
10.50 **Gateways Grind: London's Secret Lesbian Club** The history of a little-known King's Road nightclub.
11.50 **They All Came Out to Montreux** Documentary.
2.25 AM **The Many Faces of Alison Steadman**
3.25 **to 3.55** AM **Second City Firsts: Girl**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Don't Tell the Bride**
8.15 **Ramsay's Kitchen Nightmares USA**
9.20 **Ramsay's Hotel Hell**
12.30 PM **The Big Bang Theory**
3.00 FILM **Shrek Forever After** Animated comedy sequel with the voice of Mike Myers. (2010, U, 93min) ★★★★
4.50 FILM **The Simpsons Movie** Animated comedy spin-off featuring the voice of Dan Castellaneta. (2007, PG, 83min) ★★★★★
6.35 **The Simpsons** Five episodes, including at: **8.00** *El Viaje Misterioso de Nuestro Jomer (The Mysterious Voyage of Our Homer):* An overdose of spicy food causes Homer to experience hallucinations. **8.30** *Mathlete's Feat:* Lisa joins a maths quiz team.
9.00 **Rick and Morty** New episode 2/10. Space Beth needs a hand at work. **9.30** 1/10. Rick tries disciplining the kids. (S8)
10.00 **Gogglebox** Opinions on *The Great British Bake Off, Vigil* and *Changing Rooms.*
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 **Naked Attraction**
2.15 **Ramsay's Hotel Hell**
3.05 **Gogglebox**
4.00 **The Goldbergs**
4.25 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Border Security: Canada's Front Line**
6.30 **Send in the Dogs**
7.30 **Caught Red Handed**
12.00 NOON **Caught on Dashcam** Road disasters captured on video by dashboard cameras.
1.00 PM **Border Patrol** Double bill of the documentary series following the work of the New Zealand customs agents.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.

9.00 Fire Country

7 PM **7.00 Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM **8.00 Caught on Dashcam** Outrageous road disasters captured by drivers' dashboard cameras.

9 PM **9.00 Fire Country** *Two Pink Lines:* 12/22. The team battle a monstrous fire that erupts after a plane crash. (S1)

10 PM **10.00 The Rookie** *The Shot:* 1/18. John and the team continue the hunt for two dangerous escaped inmates. (S7)

11.00 **FBI: International** (S2)
12.00 M'T **Bull** 9/16. (S5)
1.00 AM **Chicago Fire** 9/13. (S12)
2.00 **Elsbeth** New episode 5/20. With Jack Davenport. (S2)
3.00 **The Good Doctor** 6/18. (S5)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **White House Plumbers**
11.00 **House of the Dragon** Seven episodes, including at: **1.30** PM 3/8. Daemon arrives at Harrenhal to raise an army. **2.45** 4/8. Cole mounts a campaign in the Crownlands. **3.50** 5/8. Daemon enlists Lord Willem Blackwood's help. **5.00** 6/8. Daemon's unease grows, and Aemond takes steps to reshape the Green Council. **6.15** 7/8. Daemon puts pressure on Oscar Tully to raise up his bannermen. (S2)

9.00 True Detective

7.35 House of the Dragon *The Queen Who Ever Was:* 8/8. As Aemond becomes more volatile, Larys plots an escape and Rhaenyra looks to press home her advantage. (S2)

9.00 True Detective *Who Goes There:* 4/8. Dora's ex-husband gives the duo a new lead in their search for Reggie Ledoux. (S1)

10.05 The Wire *Not for Attribution:* 3/10. Marlo offers a reward for information on Omar's whereabouts. (S5)

11.10 **The Staircase** 3/8. (S1)
12.20 AM **Succession** 3&4/10. (S1)
2.25 **The Leftovers** 8/10. Kevin fears he is losing touch with reality. (S1)
3.25 **The Outsider** 6/10. (S1)
4.25 **In Treatment** (S2)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **SEAL Team** 12-14/22. (S1)
9.00 **S.W.A.T.** 8-10/21. (S3)
12.00 NOON **Hawaii Five-0** (S6)
2.00 PM **Grimm** 15/22. Renard has a disturbing dream. **3.00** 16/22. A Wesen preys on men attracted to her. **4.00** 17/22. A Wesen leaves its murder victims frozen solid. **5.00** 18/22. The spirit of a Native American inhabits the body of a teenager. (S4)
6.00 **Football's Funniest Moments**
6.30 **Soaring to Life: The Making of How to Train Your Dragon**

7.00 Agatha Raisin

7.00 Agatha Raisin *The Wizard of Evesham – Part One:* 1/6. The sleuth's hairstylist becomes the centre of a mystery.

8.00 Agatha Raisin *The Wizard of Evesham – Part Two:* 2/6. Agatha digs into her charming hairstylist's supposed crimes. (S2)

9.00 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

10.00 The Force: North East Police officers are on high alert as rival football fans gather at the Stadium of Light.

11.00 **The Force: North East** The hunt is on for a missing boy.
12.00 M'T **Brassic** 2/8. Chinese Dan agrees to give his retired racing greyhound to Cardi, and the gang spot a money-making opportunity. (S4)
1.00 AM **The Force: North East**
2.00 **Road Wars** Double bill.
4.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
9.00 **Gordon Ramsay's Food Stars USA** Double bill of editions.
10.55 **Deal or No Deal**
12.55 PM **Deal or No Deal: Celebrity Special**
1.55 **Celebrity Wheel of Fortune**
3.00 **Celebrity Catchphrase**
4.00 **FILM Casper** Fantasy comedy starring Christina Ricci. (1995, PG, 96min) ★★★★
6.05 **FILM Men in Black 3** Action comedy sequel starring Will Smith and Tommy Lee Jones. (2012, PG, 105min) ★★★★

6.05 Men in Black 3

FILM Men in Black 3 (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.10 FILM Legally Blonde Comedy starring Reese Witherspoon as a seemingly ditzy blonde who enrols at Harvard Law School and proves she is anything but dumb. With Luke Wilson. (2001, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Family Guy 15/23. Peter and Quagmire help Mort. **10.35** 9/23. Lois looks for a retirement community for her father. (S10)

11.05 **Family Guy** 10/23. Meg starts a relationship with oversexed neighbour Quagmire. (S10)
11.35 **American Dad!** (S8&7)
12.35 AM **Bob's Burgers** 3/22. (S13)
1.05 **Iain Stirling's CelebAbility**
1.50 **Count Abdulla** (S1)
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.00 **Wycliffe** Double bill.
9.15 **FILM Carry On Up the Khyber** Comedy with Kenneth Williams. (1968, PG, 85min) ★★★★
11.15 **Agatha Christie's Poirot**
12.20 PM **Downton Abbey** Five episodes, including at: **3.55** 4/9. Carson reveals details about his former life. **4.55** 5/9. Isobel appeals to Violet's sense of charity. (S4)
6.00 **Midsomer Murders** *Till Death Do Us Part:* Tragedy strikes at a family friend's wedding.

8.00 Doc Martin

Midsomer Murders (started at 6.00pm)

8.00 Doc Martin *Cats and Sharks:* 7/8. Bert struggles to come up with the money to repay Alastair and Norman Tonken.

9.00 Doc Martin *Ever After:* 8/8. Mrs Tishell decides she can no longer hide her love for Martin and takes drastic action. (S5)

10.00 Vera *The Rising Tide:* DCI Vera Stanhope investigates when a mysterious death occurs on Holy Island.

11.50 **Agatha Christie's Poirot** *Triangle at Rhodes:* A flirtatious wife is killed at the Rhodes hotel where Poirot is staying, but he quickly deduces there is more to the case.
12.55 AM **The Tower** 1&2/4. (S2)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Repair Shop on the Road** Dominic Chinea and Will Kirk visit the Scottish Boat Building School.
8.00 **Paramedics on Scene** An elderly woman has suffered a nasty fall while walking her dog.
9.00 **Rise of the Clans** 1/3. Neil Oliver examines the history of Scotland's ancient clans.
10.00 **Still Game** 6/6. Jack and Victor are shocked by a surprise visitor. (S1)
10.30 **Scot Squad** 5/6. McKirdy is starstruck when he responds to an incident involving Michelle McManus. (S2)
11.00 **The Sunday Show** The main issues from the world of politics.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S2)
10.25 **Entourage** (S3&4)
1.10 PM **Barry** 5-7/8. (S1)
3.10 **Ballers** 1-5/10. (S3)
6.30 **The Office (US)** 26/28. Staff members take liberties with their casual Friday attire. **7.00** 27/28. Phyllis is taken aback by Bob's new secretary. **7.30** 28/28. Michael and Holly are reunited at a company picnic. (S5) **8.00** 1/26. Michael regrets starting a rumour. **8.30** 2/26. Michael worries after David Wallace and Jim have a private meeting. (S6)
9.00 **Rose Matafeo: On and On and On**
10.10 **Veep** 1&2/8. (S1)
11.30 **And Just Like That...**
12.30 AM **Nikki Glaser: Someday You'll Die**
1.40 **Sex and the City** (S5)
3.00 **Ballers** 6/10. (S3)
3.40 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Happy Days Are Here Again**
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Buster Keaton: The Genius Crushed by Hollywood**
2.00 **Otis Rush & Friends: Live at Montreux**
4.00 **Opry Live**
5.00 **Music Icons**
5.30 **Bee Gees: One Night Only** From 1997.
7.40 **FILM Sherlock Holmes and The Scarlet Claw** Classic mystery. (1944, b/w, PG, 74min) ★★★
9.00 **Classic Movies: The Story of Billy Liar**
10.00 **Agatha Christie Hour**
11.00 **National Theatre Live: Frankenstein** Horror.
1.05 AM **Isle of Wight Festival 2023**
3.05 **The Ronnie Wood Show**
3.45 **Music Icons**
4.10 **The Great Songwriters**
5.05 **to 6.00** AM **Discovering**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **Silly Animals**
8.15 **Play Your Pets Right**
8.25 **Trolls: Trollstopia**
8.45 **Alvinnn!!! and the Chipmunks** Animation.
9.00 **UK Border Force**
12.00 NOON **Stop, Search, Seize** Documentary.
1.00 PM **Caught Red Handed**
3.00 **Nothing to Declare**
5.00 **Stop, Search, Seize**
6.00 **Caught Red Handed**
8.00 **NCIS: Los Angeles** *Down the Rabbit Hole:* 21/22. Callen falls for a trap set by Katya. **9.00** *Come Together:* 22/22. Kensi and Deeks receive news regarding the adoption. (S13)
10.00 **Britain's Most Evil Killers** Colin Campbell.
11.00 **Snapped** Documentary.
12.00 M'T **Caught on Dashcam**
1.00 AM **Send in the Dogs**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Be

131/132 125 119 28 119 22

6.00 AM **Unwind**
6.25 **The Only Way Is Essex**
7.35 **Buying the View**
8.05 **Olivia Meets Her Match**
9.55 **Dinner Date**
12.55 PM **The Real Housewives Ultimate Girls' Trip** Four editions.
4.50 **Dermot O'Leary's Taste of Ireland**
5.50 **FILM While You Were Sleeping** Comedy starring Sandra Bullock and Bill Pullman. (1995, PG, 103min) ★★★★
8.00 **FILM Dirty Dancing** Romantic musical drama starring Patrick Swayze as a dance instructor at a stuffy Catskills resort who teaches a teenager about life and love. (1987, 12, 96min) ★★★★
10.00 **The TOWIE Years**
1.05 AM **Ferne McCann: First Time Mum**
5.35 **to 6.00** AM **Backyard Builds**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the drama, including at: **7.00** *Weave a Tangled Web:* Jessica encounters a Cabot Cove citizen leading a double life. **8.00** *The Search for Peter Kerry:* A missing heir makes a sudden reappearance.
9.00 **NEW Aurora Teagarden Mysteries: Haunted By Murder** Crime drama starring Candace Cameron Bure.
10.55 **Aurora Teagarden Mysteries: How to Con a Con** Crime drama.
12.50 AM **The New Avengers**
1.50 **The Avengers** (S5)
3.00 **Randall and Hopkirk (Deceased)** 15/26. (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Minder**
7.00 **Motorsport Mundial**
7.30 **Auto Mundial**
8.00 **British Rally Championship**
9.00 **Isle of Man TT**
11.00 **LIVE British Touring Car Championship** Steve Rider presents coverage of the fourth meeting of the campaign, which comes from Thruxton, featuring races 10, 11 and 12.
5.55 PM **The Motorbike Show** Henry Cole discovers the delights of riding in Cornwall.

8.00 River Monsters

7.00 **Cycling: Critérium du Dauphiné Highlights** Action from stage one, a 195.8km route from Domérat to Montlucon.

8.00 **River Monsters** Jeremy Wade journeys to a volcanic island where a fishing community is being terrorised.

9.00 **Isle of Man TT** Action from the second sidecar race, as the three-wheelers took to the famous course once again.

10.00 **FILM The Equalizer** Thriller starring Denzel Washington. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. (2014, 15, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Isle of Man TT**
1.30 **Minder**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM War of the Worlds: Annihilation** Sci-fi thriller. (2021, PG, 113min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi series, including at: **4.00** 7/26. The Ferengi claim the *Enterprise* as salvage. **5.00** 8/26. The crew take up leisure pursuits. (S6)
6.00 **Stargate Universe** 15/20. Rush is found in a coma in the neural interface chair. (S2)

11.00 Grimm

7.00 **Stargate Universe** *The Hunt:* 16/20. Lt Johansen and Corp Reynolds are kidnapped by an alien creature.

8.00 **Stargate Universe** *Common Descent:* 17/20. Scott, Eli, Wray and Greer discover a human settlement.

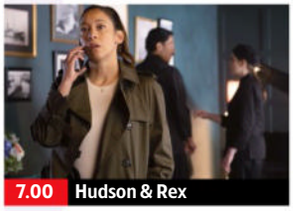
9.00 **Stargate Universe** *Epilogue:* 18/20. The team explore an abandoned planet caught in the throes of seismic destruction.

10.00 **Stargate Universe** *Blockade:* 19/20. Eli comes up with a risky solution to avoid detection by the drones. (S2)
11.00 **Grimm** 14/22. Nick and Hank stumble upon a terrifying Wesen disease. **12.00** M'T 15/22. A woman ages 70 years overnight. **1.00** AM 16/22. An evangelical preacher uses his Wesen identity to gain more believers. **2.00** 17&18/22. (S5)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown** Four episodes, including at: **3.00** PM *The Forensic Nun:* Sister Boniface is implicated in the murder of an artist.
4.00 **Sherlock** 1/4. London comes under threat of a huge terrorist attack. (S3)
6.00 **Hudson & Rex** 2/16. With the rest of the team racing to stop an illicit weapons sale, Rex witnesses a murder while stuck at home. (S7)



7.00 Hudson & Rex

7.00 **Hudson & Rex** New episode *Shuck Everlasting:* 3/16. Donovan tracks a marine smuggling operation. (S7)

8.00 **Death in Paradise** *Arriving in Paradise:* 1/8. First episode of the Caribbean detective drama, starring Ben Miller.

9.00 **Death in Paradise** *Wicked Wedding Night:* 2/8. Richard investigates when a bride is shot dead on her wedding day. (S1)

10.00 **Father Brown** *The Queen Bee:* The sleuthing priest investigates the death of a beekeeper. Guest stars Nigel Planer.
11.00 **Shakespeare & Hathaway: Private Investigators** (S2)
1.00 AM **Pretty Hard Cases** 5/12. An innocent teen is accused of shooting Gabrielle. (S2)
2.00 **Death in Paradise**
3.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **The Cockfields**
8.10 **Hi-de-Hi!** Ted and Spike act out the French Revolution. **8.50** Gladys finally agrees to marry Clive – but his family have other ideas.
9.25 **Only Fools and Horses**
12.45 PM **Only Fools and Horses** Four episodes, including at: **5.30** The final part of the Christmas 1996 trilogy. Raquel's father finds an old watch among the Trotters' junk, which he claims could net them a fortune at auction.

8.25 Dad's Army: The Lost...

6.55 **Only Fools and Horses** Christmas special from 2001. The brothers jet off to Monte Carlo five years after achieving their lifelong dream of becoming millionaires.
8.25 **Dad's Army: The Lost Episodes** Walker is called up to the regular army.

9.00 **Only Fools and Horses** Toothache forces Del Boy to visit the dentist, but the prospect of receiving a filling is the last thing on his mind when the receptionist falls for him.
10.50 **Billy Connolly Does...** The comic reveals the things he loves about showbiz.

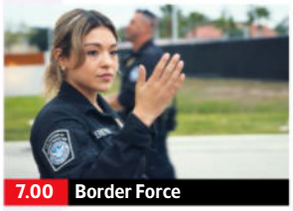
11.50 **Only Fools and Horses**
1.10 AM **The Cockfields** First episode of the comedy. **1.50** Everyone visits Aunty Rose in her nursing home. **2.20** Preparations for Simon's 40th birthday are in full swing.
3.00 **to 4.00** AM **The Two Ronnies**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Madagascar.
8.00 **Our Guy in China**
9.00 **Guy Martin's D-Day Landing**
11.00 **Top Gear** Double bill.
1.00 PM **Storage Hunters UK**
3.00 **Hairy Bikers' Best of British**
5.00 **Our Guy in China** Guy Martin examines Chinese innovation, technological development and manufacturing.
6.00 **Simon Reeve's South America** Simon visits a neglected indigenous neighbourhood in Brazil.



7.00 Border Force

7.00 **Border Force: America's Gatekeepers** New edition Officers at Eagle Pass intercept a driver smuggling narcotics.

8.00 **Have I Got a Bit More News for You** Actor David Tennant hosts the satirical quiz, with Jack Dee and Helen Lewis.

9.00 **Have I Got a Bit More News for You** Adrian Dunbar hosts the quiz, with guests Katherine Ryan and Tim Shipman.

10.00 **QI** With guests Sarah Millican, David Mitchell, the Rev Richard Coles.
10.40 **Mock the Week** With Maisie Adam, Angela Barnes and Rhys James.
11.20 **Mock the Week** With Felicity Ward and Catherine Bohart.
12.00 M'T **Live at the Apollo**
1.00 AM **Schitt's Creek**
2.50 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** Double bill.
4.00 **A Place in the Sun** Four editions, including at: **7.00** A couple seek a holiday home in France's Dordogne region.
8.00 **Secrets of Flying Scotsman** 2/2. Documentary about the famous train.
9.00 **Celebrity Gogglebox** Famous faces appraise the week's TV shows.
10.00 **Night Coppers** Annie and Jack try to move on some drunken revellers.
11.05 **FILM Transformers: Age of Extinction** Sci-fi adventure sequel starring Mark Wahlberg and Stanley Tucci. (2014, 12, 166min) ★★★
2.20 AM **999: On the Front Line** Documentary.
3.20 **24 Hours in A&E**
4.20 **to 4.50** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Blue Bloods**
4.00 PM **NCIS: Hawaii** Six episodes, including at: **6.00** *Rescuers:* 7/22. Jane and the team investigate a murdered navy petty officer. **7.00** *Legacy:* 8/22. An anti-capitalist protestor is murdered. **8.00** *Impostor:* 9/22. The team investigate a cold case involving World War Two-era bones. **9.00** *Lost:* 10/22. Tennant debates arresting Alex's friend's father. (S1)
10.00 **Law & Order: Special Victims Unit** *Bend the Law:* 19/22. Maxwell's husband becomes embroiled in an investigation. (S24)
11.00 **Law & Order: Special Victims Unit** (S24&25)
2.50 AM **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Traffic Cops**
12.00 NOON **Police Interceptors**
4.00 **Call the Bailiffs: Time to Pay Up** Five editions of the series, including at: **8.00** Chris and Gavyn track down a chef with an unpaid bill.
9.00 **999: Killer on the Line**
10.00 **A&E: Crash Scene Emergency** A man whose car was crushed underneath a tractor.
11.00 **Police 999: Clear & Present Danger**
12.00 M'T **Killer at the Crime Scene** Documentary.
1.00 AM **Casualty 24/7: Every Second Counts**
2.05 NEW SERIES **VC Andrews' Landry Family** 1/4. Drama with Raechelle Banno. Ruby Landry explores her curious family tree. (S1)
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.30 **Trucking Heavy**
11.30 **Trucking Hell**
12.35 PM **FILM Bend of the River** Western. (1952, PG, 92min) ★★★★
2.30 **FILM Day of Anger** Western starring Lee Van Cleef and Walter Rilla. (1967, 15, 95min) ★★
4.35 **FILM Dakota** Western adventure starring John Wayne. (1945, b/w, PG, 82min) ★★
6.20 **FILM The Man Who Shot Liberty Valance** Classic John Ford Western. (1962, b/w, U, 122min) ★★★★★
9.00 **Inside the Force 24/7**
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.30 **Air Crash: Disaster Revealed** Double bill.
1.30 AM **Motorway: Hell on the Highway**
3.25 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.15 **My Family** Six episodes.
3.15 PM **Outnumbered**
7.00 **Inside the Ambulance** A pensioner is involved in a domestic assault. **8.00** Paramedics help a woman who has suffered a violent seizure.
9.00 **Inside the Operating Theatre** A 15-year-old has four baby teeth that have not fallen out and need removing. **10.00** A seven-year-old has an operation to straighten her squint.
11.00 **The Shift: Women on the Force** Road Policing Officer Emma Bainbridge pursues a pack of dogs loose on a major A road. **12.00** M'T Chief Inspector Fiona Willey goes on the hunt for drug dealers.
1.00 **to 3.00** AM **Mysteries & Scandals** New editions

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
12.35 PM **Lark Rise to Candleford** Double bill.
3.15 **Catherine Cookson's The Glass Virgin** Drama starring Nigel Havers.
6.35 **Upstairs Downstairs** *The Fledgling:* 1/3. Drama starring Ed Stoppard and Keeley Hawes. (S1)
8.00 **Sister Boniface Mysteries** *A Beautiful World:* 7/10. Several glamorous door-to-door saleswomen arrive in Great Slaughter – bringing makeovers and murder with them. (S3)
9.00 **Silent Witness** *Familiar Faces:* An abandoned lorry is found with several dead and dying people in the back.
11.15 **The Chelsea Detective**
1.20 AM **Hamish Macbeth**
2.25 **The Chelsea Detective**
3.15 **to 4.00** AM **Birds of a Feather**

+1 hr 243 316 60 260

Sunday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** With children's author Sally Gardner.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family**
3.00 **A Place in the Sun**
7.00 **Long Lost Family** A woman from Somerset longs to find her twin sisters who were given up for adoption. **8.00** A woman wants to know the reasons behind her adoption, while a man searches for his brother given up after a wartime affair.
9.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

145 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** Quiz show.
1.00 PM **Richard Osman's House of Games**
3.00 **Through the Keyhole**
4.00 **Tenable** Five family members from Cornwall take part in the quiz. **5.00** Warwick Davis hosts as a family from Leeds take part.
6.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball.
7.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** With Geoff Hurst, Hayley Tamaddon, Gaby Roslin and Rob Beckett.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

GREAT! action

323 319 426 42 33

8.00 AM FILM **The Tall T** Western. (1957, PG) ★★
9.50 **Total War** Documentary.
11.15 **Wanted: Dead or Alive**
12.15 PM FILM **Cripple Creek** Western adventure. (1952, U, 77min) ★★
2.00 FILM **The Unforgiven** Western drama. (1960, PG, 125min) ★★★
4.35 FILM **The Texican** Western adventure. (1966, PG, 91min) ★★
6.30 FILM **Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★
9.00 FILM **Silverado** Western starring Kevin Kline and Kevin Costner. (1985, PG, 132min) ★★★
11.50 FILM **Bullet to Beijing** Espionage thriller sequel. (1995, 15, 101min) ★★
2.05 AM FILM **Deadly Voltage** Adventure. (2015, PG, 84min) ★★
3.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.10 AM FILM **Dead Lines** Thriller with Jeri Ryan. (2010, PG, 90min) ★★
11.10 FILM **Super Eruption** Action disaster movie. (2011, 15, 89min) ★★
1.10 PM FILM **Disaster Zone: Volcano in New York** Disaster drama. (2006, 12, 90min) ★★
3.10 FILM **Flight of the Phoenix** Adventure. (2004, 12, 113min) ★★★
6.10 FILM **Waterloo** Historical drama. (1970, U, 132min) ★★★
9.00 FILM **Escape Plan 2: Hades** Thriller sequel with Sylvester Stallone. (2018, 15, 96min) ★★
11.05 FILM **Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.10 AM **Coast Guard Alaska**
3.20 **Air Rescue**
4.00 **to 6.00** AM FILM **The Landlord** Thriller. (2017, PG, 94min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM FILM **Christmas with a View** Drama. (2018, PG, 91min) ★★
10.10 FILM **A Winter Princess** Drama. (2019, PG) ★★
12.00 NOON FILM **Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
2.00 PM FILM **Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
4.05 FILM **Christmas on 5th Avenue** Festive drama. (2021, PG, 90min) ★★
6.05 FILM **Christmas in the Highlands** Comedy. (2019, PG, 90min) ★★
8.00 FILM **Christmas in Paris** Drama. (2019, PG) ★★
10.00 FILM **Christmas on Ice** Drama. (2020, 15) ★★
11.55 FILM **A Candlelit Christmas** Romance. (2022, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas on Holly Lane** (2018, PG) ★★

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Dick Turpin**
10.00 **Doctor in the House**
12.30 PM **Watching** (S4)
2.30 **Don't Drink the Water**
4.00 **Rewind and Remember**
4.30 **Tracing the Rails**
5.00 **The Fantastic Journey**
6.00 FILM **The Bulldog Breed** Comedy starring Norman Wisdom as a lovelorn grocer who joins the navy... and goes into space. (1960, b/w, PG, 97min) ★★
8.00 **Police Woman** 4/22. Pepper goes undercover as an air stewardess to unearth a drug smuggling syndicate. (S1)
9.00 **Mitch** 10/10. Mitch goes undercover in a white supremacist group. (S1)
10.00 **Doctor in the House**
12.30 AM **Watching**
2.30 **Don't Drink the Water**
4.00 **The Fantastic Journey**
5.00 **Rewind and Remember**
5.30 **to 6.00** AM **Tracing the Rails**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Wheeler Dealers**
7.00 **In Search of Monsters** Experts analyse new evidence that could prove the existence of the legendary Chupacabra. **8.00** Recently disclosed audio recordings and photographs may provide the most conclusive evidence to date that the Ozark Howler has demonic origins.
9.00 **Mystery at Blind Frog Ranch** Duane and Chad Ollinger return to the Ranch to unearth $3 billion in hidden treasure. **10.00** The team uncover an ancient vent shaft above the Energy Zone.
11.00 **Expedition X** Triple bill of editions.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Man v Food**
11.00 **James Martin Digs Deep**
1.00 PM **James Martin's American Adventure**
3.00 **Great British Bake Off**
9.00 **Tom Kerridge's American Feast** Tom travels across the US to discover the heart and soul of American food. **9.30** Tom travels to Oakland in California. **10.00** Tom heads to to Tucson in Arizona. **10.30** Tom travels to Pittsburgh to sample traditional dishes. **11.00** Tom explores the state of Colorado. **11.30** Tom visits California's Central Valley. **12.00** M'T Tom heads to Vermont to experience the local cuisine. **12.30** AM Tom travels to Washington, DC.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Airtight** Australian sci-fi thriller. (1999, 12, 89min) ★
9.00 **Six Million Dollar Man**
1.00 PM **Star Trek** (S1)
2.00 FILM **Forbidden Cargo** Crime thriller. (1954, b/w, PG, 85min) ★★★
3.55 FILM **Yangtse Incident** Adventure. (1956, b/w, PG, 113min) ★★★
6.05 FILM **Flying Tigers** War adventure starring John Wayne. (1942, b/w, PG, 103min) ★★
8.00 **The Twilight Zone**
9.00 FILM **47 Ronin** Fantasy starring Keanu Reeves. (2011, 12, 119min) ★★
11.15 FILM **The Legend of the 7 Golden Vampires** Horror drama. (1974, 15, 89min) ★★
1.05 AM FILM **Bloodline** Psychological thriller. (2018, 18, 97min) ★★
3.00 **to 4.50** AM FILM **Office Uprising** Horror comedy. (2018, 15, 92min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM FILM **Coward of the County** Drama. (1981, PG, 104min) ★★
8.00 FILM **The 7 Adventures of Sinbad** Fantasy with Patrick Muldoon. (2010, PG, 90min) ★★
10.00 FILM **Dragonquest** Fantasy adventure starring Daniel Bonjour. (2009, 12, 90min) ★★
12.00 NOON **10.5 Apocalypse**
4.00 PM **The A-Team** (S2)
9.00 FILM **The Scars of Dracula** Hammer horror starring Christopher Lee and Dennis Waterman. (1970, 18, 96min) ★★★
10.55 FILM **The Blood on Satan's Claw** Horror starring Patrick Wymark and Linda Hayden. (1970, 18, 93min) ★★★
1.00 **to 3.00** AM FILM **Commandos** World War Two adventure starring Lee Van Cleef. (1968, 18, 112min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters**
8.00 **Junk and Disorderly**
10.00 **UFO Hunters**
12.00 NOON **Evidence of the Unexplained**
1.00 PM **The UnXplained with William Shatner**
2.00 **The Proof Is Out There**
7.00 **Cities of the Underworld**
8.00 **Curse of Skinwalker Ranch** The team make a shocking discovery.
9.00 **Cursed Histories** A 'damned' amethyst gem and a devilish beast.
10.00 **The Witches of Salem** A look at how the trials were suddenly halted.
11.00 **Medieval Murder Mysteries** Juan Borgia.
12.00 M'T **Alien Corridors**
1.00 AM **Alien Disclosure Files** Double bill.
2.00 **MonsterQuest**
3.00 **My Paranormal Nightmare** Mysteries.
4.00 **to 6.00** AM **Amazon Gold Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **Aldi vs Lidl: Which Tastes Better?**
10.00 **M&S vs Waitrose: Which Is Better Value?**
11.00 **Columbo** Five episodes of the drama, including at: **5.00** PM *Rest in Peace, Mrs Columbo:* A woman seeks revenge on Columbo for the death of her husband in prison.
7.00 **Freddie Mercury: In His Own Words** A profile of the Queen frontman.
9.00 **Eric Sykes: 50 Years of Laughs** Celebrating the life and career of the comedy writer and actor.
10.30 **The Cancellation of Kenny Everett**
12.00 M'T **World War I in Colour** Documentary.
1.00 AM **Nazi Megastructures**
2.00 **Drain the Oceans: Egypt's Lost Wonders**
3.00 **Drain the Oceans: Mystery of MH370**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home International**
10.00 **My Lottery Dream Home** Double bill.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Five editions of the series in which people search for their ideal rural retreats.
6.00 **Castle Impossible** Daphne Reckert and Ian Figueira hope to transform a 300-year-old outbuilding into a luxury home.
7.00 **A Place in the Sun** Six editions of the property series featuring advice on buying a second home abroad.
1.00 AM **Bargain Mansions** Tamara takes on a house with a neglected garden and must tame the overgrown grounds.
2.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes to the Dress**
10.00 **Little People, Big World**
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life**
5.00 **sMothered**
6.00 **Sister Wives**
7.00 **Good Bones**
8.00 **Me or the Menu** Nicole and Alan scout locations for Greenios and have an investment meeting.
9.00 **Polyfamily** The quad brings home their fifth child, Quintin.
10.00 **Love & Translation**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Love & Translation**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Say Yes to the Dress: Lancashire**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Whose Line Is It Anyway? USA**
9.00 **Friends** (S1)
1.00 PM **Friends** (S1)
6.20 **Bradley & Barney Walsh: Breaking Dad**
7.15 FILM **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James and Raini Rodriguez. (2015, PG, 92min) ★★
9.00 FILM **My Big Fat Greek Wedding 2** Romantic comedy sequel with Nia Vardalos, John Corbett and Michael Constantine. (2016, 12, 94min) ★★
10.45 **Lee Evans: Roadrunner** A 2011 stand-up show at London's O2.
11.50 **South Park** (S4)
12.50 AM **Whose Line Is It Anyway? USA**
3.15 **Beavis and Butt-Head**
3.25 **The Ricky Gervais Show** 4&5/13. (S2)
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **Criminally Funny**
5.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 13/24. The gang pay their last respects at the funeral of Ross and Monica's grandmother. **7.30** 14/24. Chandler meets an old flame. **8.00** 15/24. Monica applies for a job. **8.30** 16/24. Phoebe's twin sister visits. (S1) **9.00** 3/24. Monica accepts a job offer from a famous restaurant. **9.30** 4/24. Phoebe's fear that she is about to lose her boyfriend is compounded by Ross's foolish comments. (S9)
10.00 **Friends** (S9&10)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.55 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **Border Patrol**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **The Cleaning Lady**
7.00 **Motorway Patrol**
10.00 **Chucky** *Halloween II:* 1/8. Jake, Devon and Lexy begin receiving mysterious, threatening calls from an all-too-familiar-sounding enemy. **11.00** *The Sinners Are Much More Fun:* 2/8. The Three Amigos struggle at their new school, especially when Chucky makes an appearance. (S2)
12.00 M'T **A League of Their Own Road Trip: Loch Ness to London**
3.00 AM **Four Weddings**
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.50 **Teen Mom: Young & Pregnant** Reality series.
7.35 **Teen Mom OG**
8.35 **Dallas Cowboys Cheerleaders**
1.00 PM **Catfish: Teams**
2.00 **Catfish: The TV Show**
8.00 **Catfish: Catch of the Day** Paris enlists Nev and Max to help her figure out who has been catfishing her.
9.00 **Teen Mom: The Next Chapter** Ashley fights for custody of Holly.
10.00 **Ink Master Redemption**
11.00 **Caught in the Act: Unfaithful** A woman suspects her boyfriend is sharing his healing touch with other women.
12.00 M'T **Plastic Surgery Knifemares**
1.00 AM **Me & My Sugar Daddy** Documentary.
2.00 **Catfish: The TV Show**
2.45 **Catfish: Wannabees**
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Kindig Customs**
12.00 NOON **Alaska: The Last Frontier** Six editions of the documentary, including at: **4.00** PM Atz Atz Lee and Atz Sr take Jane on a hunt on horseback in the foothills, while Eivin builds a motorised cart. **5.00** Atz Lee and Jane help homesteader Mike repurpose an old city house into a cabin.
6.00 **Filthy Fortunes** Matt Paxton and his team of modern-day treasure hunters gamble on finding hidden riches, such as a $60,000 marble collection.

7.00 Moonshiners

7.00 Moonshiners New edition Mark and Digger spot an unmarked vehicle surveilling their barrel house.

8.00 Alaska: Homestead Rescue A Big Island family find their off-grid paradise threatened by destructive storms and deadly pests. To save them, the Raneys must get creative.

10.00 Kindig Customs A 1933 Roadster needs reimagining, and the owner of a 1968 Camaro has lots of upgrades he wants to accomplish.

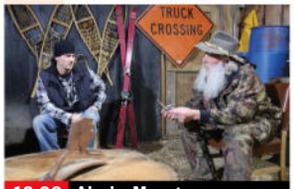
11.00 Wheeler Dealers World Tour Mike and Elvis engage in the ultimate Aussie showdown – Ford versus Holden.
12.00 M'T **Alaskan Bush People** Four editions of the series.
4.00 **to 5.00** AM **How It's Made: Dream Cars**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **How Do Animals Do That?**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Meet the Orangutans**
3.00 **Meet the Penguins**
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** A man is suspected of violence toward three cats.
6.00 **Tanked** Basketball star Dwight Howard requests a habitat for all 14 of his snakes.



10.00 Alaska Monsters

7.00 Pit Bulls & Parolees After a string of bad luck, Tia hopes new arrival Richard will prove to be a valuable asset.

8.00 How Do Animals Do That? How hyenas can eat pretty much anything. **8.30** A squirrel's ability to hide up to 10,000 nuts.

9.00 Crikey! It's the Irwins After weeks of being closed due to the COVID-19 pandemic, the Irwins prepare to reopen.

10.00 Alaska Monsters The team head deep into the Alaskan Interior to investigate reports of a gigantic bear-like creature.

11.00 Wild Australia 2/2. Australia's wilderness through the eyes of the Aborigines.
12.00 M'T **Wild Mexico** A look at the wildlife of the country.
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Alaska: The Next Generation** Double bill.
10.00 **Northwoods Survival**
11.00 **Air Crash Investigation**
2.00 PM **Europe from Above** Highlights from the series.
3.00 **Titanic: The Final Secret** How a Cold War investigation led to the discovery of the wreck.
4.00 **Titanic: Case Closed** Tim Malton explains his theory about the cruise liner's demise.
6.00 **Drain the Titanic: A Ship Reborn** Exploring the wreck of the famous ship.

8.00 Ocean

7.00 Legend of the Giant Squid Naturalist David Attenborough narrates a look at the ocean giants thriving in Antarctica.

8.00 NEW Ocean with David Attenborough Documentary exploring the planet's undersea habitats, highlighting the vital importance of these ecosystems. *See feature, page 12.*
9.45 OceanXplorers The team travel to the Dominican Republic in search of the North Atlantic humpback whale.
10.30 Science of Stupid Footage of accidents while knocking down buildings.

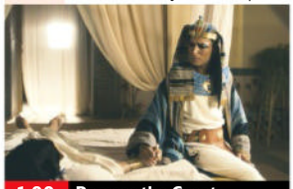
11.00 To Catch a Smuggler San Diego HSI seize a medley of narcotics hidden in a car. **11.30** A truckload of meth.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory**
3.45 **Lords of War** Double bill.
4.35 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Discovered by Disaster**
7.00 **Pawn Stars** Triple bill.
10.00 **Storage Wars** Six editions.
1.00 PM **Ramses the Great: King of Ancient Egypt** A look back at the life of Ramses II. **2.00** The childhood years of pharaoh Ramses the Great. **3.00** The secrets and lies of the mighty pharaoh. **4.00** Ramses II's reputation as most feared and respected among the martial pharaohs. **5.00** A look at Ramses II's three-decade long rule. **6.00** The story of Merenptah.



1.00 Ramses the Great

7.00 Instruments of Death Karl Ude-Martinez and Kevin Hicks investigate the British uprising against the Roman army.

8.00 Instruments of Death Kevin Hicks and Karl Ude-Martinez look at weaponry used in a Napoleonic charge.

9.00 I Saw It: Bigfoot and Beyond 1/2. Two explorers take a closer look at enormous human-like footprints.

10.00 I Saw It: Bigfoot and Beyond 2/2. The huge footprints discovered in California make headlines around the globe.

11.00 The UnBelievable with Dan Aykroyd The strangest jobs in history, including mourners hired to weep at funerals.
12.00 M'T **Storage Wars** Mary deals with her storage stress by introducing a bit of yoga. **12.30** AM Ivy takes it easy, letting Ivy Jr run the operation.
1.00 **Storage Wars** Four editions.
3.00 **to 6.00** AM **Ancient Aliens**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Find It, Fix It, Flog It**
7.10 **Antiques Roadshow**
11.00 **Bangers & Cash**
12.00 NOON **Bangers & Cash: Restoring Classics**
1.00 PM **Canal Boat Diaries** Five editions, including at: **4.00** Robbie gets caught in a storm and falls off his boat. **5.00** Robbie's boat gets stuck under a low bridge.
5.55 **'Allo 'Allo!** Rene and Leclerc crack open the safe. **6.30** Rene is reunited with his childhood sweetheart.

7.00 'Allo 'Allo!

7.00 'Allo 'Allo! Rene's pals try to save him from a fate worse than death. **7.35** Denise has escaped and is out for blood.

8.05 Burma with Simon Reeve 1/2. Documentary exploring the country in the aftermath of a humanitarian crisis.

9.05 Bangers & Cash Derek rubs shoulders with pop music royalty when he picks up a Morgan sports car.

10.05 Bangers & Cash An MG Midget, an Austin-Healey 'frogeye' Sprite and an RS2000 come up for auction.

11.05 Bangers & Cash Dave's son Jack heads to Cheshire to collect two cars with a 35-year age difference.
12.05 AM **Bangers & Cash: Restoring Classics** The team take on a Series 1 Land Rover.
1.05 **Bangers & Cash**
2.05 **to 3.00** AM **Repair Lot**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Sunday

Quest

144 149 137 12 144 17

6.00 AM **James May and the Dull Men** Double bill.
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Double bill.
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House**
8.00 **The Repair Shop** Experts try to restore family heirlooms and treasured possessions. **9.00** The team transform a painting by a notable Scottish artist. **10.00** The experts restore a wooden trunk and a memorial trophy. **11.00** Restoring a teddy bear, a piano stool and art deco statuettes.
12.00 M'T **Massive Engineering Mistakes**
2.00 AM **Hunting Atlantis**
4.00 **to 5.00** AM **How It's Made**

+1 hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **Judge Rinder's Crime Stories**
7.00 **Judge Rinder's Crime Stories** The murders of police officers Nicola Hughes and Fiona Bone. **8.00** Examining the cases of Michelle Stewart and David Irwin.
9.00 **A Killer's Mistake** The key errors made by killer Paul Hutchinson. **10.00** The case of Malcolm Webster.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Fraud Squad**
7.00 **Fatal Attraction** When Monica Sykes disappears, questions are asked about her life. **8.00** When Paul Shealey is found shot in the head, there's no shortage of suspects.
9.00 **Millionaire Murders** Police find it is clear Shanti Cooper's death was not an accident. **10.00** After Abraham Shakespeare wins the lottery, requests for money get too much.
11.00 **48 Hours** Well-known beauty executive Fabio Sementilli is stabbed. **12.00** M'T The poisoning of Angela Craig. **1.00** AM Jane Dorotik is convicted of murder.
2.00 **Inside Crime**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
2.00 PM **Medical Detectives** A girl's performance in a high-school play reveals she is keeping a dark secret. **2.30** A young boy is killed in a mysterious fire. **3.00** A man is found dead in a doctor's office. **3.30** An investigator makes an impression of a print found in the snow. **4.00** Investigators use clever technology to lift a fingerprint from a pillowcase. **4.30** Investigators look into the disappearance of a six-year-old girl.
5.00 **Evidence of Evil**
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Psychic Private Eyes**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Motorway Patrol**
9.00 **Road Wars**
10.00 **The Force: Manchester**
11.00 **World's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **How I Caught the...**
2.00 **World's Most Evil Killers**
3.00 **Forensics: Catching the Killer** Documentary.
4.00 **Murdered at First Sight**
5.00 **Britain's Most Evil Killers** Mick Philpott.
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **How I Caught the Killer**
9.00 **The Girl on the Milk Carton** Double bill.
11.20 **Killer in My Village**
12.15 AM **An Unexpected Killer** Documentary.
1.10 **The Real Manhunter**
2.05 **Murders That Shocked the Nation** John Straffen.
3.00 **The Force: North East**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Armenian Genocide**
9.05 **The Siege of Leningrad**
10.10 **American Dynasties: The Kennedys**
1.00 PM **The Siege of Leningrad** As 7.55pm.
2.05 **Egypt's Darkest Hour**
4.05 **1066: A Year to Conquer England**
7.55 **The Siege of Leningrad** The 872-day German and Finnish encirclement of the Soviet city between September 1941 and January 1944, which saw its inhabitants falling into despair, starvation and cannibalism.
9.00 **Egypt's Darkest Hour** 1&2/2. Examining the Tomb of the Warriors, a rare mass grave dating back to the fall of the Egyptian Empire.
10.55 **The Siege of Leningrad**
12.00 M'T **Armenian Genocide**
1.10 **to 2.00** AM **America the Bountiful**

SUNDAY

Sunday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Charles Bronson**
7.00 **Discovering: Peter O'Toole**
8.00 **The Directors**
9.00 **Arthur Miller: Writer**
11.00 **Natalie Wood: What Remains Behind**
1.00 PM **FILM Ice on Fire** Documentary about potential environmental solutions. (2019, PG, 88min) ★★★★
3.00 **Be Water** Documentary.
5.00 **Pee-wee as Himself** 1/2. The life and career of actor and comedian Paul Reubens. **7.00** 2/2. Paul Reubens talks candidly about the highs and lows he endured.
9.00 **Elizabeth Taylor: The Lost Tapes** A profile of the actor.
11.00 **Wig** The history and influence of the Wigstock drag festival.
12.45 AM **The Legend of the Underground** Documentary lifting the lid on the rampant discrimination in Nigeria.
2.30 **The Forever Prisoner**
4.50 **to 6.00** AM **Children of Shanghai**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
9.00 **Alien Abyss** Triple bill.
12.00 NOON **Guardians of the Wild**
2.00 PM **Arabian Seas**
4.00 **Shark: British Isles Special with Steve Backshall**
5.00 **Whale with Steve Backshall**
6.00 **Survival of the Beast** New edition Exploring the survival skills of Earth's animals.
7.00 **David Attenborough's Conquest of the Skies** Insects capable of flight.
8.00 **Chasing the Rains** Anastasia's herd splits to protect two elephant calves. **9.00** Behind the scenes with the team protecting Kenyan wildlife.
10.00 **Wild Sky** Cameras capture footage of the biggest marine feeding frenzy on Earth. **11.00** The Amazon rainforest's oxygen-breathing trees.
12.00 M'T **Survival of the Beast**
1.00 AM **The Invisible River: Under Water Between the Black Forest and the Vosges**
2.00 **Evolution Earth** Triple bill.
5.00 **to 6.00** AM **Macaque Island**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
9.00 **Weeks of War**
11.00 **The Abyss: Rise & Fall of the Nazis** Double bill of editions.
1.00 PM **D-Day: 100 Days to Beat the Third Reich**
3.00 **Hitler v Churchill: The Eagle and the Lion** Double bill.
5.00 **Secret Wars Uncovered**
6.00 **Strangest Things**
7.00 **Britain in Colour**
8.00 **Conspiracy Files: Unsealed** Experts question whether the government is actively controlling what people think. **8.30** Questioning whether a group of powerbrokers is trying to rule the planet.
9.00 **Myths & Monsters** The ancient Greek myth of Antigone, who defied laws to bury her dead brother.
10.00 **UFOs Declassified** Objects spotted above military bases.
11.00 **Close Encounters**
12.00 M'T **Ancient Aliens**
3.00 AM **Empire Builders**
4.00 **to 6.00** AM **Britain's Secret Islands**

Crime+Investigation

156 142 133

6.00 AM **When Missing Turns to Murder** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Louise Smith.
11.00 **Nightmare in Suburbia**
1.00 PM **Murder Detective**
3.00 **Killer Britain with Dermot Murnaghan** Four editions.
7.00 **When Missing Turns to Murder**
8.00 **Killer Britain with Dermot Murnaghan** Documentary.
9.00 **Cold Case Files: Dead West** New edition The murder of a ranch hand in Montana.
10.00 **Cold Case Files: DNA Speaks**
11.00 **Cold Case Files: Murder in the Bayou** True-crime.
12.00 M'T **The First 48 Presents: Critical Minutes**
1.00 AM **Cold Case Files: Dead West**
2.00 **Killer Britain with Dermot Murnaghan** New edition
3.00 **NEW SERIES Interview with a Killer** David Scott goes into high-security prisons to interview convicted murderers.
4.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Wild Mississippi**
11.00 **Ice Road Rescue**
1.00 PM **Equator's Wild Secrets**
2.00 **Hidden Wonders of Europe**
4.00 **Built to Survive**
5.00 **Secrets of the Zoo: Tampa**
7.00 **NEW SERIES Killer Whale Chronicles** Part one of two. Recent attacks on boats near Gibraltar raise questions of whether orcas are threatening humans or just playing.
8.00 **Sea of Hope: America's Underwater Treasure** Wildlife along America's coast.
9.00 **Hostile Planet** Bear Grylls narrates footage of the wildlife in the world's grasslands.
10.00 **Alaska Animal Rescue** A newborn sea otter becomes separated from its mother.
11.00 **Snakes in the City** A deadly black mamba takes up residence in a house.
12.00 M'T **Lawless Island**
2.00 AM **Secrets of the Zoo: Tampa**
3.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Experts uncover new evidence of the bunker of Adolf Hitler using cutting-edge technology. **7.00** The reason behind the tilt in one of the world's most iconic buildings. **8.00** Experts uncover the mystery surrounding the infamous gunfight at the OK Corral, which lasted 30 seconds.
9.00 **Salvage Hunters: The Restorers** Skilled craftspeople bring Drew Pritchard's finds back to life. **10.00** Cabinet-maker Alex resurrects a once-stunning 300-year-old chest. **11.00** Upholsterer Craig is tested by an Edwardian sofa ruined by an amateur repair job.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Celebrity Mastermind**
10.20 **Gardeners' World**
11.00 **Pointless** Double bill.
1.00 PM **Later... with Jools Holland**
3.10 **Pointless** Quiz show.
4.10 **Celebrity Mastermind**
5.30 **Gardeners' World**
6.05 **Pointless** Double bill.
8.05 **Later... with Jools Holland** Performances by Robert Plant, Teenage Fanclub, Buddy Guy, Gallon Drunk and Nanci Griffith.
9.20 **Celebrity Mastermind** With Jason Manford, Jacqui Smith, Erin Boag and Nathaniel Parker. **10.00** Sarah Storey, Nihal Arthanayake, Dan Walker and Martin Lewis take part.
10.40 **Later... with Jools Holland** Featuring Suede, Fishbone, Soul Asylum and Bryan Ferry.
11.45 **Gardeners' World**
12.20 AM **Pointless** Double bill.
2.20 **Later... with Jools Holland**
3.25 **Celebrity Mastermind**
4.30 **Gardeners' World**
5.00 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
10.00 **Bride Killa** Double bill.
12.00 NOON **Death by Fame**
2.00 PM **Dead Reckoning**
4.00 **Mean Girl Murders**
6.00 **Grave Secrets** The murder of 57-year-old Janine Sutphen. **7.00** A look into the death of 19-year-old Devon Guzman.
8.00 **The Perfect Murder** The 1991 murder of fashion photographer Joel Schoenfeld.
9.00 **Signs of a Psychopath** A man finds his girlfriend and her mother murdered in their beds at night. **9.30** A man confesses he accidentally killed his friend.
10.00 **Murder Under the Friday Night Lights** Two popular high-school football coaches mysteriously vanish in 1976.
11.00 **Undercover Underage**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **The Murder Tapes**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Holden Bros. Restos**
5.00 PM **Lucky!** Bernie Ecclestone fights against the odds in order to control Formula 1. **6.00** Bernie quietly increases his influence on the growing Formula 1 juggernaut.
7.00 **Wheeler Dealers: Dream Car** Mike and Elvis help teacher David hunt down his dream car, a classic VW Golf GTI. **8.00** Mike and Elvis hope to buy police officer Jordan his dream car, a Subaru Impreza. **9.00** Mike and Elvis try to buy carpenter Simon a BMW Z4. **10.00** Mike and Elvis hope to trade up to a Nissan Skyline for photographer Harlen. **11.00** Mike and Elvis race to get NHS worker Marc a dream Caterham sports car. **12.00** M'T Former soldier Tony wants a Series 2A Land Rover.
1.00 **to 5.00** AM **American Chopper**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **The Wild Robot** (2024)
8.50 **Your Monster** As 6.15pm.
10.40 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
12.15 PM **Venom: The Last Dance**
2.15 **PREMIERE Exhibiting Forgiveness** As 10.00pm.
4.25 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
6.15 **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★

10.00 Exhibiting Forgiveness

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE Exhibiting Forgiveness Drama starring André Holland. An artist's rise to success is scuppered by a visit from his estranged addict father. (2024, 15, 117min)

12.10 AM **A Nice Indian Boy** Romantic comedy starring Karan Soni. (2024, 12, 96min)
1.55 **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
3.40 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
5.15 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Blockbusters

303 303 403 503 517

6.35 AM **The Cinema List: The 90s**
6.55 **Baywatch** As 1.55am.
8.55 **Crazy Rich Asians** As 5.55am.
11.00 **The Italian Job** As 12.00m't.
1.05 PM **Madame Web** Fantasy. (2024, 12, 116min) ★★★
3.10 **The Beekeeper** Action thriller starring Jason Statham. (2023, 15, 105min) ★★★
5.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy starring Elijah Wood. (2001, PG, 178min) ★★★★★

8.00 8 Mile

8.00 8 Mile Drama starring Eminem and Kim Basinger. A Detroit youth dreams of escaping his dysfunctional home and dead-end job at a car parts factory and making it as a hip-hop star. (2002, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Bad Boys Action comedy thriller starring Martin Lawrence and Will Smith. A bachelor cop and his married partner have to switch identities in their pursuit of heroin thieves. (1995, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Italian Job** Thriller inspired by the 1960s caper film, starring Mark Wahlberg. (2003, 12, 110min) ★★★
1.55 AM **Baywatch** Action comedy. (2017, 15, 121 min) ★★
3.55 **Madame Web** As 1.05pm.
5.55 **to 8.00** AM **Crazy Rich Asians** Romantic comedy. (2018, 12, 120min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.30 AM **To Olivia** Romantic drama. (2021, PG, 90min) ★★★★
8.20 **Two Mules for Sister Sara** Comedy Western set in Mexico. (1969, 15, 114min) ★★★
10.25 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
12.30 PM **Grease 2** Musical sequel. (1982, PG, 109min) ★★
2.35 **Ray** Biopic starring Jamie Foxx. (2004, 15, 152min) ★★★★
5.20 **Oh! What a Lovely War** Satirical anti-war musical starring Ralph Richardson. (1969, PG, 144min) ★★★★
8.00 **Valentine's Day** Ensemble romantic comedy with Ashton Kutcher, Jennifer Garner, Anne Hathaway and Julia Roberts. (2010, 12, 125min) ★★★
10.10 **Young at Heart** Musical starring Doris Day, Frank Sinatra and Ethel Barrymore. Three sisters become infatuated with one man. (1954, U, 117min) ★★★
12.15 AM **The Starling Girl** Drama with Eliza Scanlen and Lewis Pullman. (2023, 15, 117min) ★★★★
2.20 **Speak Like a Child** Dark drama starring Cal Macaninch, Richard Mylan and Rachel Fielding. (1998, 18, 80min) ★★
3.55 **to 6.35** AM **Ray** As 2.35pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.10 AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★
7.50 **Upgrade** As shown at 2.20am.
9.35 **Congo** Jungle adventure. (1995, 12, 108min) ★★★
11.30 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
2.25 PM **A Quiet Place: Day One** Horror starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
4.10 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
6.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale. (2009, 12, 110min) ★★★
8.00 **Dune: Part Two** Sci-fi drama sequel starring Timothée Chalamet, Zendaya, Austin Butler and Rebecca Ferguson. (2024, 12, 166min) ★★★★★
10.50 **Ex Machina** Sci-fi drama starring Domhnall Gleeson. (2014, 15, 104min) ★★★★
12.45 AM **Timestalker** Fantasy. (2024, 15, 89min) ★★★★
2.20 **Upgrade** Sci-fi action thriller. (2018, 15, 100min) ★★★★
4.05 **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
5.45 **to 7.25** AM **Aeon Flux** Sci-fi thriller. (2005, 15, 93min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.50 AM **Ride On** As 9.30pm.
9.00 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
10.40 **Jumanji** (1995, PG) ★★★★
12.25 PM **Peter Rabbit 2: The Runaway** Adventure sequel. (2021, U, 93min) ★★★
2.15 **Johnny English Reborn** Comedy. (2011, PG) ★★★
4.00 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
5.35 **Hook** Fantasy adventure. (1991, U, 140min) ★★★

5.35 Hook

8.00 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy comedy sequel featuring the voices of James Marsden and Christina Applegate. (2010, U, 82min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Ride On** Chinese drama starring Jackie Chan. A washed-up stuntman becomes an overnight sensation when his fight with debt collectors goes viral. Subtitled. (2023, PG, 126min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Problem Child** Comedy with John Ritter and Michael Oliver. (1990, PG, 81min) ★
1.05 AM **Beethoven** Family comedy starring Charles Grodin. (1992, U, 87min) ★★★
2.35 **Batteries Not Included** Sci-fi fantasy starring Hume Cronyn. (1987, PG, 105min) ★★★★
4.25 **to 6.40** AM **Bicentennial Man** Romantic sci-fi drama starring Robin Williams. (1999, PG, 131min) ★★★

Sky Cinema Action

307 307 407 507 521

6.20 AM **Saving Private Ryan** Steven Spielberg's war drama. (1998, 15, 169min) ★★★★★
9.20 **Iron Monkey** As 12.35am.
11.00 **Gunpowder Milkshake** Thriller. (2021, 15, 114min) ★★★
1.05 PM **American Sniper** Biopic. (2014, 15, 127min) ★★★★
3.25 **Godzilla x Kong: The New Empire** Adventure sequel. (2023, 12, 115min) ★★★
5.30 **Man of Steel** Adventure. (2013, 12, 143min) ★★★

5.30 Man of Steel

8.00 **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (2006, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Project A, Part II** Hong Kong comedy adventure starring Jackie Chan and Maggie Cheung. Subtitled. (1987, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Iron Monkey** Martial arts thriller starring Rongguang Yu. (1993, 12, 90min) ★★★
2.10 **Fist of Fury** Martial arts thriller. (1972, 18, 106min) ★★★
4.00 **R.I.P.D** Fantasy comedy. (2013, 12, 96min) ★★★
5.55 **to 8.10** AM **The Canton Godfather** Action comedy. (1989, PG, 122min) ★★★

Sky Cinema Pitch Perfect

308 308 408 508 522

8.05 AM **Pitch Perfect 3** (2017)
9.40 **Pitch Perfect** As 8.35pm.
11.35 **Pitch Perfect 2** As 10.30pm.
1.35 PM **Pitch Perfect 3** (2017)
3.10 **Pitch Perfect** As 8.35pm.
5.05 **Pitch Perfect 2** As 10.30pm.
7.00 **Pitch Perfect 3** Comedy sequel starring Anna Kendrick and Rebel Wilson. After their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★

10.30 Pitch Perfect 2

8.35 **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Pitch Perfect 2** Comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance by winning the world championships of a cappella. With Skylar Astin and Hailee Steinfeld. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Pitch Perfect 3** (2017)
2.10 **Pitch Perfect** As 8.35pm.
4.05 **to 6.10** AM **Pitch Perfect 2**

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
9.15 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
11.15 **Gloria** Crime drama. (1980, 15, 121min) ★★★★
1.25 PM **Munich** Political thriller. (2005, 15, 164min) ★★★★
4.15 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
6.20 **Retribution** Action thriller. (2023, 12, 91min) ★★

6.20 Retribution

8.00 **Ocean's Twelve** Caper thriller sequel starring George Clooney, Brad Pitt and Matt Damon. Charismatic thief Danny Ocean and his gang find themselves competing with an enigmatic French criminal when they try to steal $160million. (2004, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Chinatown** Roman Polanski's thriller starring Jack Nicholson and Faye Dunaway. A private investigator takes a routine matrimonial case and stumbles into a web of deceit and murder. (1974, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Nighthawks** Thriller. (1981, 18, 99min) ★★★
2.15 **Oldboy** Revenge thriller remake. (2013, 18, 104min) ★★
4.00 **American Star** Mystery. (2023, 15, 107min) ★★★★
5.50 **to 6.05** AM **The Cinema List**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Tad the Lost Explorer and the Curse of the Mummy** Animated adventure. (2022, PG, 90min) ★★★
12.45 PM **Cat Ballou** Spoof Western. (1965, PG, 96min) ★★★★
2.40 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
4.40 **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★
6.40 **Hunter Killer** Action thriller. (2018, 15, 121min) ★★★

9.00 Peppermint

Hunter Killer (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Peppermint** Revenge thriller starring Jennifer Garner. An LA banker sets out on a one-woman vengeance mission after her husband and daughter are killed. With John Gallagher Jr, John Ortiz and Juan Pablo Raba. (2018, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Our Ladies** Comedy drama starring Abigail Lawrie. A group of Catholic school girls go to Edinburgh for a choir contest, but they are more interested in drinking and partying. (2019, 15, 106min) ★★★★
1.10 **to 3.35** AM **Skin** Crime drama starring Jamie Bell and Danielle Macdonald. (2018, 15, 118min) ★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Superheroes

302 302 402 502 516

6.40 AM **Shazam!** As 5.45pm.
8.55 **Justice League** Sci-fi adventure. (2017, 12, 120min) ★★
11.00 **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
1.25 PM **Superman II** Adventure sequel. (1980, PG, 127min) ★★★
3.35 **Superman III** Fantasy sequel. (1983, PG, 123min) ★★★
5.45 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★

8.00 **Aquaman** Adventure with Jason Momoa, Nicole Kidman and Willem Dafoe. The human-born heir to the kingdom of Atlantis embarks on a quest to prevent a war between the worlds. (2018, 12, 143min) ★★★
10.25 **Aquaman and the Lost Kingdom** Fantasy adventure sequel starring Jason Momoa and Yahya Abdul-Mateen II. The King of Atlantis sets out to defeat a ruthless mercenary. (2023, 12, 124min) ★★★

12.35 AM **Superman IV: The Quest for Peace** Fantasy adventure sequel. (1987, PG, 90min) ★
2.10 **King Arthur: Legend of the Sword** Drama. (2017, 12) ★★★
4.20 **to 6.00** AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★

Sky Cinema Greats

304 304 404 504 518

7.50 AM **Mo' Better Blues** (1990)
10.05 **Sabrina** As shown at 5.25am.
12.00 NOON **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
2.00 PM **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
3.55 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★

5.55 **The Man Who Knew Too Much** Hitchcock suspense drama tarring James Stewart and Doris Day. (1956, PG, 120min) ★★★★
8.00 **The Private Life of Sherlock Holmes** Billy Wilder's offbeat look at the life of Conan Doyle's great detective, starring Robert Stephens and Colin Blakely. (1970, PG, 125min) ★★★
10.10 **Ghost** Romantic fantasy thriller starring Patrick Swayze, Demi Moore and Whoopi Goldberg. (1990, 12, 127min) ★★★★

12.20 AM **The Quiet Man** Romantic drama starring John Wayne. (1952, U, 129min) ★★★
2.30 **Mo' Better Blues** Spike Lee's drama. (1990, 15, 127min) ★★★
4.40 **Sky Cinema Preview**
5.25 **to 7.20** AM **Sabrina** Comedy. (1954, b/w, U, 113min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.15 AM **Transformers One** Animation. (2024, PG) ★★★★
9.05 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
11.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
12.35 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.15 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★

4.00 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
5.35 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
7.25 **The Lego Ninjago Movie** Animated comedy adventure. (2017, U, 101min) ★★
9.15 **The Garfield Movie** Animation. (2023, U, 101min) ★★★
11.00 **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★★

12.20 AM **DC Super Hero Girls: Legends of Atlantis** (2018) ★★★
1.40 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
3.00 **Curious George** Animation. (2006, U, 87min) ★★★★
4.35 **to 6.15** AM **Boonie Bears: Guardian Code** (2023) ★★★

Movies 24

312 313 419

7.00 AM **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★
9.00 **Spring Breakthrough** Drama. (2023, PG, 90min) ★★
11.00 **Our Take on Love** Romantic drama. (2022, PG, 87min) ★★
1.00 PM **Heart of the Manor** Comedy. (2021, PG, 85min) ★★
3.00 **PREMIERE** **Mystery Island: Winner Takes All** Crime drama. (2025, PG, 90min) ★★

5.00 **Pumpkin Everything** Comedy drama. (2022, PG, 84min) ★★
7.00 **Hearts Under the Olive Tree** Romantic comedy with Jenna Michno. (2023, PG, 89min) ★★
9.00 **Destination Love** Romantic comedy starring Anna Hutchison and Josh McKenzie. An event planner arranges her friends' wedding on a vineyard, only to end up finding love herself. (2021, PG, 90min) ★★
11.00 **A Bet with the Matchmaker** Drama. (2023, PG, 89min) ★★

1.00 AM **Modeled with Love** Drama starring Ashley Argota Torres. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **The Story of Love** Comedy starring Brittany Bristow. (2022, PG, 91min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Climb Up the Wall**
7.15 **Fire Maidens of Outer Space** Thriller. (1956, PG, 80min) ★★
8.45 **Jack the Giant Killer** Fantasy adventure. (1961, U, 94min) ★★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Kansas Pacific** Western. (1952, PG, 73min) ★★
12.40 PM **Look at Life** Documentary.
12.50 **Worzel Gummidge** 5/7. (S1)
1.25 **Batman** 20/60. (S2)

2.00 **The Golden Hawk** Adventure. (1952, U, 84min) ★★
3.40 **1950s Puzzle Corner**
4.00 **The Adventures of Robin Hood**
4.30 **Out of Town** Documentary.
5.00 **The Footage Detectives**
6.00 **Went the Day Well?** Thriller. (1942, b/w, PG) ★★★★★
7.50 **Look at Life** Documentary.
8.00 **Gideon's Way** 23/26. (S1)
9.05 **The Wheeltappers and Shunters Social Club** (S4)
9.50 **The Blue Lagoon** Adventure. (1980, 15, 101min) ★

12.00 M'T **Budgie** 4/13. (S2)
1.05 AM **The Heritage Chart Show**
2.10 **The Strange World of Planet X** Thriller. (1957, PG, 85min) ★
3.40 **A Little of What You Fancy** Documentary. (1968, PG) ★★★
4.45 **The Texan** 32/37. (S1)
5.20 **to 6.00** AM **The Larkins**

Sunday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Rugby Union Greatest Games**
7.05 LIVE **NRL Wests Tigers v Penrith Panthers.** Coverage of the match from the 14th round of fixtures at CommBank Stadium in Sydney. Kick-off **7.05am**.
8.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
11.30 LIVE **DP World Tour Golf** Coverage of day four of the KLM Open from The International in Amsterdam, where Italian Guido Migliozzi won the event last year. This is the first time this event has been played at this venue since 2019 when Sergio Garcia beat Nicolai Hojgaard by one stroke to claim his 16th DP World Tour title.
2.00 PM LIVE **International T20 Cricket England v West Indies.** The second T20 in the three-match series from Bristol. Play starts **2.30pm**.
6.30 LIVE **PGA Tour Golf** Coverage of the fourth and final day's play of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **PL Retro** Chelsea v Tottenham Hotspur in the 2015/16 season.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 NOON **Premier League Highlights** Recent action.
3.00 PM **Premier League Highlights** Action from Bournemouth v Wolverhampton Wanderers.
3.30 Brentford v Bournemouth.
4.00 Action from Brentford v Brighton & Hove Albion.
4.30 Brentford v Ipswich Town.
5.00 **Premier League Highlights** Brentford v Leicester City.
5.30 Brentford v Liverpool.
6.00 Brentford v Newcastle Utd.
6.30 Highlights from Brentford v Nottingham Forest.
7.00 **David James: The One and Only** A look at the past, present and future of goalkeeping.
8.30 **Gary Neville's Soccerbox**
10.00 **Class of '92: Full Time**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2000/01**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Retro League One**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Bradford City v Swansea City from 2013.
11.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
12.00 NOON **Championship Retro**
2.00 PM **Best Goals: EFL Cup 2020/21** Archive action.
2.30 **EFL Trophy** Highlights from Sunderland v Tranmere Rovers.
3.00 **EFL Greatest Games**
4.00 **EFL Cup** Action from Manchester City v Tottenham Hotspur.
5.00 **Best Moments from the Championship Play-Off Final**
5.30 **Best Moments from the League 1 & 2 Play-Off Final**
6.00 **Celtic's Invincibles**
7.00 **Old Firm Derby Best Goals**
7.30 **Edinburgh Derby Best Goals**
8.00 **SPFL Greatest Games** Celtic v Rangers in the 1996/97 season.
8.15 Rangers v Celtic in 96/97.
8.30 Celtic v Rangers in 97/98.
8.45 Rangers v Celtic in 98/99.
9.00 **SPFL Greatest Games**
11.15 **SPFL Highlights**
12.00 M'T **EFL** The 2016/17 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's One-Day International Cricket**
9.00 **International T20 Cricket**
1.30 PM **Best of England v Windies**
2.00 LIVE **International T20 Cricket England v West Indies.** Coverage of the second T20 in the three-match series from Bristol. England won the last T20 series against the West Indies at the end of last year thanks to an impressive 3-1 series victory. That win ended a run of two consecutive 3-2 series losses for England against their rivals, after previously losing series in 2022 and 2023. Play starts **2.30pm**.
6.30 **Ashes Greats** Archive action.
7.00 **One-Day International Cricket** Action from the three-match series between England and West Indies.
10.00 **The Boy from Baracara**
10.30 **Talking Cricket** Windrush.
11.00 **One-Day International Cricket**
12.00 M'T **International T20 Cricket**
4.30 AM **Ashes Greats** Archive action.
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour**
11.00 **Turkish Airlines Masterclass**
11.30 LIVE **DP World Tour** Coverage of day four of the KLM Open from The International.
4.30 PM LIVE **PGA Tour** Coverage of the early stages of the fourth and final day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton.
6.00 LIVE **PGA Tour** Further coverage of the fourth and final day of the RBC Canadian Open.
11.00 **Rose Ladies Series**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **US Open Official Films**
1.00 AM **PGA Tour**
3.00 **Golf Academy** Tony Jacklin.
3.30 **Nick Dougherty's Tee Time Tips**
4.00 **DP World Tour**
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON **WTA Tennis** The 2024 S'hertogenbosch Open final.
1.00 PM **ATP Tennis** Recent finals.
3.00 **WTA Tennis** Bad Homburg Open.
4.00 **ATP Tennis** Halle Open final.
5.00 **WTA Tennis** Berlin Ladies Open.
6.00 **ATP Tennis** Recent finals.
8.00 **WTA Tennis** The 2024 S'hertogenbosch Open final.
9.00 **ATP Tennis** Stuttgart Open final.
10.00 **ATP Tour This Week**
10.30 **ATP Tennis** Action from the Mallorca Championships final.
11.30 **WTA Tennis** Bad Homburg Open.
12.30 AM **WTA & ATP Tennis**
2.30 **to 6.00** AM **US Open**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **One-Day International Cricket**
8.00 **Women's One-Day International Cricket**
9.00 **ATP Tennis** Tournament reviews.
11.00 **Fight Night** Two bout replays.
1.00 PM LIVE **Ladies European Tour Golf** Coverage of day four of the Tenerife Women's Open staged at Abama Golf in Tenerife.
4.00 **PL Greatest Games**
5.00 **One-Day International Cricket**
6.00 **Women's One-Day International Cricket**
7.00 **Women's State of Origin**
8.00 **Abbie Ward: A Bump in the Road** Rugby union documentary.
9.15 **EFL Greatest Games**
9.30 **WTA & ATP Tennis**
11.30 **HotelPlanner Tour Golf**
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Recent action.
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 1

410 413 521 408 430

7.00 AM **Premiership Rugby Union**
8.00 **Playing for Our Future: Rugby**
8.15 LIVE **V8 Supercars Championship** The Bosch Power Tools Perth Super 440 at CARCO.COM.AU Raceway, Perth.
10.00 LIVE **French Open Tennis** Coverage of the women's doubles final from Stade Roland Garros.
12.00 NOON **Premier League Review**
1.00 PM **Court Side** Analysis ahead of the 15th day of the French Open.
2.00 LIVE **French Open Tennis** Coverage of the men's final at Stade Roland Garros in Paris.
6.30 **Miracle of Istanbul**
7.30 **Premier League Stories**
8.00 **World Rally Championship**
8.30 LIVE **SailGP** Coverage from the second day of the sixth round of the season staged in New York.
10.00 **French Open Tennis** The men's final and women's doubles final.
1.00 AM LIVE **NBA** Coverage from game two of the NBA Finals.
3.30 **NBA on Fire** The latest news.
4.00 **UFC Connected**
4.30 **European Rally Championship Highlights** Rally Scandinavia.
5.00 **World Rally Championship**
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Cycling: Men's Giro d'Italia**
7.00 **MotoGP** Grand Prix of Aragon.
7.30 LIVE **MotoGP Rookies Cup** Grand Prix of Aragon second race.
8.30 LIVE **MotoGP** The Grand Prix of Aragon warm-up session.
9.00 LIVE **MotoGP** Coverage of the Grand Prix of Aragon Moto3 race.
11.00 LIVE **MotoGP** Coverage of the Grand Prix of Aragon Moto2 race.
12.15 PM LIVE **MotoGP** The Grand Prix of Aragon MotoGP race.
2.15 **MotoGP Chequered Flag**
3.15 **TNT Sports Reload**
3.30 **WNBA** Valkyries v Aces.
4.30 **MLB Highlights**
5.30 **MLB Plays of the Week**
6.00 **MLB: Off the Bat**
6.30 LIVE **MLB New York Yankees v Boston Red Sox.** American League East match from Yankee Stadium. Start-time **6.35pm**.
9.45 **TNT Sports Reload**
10.00 **Cycling** Recent highlights.
12.00 M'T LIVE **MLB** Coverage from the latest MLB encounter.
3.15 AM **TNT Sports Reload**
3.30 **Ultimate Pool** Pairs Cup.
5.00 **to 6.00** AM **Grand Slam Track Athletics**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** Natasha Jonas v Marie Eve Dicaire from 2022.
7.00 **Rugby Greatest Games**
7.05 LIVE **NRL Wests Tigers v Penrith Panthers.** Coverage of the match from the 14th round of fixtures at CommBank Stadium in Sydney. Kick-off **7.05am**.
9.00 **Fight Night** Six bout replays.
3.00 PM **Fight Night International** Caroline Dubois v Magali Rodriguez from September 2023.
4.00 **Fight Night** Franck Petitjean v Adam Azim in November 2023.
5.00 Another chance to see Callum Simpson v Ivan Zucco.
6.00 Another chance to see Natasha Jonas v Mikaela Mayer.
7.00 **The Rugby Championship** Another chance to see Australia v South Africa staged at Suncorp Stadium from 2024.
9.00 **Fight Night** Callum Simpson v Ivan Zucco at Oakwell in Barnsley.
10.00 Natasha Jonas v Lauren Price from Royal Albert Hall.
11.00 A replay of Amir Khan v Kell Brook from February 2022.
12.00 M'T Mikaela Mayer v Alycia Baumgardner in October 2022.
1.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Trophy Football**
8.00 **Good Morning Sports Fans**
10.00 **Sky Sports News**
12.00 NOON **Sports Sunday** The latest scores from the afternoon's sporting events.
12.30 PM **My Ryder Cup** Jose Maria Olazabal shares his memories.
12.45 LIVE **PGA Tour Golf** Coverage of the early stages of the fourth and final day of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
6.00 **Sky Sports News**
7.00 LIVE **LPGA Tour Golf** Coverage of the third day of the ShopRite LPGA Classic staged at The Seaview in Galloway, New Jersey. Sweden's Linnea Ström won this event last year after winning by one stroke and finishing 14-under-par at this venue. She became the first Swedish winner of this competition since Anna Nordqvist won twice in a row in 2015 and 2016.
10.00 **Sky Sports News** A round-up of the day's sports news, featuring highlights and interviews with players and managers.
2.00 **to 6.00** AM **Sky Sports News**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **AFL North Melbourne Kangaroos v West Coast Eagles.** Bounce-up **6.20am**.
9.00 **UEFA Champions League**
9.15 **Men's Cycling Pro Series**
10.15 LIVE **Cycling: Tour of Slovenia** Coverage of stage five.
12.00 NOON LIVE **Cycling: Criterium du Dauphine** The first stage.
2.00 PM LIVE **Motocross World Championship** The MX2 and MXGP second races in Kegums.
4.00 **Sign Up – Into Football**
4.30 **Golden Trail World Series**
5.30 LIVE **IFSC Climbing World Cup** Women's bouldering final.
8.00 **World Rally Championship**
8.30 **Women's Champions League**
9.00 LIVE **NWSL Washington Spirit v North Carolina Courage.**
11.15 **Europa League Goals Reload**
11.30 **World Rally Championship**
12.00 M'T **Cycling** Recent highlights.
3.00 **to 6.00** AM **French Open Tennis**

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Europa League**
6.15 LIVE **World Rally Championship** The Rally Italy.
7.15 **TNT Sports Reload**
7.30 LIVE **World Rally Championship** The Rally Italy.
9.00 **TNT Sports Reload**
9.15 **UCI Mountain Biking**
9.45 LIVE **World Rally Championship** The Rally Italy.
10.45 **Playing for Our Future**
11.00 **UCI Mountain Biking**
11.30 LIVE **UCI Mountain Bike World Series** From Leogang.
3.45 PM **Kenny Allstar's Number 1's**
4.00 **Champions League Magazine**
5.00 **UEFA Europa League & Conference League Magazine**
7.00 **WNBA** Valkyries v Aces.
8.00 **MotoGP** Grand Prix of Aragon.
10.00 **UFC** Dvalishvili v O'Malley.
1.00 AM **UFC Connected**
1.30 **World Rally Championship**
2.00 **AFL** Two match replays.
5.00 **to 6.00** AM **Champions League**

Premier Sports 1

419 551

6.00 AM **Transworld Sport** Magazine.
7.00 **Euro Le Mans Highlights**
8.00 **Ultimate Karting Championship**
9.00 **DTM Highlights**
10.00 **Ultimate Karting Championship**
11.00 **British Minibikes**
1.00 PM **Transworld Sport** Magazine.
2.00 **World Surf League** Action from the Rip Curl Pro Bells Beach.
3.00 **UK Independent Kart Racing**
4.30 **Ultimate Karting Championship**
5.30 **NASCAR Highlights** Action from the Cracker Barrel 400.
6.30 LIVE **NASCAR** Coverage of the Firekeepers Casino 400 staged at Michigan International Speedway.
11.00 **MotorSport** Le Tour Auto.
11.30 **Ultimate Karting Championship** From Whilton Mill.
12.30 AM **PSA Squash Highlights**
1.30 **Euro Le Mans Highlights**
2.30 **Football's Greatest**
3.30 **Michelin Le Mans Cup**
4.00 **World Surf League**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
12.00 NOON **Bike World** Magazine.
12.30 PM **GP Confidential** F1 news.
1.00 **United Rugby Championship** A replay of the first semi-final.
3.00 The second semi-final.
5.00 **FastZone** Motorsports highlights.
5.30 **GP Confidential** F1 news.
6.00 **NHL Ice Hockey** Another chance to see a play-off match.
8.00 **Bike World** Magazine.
8.30 **United Rugby Championship** A replay of the first semi-final.
10.30 **Bike World** Magazine.
11.00 **Football's Greatest**
11.30 **CONMEBOL World Cup Qualifiers** Ecuador v Brazil.
1.30 AM **Football's Greatest**
2.00 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
4.20 **LaLiga Match Highlights** Real Madrid v Real Sociedad.
4.30 **Football's Greatest**
5.00 **GP Confidential**
5.30 **to 6.00** AM **FastZone**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Graham Hill: World Champion** The F1 driver's career.
6.30 **F1 Classic Races**
12.30 PM **Jenson & the FW22**
12.45 **F1 Explained: Driving Style**
12.50 LIVE **Ferrari Challenge** Coverage from the Coppa Shell category staged at Brno Circuit.
1.50 **Ted Drives: F1 Car**
2.05 LIVE **Ferrari Challenge** Coverage from the Trofeo Pirelli category staged at Brno Circuit.
3.05 **Jenson & the FW22: Extended**
3.20 LIVE **Ferrari Challenge** Coverage from the Coppa Shell category staged at Brno Circuit.
4.15 **Ted Drives: F1 Car**
4.30 **F1 Classic Races**
9.30 **Ferrari Challenge Europe**
12.25 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

9 June

Evening Planner

Tennis

Queen's Club Championships

BBC2, 1pm

The event features a women's tournament for the first time since 1973.

Drama

Shardlake

ITV1, 9pm

Arthur Hughes (right) stars as Matthew Shardlake in the medieval mystery. Also stars Sean Bean as Thomas Cromwell.

Documentary

Jamie's Dyslexia Revolution

C4, 9pm

Jamie Oliver calls for reforms in British schools to help students with dyslexia .

Drama

BETH

C4, 10pm

A married couple's excitement at the birth of their daughter turns into disbelief in this drama starring Nicholas Pinnock.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Match of the Day – Live: Belgium v Wales (Kick-off 7.45)					10.00 News; Local News	10.40 Have I...
	102 BBC2	‹ 4.45 Football – Live	7.30 Richard...	8.00 Springwatch		9.00 Jane Austen: Rise of a Genius		10.00 Upstart Crow	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Shardlake		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Dover 24/7: Britain's Busiest Port		9.00 Jamie's Dyslexia Revolution		10.00 BETH	
	105 5	7.00 Traffic Cops		8.00 Motorway Cops: Catching Britain's...		9.00 Fare Dodgers: At War with the Law		10.00 999: Police Hour of Duty	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Gladiators		9.00 Film: Beverly Hills Cop II			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Sort Your Life Out with Stacey Solomon		9.00 Film: Four Weddings and a Funeral			
	116 BBC4	7.00 Great British...	7.30 War Walks	8.00 Double Cross: The True Story of the...		9.00 The Nazis: A Warning from...	9.50 The Sky at Night	10.20 Rise of the Nazis...	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island			10.35 G'wed
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Top Guns: Inside the RAF		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox		10.00 Film: American Pie 2	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Elsbeth		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 Billions		7.55 Game of Thrones		9.00 Mary & George			
	110 U&GOLD	7.00 Dad's Army: The Lost...	7.40 The Good Life	8.20 Gavin & Stacey		9.00 Still Open All Hours	9.40 Harry Enfield and...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?		8.20 Richard Osman's...		9.00 QI XL		10.00 8 Out of 10 Cats Best Bits	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 Beat the Chasers – Celebrity Special		9.00 Isle of Man TT		10.00 Film: Platoon	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: Big – Live at the O2		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Universe		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 Poker Face		10.00 Warrior	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Shakespeare & Hathaway: Private Investigators			
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Dancing Through the Skies				10.00 Classic FM Live: A Film Music...	
	132 U&W	7.00 999 Rescue Squad		8.00 Pete Wicks: For Dogs' Sake		9.00 Deadly Waters with Captain Lee		10.00 Serial Killer with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Alaska: Homestead Rescue			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Fish or Die				10.00 Alaska Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Amsterdam Central 24/7		9.00 Air Crash Investigation		10.00 Colossal Machines	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bradley Walsh: Egypt's Cosmic Code		9.00 Royal Autopsy		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Rise of the Nazis: Dictators at War		8.00 Canal Boat Diaries		9.00 Mediterranean with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Shaq		8.00 Janet Jackson		9.00 Film: Going Clear: Scientology and the Prison of Belief			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 Exhibiting Forgiveness		8.00 Venom: The Last Dance				10.00 Your Monster	
	302 SUPERHEROES	‹ 6.00 Green Lantern		8.00 Madame Web				10.00 Hulk	
	303 HITS	‹ 5.00 The Lord of the Rings: The Two...		8.00 Passengers				10.00 Five Nights at Freddy's	
	304 GREATS	‹ 5.45 Gorillas in the Mist		8.00 Out of Africa					
	305 ANIMATION	‹ 5.45 How to...	7.25 Hotel Transylvania			9.00 PAW Patrol: The Mighty Movie			10.35 Curious...
	306 FANTASY	‹ 6.00 Wonka		8.00 Barbie				10.00 Beetlejuice Beetlejuice	
	307 ACTION	‹ 5.35 Wonder Woman		8.00 Kong: Skull Island				10.10 The Canton Godfather	
	308 COMEDY	‹ 6.20 Big Daddy		8.00 Pixels			9.55 Daddy's Home 2		
	309 THRILLER	‹ 6.35 Head Count		8.00 Ocean's Thirteen				10.10 Zero Dark Thirty	
	310 DRAMA	‹ 6.40 Boy Meets Boy		8.00 Ben-Hur					
	311 SCI-FI	‹ 6.30 The Purge		8.00 A Quiet Place			9.35 The Woman in Black		
	313 FILM4		7.05 Old Boys			9.00 Man on Fire			
SPORT	401 MAIN EVENT	7.00 The Transfer Show		8.00 Sky Sports News				10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Champions Show: Liverpool		9.00 MNF Special	9.30 Transfer 360	10.00 Class of '92: Full Time	
	403 FOOTBALL	7.00 Bundesliga...	7.30 Celtic: Another...	8.00 Best Scottish...	8.30 SPFL		9.30 WSL: End of...	10.00 Bundesliga	
	404 CRICKET	‹ 6.00 International T20 Cricket							10.30 Ashes Greats
	410 TNT SPORTS 1	‹ 6.30 WRC Review	7.30 British Speedway – Live: Leicester Lions v Sheffield Tigers					10.00 True Grit	
	411 TNT SPORTS 2	‹ 6.00 Ultimate Pool – Live: Coverage from Group 2 of the Pairs Cup					9.30 Men's Cycling World Tour		10.30 Global...

‹ Denotes programmes starting before 7.00pm † Regions vary

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MONDAY

Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Newark Showground. (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** (S)(R)
2.45 **Escape to the Country** Briony May Williams helps a family find a new home in Suffolk. (S)(R)
3.45 **Garden Rescue** New edition Charlie Dimmock revisits some of her favourite gardens. (S)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 Garden Rescue

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)

7.30 **LIVE International Football: Match of the Day** Belgium v Wales: All the action from the World Cup Group J qualifier at King Baudouin Stadium. After matches against Kazakhstan, North Macedonia and Liechtenstein, this represents by far Wales' toughest task on paper. Although the Belgians' 'golden generation' has not managed to win an international trophy and many of them are coming towards the end of their careers, they remain a threat to anyone on their day. Wales famously defeated them in the quarter-finals of Euro 2016, but since then, Belgium have won two of the four meetings between the sides, with the other two ending in draws. Kick-off is at 7.45. (S)

10.00 **BBC News** (S)
10.30 **Local News** (S)

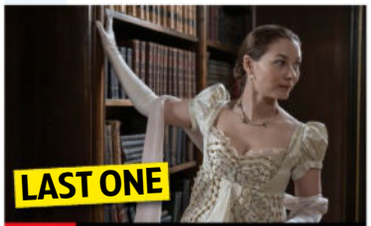
10.40 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Jack Dee and Kelly Cates. (S)(R)

11.25 **I Kissed a Boy** 9/10. It is the final Kiss-Off and emotions are high as the boys must decide whether to turn for their partner and commit to a relationship or call time on their summer of love. (S)(R)(AD)
12.20 AM **Pointless Celebrities** Jess Robinson, Danny Beard, Esther Manito, Rich Hall, Jane Hill, Ben Boulos, Wynne Evans and Joanna Page take part. (S)(R)
1.05 **Weather for the Week Ahead** (S)
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** From Long Marston, Warwickshire. (S)(R)
7.15 **Garden Rescue** A retired rocker seeks a low-maintenance space with nature at its heart. (S)(R)
8.00 **Sign Zone: Springwatch** Chris Packham and Michaela Strachan continue the 20th anniversary celebrations. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day one of the women's grass-court tournament at Queen's Club, featuring first-round matches. (S)
4.45 **LIVE International Football** Liechtenstein v Scotland: Amy Irons presents all the action from the friendly at Rheinpark Stadion in Vaduz. Kick-off is at 5.00. (S)



9.00 Jane Austen: Rise of a Genius

7.30 **Richard Osman's House of Games** Former contestants Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore get another chance to win in another Redemption Week edition of the quiz. (S)(R)

8.00 **Springwatch** New edition 9/12. Michaela Strachan and Chris Packham have all the weekend drama from the cameras, while Iolo Williams heads to the Mount Stewart estate in Co Down. (S)
■ Continues tomorrow

9.00 **Jane Austen: Rise of a Genius** Series finale 3/3. A look at how Austen was determined to secure her financial future, so dived back into her writing with her most ambitious work yet. (S)
■ Entire series on BBC iPlayer

10.00 **Upstart Crow** *Beware My Sting!* 5/6. Will's new comedy *The Taming of the Shrew* becomes a hit, but the subject matter of the play divides opinion. (S2) (S)(R)(AD)

10.30 **Newsnight** (S)

11.00 **FILM The Children Act** Drama starring Emma Thompson and Fionn Whitehead. A judge must rule on a case involving a 17-year-old refusing to have a blood transfusion on religious principles. (S) (2017, 12, 100min) ★★★★
12.40 AM **Sign Zone: Countryfile** (S)(R)
1.35 **Sign Zone: Race Across the World** The teams head for Panaji. (S)(R)
2.35 **Sign Zone: Antiques Roadshow** Belfast's Botanic Gardens. (S)(R)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Alan Titchmarsh's Gardening Club** New edition Anna Greenland explores the renowned dry garden at Hyde Hall in Essex, and houseplant expert Claire Lowrie tackles some of the most common indoor plant dilemmas. (S)
3.00 **Lingo** Adil Ray hosts the word-based quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

2.00 Alan Titchmarsh's Gardening...

7.30 **Emmerdale** John is questioned by the police, Tracy tries to defend herself, and Jacob learns Sarah's secret. (S)(AD)

8.00 **Coronation Street** Brody complains about Kit's harassment, Millie drops a bombshell on Todd, Lou begs a favour of Gary, Carla shares her concern for Lisa with Betsy, and Toyah warns Ronnie not to mess Leanne around. (S)(AD)

9.00 **NEW SERIES Shardlake** 1/4. Historical mystery drama adapted from CJ Sansom's novels, starring Arthur Hughes. In 1536, idealistic lawyer Matthew Shardlake investigates a death at a remote monastery. *Previously on Disney+.* (S1) (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)

10.45 **NEW TO ITV1 Love Island** A fresh batch of singles prepare for the summer of a lifetime in the ultimate search for love, with host Maya Jama overseeing proceedings at the villa in Majorca. *Previously shown on ITV2.* (S)
12.05 AM **Teleshopping**
3.00 **Unwind with ITV** (S)
4.15 **to 6.00** AM **The British Soap Awards** Jane McDonald hosts the annual ceremony from London's Hackney Empire, honouring 12 months in soap, with one star receiving the Outstanding Achievement Award. (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 13-16/22. (S7) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 18-21/25. (S11) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From New York. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Following members of the vibrant community who call the UK's canal network home. (S)(R)(AD)
5.00 **Chateau DIY** Julia plans to put on a Mad Hatter's tea party in her grounds. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Series finale In Almería, boutique hotel owner Ellie has big expansion plans. (S)

10.00 BETH

7.00 **News** (S)

8.00 **Dover 24/7: Britain's Busiest Port** New edition A storm causes major disruption, a tug boat helps a ferry dock safely in the strong wind, and more than 80 cyclists descend on the port for a charity bike ride. (S)(AD)

9.00 **NEW Jamie's Dyslexia Revolution** The chef examines the issues faced by children with dyslexia, who are trapped by an archaic education system and unable to unlock their potential. *See feature, page 20.* (S)(AD)

10.00 **NEW BETH** *Omnibus:* Sci-fi drama about a couple whose dreams of having a baby finally come true. Stars Nicholas Pinnock and Abbey Lee. *See feature, page11.* (S)(AD)

10.45 **Gogglebox** Opinions on *The Teacher, Slow Horses* and *Dating Naked.* (S)(R)
11.45 **First Dates** (S)(R)(AD)
12.40 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.30 **Our Guy in Vietnam** (S)(SL)(R)
2.25 **Levison Wood: Walking with Orangutans** (S)(SL)(R)(AD)
3.20 **Travel Man: 48 Hours in Málaga**
3.45 **Sunday Brunch Best Bits** (S)(R)
3.50 **Escape to the Chateau** (S)(R)
4.00 **George Clarke's Amazing Spaces**
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.35 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Look Who's Stalking** Thriller starring Alissa Filoramo and Juliana Destefano. (S) (2023, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Focusing on ex-civil servant Michelle and her husband Derek in Mazarron. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** A couple's life has turned upside down since they adopted three dogs from Mexico. (S)(R)
6.55 **News** (S)

4.00 Bargain-Loving Brits in the...

7.00 **Traffic Cops** In south Derbyshire, Alex and Jason support a team of local officers as they chase down a gang of teenage suspects on foot. (S)(R)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition PC Brian Camsell responds to a 999 call at 8am about a woman drinking wine while driving and finds the car out of fuel on an overpass. (S)(AD)

9.00 **Fare Dodgers: At War with the Law** New edition South Western Railway revenue protection officer Sam is cornered and verbally abused on a train by a man who has no ticket. (S)

10.00 **999: Police Hour of Duty** A man calls in to report that his neighbour is acting aggressively in the street outside his home, and police officers arrive to find a heavily intoxicated male who refuses to co-operate. (S)(R)

11.05 **Police: Night Shift 999** A report comes in about a group of men trying to break into cars. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S5&6) (S)(R)(AD)
3.50 **Motorhoming with Merton & Webster** From Norfolk. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S8) (S)(R)
11.00 **Macaque Island** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S6) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 13/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Fraudcast News:* Reports of Mr Burns's death provoke a media storm. (S)(R) **5.30** *Bart-Mangled Banner:* The family are sent to Alcatraz. (S)(R)
6.00 **The Office (US)** 4/26. Part one of two. The Dunder Mifflin staff head to Niagara Falls for Jim and Pam's wedding. (S)(R) **6.30** 5/26. Part two of two. Pam deals with an embarrassing injury for Andy the night before her wedding. (S6) (S)(R)

8.00 Gladiators

7.00 **The Simpsons** *Homer the Whopper:* Homer is cast as the lead in a superhero movie penned by Comic Book Guy. (S)(R) **7.30** *Bart Gets a Z:* Bart's mischief causes Mrs Krabappel to get fired. (S)(R)

8.00 **Gladiators** 4/4. A look at the waterway fighters of America's far north, as a spring thaw pits eagles against herons and dragonfly nymphs against venomous water bugs. (S)(R)

9.00 FILM **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy. Streetwise detective Axel Foley goes on the trail of a gang led by a six-foot tall blonde. With Judge Reinhold, Brigitte Nielsen, Jurgen Prochnow and Ronny Cox. (S) (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** Satirical talk show. (R)
11.45 **Curb Your Enthusiasm** 9/10. Larry offends one of Richard Lewis's friends. (S)(R) **12.25** AM 10/10. Cheryl gets her big break. (S1) (S)(R)
1.05 **The Force: Manchester** (S)(R)
2.00 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 3/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.20am Scotcast (S)(R) **12.50** Pointless Celebrities (S)(R) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Bog Amach New edition (S)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** 3 Lle **1.00** Hewlfa Drysor (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Dylan ar Daith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Ci Perffaith **6.30** Rownd a Rownd (AD) **7.00** Newyddion a'r Tywydd **7.20** Sgorio Rhyngwladol **10.00** Ffermio New edition **10.33** Y Tywydd **10.35** Ralio: Pencampwriaeth Rali'r Byd **11.05pm-12.10am** Yr Ynys

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** Actor Sienna Miller is the Star in a Reasonably Priced Car.
7.55 **The Catch Up**
8.00 **Sort Your Life Out with Stacey Solomon** The team transform a home with ingenious hacks for a mother with limited mobility.
9.00 FILM **Four Weddings and a Funeral** Romantic comedy starring Hugh Grant and Andie MacDowell. An inveterate wedding-goer who fights shy of tying the knot himself becomes smitten with a beautiful and elusive American. With Kristin Scott Thomas, Simon Callow and James Fleet. (1994, 15, 117min) ★★★★★
10.55 **What It Feels Like for a Girl** 1/8. Coming-of-age drama starring Ellis Howard. **11.40** 2/8. Byron searches for Max in Nottingham. (S1)
12.25 AM **Cuckoo** 1&2/6. (S4)
1.20 **Angels of the North**
2.20 **Cuckoo** 1/6. (S4)
2.45 **Zoners** Short comedy.
3.00 **to 4.00** AM **Daddy Issues**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Middlesbrough.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend visit Northamptonshire to pick up a 1988 Fiat Uno Turbo. **6.55** Tim and Fuzz head to Huddersfield to rescue a 1992 Volkswagen Corrado.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet Emily and Kris in the village of Somersham, Cambridgeshire, who are unsure whether to sell their three-bed semi or renovate instead.
9.00 **Top Guns: Inside the RAF** 3/6. A trainee pilot on his first-ever Typhoon flight has a cockpit emergency.
10.00 **24 Hours in A&E** An edition focusing on a mother's role in different family units. An 82-year-old woman is treated for a head wound after tripping down the stairs at home.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** A route from Aberystwyth to Newtown.
7.30 **War Walks** Professor Richard Holmes analyses the 1415 Battle of Agincourt.
8.00 **Double Cross: The True Story of the D-Day Spies** The true story of the double agents who helped to make D-Day such a success.
9.00 **The Nazis: A Warning from History** 4/6. How Nazi Germany imposed their theories of racial purity on occupied Poland.
9.50 **The Sky at Night** New edition Celebrating the 350th anniversary of the Royal Observatory.
10.20 **Rise of the Nazis: Dictators at War**
11.20 **How the Wild West Was Won with Ray Mears**
12.20 AM **Great British Railway Journeys** As 7.00pm.
12.50 **War Walks** As 7.30pm.
1.20 **Double Cross: The True Story of the D-Day Spies**
2.20 **to 3.20** AM **Rise of the Nazis: Dictators at War**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *Replaceable You:* Homer gets an assistant.
7.00 **Hollyoaks** Liberty is shattered when hidden truths come to light.
7.30 **The Simpsons** *Clown in the Dumps:* There is a death in Springfield.
8.00 **Below Deck Down Under** New edition The deck team reel after a docking debacle.
9.00 **Gogglebox** Opinions on *Strictly Come Dancing, Serengeti II* and *Vigil*.
10.00 FILM **American Pie 2** Comedy sequel with Jason Biggs and Shannon Elizabeth. (2001, 15, 106min) ★★★
12.05 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **The Goldbergs**
5.25 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

primetime

primetime

Monday

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol** Double bill.
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue** Double bill.
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 10/19. Kristen's confidence is shaken. (S2)
2.00 **Customs UK** Double bill.
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 Elsbeth

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *Rendition:* 7/13. The team investigate the murder of four detectives during a prisoner exchange. (S5)

9 PM

9.00 Elsbeth New episode *Flips the Bird:* 5/20. The attorney investigates the death of a devious kitchen staffer. (S2)

10 PM

10.00 Blue Bloods *First Blush:* 2/21. Danny and Baez investigate a bloody crime scene at a hotel. (S13)
11.00 **Law & Order: Organized Crime** 10/13. (S4)
12.00 M'T **FBI** 9/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Rookie** New episode (S7)
3.00 **The Good Doctor** 7/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 1-&11/13. (S2)
10.15 **Billions** 5&6/12. (S6)
12.25 PM **Game of Thrones** (S5)
1.30 **Dostoyevsky** 3&4/6. (S1)
3.30 **The Sopranos** 10/13. A witness poses a threat to Tony.
4.40 11/13. Richie continues to disobey orders. (S2)
5.45 **Billions** 5/12. Chuck tries to bring home a worthy case but encounters a challenge.
6.50 6/12. Chuck searches for a way to undermine Prince's generosity. (S6)

9.00 Mary & George

7.55 Game of Thrones *The House of Black and White:* 2/10. Arya arrives in Braavos, Stannis has a proposal for Jon, and Cersei fears for her daughter's safety. (S5)

9.00 Mary & George *Not So Much As Love As By Awe:* 3/7. Mary puts into place a plan to take down Somerset for good.

10.00 Mary & George *The Wolf & the Lamb:* 4/7. King James returns to Scotland for the first time since taking the throne. (S1)
11.00 **Homicide: Life on the Street**
12.00 M'T **The Gilded Age** 7/8. George strikes a deal. (S2)
1.00 AM **The White Lotus** 1/6. (S1)
2.00 **Big Little Lies** 5/7. (S1)
3.00 **The Leftovers** 9/10. (S1)
4.00 **Game of Thrones** 1/10. (S5)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 2/20. (S8)
9.00 **Stargate SG-1** 19&20/20. (S8)
11.00 **Supergirl** 10/22. (S4)
12.00 NOON **The Flash** 3/20. (S8)
1.00 PM **Hawaii Five-0** (S6)
3.00 **SEAL Team** 17/22. (S1)
4.00 **S.W.A.T.** 13/21. Hondo, Tan, Deacon and Hicks engage in a manhunt across Tokyo. (S3)
5.00 **Supergirl** 9/22. The superheroes engage in the battle of their lives. (S4)
6.00 **Stargate SG-1** 19/20. The crew travel back in time. (S8)

7.00 Stargate SG-1

7.00 Stargate SG-1 *Moebius – Part Two:* 20/20. The team try to undo the time shift created by the actions of the original crew. (S8)

8.00 Rob Beckett's Smart TV With guests Charlie Cooper, Chris Packham, Natalie Cassidy and Natasia Demetriou.

9.00 Poker Face *One Last Job:* 7/12. Charlie befriends a shop employee who is accused of robbery on Black Friday. (S2)

10.00 Warrior *The Itchy Onion:* 1/10. Crime drama set during the Tong Wars of San Francisco's Chinatown in the 1870s. (S1)
11.00 **Road Wars**
12.00 M'T **The Force: Manchester**
2.00 AM **Road Wars**
3.00 **SEAL Team** 17/22. Mandy makes a move that could cost her everything. (S1)
4.00 **S.W.A.T.** 13/21. Hondo, Tan, Deacon and Hicks engage in a manhunt across Tokyo. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.10 **Dinner Date**
9.10 **The Only Way Is Essex**
9.55 **Real Housewives and the Menopause** Double bill.
11.55 **Dinner Date**
12.55 PM **Olivia Meets Her Match**
1.55 **The Only Way Is Essex**
3.00 **Celebrity Homes**
4.00 **Real Housewives of Miami**
5.00 **NEW SERIES The Real Housewives of Beverly Hills**
6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA The Los Angeles luxury housing market is hit with a perfect storm of multiple different factors. .

9.00 NEW SERIES Love Island Maya Jama hosts as a fresh batch of singles prepare for the summer of a lifetime in the ultimate search for love.
10.35 G'wed 1/6. Comedy with Jake Kenny-Byrne and Dylan Thomas-Smith. (S1)
11.10 **Family Guy** 16/23. Peter and Chris attend a fat camp.
11.35 11/23. Peter decides to live upstairs permanently. (S10)
12.10 AM **American Dad!** (S8&7)
1.10 **Bob's Burgers** 4/22. (S13)
1.40 **Plebs** 1/6. (S1)
2.10 **G'wed** As 10.35pm.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
3.10 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 6/9. Rose's contribution to Robert's party ruffles feathers. (S4)
6.00 **Heartbeat** *Looking for Isabella:* A boy's life hangs in the balance after a fall.

8.00 Midsomer Murders

7.00 Heartbeat *The Hospital Job:* A search for stolen antiques turns into a life-threatening situation for Mason and Wetherby.

8.00 Midsomer Murders *Send in the Clowns:* Things take a gruesome turn when the circus comes to town, bringing with it sinister clown sightings, threatening notes and deathly dangerous circus acts.

10.00 Grantchester 5/6. When Sidney's old friend Reverend Sam Milburn goes missing, the vicar fears the worst. (S2)
11.00 **Grantchester** 6/6. (S2)
11.55 **Cracker** 6/7. Fitz investigates a teenager's murder. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Letting Go:* Frankie accidentally injures a man trying to steal his motorbike.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.30 PM **Sign Zone: Grand Tours of Scotland's Rivers** The Spey.
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
4.30 **LIVE International Football** Liechtenstein v Scotland: Coverage of the friendly at Rheinpark Stadion in Vaduz. Kick-off is at 5.00.
7.30 **Reporting Scotland**
8.00 **Pilgrimage: The Road to the Scottish Isles** 1/3. Seven celebrities learn about St Columba.
9.00 **Icons of Style** 1/2. A look at the history of Scottish fashion.
10.00 **Designing the Hebrides**
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Only Child** 1/6. (S1)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S2)
10.15 **Entourage** (S4)
11.15 **Barry** (S1&2)
12.35 PM **Ballers** (S3)
1.55 **Entourage** (S4)
3.05 **High Maintenance**
4.25 **Barry** (S1&2)
5.55 **The Office (US)** (S6)
6.55 **The Conners** (S2)
7.55 **Ballers** 7&8/10. (S3)
9.15 **Last Week Tonight with John Oliver** New edition Satirical talk show.
10.00 **The Rehearsal** New episode *Washington:* 5/6. Nathan heads to Washington.
10.40 Series finale *My Controls:* 6/6. Nathan makes a big bet. (S2)
11.50 **Last Week Tonight with John Oliver** Talk show.
12.35 AM **Real Time with Bill Maher** New edition
1.45 **Curb Your Enthusiasm**
3.15 **High Maintenance** (S4)
3.50 **The Comeback** (S2)
4.30 **to 5.00** AM **Sort Of**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Andrea Bocelli: The Journey**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Auction Special**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Dancing Through the Skies**
10.00 **Classic FM Live: A Film Music Spectacular**
11.55 **Nigel Kennedy: The Four Seasons**
1.00 AM **Charles Hazlewood: Beethoven & Me**
2.00 **My Week with Guerrilla Girls** Series finale
3.00 **A Play in a Day**
4.00 **Marina Abramovic Takes Over TV**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Lineage:* 12/26. (S7)
8.00 **Star Trek: Deep Space Nine** *If Wishes Were Horses:* 16/20. The crew's fantasies come true. (S1)
9.00 **FBI** *Little Egypt:* 1/19. OA goes undercover.
10.00 *The Lives of Others:* 2/19. A blogger's son goes missing. (S2)
11.00 **Grimm** 12/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Celebrity Wheel of Fortune** Featuring AJ Odudu, Gok Wan and Charlotte Church.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Stephen Fry and Jeanette Kwakye compete in the quiz to win cash for charity.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Game show hosted by Graham Norton.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 12/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 18/19. (S2)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 4/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/24. (S3)
9.00 **Randall and Hopkirk (Deceased)** *Sentimental Journey:* 19/26. (S1)
10.00 **The Avengers** *The Bird Who Knew Too Much:* 5/24. Two spies obtain information about a secret missile base. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- **6.00** AM **Dramatic Finishes**
- **6.05** **Minder**
- **7.10** **The Professionals**
- **8.20** **Dempsey and Makepeace**
- **9.20** **Magnum, PI**
- **10.20** **Kojak**
- **11.25** **Isle of Man TT**
- **12.30** PM **The Adventures of Sherlock Holmes**
- **1.35** **Dempsey and Makepeace**
- **2.35** **Magnum, PI**
- **3.40** **Kojak**
- **4.45** **Minder**
- **5.55** **The Professionals**

8.00 Beat the Chasers

7.00 Cycling: Critérium du Dauphiné Highlights Action from stage two, a 204.6km route from Prémilhat to Issoire.

8.00 Beat the Chasers: Celebrity Special Former Olympian Christine Ohuruogu takes on five of the Chasers..

9.00 Isle of Man TT Action from the second Supertwin race, as the prestigious motorcycling event draws to a close.

10.00 FILM **Platoon** Drama with Charlie Sheen and Tom Berenger. A college drop-out volunteers to serve as an ordinary foot soldier in Vietnam. (1986, 15, 120min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- **12.20** AM **Isle of Man TT**
- **1.15** **Motorsport UK**
- **2.05** **Minder**
- **3.00** **Teleshopping**
- **5.00** **to 5.30** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: Enterprise** (S2)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: The Next Generation** 9/26. (S6)
- **2.00** **Blood & Treasure** 2/13. (S2)
- **3.00** **Stargate Universe** (S2)
- **4.00** **Star Trek: Voyager** (S5)
- **5.00** **Star Trek: The Next Generation** 9/26. (S6)
- **6.00** **Star Trek: Enterprise** 20/26. Mayweather learns his father has died, leaving his brother in charge of his cargo ship. (S2)

7.00 Blood & Treasure

7.00 Blood & Treasure *Tales of the Golden Tiger:* 2/13. The search for Kate Reece takes Danny and Lexi to Vietnam. (S2)

8.00 Stargate Universe *Gauntlet:* 20/20. Drones are discovered at every star leading to the edge of the galaxy. (S2)

9.00 Grimm *The Taming of the Wu:* 19/22. Sgt Wu becomes entangled in an altercation that threatens to land him in trouble. (S5)

10.00 The Walking Dead *How It's Gotta Be:* 8/16. The Saviors launch an attack on Alexandria. (S8)

- **11.00** **Wynonna Earp** 10/12. The Widows and their paralysing poison plague grow in power.
- **12.00** M'T **11/12.** Companions become enemies after a wish goes awry. (S2)
- **1.00** AM **True Blood** 7&8/12. Double bill of the drama. (S4)
- **3.00** **Blood & Treasure** As 7.00pm.
- **4.00** **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- **7.15** AM **Murdoch Mysteries** (S18)
- **9.00** **Father Brown**
- **10.00** **The Coroner** 6/10. (S1)
- **11.00** **Hudson & Rex** 8/16. (S2)
- **12.00** NOON **Shakespeare & Hathaway: Private Investigators** 5/10. (S2)
- **1.00** PM **Death in Paradise** (S11)
- **2.00** **Murdoch Mysteries** (S18)
- **4.00** **The Coroner** 6/10. (S1)
- **5.00** **Hudson & Rex** 8/16. (S2)
- **6.00** **Father Brown** *The Jackdaw's Revenge:* The priest protects those closest to him when an old foe is released from prison.

8.00 Death in Paradise

7.00 Shakespeare & Hathaway: Private Investigators 5/10. Frank and Lu must track down a vital witness. (S2)

8.00 Death in Paradise *Last Call to Honore:* 1/9. A seemingly simple kidnapping case results in a murder. (S11)

9.00 Shakespeare & Hathaway: Private Investigators 3/10. An Eastern European oligarch disappears.

10.00 Shakespeare & Hathaway: Private Investigators 4/10. A psychic TV show is the scene for murder. (S2)

- **11.00** **Father Brown** As 6.00pm.
- **12.00** M'T **Shakespeare & Hathaway: Private Investigators**
- **1.00** AM **Elementary** 20/24. A magician is killed while performing a classic stunt. (S5)
- **2.00** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.25** AM **Highlights**
- **9.15** **My Hero**
- **9.55** **Are You Being Served?**
- **10.35** **Only Fools and Horses**
- **11.15** **Last of the Summer Wine**
- **12.35** PM **The Green Green Grass**
- **1.15** **My Hero**
- **1.55** **Dad's Army: Lost Episodes**
- **2.30** **Only Fools and Horses**
- **3.10** **Are You Being Served?**
- **3.45** **Last of the Summer Wine**
- **5.05** **The Green Green Grass**
- **5.40** **Are You Being Served?**
- **6.20** **Only Fools and Horses**

8.20 Gavin & Stacey

7.00 Dad's Army: The Lost Episodes Frazer and Jones vie for promotion.

7.40 The Good Life Margo's new windbreak causes problems for the Goods.

8.20 Gavin & Stacey First episode of the comedy starring Mathew Horne and Joanna Page.

9.00 Still Open All Hours Mrs Featherstone continues her search for a husband.

9.40 Harry Enfield and Chums First edition of the comedy sketch show. Waynetta kicks Wayne out.

10.20 Absolutely Fabulous Emma Bunton arrives for a meeting with Edina.

- **11.00** **Not Going Out**
- **11.35** **Harry Enfield and Chums**
- **12.15** AM **Still Open All Hours**
- **12.55** **Absolutely Fabulous**
- **1.35** **Not Going Out**
- **2.10** **The Two Ronnies**
- **2.45** **My Hero**
- **3.30** **to 4.00** AM **Gavin & Stacey**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **World's Most Dangerous Roads** From Georgia.
- **8.00** **Border Force: America's Gatekeepers** Double bill.
- **10.00** **Guy's Road to Chernobyl**
- **11.00** **Rick Stein's Far Eastern...**
- **12.00** NOON **Storage Hunters UK**
- **2.00** PM **Our Guy in Colombia**
- **3.00** **Top Gear** Double bill.
- **5.00** **Hairy Bikers' Best of British** The duo explore the food provided by British waterways.
- **6.00** **Rick Stein's Far Eastern Odyssey** A culinary journey, beginning in Cambodia.

10.50 Silence Is Golden

7.00 Would I Lie to You? With Kian Egan, Bob Mortimer, Adil Ray and Mel Giedroyc.

7.40 Chris McCausland, Judi Love, John Cooper Clarke and Caroline Quentin take part.

8.20 Richard Osman's House of Games With Janet Ellis and Darren Harriott.

9.00 QI XL Guests Jimmy Carr, Sue Perkins and Reginald D Hunter join regular panellist Alan Davies and host Stephen Fry.

10.00 8 Out of 10 Cats Best Bits Series highlights.

10.50 Silence Is Golden Series finale 6/6. Featuring a naked picnic.

■ Entire series on U

- **11.50** **Mock the Week**
- **12.30** AM **Would I Lie to You? At Christmas** With Clive Myrie.
- **1.10** **Would I Lie to You?** As 7pm.
- **1.50** **I'll Get This** Double bill.
- **2.50** **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

4seven

137/138 163 143 49 127 16

- **9.00** AM **A New Life in the Sun: Where Are They Now?** From Almeria.
- **10.00** **Chateau DIY**
- **11.00** **Help! We Bought a Village** Documentary.
- **12.00** NOON **A Place in the Sun** From Majorca.
- **1.00** PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
- **1.30** **Narrow Escapes**
- **2.30** **Chateau DIY**
- **3.30** **Come Dine with Me**
- **6.00** **Location, Location, Location** From Leeds.
- **7.00** **The Great Celebrity Bake Off for Stand Up to Cancer**
- **8.00** **Our Yorkshire Shop: A Victorian Restoration**
- **9.00** **24 Hours in A&E**
- **10.00** **Our Guy in Vietnam**
- **11.05** **Night Coppers**
- **12.05** AM **Taskmaster**
- **1.10** **Celebrity Gogglebox**
- **2.10** **Gogglebox**
- **3.10** **999: On the Front Line**
- **4.05** **to 5.00** AM **24 Hours in A&E**

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Murder, She Wrote**
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS: Hawaii** *The Game:* 11/22. Lucy goes undercover at an underground poker tournament.
- **7.00** *Spies – Part One:* 12/22. The team look into the death of navy engineer Joseph Chan.
- **8.00** *Spies – Part Two:* 13/22. Tennant learns the shocking truth about her friend's past. (S1)
- **9.00** New episode *Rising Sun:* 11/22. Special Agent Pike is ambushed while working undercover with a Japanese crime family, and the team must find the person responsible for starting the attacks. (S2)
- **10.00** **Law & Order: Special Victims Unit** (S24)
- **1.50** AM **Blue Bloods** (S7)
- **2.45** **The Good Wife** (S5)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Car Pound Cops**
- **11.00** **Traffic Cops**
- **12.00** NOON **Traffic Cops: Under Attack**
- **1.00** PM **Traffic Cops**
- **2.00** **Police Interceptors**
- **5.00** **Nightmare Tenants, Slum Landlords**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts**
- **9.00** **Ambulance: Code Red** Medics rush to a knife attack victim.
- **10.00** **999: Critical Condition**
- **11.00** **Skin A&E** Operating on a pectoral lipoma.
- **12.00** M'T **GPs: Behind Closed Doors**
- **1.00** AM NEW SERIES **Absentia** 1&2/10. (S2)
- **2.45** **Police Interceptors**
- **3.35** **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.15** **Trucking Hell**
- **10.15** **Traffic Cops**
- **11.15** **Police Interceptors**
- **12.15** PM FILM **Ride in the Whirlwind** Western starring Jack Nicholson. (1966, PG, 83min) ★★
- **2.00** FILM **Day of the Evil Gun** Western adventure starring Arthur Kennedy. (1968, PG, 93min) ★★
- **4.00** **Trucking Hell**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **7.00** **Motorway Cops: Catching Britain's Speeders** Documentary.
- **8.00** **Police Interceptors** Officers go after suspects who reportedly stole a car at knifepoint.
- **9.00** **Warship: Life at Sea**
- **11.00** **Yellowstone** New episode 6/10. (S4)
- **12.00** M'T **Outback Truckers**
- **2.00** AM **Trucking Hell**
- **3.50** **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- **6.10** AM **MasterChef Australia** Culinary show.
- **7.00** **My Dream Home**
- **8.00** **Tipping Point**
- **11.00** **Nick Knowles' Big House Clearout**
- **1.00** PM **Tipping Point**
- **4.00** **My Dream Home**
- **6.00** **DIY SOS: The Big Build**
- **7.00** **999 Rescue Squad**
- **8.00** **Pete Wicks: For Dogs' Sake** Pete meets a litter of puppies known as the Potato Pups.
- **9.00** **Deadly Waters with Captain Lee** New edition Investigators look into the disappearance of a Florida couple.
- **10.00** **Serial Killer with Piers Morgan** Piers meets murderer Mark Riebe.
- **11.00** **Nurses Down Under**
- **1.00** AM **Louis Theroux: Behind Bars** From San Quentin State Prison.
- **2.00** **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- **7.30** AM **Pie in the Sky**
- **8.25** **Doctors**
- **9.40** **Holby City**
- **10.35** **Classic Casualty**
- **11.40** **The Bill**
- **12.40** PM **Classic EastEnders**
- **2.00** **Pie in the Sky**
- **3.00** **Hamish Macbeth**
- **4.10** **Lovejoy**
- **5.25** **Keeping Up Appearances**
- **6.00** **Birds of a Feather**
- **6.40** **Last of the Summer Wine** Double bill.
- **8.00** **The Inspector Lynley Mysteries** *A Traitor to Memory:* A woman is killed in a hit-and-run.
- **10.00** **New Tricks** *Big Topped:* Sandra loses her trust in the team. Guest stars Sheila Hancock.
- **11.15** **Bergerac**
- **12.25** AM **Sister Boniface Mysteries** 5/10. (S3)
- **1.25** **Rebus**
- **2.45** **Birds of a Feather**
- **3.15** **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Margate.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Antiques Road Trip** With Anneka Rice and Liz Carr. **8.00** With Tony Maudsley and Sherrie Hewson.
9.00 **The Derbyshire Auction House** New edition Irita Marriott and her team uncover hidden gems.
10.00 **NEW Tom Daley: 1.6 Seconds** A look at Tom Daley's journey from Olympic prodigy to national treasure.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill. With Ellie Taylor, Steve Pemberton, Fern Britton and Josh Widdicombe.
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The Blitz on London**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Angel and the Badman** Offbeat John Wayne Western. (1947, b/w, U, 100min) ★★★
3.20 **FILM Silverado** Western with Kevin Kline. (1985, PG, 132min) ★★★
6.20 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM General Commander** Thriller. (2019, 18, 85min) ★★
10.55 **FILM The Hatton Garden Job** Drama. (2017, 15, 93min) ★★★
1.00 AM **FILM Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Another Mother** Thriller with Adam Huss. (2020, PG, 89min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Circle of Friends** Thriller. (2006, PG, 89min) ★★★
2.55 **FILM Lies and Deception** Thriller. (2005, PG, 82min) ★
5.00 **FILM Lost Letter Mysteries: Lost Without You** Drama. (2016, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Den of Thieves** Crime thriller. (2018, 15, 137min) ★★★
11.55 **FILM All the Money in the World** Drama. (2017, 15, 132min) ★★★★
2.50 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Evil Nanny** Horror thriller. (2016, 12, 90min) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Welcome to Christmas** Drama. (2018, PG, 91min) ★★
10.05 **FILM Christmas at Graceland** Drama. (2018, U, 85min) ★★
12.00 NOON **FILM A Very British Christmas** Drama. (2019, PG, 90min) ★★
2.00 PM **FILM My Christmas Fiancé** (2022, PG) ★★
4.00 **FILM Christmas Wedding Planner** Drama. (2017, PG) ★★
5.55 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
8.00 **FILM A Bride for Christmas** Drama. (2012, PG, 90min) ★★
9.55 **FILM Christmas Comes Home** Festive drama. (2020, PG, 84min) ★★
11.50 **FILM A Christmas Reunion** (2015, PG) ★★
1.55 AM **Highway to Heaven**
2.55 **to 5.00** AM **FILM My Christmas Fiancé**

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 1/11. (S5)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married... with...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 12/13. (S1)
2.30 **Haggard** 4/7. (S1)
3.00 **Mapp and Lucia** (S2)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 1/11. (S5)
6.30 **Carry On Laughing**
7.00 **Brass** 12/13. (S1)
7.30 **Haggard** 4/7. (S1)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 9/25. (S1)
10.00 **Carry On Laughing**
10.30 **Married... with Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Mapp and Lucia**
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** King Crab season comes to an end and the fleet pull up their last pots. **8.00** The *Time Bandit* crew rush to the dock after a freak accident.
9.00 **My Feet Are Killing Me** Cindy hopes Dr Brad can fix her stumpy foot. **10.00** Cases include crossed toes and unknown masses.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Hollywood...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes**
10.00 **Korean Food Tour**
11.00 **Great British Bake Off**
1.00 PM **Paul Hollywood: City Bakes** Double bill.
2.00 **James Martin's Favourite Feasts**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Food Heroes**
6.00 **Korean Food Tour**
7.00 **Great British Bake Off**
9.00 **River Cottage to the Core** Picnic food.
10.00 **Secrets of the Curry Kitchen** Prawn biryani.
10.30 **Nadiya's Simple Spices**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
1.30 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/22. (S6)
9.00 **The Twilight Zone**
10.00 **Knight Rider** (S2)
11.00 **FILM Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
1.00 PM **FILM Arizona Bushwhackers** Western. (1968, PG, 87min) ★★★
3.00 **FILM Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
5.00 **Star Trek** 25/30. (S1)
6.00 **Knight Rider** (S2)
7.00 **The Fall Guy** 1/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Empire State** Crime thriller starring Liam Hemsworth. (2013, 15, 90min) ★★
10.55 **FILM Runaway Jury** Legal thriller. (2003, 12, 127min) ★★★★
1.25 AM **FILM Paradise Cove** Thriller. (2021, 15) ★★
3.25 **to 5.00** AM **FILM Death Race 2000** Sci-fi thriller. (1975, 15, 90min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Biggles: Adventure in Time**
8.00 **FILM Triassic Hunt** Action adventure. (2021, 15, 86min) ★★
10.00 **The Lost World** (S1)
11.00 **10.5 Apocalypse**
1.00 PM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 18/23. (S2)
5.00 **FILM Biggles: Adventure in Time** Time-travel adventure. (1986, PG, 108min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 19/23. (S2)
9.00 **FILM Zulu Dawn** Historical drama sequel starring Burt Lancaster. (1979, PG, 121min) ★
11.15 **FILM Western World** Western with Greg Steele. (2017, 12, 78min) ★★
1.00 **to 3.00** AM **FILM Await Further Instructions** Horror. (2018, 15) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Ilford.
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Curse of Skinwalker...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Cities of the Underworld**
11.00 **Secrets in the Sand**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** The Severn.
11.00 **Ben Fogle: New Lives in the Wild** Ireland.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** In Lyme Regis.
8.00 **Ben Fogle: New Lives in the Wild** From Brazil.
9.00 **Cruising with Susan Calman** The islands of French Polynesia.
10.00 **The Canary Islands with Jane McDonald**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Tales from the Riverbank** The Severn.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Beach Hunters** New editions Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Castle Impossible** New edition Daphne Reckert and Ian Figueira create a bedroom in the Bell Tower.
10.00 **Celebrity IOU** Drew Barrymore surprises her best friend with a life-changing renovation.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Extreme Sisters**
8.00 **1000-lb Sisters**
9.00 **Polyfamily** New edition Sean crosses a boundary with Alysia.
10.00 **Sister Wives** Christine goes on a second date.
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Sister Wives**
3.00 **Sex Sent Me to the ER**
4.00 **1000-lb Sisters**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S5)
1.00 PM **Friends** (S1&2)
8.00 **Friends** 7/24. Rachel gets drunk and tells Ross she no longer craves his affection. **8.30** 8/24. Ross draws up a list of Rachel's good and bad points. (S2)
9.00 **Lee Evans: Big – Live at the O2** Stand-up show from London's O2.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **South Park** (S5)
1.30 AM **Beavis and Butt-Head** (S4&3)
2.45 **Whose Line Is It Anyway? USA**
3.15 **Ahir Shah: Dots**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 5&6/24. (S3)
11.00 **Friends** 6–9/18. (S10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** (S1&2)
4.00 **Guessable?**
5.00 **Becker** 5&6/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 7/22. Nick's attraction to Reagan starts affecting Schmidt and Cece's relationship. **9.30** 8/22. Reagan tests Nick and Winston. (S5)
10.00 **Friends** 17–22/24. (S1)
1.00 AM **The Ren & Stimpy Show** 3&4/14. (S4)
2.00 **Reno 911!** (S6)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 5&6/24. (S3)
4.30 **Iain Stirling: Failing Upwards** Stand-up.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: War on Crime** Documentary.
10.00 **Sun, Sea and A&E**
11.00 **Chucky** *Cape Queer:* 6/8. Jake and his friends set a trap for Chucky. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Amir Khan.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
9.00 **Teen Mom: Girls' Night In** Reality series.
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The Dramatic**
2.00 **Catfish: The TV Show**
5.00 **Catfish: The Dramatic**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Teen Mom: The Next Chapter** Reality series.
9.00 **Ex on the Beach: Body SOS** A man seeks help to become as 'ripped' as his friends.
10.00 **Skin A&E**
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A man builds an eco-friendly private floating island made from recycled plastic bottles.
6.00 **Border Control: Spain** Police officers discover a shipment of smuggled weapons. **6.30** Agents discover a package containing cocaine.

8.00 Scrap Kings

7.00 **Wheeler Dealers** Mike buys a 58-year-old Dormobile campervan, but Elvis has a huge amount of work to do.

8.00 **Scrap Kings** In Essex, once-luxurious supercars are taken apart, and in West Yorkshire, cooling towers are blown up.

9.00 **Alaska: Homestead Rescue** A Florida homestead is devastated by flooding and alligators, so the Raneys find inventive ways to protect the homestead and bring in new food sources.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Alaska: Homestead Rescue** As 9.00pm.
3.00 **Street Outlaws** The Chief comes up with a new challenge for himself.
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Legends of the Wild**
4.00 **My Cat from Hell** Jackson Galaxy works with a feline that is afraid of its own tail.
5.00 **Animal Cops Philadelphia** Thirteen horses are found at a farm in northern Pennsylvania.
6.00 **Tanked** The team build a reef tank for the owner of a winery.

8.00 Fish or Die

7.00 **Pit Bulls & Parolees** The family reminisce about dogs that hold a special place in their hearts.

8.00 **Fish or Die** Four friends and die-hard anglers set out to be the first to fish the most remote waters in the world.

9.00 **Fish or Die** The guys head deep into Zambia, travelling 400 miles of unpaved roads chasing reports of tigerfish.

10.00 **Alaska Monsters** Todd devises a trap for a huge feline who has been reported in the town of Paxson.

11.00 **How Do Animals Do That?** How blind bats avoid collision. **11.30** How humpback whales are able to leap so far.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Titanic: The Digital Resurrection** Documentary.
1.30 PM **Abandoned**
2.00 **Hitler: The Lost Tapes of the Third Reich** Double bill.
4.00 **Drain the Oceans: Pacific War Megawrecks**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a former soldier's Austin army truck.
6.00 **Nazi Megastructures** The story of the German air force during World War Two.

8.00 Amsterdam Central 24/7

7.00 **Air Crash Investigation** The story of how Captain Frank Geib saved Northwest Airlines Flight 85 from disaster in 2002.

8.00 **Amsterdam Central 24/7** New edition When a train loses power during Pride Day, it's a race against time for traffic control.

9.00 **Air Crash Investigation** Investigating the crash of Air France Flight 447, which proved an extremely difficult disaster inquiry.

10.00 **Colossal Machines** New edition Compilation of series highlights.

11.00 **Air Crash Investigation**
12.00 M'T **Situation Critical**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** The team evaluate a medieval lance.
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **D-Day: 100 Days to Beat the Third Reich**
6.50 **Strangest Things**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **The UnXplained with William Shatner**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** The guys check out vintage rock t-shirts.
6.00 **American Pickers**

10.00 Discovered by Disaster

7.00 **Forged in Fire** After forging friction folders, the finalists must create a blade that requires both precision and detail.

8.00 **Bradley Walsh: Egypt's Cosmic Code** The host fulfils a lifetime's ambition to visit the monuments of Ancient Egypt.

9.00 **Royal Autopsy** 2/2. Alice Roberts revisits the death of Queen Elizabeth I with forensic pathologist Dr Brett Lockyer.

10.00 **Discovered by Disaster** New edition Exploring Seahenge's Bronze Age timber circle and ancient remains in a mudslide.

11.00 **Sex: A Bonkers History** How sexual behaviours through the ages have shaped civilisations.
12.00 M'T **Evidence of the Unexplained** A look at recently declassified top secret UFO files.
1.00 AM **Ultimate Mysteries**
2.00 **Greatest Escapes of WWII**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Downfall** Documentary.
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **War Factories** The mass production of ammunition.
6.00 **Antiques Roadshow** A visit to Abbotsford, near Melrose in the Scottish Borders.

8.00 Canal Boat Diaries

7.00 **Rise of the Nazis: Dictators at War** Hitler retreats from public life as he faces defeat on the Eastern Front.

8.00 **Canal Boat Diaries** New edition Robbie moors by Hampton Court Palace, but a tree branch smashes a window.

9.00 **Mediterranean with Simon Reeve** Simon's journey concludes in Morocco, Spain, Corsica and the French Riviera.

10.00 **Bangers & Cash** Three rare Alvises get the auction buyers going when they come under the hammer.

11.00 **Bangers & Cash** Derek is reunited with the vehicle he took his driving test in – a 1957 Ford 100E Estate.
12.00 M'T **Retro Electro Workshop** Shamil finds a pinball machine that should be simple to repair.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Shed and Buried**
9.00 **Wheeler Dealers World Tour** In Germany, Mike and Elvis are captivated by an E30 M3, their most expensive purchase yet.
10.00 **MotoGP Highlights** Action from the Grand Prix of Aragon, the eighth round of the season.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Married to Evil**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** The cases of Rolandas Poskus and Amanda Playle.
8.00 **Murder on CCTV**
9.00 **Murder Chose Me**
10.00 **Nurses Who Kill**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Cindy Borton.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** Hidden within a new marriage is a web of deceit, manipulation and love affairs.
8.00 **Murder She Solved** A female investigator uncovers the link between two murders, 10 months apart.
9.00 **Britain's Most Evil Killers** The crimes of Peter Sutcliffe, the Yorkshire Ripper.
10.00 **Murder on the Internet** Part one of two. Crimes committed by people using online dating as a way of finding their victims.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **Murder on the Internet**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Secrets of a Murder Detective**
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** When a beautiful model goes missing, suspicious photographs are found. **4.30** Investigating a real death during a murder mystery event. **5.00** The death of a woman in an apparent riding accident. **5.30** Treads and threads enable police to track down a killer. **6.00** A tale in which cattle auctions were tainted by false cheques. **6.30** Police must discover the identity of a skull found in a lake.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killing Mum and Dad**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **The Killer Within**
10.00 **Killer in My Village**
11.00 **Britain's Most Evil Killers** Mark Bridger.
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped**
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Los Angeles: Stories...**
9.40 **Mafia's Greatest Hits**
10.50 **A Nation Denied...**
11.50 **Living in the Shadow...**
1.00 PM **Grand Tours of...**
1.40 **Mafia's Greatest Hits**
2.45 **Los Angeles: Stories...**
3.50 **A Nation Denied...**
4.50 **Mafia's Greatest Hits**
5.55 **Living in the Shadow...**
7.00 **Los Angeles: Stories from the City**
8.00 **A Nation Denied: Ukraine's Battle for History** 1/2. Tracing Ukraine's history.
9.00 **Once Upon a Time in Northern Ireland** Stories of the Troubles from people on all sides of the conflict.
10.15 **Living in the Shadow of World War Two**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Once Upon a Time...**
1.20 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.05 **Discovering: Joan Fontaine**
8.00 **The Directors**
9.00 **Urban Secrets**
9.55 **Shaq** As shown at 7.00pm.
11.00 **Janet Jackson** As 8.00pm.
12.00 NOON **The Apollo**
2.00 PM **Breslin and Hamill: Deadline Artists**
4.00 **The Directors**
5.00 **Discovering: Joan Fontaine**
6.00 **100 Foot Wave**
7.00 **Shaq** 1/4. Shaquille O'Neal's ascent to superstardom.
8.00 **Janet Jackson** 1/4. A profile of the singer in which she speaks candidly about her early years and her career.
9.00 **FILM Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15, 120min) ★★★★
11.15 **Mr Dynamite: The Rise of James Brown** Documentary.
1.30 AM **Kings of Coke**
3.15 **Pantani: The Accidental Death of a Cyclist**
5.05 **to 6.00** AM **Discovering: Joan Fontaine**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Surviving the Amazon**
11.00 **Macaque Island**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Surviving the Amazon**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **Gladiators**
9.00 **Attack and Defend** The skills of predators that eat insects. **9.30** A look at creatures that have evolved as hunters.
10.00 **Dawn to Dusk**
11.00 **Brazil Untamed**
12.00 M'T **Macaque Island**
1.00 AM **Arabian Inferno**
2.00 **Gladiators**
3.00 **Attack and Defend**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Shipwrecks: When History Resurfaces** The Roman Empire.
8.00 **Auction Hunters** Ton Jones and Allen Haff attempt to sell a 19th-century pistol. **8.30** The traders discover a rare bicycle from the 1930s.
9.00 **Ross Kemp: Deep Sea Treasure Hunter**
10.00 **Secrets of the Lost Ark**
11.00 **The Lost Pirate Kingdom**
12.05 AM **Ancient Aliens**
2.05 **D-Day: 100 Days to Beat the Third Reich** Documentary.
3.05 **Strange Evidence**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **A Perfect Scam**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Mark Fellows.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Killer Britain with Dermot Murnaghan** New edition
10.00 **NEW SERIES Interview with a Killer** With David Scott.
12.00 M'T **Murder By Medic**
1.00 AM **Killer Britain with Dermot Murnaghan**
2.00 **Interview with a Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **When Sharks Attack 360**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Killer Whale Chronicles**
3.00 **Baby Sharks in the City**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** A black mamba gets trapped on a roof.
7.00 **Secrets of the Zoo: North Carolina** Keepers help Arctic foxes with mysterious injuries.
8.00 **The Lakeshore Killers** Documentary following three male lions growing to maturity.
9.00 **Monsters of the Deep** A look at the unique physical characteristics of cephalopods.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **NASA's Unexplained Files**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **NASA's Unexplained Files**
9.00 **Secrets Underground** A strange cave freezes in summer and melts in winter.
10.00 **How Do They Do It?** A look at how Parmesan cheese is made. **10.30** A Turkish carpet.
11.00 **The 1980s: The Deadliest Decade** The death of vaudeville producer Roy Radin, who was the victim of a murder-for-hire plot at the age of 33 in 1983.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Pointless** Four editions.
1.00 PM **Later... with Jools Holland**
3.40 **Pointless** Five editions of the quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Hosted by Alexander Armstrong and Richard Osman.
8.40 **Later... with Jools Holland** Featuring The The, Charles & Eddie, Chaka Demus & Pliers, The Jayhawks, Maria McKee and Black Umfolosi. **10.00** The host introduces performances by The Kinks, Belly, Neneh Cherry, Aimee Mann, and Maldita Vecindad Y Los Hijos Del Quinto Patio.
11.15 **Pointless** Four editions of the quiz show in which contestants try to score the fewest points possible by giving the least obvious correct answers to questions. Hosted by Alexander Armstrong and Richard Osman.
3.10 AM **Later... with Jools Holland**
4.15 **to 6.00** AM **Pointless**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Evil Lives Here: Shadows of Death** Double bill of editions.
11.00 **Mean Girl Murders**
1.00 PM **Evil Online**
3.00 **Crimes Gone Viral**
5.00 **Betrayed** Double bill.
7.00 **Caught in the Net** When a co-worker found 67-year-old Karen Navarra dead in a bloody scene at her California home, the seemingly contradictory physical evidence baffled police. **8.00** When police discover a three-year-old child dead in Haddon Township, New Jersey, they must turn to the digital evidence to pinpoint the killer.
9.00 **Faking It: Tears of a Crime** The case of John Sharpe.
10.00 **American Monster** Marcus and Christie's relationship sours as Marcus becomes violent.
11.00 **Before They Kill Again**
12.00 M'T **Murder Under the Friday Night Lights** Double bill.
2.00 AM **Betrayed** Double bill.
4.00 **to 6.00** AM **Caught in the Net**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **NEW SERIES Car Fix** Double bill of the motoring series.
10.00 **World's Greatest Motorcycle Rides** With only a few weeks to spare, Henry is passed fit by his doctor to run at Bonneville.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.15 AM **Old Guy** As 11.45pm.
8.00 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
9.55 **Exhibiting Forgiveness**
12.05 PM **Venom: The Last Dance**
2.05 **Your Monster** As 10.00pm.
3.55 **Beetlejuice Beetlejuice** Horror comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
5.45 **Exhibiting Forgiveness** Drama with André Holland and John Earl Jelks. (2024, 15, 117min)

11.45 Old Guy

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Your Monster Romantic comedy starring Melissa Barrera. After her life crumbles, a softly-spoken actor finds her voice again when she meets the monster living in her closet. (2024, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Old Guy** Action comedy with Christoph Waltz and Lucy Liu. (2024, 15, 94min) ★★★
1.25 AM **A Different Man** Thriller. (2024, 15, 112min) ★★★★
3.25 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
5.00 **to 6.45** AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)

Sky Cinema Hits

303 303 403 503 517

8.00 AM **Arrival** As 11.50pm.
10.00 **8 Mile** Urban drama. (2002, 15, 112min) ★★★
12.00 NOON **Lee** Biographical drama. (2023, 15, 117min) ★★★
2.00 PM **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
5.00 **The Lord of the Rings: The Two Towers** Epic fantasy adventure with Elijah Wood. (2002, 12, 179min) ★★★★★

8.00 Passengers

8.00 Passengers Sci-fi action drama starring Jennifer Lawrence and Chris Pratt. Two travellers on a spaceship are woken 90 years before the end of their colonisation mission. With Michael Sheen and Laurence Fishburne. (2016, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Five Nights at Freddy's Horror thriller starring Josh Hutcherson. A man accepts a position as a night-time security guard at an abandoned pizzeria, but is soon locked in a fight for survival. (2023, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
1.50 AM **You, Me and Dupree** Comedy starring Owen Wilson. (2006, 12, 109min) ★★★
3.50 **Passengers** As 8.00pm.
5.55 **to 7.55** AM **Five Nights at Freddy's** As 10.00pm.

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Ben-Hur** As 8.00pm.
10.20 **The Starling Girl** Drama. (2023, 15, 117min) ★★★★
12.20 PM **Valentine's Day** Comedy. (2010, 12, 125min) ★★★
2.30 **Speak Like a Child** Dark drama. (1998, 18, 80min) ★★
3.55 **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
6.40 **Boy Meets Boy** Romantic drama. (2021, 15, 75min) ★★★

8.00 Ben-Hur Spectacular multi-Oscar-winning epic starring Charlton Heston. In 1st-century Palestine, a Jewish prince and a Roman tribune become mortal enemies. With Stephen Boyd. (1959, PG, 212min) ★★★★★
11.45 **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner, who also co-wrote and directed, with Sam Worthington and Sienna Miller. (2024, 15, 181min) ★★★★

2.50 AM **Boy Meets Boy** As 6.40pm.
4.10 **Rurangi** Drama, starring Elz Carrad. A transgender activist returns to the community of Rurangi, hoping to reconnect with his father. Partly subtitled. (2020, 15, 87min) ★★★★
5.40 **to 8.20** AM **Scent of a Woman**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **Linoleum** As 2.35am.
9.15 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
11.05 **Dune: Part Two** Sci-fi drama. (2024, 12, 166min) ★★★★★
1.55 PM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
3.55 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★

6.30 The Purge Horror starring Ethan Hawke and Lena Headey. (2013, 15, 85min) ★★★
8.00 A Quiet Place Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. (2018, 15, 90min) ★★★★
9.35 **The Woman in Black** Chiller based on Susan Hill's ghost story, starring Daniel Radcliffe. (2012, 12, 91min) ★★★★

11.15 **Tarot** Horror starring Harriet Slater. (2024, 15, 92min) ★★
12.55 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
2.35 **Linoleum** Sci-fi comedy drama. (2022, 12, 101min) ★★★
4.25 **to 6.00** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

6.40 AM **The Portable Door** Fantasy. (2023, PG) ★★★
8.40 **Journey to the Center of the Earth** (2008, PG) ★★
10.20 **Journey 2: The Mysterious Island** (2012, PG) ★★★
12.00 NOON **The Wizard of Oz**
2.00 PM **The BFG** Fantasy. (2016, PG, 117min) ★★★★
4.00 **Charlie and the Chocolate Factory** (2005, PG) ★★★★
6.00 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

8.00 **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Beetlejuice Beetlejuice** Horror comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Wizard of Oz** Musical fantasy starring Judy Garland. (1939, U, 98min) ★★★★★
1.45 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
3.25 **Spy Kids 2: Island of Lost Dreams** Action comedy sequel. (2002, U, 100min) ★★★★
5.15 **to 6.50** AM **Spy Kids 3: Game Over** Action comedy sequel starring Daryl Sabara. (2003, U, 84min) ★★★

Sky Cinema Action

307 307 407 507 521

8.10 AM **Man of Steel** Fantasy adventure starring Henry Cavill. (2013, 12, 143min) ★★★
10.40 **Superman Returns** Fantasy starring Brandon Routh. (2006, 12, 154min) ★★★
1.15 PM **Fist of Fury** Martial arts thriller starring Bruce Lee. (1972, 18, 106min) ★★★
3.05 **Black Hawk Down** (2001)
5.35 **Wonder Woman** Fantasy adventure starring Gal Gadot. (2017, 12, 121min) ★★★★

8.00 **Kong: Skull Island** Action adventure starring Tom Hiddleston. A secret mission to a mysterious island descends into chaos when the wildlife proves far from welcoming. With Samuel L Jackson, Brie Larson and John C Reilly. (2017, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

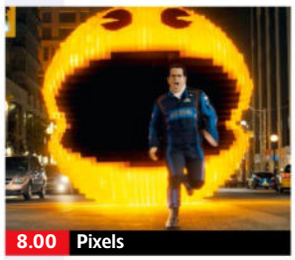
10.10 **The Canton Godfather** Hong Kong action comedy starring Jackie Chan. A country boy rescues a gangland boss and is thrust into the Hong Kong underworld. Subtitled. (1989, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Black Hawk Down** Ridley Scott's war drama. (2001, 15, 144min) ★★★
2.50 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
5.10 **to 7.05** AM **Dragon Lord** Martial arts comedy. (1982, 15, 102min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Pitch Perfect 3** (2017)
7.55 **The Holdovers** As 3.15am.
10.20 **Don't Tell Mom the Babysitter's Dead** Comedy remake with Simone Joy Jones. (2024, 15, 99min) ★★★
12.15 PM **Pitch Perfect** Musical. (2012, 12, 112min) ★★★★
2.15 **Beverly Hills Cop II** (1987)
4.15 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
6.20 **Big Daddy** Comedy. (1999, 12, 95min) ★★★



8.00 **Pixels** Sci-fi comedy starring Adam Sandler and Peter Dinklage. Four former video games champions are recruited to defend Earth from an invasion of 1980s arcade game characters. (2015, 12, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their own fathers during the holidays. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Beverly Hills Cop II** Comedy sequel. (1987, 15, 99min) ★★★
1.35 AM **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
3.15 **The Holdovers** Comedy drama starring Paul Giamatti. (2023, 15, 133min) ★★★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Breakdown** As 12.55am.
7.45 **Ruthless** As 2.35am.
9.20 **The Cinema List: Thrillers**
9.35 **Retribution** Action thriller. (2023, 12, 91min) ★★
11.10 **The Independent** As 5.45am.
1.00 PM **Ocean's Twelve** Thriller sequel. (2004, 12) ★★★★
3.10 **American Star** Mystery thriller. (2023, 15, 107min) ★★★★
5.00 **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
6.35 **Head Count** As 4.15am.

8.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon and Al Pacino. A charismatic thief and his hand-picked gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama about the quest to track down Osama bin Laden, starring Jessica Chastain. (2012, 15, 157min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Breakdown** Thriller. (1997, 15, 94min) ★★★★
2.35 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
4.15 **Head Count** Crime thriller. (2023, 15, 77min) ★★★
5.45 **to 7.40** AM **The Independent** Drama with Jodie Turner-Smith. (2022, 12, 108min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Winslow Boy** Drama. (1948, b/w, U, 117min) ★★★★
1.20 PM **River of No Return** Western with Robert Mitchum. (1954, PG, 91min) ★★★
3.10 **Three Hours to Kill** Western. (1954, 12, 77min) ★★
4.55 **The Wrong Box** Comedy. (1966, U, 101min) ★★★
7.05 **Old Boys** Comedy with Alex Lawther and Jonah Hauer-King. (2018, 12, 96min) ★★★★

Old Boys (film started at 7.05pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Man on Fire** Action thriller starring Denzel Washington and Dakota Fanning. An ex-secret agent becomes a 10-year-old girl's bodyguard and will stop at nothing to find her when she is kidnapped. (2004, 18, 146min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●● **10 PM**

11.55 **Primal** Action thriller starring Nicolas Cage. A hunter and collector of rare and exotic animals sees his precious cargo freed onboard a ship by an arrested political assassin. (2019, 15, 97min) ★★★ **11 PM**
1.50 **to 4.00** AM **The Selfish Giant** Drama starring Conner Chapman and Shaun Thomas. (2013, 15, 91min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Superheroes

302 302 402 502 516

6.00 AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG, 75min) ★★★
7.20 **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★★
8.40 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
10.05 **Hancock** As shown at 4.15am.
11.40 **Kick-Ass 2** As 12.20am.

1.25 PM **Aquaman** Adventure. (2018, 12, 143min) ★★★
3.50 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
6.00 **Green Lantern** Fantasy adventure starring Ryan Reynolds. (2011, 12, 114min) ★★
8.00 **Madame Web** Fantasy adventure starring Dakota Johnson and Tahar Rahim. (2024, 12, 116min) ★★★
10.00 **Hulk** Sci-fi fantasy starring Eric Bana. (2003, 12, 138min) ★★★

12.20 AM **Kick-Ass 2** Comic-book thriller sequel starring Aaron Johnson. (2013, 15, 99min) ★★★
2.10 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
4.15 **to 6.00** AM **Hancock** Action comedy starring Will Smith. (2008, 12, 92min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.20 AM **The Private Life of Sherlock Holmes** Director Billy Wilder's offbeat look at the life of Conan Doyle's great detective. (1970, PG, 125min) ★★★
9.35 **The Man Who Knew Too Much** Classic Hitchcock suspense drama starring James Stewart. (1956, PG, 120min) ★★★★
11.45 **Grease** As shown at 10.45pm.
1.40 PM **Grease 2** As 12.50am.

3.35 **Ghost** Romantic fantasy thriller starring Patrick Swayze. (1990, 12, 127min) ★★★★
5.45 **Gorillas in the Mist** Fact-based drama starring Sigourney Weaver and Bryan Brown. (1988, 12, 124min) ★★★★
8.00 **Out of Africa** Oscar-winning romantic epic starring Meryl Streep and Robert Redford. (1985, PG, 162min) ★★★★
10.45 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★

12.50 AM **Grease 2** Musical sequel starring Michelle Pfeiffer. (1982, PG, 109min) ★★
3.00 **Far and Away** Romantic epic starring Tom Cruise and Nicole Kidman. (1992, 15, 140min) ★★
5.35 **to 6.35** AM **Sky Cinema Preview**

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★
7.15 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
9.00 **The Adventures of Tintin: The Secret of the Unicorn** Animation. (2011, PG) ★★★★★
10.50 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★

12.40 PM **The Garfield Movie** Animation. (2023, U) ★★★
2.25 **Penguins of Madagascar** Animation. (2014, U) ★★★★
4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
5.45 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
7.25 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
9.00 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★★
10.35 **Curious George** Animation. (2006, U, 87min) ★★★★

12.10 AM **Boonie Bears: Guardian Code** (2023, PG) ★★★
1.50 **Teen Titans Go! to the Movies** Animation. (2018, PG) ★★★★
3.20 **Megamind vs The Doom Syndicate** (2024, U) ★★★
4.50 **to 6.20** AM **The Canterville Ghost** Animation. (2023, PG) ★★

Movies 24

312 313 419

7.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
9.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
11.00 **Love On Your Doorstep** Drama. (2023, PG, 86min) ★★
1.00 PM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **A Bestselling Kind of Love** Drama with Ashley Newbrough. (2024, PG, 90min) ★★

5.00 **Love and the Radio Star** Romantic comedy with Laura Miyata. (2022, PG, 90min) ★★
7.00 **The Best Version of Love** Romantic comedy with Natasha Wilson. (2023, PG, 86min) ★★
9.00 **An Unexpected Valentine** Romantic comedy starring Lacey Chabert and Robert Buckley. A taxi driver and his passenger spend Valentine's Night trying to return a lost engagement ring to its owner. (2025, PG, 84min) ★★

11.00 **A Harvest Homecoming** Drama. (2023, PG, 85min) ★★
1.00 AM **A Safari Romance** Comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Spring Breakthrough** (2023, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sky Liner** Spy thriller. (1949, b/w, 12, 70min) ★★★
7.10 **Four Star Theatre** 8/31. (S2)
7.40 **Echo of Diana** Spy thriller. (1963, b/w, PG, 61min) ★
8.55 **Man from Tangier** Thriller. (1957, b/w, U, 67min) ★★
10.15 **What's On TPTV with Noel**
10.25 **Stock Car** (1955, b/w, PG) ★★
11.45 **Tiger by the Tail** Thriller. (1955, b/w, PG, 83min) ★★

1.25 PM **Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
3.05 **Two Wives at One Wedding** Drama. (1961, b/w, U) ★★★
4.25 **The Beverly Hillbillies** (S2)
4.55 **Scotland Yard**
5.30 **Dixon of Dock Green** (S22)
6.30 **Out of Town**
7.00 **The Footage Detectives**
8.00 **Public Eye** 11/13. (S6)
9.05 **Meantime** Mike Leigh drama. (1983, 15, 90min) ★★★★
11.10 **Batman** Big-screen spin-off. (1966, U, 105min) ★★★★

1.15 AM **Spanish Fly** Comedy. (1975, 15, 86min) ★
3.00 **Blood on the Sun** Action drama. (1945, b/w, PG, 93min) ★★★
4.55 **A Lifetime Ago with The Baim Collection**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 9 June

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
12.00 NOON **Lunchtime Live** A look at the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news, with live analysis and comments.
5.00 **Sports Centre** A round-up of the latest sports news.
5.30 **The Transfer Show** Analysis of the latest transfer news.
6.00 **Sports Centre** A round-up of the sports news, with analysis and comments, plus interviews with the headline makers.
7.00 **The Transfer Show** Analysis of the latest transfer news.
8.00 **Sky Sports News** Round-up of the evening's news, with live analysis and comment, plus interviews with headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Leicester City v Manchester United from 2014.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Brighton v Leicester City.
5.30 Brighton v West Ham Utd.
6.00 Brighton v Wolves.
6.30 Chelsea v Brighton.
7.00 Highlights from Crystal Palace v Bournemouth.
7.30 Crystal Palace v Brighton.
8.00 **Champions Show: Liverpool**
9.00 **MNF Special** Peter Schmeichel.
9.30 **Transfer 360** The inside story of Jay-Jay Okocha's move to Bolton.
10.00 **Class of '92: Full Time** Salford's owners and staff plan for another year in League Two.
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Rivalries** Second City Derby.
8.30 **Jimmy Glass: The Great Escape**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2014 final.
11.00 **There's Only One Sauzee**
11.30 **Dundee United: Champions 83** The 1982/83 title triumph.
12.00 NOON **EFL** Leeds Utd v Watford.
1.00 PM **Best Moments from the Championship Play-Off Final**
1.30 **Best Moments from the League 1 & 2 Play-Off Final**
2.00 **Best Goals: EFL Cup 2022/23**
2.30 **EFL Trophy** Bolton v Plymouth.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **WSL: End of Season Special**
5.30 **Women's Championship Show**
6.00 **Bundesliga** Season review.
7.00 **Bundesliga Special: Analysis II**
7.30 **Celtic: Another Season in Paradise** The 2024/25 season.
8.00 **Best Scottish Premiership Goals 2024/25** Recent action.
8.30 **SPFL** Archive highlights.
9.30 **WSL: End of Season Special**
10.00 **Bundesliga** Season review.
11.00 **EFL** Burnley v Sheffield United.
12.00 M'T **EFL** The 2017/18 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Best of England v Windies**
7.00 **Talking Cricket** Windrush.
7.30 **The Boy from Baracara**
8.00 **One-Day International Cricket**
9.00 **International T20 Cricket**
1.30 PM **Ashes Greats**
2.00 **One-Day International Cricket**
5.00 **The Boy from Baracara** Michael Atherton visits the home of West Indies pace sensation Shamar Joseph.
5.30 **Talking Cricket** The story of some of the former England greats with Caribbean heritage.
6.00 **International T20 Cricket** A replay of the second T20 in the three-match series between England and West Indies staged at Seat Unique Stadium, Bristol.
10.30 **Ashes Greats** Adam Gilchrist's performances in 2001.
10.40 Glenn McGrath's performances in 2001.
10.50 Andrew Flintoff's performances in 2005.
11.00 **One-Day International Cricket** England v West Indies.
12.00 M'T **International T20 Cricket**
4.30 AM **Best of ICC WT20**
5.00 **to 6.00** AM **One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Open Official Films**
7.00 **DP World Tour**
12.00 NOON **PGA Tour** Another chance to see day four of the RBC Canadian Open from TPC Toronto at Osprey Valley in Alton, Ontario.
5.00 PM **Golf Academy** Advice on how to improve your game.
5.30 **Rose Ladies Series** Highlights from the latest event at Formby Ladies Golf Club.
6.00 **PGA Tour** Recent action.
6.30 **DP World Tour** A review of the KLM Open in Amsterdam.
7.00 **PGA Tour** Action from the RBC Canadian Open.
8.00 **LPGA Tour** Action from day three of the Shoprite LPGA Classic at the Seaview in Galloway.
10.00 **PGA Tour** Canadian Open.
11.00 **DP World Tour** A review of the KLM Open in Amsterdam.
11.30 **HotelPlanner Tour Golf Highlights** Action from the Challenge De Cadiz.
12.00 M'T **PGA Tour**
1.00 **to 6.00** AM **US Open Official Films**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **ATP Tennis** Highlights.
8.00 **WTA Tennis** Recent finals.
9.00 **ATP Tennis** Stuttgart Open.
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **WTA & ATP Tennis**
12.00 M'T **Tennis** Miami Open finals.
2.00 AM **ATP Sizzle Reel 2024**
2.15 **WTA Sizzle Reel 2024**
2.30 **ATP 2024 Best of Jack Draper**
2.45 **Bitesize Tennis** San Diego Open.
3.00 **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE AFL Melbourne Demons v Collingwood Magpies.** Coverage of the match staged at Melbourne Cricket Ground. Bounce-up **6.20am**.
9.00 **French Open Tennis**
12.00 NOON **Sign Up – Into Football**
12.30 PM **Cycling** World Tour.
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage of the men's second stage, a 204.6km route from Prémilhat to Issoire.
4.30 **Men's Cycling Pro Series**
5.30 **Cycling: Men's Giro d'Italia**
6.30 **WRC Review** Recent action.
7.30 **LIVE British Speedway Leicester Lions v Sheffield Tigers.** Coverage of the race from Hydroscand Arena.
10.00 **True Grit** Documentary.
11.00 **Fight Week** UFC 316 review.
11.30 **LIVE MLB Cleveland Guardians v Cincinnati Reds.** Coverage of the inter-league match staged at Progressive Field. Start-time **11.40pm**.
2.45 AM **WNBA** Golden State Valkyries v Las Vegas Aces.
3.45 **UEFA Champions League Goals Reload** Recent highlights.
4.00 **to 6.00** AM **NWSL**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** GP of Aragon.
9.30 **MotoGP Chequered Flag**
10.30 **Motocross World Championship**
1.30 PM **MLB Highlights**
2.30 **MLB: Off the Bat**
3.00 **NWSL** Highlights from Orlando Pride v Houston Dash.
4.00 Action from Washington Spirit v North Carolina Courage.
5.00 **UEFA Champions League** Action from Paris Saint-Germain v Inter Milan in this year's final.
5.30 **Sign Up – Into Football**
6.00 **LIVE Ultimate Pool** Coverage from Group Two of the Pairs Cup, as some of the country's leading eightball players battle it out for places in the next stage.
9.30 **Cycling** The second stage of the Criterium du Dauphine.
10.30 **Longines Global Champions Tour** Highlights from the fifth round of the season in Cannes.
11.30 **Reframe the Game** Carol Glenn.
11.45 **Kenny Allstar's Number 1's**
12.00 M'T **UFC** Dvalishvili v O'Malley.
3.00 AM **UFC Connected**
3.30 **UFC Main Event** UFC 304.
4.30 **Fight Week** UFC 316 review.
5.00 **to 6.00** AM **Formula E Flashback**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night**
8.00 **Super League** Match replays.
1.30 PM **Fight Night**
3.30 **Darts Gold** Highlights from Colin Lloyd v John Part in 2005.
3.45 Michael van Gerwen v Raymond van Barneveld in 2012.
4.00 **Super League** A chance to see Huddersfield Giants v Leigh Leopards at John Smith's Stadium.
6.45 Another chance to see the match between Hull Kingston Rovers and St Helens at Sewell Group Craven Park Stadium.
9.30 **Fight Night** The European super-middleweight title bout between Callum Simpson and Ivan Zucco at Oakwell in Barnsley.
10.30 A chance to see the May 2024 bout for the WBA and IBO world welterweight titles between Jessica McCaskill and Lauren Price at Utilita Arena Cardiff.
11.30 **Fight Night International** Caroline Dubois v Magali Rodriguez from September 2023.
12.30 AM Action from Franchon Crews-Dezurn v Savannah Marshall from July 2023.
1.30 **Darts Gold** Archive action.
2.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights** Action from Arsenal v Crystal Palace in the quarter-finals.
6.30 Action from Southampton v Liverpool in the quarter-finals.
7.00 **Good Morning Sports Fans** News on today's early stories and a look at the back pages.
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
7.00 **The Transfer Show** Analysis of the latest transfer news.
8.00 **Sky Sports News** Round-up of the latest sports news.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts** Another chance to see Finals Night at O2 Arena in London.
3.30 AM **EFL Trophy Football**
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Tennis** Action from the 2024 S'hertogenbosch Open finals.
9.00 **International T20 Cricket**
1.30 PM **Ashes Greats**
2.00 **US Women's Open Golf**
3.00 **PGA Tour Golf**
4.00 **PL Greatest Games**
5.15 **US Women's Open Golf**
6.15 **PL Greatest Games**
7.00 **Premier League Darts** Another chance to see Finals Night at O2 Arena in London.
10.30 **PL Greatest Games**
11.00 **DP World Tour Golf** A review of the KLM Open in Amsterdam.
11.30 **HotelPlanner Tour Golf Highlights** Action from the Challenge De Cadiz.
12.00 M'T **PGA Tour Golf**
1.00 AM **PL Greatest Games**
2.00 **Fight Night** Simpson v Woodall.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **US Open Official Films**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling Pro Series**
7.00 **Cycling** Criterium du Dauphine.
8.00 **Women's Cycling**
9.00 **Men's Cycling Pro Series** Action from the Brussels Cycling Classic.
10.00 **UCI Mountain Bike World Series** From Leogang, Austria.
1.00 PM **NBA** Another chance to see game two of the NBA Finals.
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage of the men's second stage, a 204.6km route from Prémilhat to Issoire.
4.30 **NBA** Game two of the NBA Finals.
6.00 **AFL** A replay of Melbourne Demons v Collingwood Magpies.
7.30 **French Open Tennis** Highlights of the women's and men's finals.
11.00 **WRC Review** A look back at the latest action from the World Rally Championship and Rally Italy.
12.00 M'T **MotoGP** GP of Aragon.
3.30 AM **MotoGP Chequered Flag**
4.30 **What I Wore** John Barnes.
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **Gallagher Premiership Rugby Union** The semi-finals.
8.00 **UEFA Conference League**
9.30 **UEFA Champions League Magazine** News and action.
10.30 **T20 Cricket Highlights**
3.30 PM **WNBA** Valkyries v Aces.
4.30 **MLB Highlights**
5.30 **Crouchy and Cole** A look back at the best of Crouchy and Cole.
6.00 **Unbreakable: England 2003**
7.15 **Gallagher Premiership Rugby Union** The semi-finals.
9.15 **Playing for Our Future: Rugby**
9.30 **IFSC Climbing World Cup Highlights** Action from the men's and women's bouldering finals in Prague, Czech Republic.
10.30 **UFC Connected**
11.00 **NBA** Game two of the NBA Finals.
12.30 AM **WNBA** Valkyries v Aces.
1.30 **Cycling** Criterium du Dauphine.
2.30 **AFL** Demons v Magpies.
4.00 **to 6.00** AM **Gallagher Premiership Rugby Union**

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing** The third round.
7.30 **Ultimate Karting Championship** Recent action.
10.30 **Transworld Sport** Magazine.
11.30 **British Minibikes**
1.30 PM **World Surf League** Action from the Rip Curl Pro Bells Beach.
2.30 **Africa Eco Race**
3.30 **Motorsport** Le Tour Auto.
4.00 **Euro Le Mans Highlights**
5.00 **Motorsport** Recent action.
6.00 **Sporting Countdowns**
7.00 **British Minibikes** Action from the second round of the season.
9.00 **URC in 60** The semi-finals.
10.00 **Transworld Sport** Magazine.
11.00 **Indy Autonomous Challenge**
12.00 M'T **Motorsport** Le Tour Auto.
12.30 AM **UK Independent Kart Racing** Action from the third round of the season.
2.00 **URC in 60** The semi-finals.
3.00 **to 6.00** AM **Ultimate Karting Championship**

Premier Sports 2

420 552

6.00 AM **NASCAR** Another chance to see the Firekeepers Casino 400.
10.00 **Bike World** Magazine.
10.30 **NASCAR Trucks** Action from Michigan Speedway.
1.30 PM **FastZone** Motorsports show covering everything from prototypes to endurance racing.
2.00 **Top 14 Rugby Union** Action from the French top flight.
4.00 **Bike World** Magazine.
4.30 **United Rugby Championship** A replay of the first semi-final.
6.30 Another chance to see the second semi-final.
8.30 **Bike World** The latest action from the world of two wheels.
9.00 **Top 14 Rugby Union** Action from the French top flight.
11.00 **NHL Ice Hockey** Another chance to see a play-off match.
1.00 AM **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** Canadian Grand Prix races from 2014 to 2018.
11.00 **Formula 1** The Canadian Grand Prix from 2015 to 2018.
8.00 PM **Formula 1** Highlights from the 2014 Canadian Grand Prix.
9.00 Action from the 2015 Canadian Grand Prix at the Circuit Gilles Villeneuve in Montreal.
10.00 Highlights from the 2016 Canadian Grand Prix.
11.00 Action from the 2017 Canadian Grand Prix.
12.00 M'T Highlights of the 2018 Canadian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

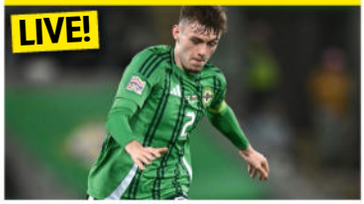
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

10 June

Evening Planner

Football



International Football

ITV1 & BBC2 (Northern Ireland only)

Coverage of the friendly fixtures between England and Senegal, and Northern Ireland v Iceland (kick-offs 7.45pm).

Factual

Who Do You Think You Are?

BBC1, 9pm (times vary)

Best known as historian Philomena Cunk, actor Diane Morgan looks to her own history in tonight's series finale.

Documentary

Surviving Syria's Prisons

BBC2, 9pm (times vary)

First-hand witness accounts of one of the most brutal campaigns of state repression in modern history.

OnDemand

NETFLIX

Trainwreck: The Astroworld Tragedy

Available today

A look at the tragic events that took place at a music festival in 2021.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Who Do You Think You Are?		9.00 The Gold		10.00 News; Local News	10.40 What...
	102 BBC2	7.00 Villages by the...	7.30 Nigella's Cook...	8.00 Springwatch		9.00 Surviving Syria's Prisons		10.15 QI...	10.30 Newsnight
	103 ITV1	7.00 International Football – Live: England v Senegal (Kick-off 7.45)						10.05 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Bake Off: The Professionals		9.00 24 Hours in A&E		10.00 The Body Detectives	
	105 5	7.00 Waitrose: Trouble in the Aisles?		8.00 Reuben Owen: Life in The Dales		9.00 The Yorkshire Vet: At Home with the...		10.00 Ben Fogle: New Lives in the Wild	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: The Girl on the Train			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Sort Your Life Out with Stacey Solomon		9.00 What It Feels Like for a Girl			10.35 Him & Her
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 The Good Life	8.30 Yes, Minister	9.00 Simon Schama's Power of Art		10.00 Storyville – Wedding Night	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 G'wed	10.40 Family...
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Matt Baker's British Isles		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Rookie		10.00 The Cleaning Lady	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.50 Game of Thrones		9.00 Gomorrah			
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...		10.20 Absolutely Fabulous
	111 U&DAVE	7.00 Would I Lie to You?		8.20 Richard Osman's...		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 World Rally Championship Highlights		9.00 Isle of Man TT		10.00 Film: Police Academy	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard: Live at the London...		10.00 Film: Pineapple Express	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own		9.00 Never Mind the Buzzcocks	9.50 Rob & Romesh vs Strongman		
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 Father Brown	
	130 SKY ARTS	7.00 Opry Live		8.00 Discovering: Meryl Streep		9.00 My Week with Guerrilla Girls		10.00 Garbo: Where Did You Go?	
	132 U&W	7.00 999 Rescue Squad		8.00 DIY SOS: The Big Build		9.00 First Responders		10.00 Serial Killer with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Gold Rush: White Water		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 The Zoo				10.00 Alaska Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside the SS				10.00 Hitler's Teen Killers	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bradley Walsh: Egypt's Cosmic Code		9.00 Secrets Declassified with David...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Canal Boat Diaries		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Shaq		8.00 Janet Jackson		9.00 The Wimbledon Kidnapping			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Your Monster		8.00 Venom: The Last Dance				10.00 Exhibiting Forgiveness	
	302 SUPERHEROES	‹ 5.35 Superman		8.00 Blue Beetle				10.10 Blade	
	303 HITS	‹ 4.40 The Lord of the Rings: The Return...		8.00 Ready Player One					10.25 Saving Private Ryan
	304 GREATS	‹ 6.20 Dad's Army		8.00 Singin' in the Rain				10.00 Avanti!	
	305 ANIMATION		7.15 Hotel Transylvania 2			8.50 Rugrats in Paris			10.15 Teen Titans Go! to the...
	306 FANTASY	‹ 6.00 Barbie		8.00 Beetlejuice Beetlejuice				10.00 Blue Beetle	
	307 ACTION	‹ 5.50 The Fall Guy		8.00 Fast & Furious 6					10.15 Mission: Impossible
	308 COMEDY	‹ 6.00 Seven Psychopaths		8.00 The Truman Show			9.55 Borat Subsequent Moviefilm		
	309 THRILLER	‹ 5.55 Green Zone		8.00 Miami Vice					10.20 The Firm
	310 DRAMA	‹ 6.30 High Noon		8.00 Lost in Translation			9.45 Rurangi		
	311 SCI-FI	‹ 6.20 Gravity		8.00 Five Nights at Freddy's			9.55 Constantine		
	313 FILM4	‹ 6.55 Fatherhood				9.00 Venom: Let There Be Carnage			
SPORT	401 MAIN EVENT	‹ 6.00 International T20 Cricket – Live: England v West Indies							10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Outraged: Football's Discrimination		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.30 EFL Highlights	7.30 EFL Greatest...	8.00 Championship Retro				10.00 EFL Cup Retro	10.30 EFL
	404 CRICKET	‹ 6.00 International T20 Cricket – Live: England v West Indies							10.30 Ashes Greats
	410 TNT SPORTS 1	7.00 PL Review				9.00 The Club That George Built			10.30 Playing for...
	411 TNT SPORTS 2	7.00 MotoGP Chequered Flag		8.00 British Speedway		9.00 World Rally...	9.30 Men's Cycling World Tour		10.30 SailGP...

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Martel Maxwell meets a former boy band member who has turned to property development in Darlington. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition JJ Chalmers rescues some decking from the tip. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 The Gold

7.00 **The One Show** Alex Jones and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** Junior reveals a shocking secret, Kat voices her fears, while Amy shares some information with Vicki.(S)(AD)

8.00 **Who Do You Think You Are?** Series finale 8/8. Actor, writer and comedian Diane Morgan learns about her family, from an aunt who loved and lost in World War One, to an ancestor who fought for her illegitimate children's rights. (S)(AD)

9.00 **The Gold** New episode 2/6. The police investigation into the Brink's-Mat robbery spreads overseas. Stars Hugh Bonneville. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **What It Feels Like for a Girl** 3/8. Byron is pulled further into Liam's intoxicating web, offering a chance to reclaim power for themselves and make serious money in the process. (S1) (S)(R)(AD)
11.30 **What It Feels Like for a Girl** 4/8. Buzzing from the encounter with Liam, Byron goes out on the town with the Divas. (S1) (S)(R)(AD)
12.15 AM **Ambulance** 5/6. Call handler Caelainn and her colleagues are sexually harassed by a persistent caller using a withheld number, which makes it hard to block his repeated calls. (S)(R)
1.15 **Weather for the Week Ahead** (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Extraordinary Portraits with Bill Bailey** (S)(R)(AD)
8.30 **Sign Zone: Alison Hammond's Big Weekend** Alison spends a weekend with Mel B. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day two of the women's grass-court tournament at Queen's Club, featuring first-round matches. (S)
6.00 **Richard Osman's House of Games** Former contestants Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore return. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 12/15.Clive learns to make the perfect pasta in Bologna. (S)(R)

1.00 Tennis: Queen's

7.00 **Villages by the Sea** Investigating how Buckler's Hard in Hampshire became a bustling naval shipyard. (S)(R)
7.30 **Nigella's Cook, Eat, Repeat** 5/6. Nigella makes a caramel custard dessert. (S)(R)(AD)

8.00 **Springwatch** New edition 10/12. Michaela Strachan and Chris Packham broadcast from the Longshaw Estate, where the nests they've been watching for weeks are bursting with fledging chicks. (S)
■ Continues tomorrow

9.00 **NEW Surviving Syria's Prisons** Documentary looking inside one of the most brutal campaigns of state repression in modern history – told by those who endured it and those who enforced it. (S)(AD)

10.15 **QI XS** *Quite a Long Time Ago:* A selection of classic clips with a historical flavour. (S)
10.30 **Newsnight** (S)

11.00 **International T20 Cricket** England v West Indies: Action from the third and final T20 in the series, held at Utilita Bowl in Southampton. (S)
11.30 **FILM The Levelling** Drama with Ellie Kendrick and David Troughton. A trainee vet returns to her family farm after her brother's suicide. (S) (2016, 15, 80min) ★★★★
12.50 AM **Sign Zone: The Gold** (S)(R)(AD)
1.50 **Sign Zone: Scandinavia with Simon Reeve** (S)(R)(AD)
2.50 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James treats fellow chef Lesley Waters to pasta and artichokes, serves up a mouth-watering coq au vin for Madness singer Suggs and gives a masterclass in cooking onions.(S)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

4.00 Tipping Point

7.00 **LIVE International Football** England v Senegal: Mark Pougatch presents all the action from the friendly at the City Ground in Nottingham. These teams last met in the last 16 of the 2022 World Cup in Qatar, when England claimed a comfortable 3-0 win thanks to goals by Jordan Henderson, Harry Kane and Bukayo Saka. However, Senegal have largely been in good form since then, rising to the top 20 of the world rankings, and will be looking to impress this evening. With analysis from Roy Keane and Ian Wright, commentary by Sam Matterface and Lee Dixon, and reports from Gabriel Clarke. Kick-off is at 7.45. (S)

10.05 **ITV News** (S)
10.35 **Local News** (S)
10.50 **FILM Road to Perdition** Director Sam Mendes' period crime drama set in the 1930s, starring Tom Hanks, Paul Newman and Jude Law. After his 12-year-old son inadvertantly witnesses a Mob killing, a hit-man is forced to go on the run to protect him. (S)(AD) (2002, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **Fake** 6/8. Joe reunites with his girlfriend Kirsty and refuses to sign divorce papers. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 17-20/22. (S7) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** (S11 &1) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From New Orleans. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A holiday home in Lower Normandy, France. (S)(R)
4.00 **Narrow Escapes** Carrie and her dog Winnie begin their new life on the water. (S)(R)(AD)
5.00 **Chateau DIY** Tim and Krys turn an old restaurant building into a cookery school. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Luxury holiday villa owners Paul and Helen host a group of tennis players. (S)(R)

8.00 Bake Off: The Professionals

7.00 **News** (S)

8.00 **Bake Off: The Professionals** New edition 3/10. The judges challenge the teams to make 24 modern religieuse and 24 pâté en croûte before they serve up a five-tier mille-feuille perfect for a glamorous wedding celebration. (S)(AD)

9.00 **24 Hours in A&E** New edition A 92-year-old is rushed in having been trapped under her car, a 95-year-old World War Two veteran has a dangerously low heart rate, and a four-year-old boy has got a stone stuck up his nose. (S)(AD)

10.00 **The Body Detectives** 1/3. Documentary looking at the work of an organisation which is dedicated to revisiting forgotten cases, beginning with the disappearance of a man off the Norfolk coast in 1984 while on a family holiday. (S)(R)(AD)
11.05 **Celebrity Gogglebox** (S)(SL)(R)
12.10 AM **Taskmaster** (S)(SL)(R)(AD)
1.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
1.50 **George Clarke's Amazing Spaces** A Futuro house. (S)(R)(AD)
2.30 **Changing Rooms** (S)(R)(AD)
3.25 **Travel Man: 48 Hours in Rotterdam** (S)(SL)(R)(AD)
3.55 **Devon and Cornwall** (S)(SL)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

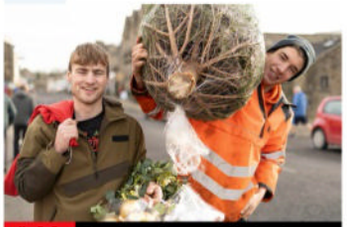
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.35 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **Gabbi Luck Mystery: Old Flame, New Murder** Crime drama with Jackée Harry. (S)(R)
4.00 **Bargain-Loving Brits in the Sun** New edition Gill Bird prepares for her new business's first-ever paying tour, taking guests around Malaga. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Trainer Graeme Hall calms down a Great Dane with a not-so-great attitude. (S)(R)
6.55 **News** (S)



8.00 Reuben Owen: Life in the...

7.00 **Waitrose: Trouble in the Aisles?** Examining the declining sales of the supermarket, known for being the mainstay of middle-class shoppers. (S)(R)
7.55 **News** (S)

8.00 **Reuben Owen: Life in the Dales** New edition Reuben and Tommy deliver a Christmas tree to their local market town, but the pressure is on to get it there in time for the light switch on. (S)

9.00 NEW SERIES **The Yorkshire Vet: At Home with the Greens** Following the lives of two of Britain's oldest working farmers. Jean and Steve Green research the history of their family farm. (S)(AD)

10.00 **Ben Fogle: New Lives in the Wild** Ben heads into the Casentinesi Forest National Park in Tuscany to visit British couple George and Sophie who have breathed new life into a farmhouse. (S)(R)

11.05 **Inside the Force** (S)(R)
12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)(AD)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 2&3/25. (S6) (S)(R)
3.50 **A Country Life for Half the Price** From Orkney. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Macaque Island** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 14/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *The Great Wife Hope:* Marge campaigns against a combat sport. (S)(R)
5.30 *Fraudcast News:* Reports of Mr Burns's death provoke a media storm. (S)(R)
6.00 **The Office (US)** 6/26. Kevin inadvertently ruins Jim and Pam's honeymoon. (S)(R)
6.30 7/26. Pam returns from honeymooning with Jim to discover Michael has started dating her mother. (S6) (S)(R)

9.00 The Girl on the Train

7.00 **The Simpsons** *The Devil Wears Nada:* Marge becomes a sex symbol after posing for a calendar. (S)(R)
7.30 *Pranks and Greens:* Bart befriends a former schoolboy prankster. With the voice of Jonah Hill. (S)(R)

8.00 **A League of Their Own** Romesh Ranganathan hosts the sport-based comedy quiz, with regulars Jamie Redknapp, Micah Richards and Jill Scott joined by guests Tyson Fury, Maya Jama and Rob Beckett. (S)(R)(AD)

9.00 FILM **The Girl on the Train** Thriller based on the novel by Paula Hawkins, starring Emily Blunt and Rebecca Ferguson. An alcoholic gets drawn into a web of intrigue when she becomes fascinated by a woman's disappearance. With Haley Bennett, Justin Theroux, Luke Evans and Allison Janney. (S) (2016, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **Rose Matafeo: On and On and On** Stand-up show in which Rose shares her candid takes on relationships, ageing and having children. (S)(R)
12.25 AM **Brassic** 3/8. (S4)(S)(R)(AD)
1.20 **The Force: Manchester** (S)(R)
2.15 **Road Wars** (S)(R)
3.05 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 14/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.15am Scotcast (S)(R)
12.45 Ambulance (S)(R)
1.45 Weather for the Week Ahead (S) **1.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00-9.00pm Springwatch New edition (S) **10.40** Spotlight (S) **11.10** What It Feels Like for a Girl (S)(R) (AD) **12.45am** Ambulance (S)(R) **1.45-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
7.30pm LIVE International Football (S) **10.00-10.30** Live at the Apollo (S)(R)
11.00 NEW Surviving Syria's Prisons (S)(AD) **12.20-12.50am** International T20 Cricket (S)

WALES
Sky 968, Freesat 968
11.00pm First Minister's Questions (S) **12.00m't** International T20 Cricket (S) **12.30-12.50am** Coast (S)(R)

ITV1

As main ITV1 except:
WALES
10.50pm Sharp End (S)
11.50 James Martin's Midweek Menu (S)(R)
12.35-12.50am Vanished Wales (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Gwyliau Gartref (AD) **12.30** Cymry ar Gynfas **1.00** Arfordir Cymru: Sir Benfro (AD) **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Busnes Bwyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cefn Gwlad (AD) **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Llinell Las New edition (AD) **10.00** Y Gêm **10.25-11.30pm** Hewlfa Drysor (AD)

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** The presenters compete in a classic car rally in Majorca.
7.55 **The Catch Up**
8.00 **Sort Your Life Out with Stacey Solomon** Carpenter Robert Bent creates a multi-purpose spare room and transforms an office into a workspace of dreams.
9.00 **What It Feels Like for a Girl** New episodes 3/8. Byron is pulled into Liam's intoxicating web. **9.50** 4/8. Buzzing from the encounter with Liam, Byron goes out on the town with the Divas. (S1)
■ Entire series on BBC iPlayer
10.35 **Him & Her** 3/7. Steve throws a party to introduce his mother and her new partner to Becky's parents. **11.05** 4/7. Paul seeks revenge on the person who pinched Laura's bottom. (S2)
11.35 **I Kissed a Boy**
12.25 AM **Angels of the North**
1.25 **Him & Her** 3&4/7. (S2)
2.25 **to 4.00** AM **What It Feels Like for a Girl**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** How skeletons have helped some vertebrates to flourish.
7.30 **War Walks** Professor Richard Holmes looks at the 1815 Battle of Waterloo.
8.00 **The Good Life** Tom's philosophy of life gains him two eager disciples.
8.30 **Yes, Minister** Hacker is furious to learn Sir Humphrey is withholding information.
9.00 **Simon Schama's Power of Art** Focusing on Turner's painting *The Slave Ship*, which courted controversy.
10.00 NEW **Storyville: Wedding Night** Ultra-Orthodox Jewish couples speak about their wedding and first night together.
11.10 **King Otto & Football's Greek Gods** How German coach Otto Rehhagel led the Greek football team to victory.
12.30 AM **Secrets of Bones**
1.00 **War Walks** As 7.30pm.
1.30 **The Nazis: A Warning from History** Documentary.
2.20 **to 3.20** AM **Simon Schama's Power of Art**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Manchester.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw take on a 1984 Opel Manta GTE owned by a former amateur rally driver. **6.55** Fuzz and Tim attempt to restore a carpenter's 1980 Ford Escort RS2000.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil meet Susan and John in Rushden, Northamptonshire, who are unsure whether they should renovate their current home or sell up.
9.00 **Matt Baker's British Isles** New edition 2/4. Matt explores the Ffestiniog hills of north Wales' World Heritage Landscape, meeting a man who has committed his life to the world's oldest independent railway company.
10.00 **24 Hours in A&E** A man arrives by helicopter after being involved in a motorcycle accident in which a van ran over his chest
11.05 **999: On the Front Line**
12.10 AM **Matt Baker's British Isles** As shown at 9.00pm.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The Food Wife:* With Gordon Ramsay.
7.00 **Hollyoaks** Clare is distraught when a child goes missing.
7.30 **The Simpsons** *The Good, the Sad and the Drugly:* Bart tries to win the affections of a girl at his school.
8.00 **Below Deck Down Under** New edition A deckhand's future is up in the air following an egregious error.
9.00 **Gogglebox** *Coronation Street* and *Strictly Come Dancing* are appraised. **10.00** Opinions on *Squid Game* and *The Mating Game*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
3.00 **Modern Family**
3.25 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.05 **The Goldbergs**
5.30 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol** Double bill.
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue** Double bill.
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 11/19. A businessman is found murdered. (S2)
2.00 **FBI: Most Wanted** 1/14. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 The Rookie

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 12&13/13. (S2)
10.15 **Billions** 7&8/12. (S6)
12.15 PM **Game of Thrones** (S5)
1.25 **Dostoyevsky** 5&6/6. (S1)
3.30 **The Sopranos** 12/13. Pussy's loyalty to the Mob wavers.
4.40 13/13. Tony begins to experience weird hallucinations. (S2)
5.45 **Billions** 7/12. Prince must decide how far he is willing to go to secure his bid.
6.45 8/12. Rian comes to an arrangement with Wags. (S6)

3.30 The Sopranos

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S6)
8.00 **The Flash** 3/20. (S8)
9.00 **Stargate SG-1** 1&2/20. (S9)
11.00 **Supergirl** 11/22. (S4)
12.00 NOON **The Flash** 4/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **SEAL Team** 18/22. (S1)
4.00 **S.W.A.T.** 14/21. A lone gunman targets several women. (S3)
5.00 **Supergirl** 10/22. Colonel Haley makes it her mission to find out Supergirl's identity. (S4)
6.00 **Stargate SG-1** 1/20. Part one of two. A new arrival plans to reunite the team. (S9)

11.45 Brassic

ITV2

118 122 115 6 113 6

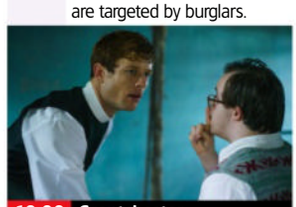
6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **The Real Housewives of...**
12.15 PM **Dinner Date**
1.15 **Olivia Meets Her Match**
2.15 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 G'wed

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.35 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.20 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Agatha Christie's Poirot**
4.55 **Downton Abbey** 7/9. Robert travels to America to bail out Cora's brother. (S4)
6.00 **Heartbeat** *Ups and Downs:* The wealthiest locals are targeted by burglars.



10.00 Grantchester

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.50 Game of Thrones *High Sparrow:* 3/10. Queen Margaery spends time with her new husband King Tommen, and fugitive Tyrion walks the Long Bridge of Volantis. (S5)

7.00 Stargate SG-1 *Avalon – Part Two:* 2/20. Daniel Jackson and Vala find themselves transported to a distant galaxy. (S9)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *Thursday's Children:* Mick becomes a suspect as Mason and Dawson try to trace Rosie's whereabouts.

8 PM

8.00 FBI: Most Wanted *Supply Chain:* 8/13. The team search for two teens who were abducted at gunpoint during a drug deal. (S5)

8.00 A League of Their Own Romesh Ranganathan hosts, with Tyson Fury, Rob Beckett and Maya Jama joining the regulars.

8.00 Million Dollar Listing: LA Altman and Tracy do battle with stubborn sellers as their high-end listings go nowhere.

8.00 Vera *Fast Love:* DCI Vera Stanhope is called to a country lane where a man has been found dead following a collision with a car, but it becomes clear on closer inspection it was not an accident and is more complicated than just a hit-and-run.

9 PM

9.00 The Rookie New episode *The Watcher:* 2/18. The team hunt for a vigilante, and Celina's instincts are tested. (S7)

9.00 Gomorrah *The Roar of the Lioness:* 5/12. Ciro heads to Spain in an attempt to find Conte and negotiate a truce.

9.00 Never Mind the Buzzcocks Guests include James Acaster and Kerry Godliman.

9.50 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.

10.50 The Force: Manchester Documentary following the work of Greater Manchester Police.

9.00 Love Island New edition Reality show in which singletons compete in the hope of finding love and winning a £50,000 prize.

10 PM

10.00 The Cleaning Lady *Sanctuary:* 11/12. Garrett confronts Thony about the truth behind Maya's death. (S2)
11.00 **Bull** 4/16. (S5)
12.00 M'T **FBI** 10/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Equalizer** Series finale
3.00 **The Good Doctor** 8/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

10.00 Gomorrah *Spanish Roulette:* 6/12. Ciro receives a stark message from Pietro that puts him in his place. Subtitled. (S1)
11.05 **Homicide: Life on the Street** A family are murdered in a Vietnamese restaurant. (S6)
12.05 AM **The Undoing** 5/6. (S1)
1.20 **The Wire** 3/10. (S5)
2.30 **Mare of Easttown** 1/7. (S1)
3.35 **The Pacific** 10/10. (S1)
4.55 **to 6.00** AM **Fish Town**

+1 hour 208/209

9.50 Rob & Romesh vs Strongman Rob Beckett and Romesh Ranganathan enter the world of strongman competitions.
10.50 The Force: Manchester Documentary following the work of Greater Manchester Police.
11.45 **Brassic** 3/8. A camping trip turns into a nightmare when the gang end up lost. (S4)
12.45 AM **Road Wars** Triple bill.
3.00 **SEAL Team** 18/22. (S1)
4.00 **S.W.A.T.** 14/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

10.05 G'wed 2/6. The pupils pair up for a Diversity and Inclusion presentation. (S1)
10.40 Family Guy 17/23. Quahog becomes deserted. (S10)
11.10 **Family Guy** 13/23. (S10)
11.40 **American Dad!** 8&2/19. (S8)
12.40 AM **Bob's Burgers** 5/22. (S13)
1.10 **Plebs** 2/6. (S1)
1.40 **G'wed** As 10.05pm.
2.15 **Totally Bonkers Guinness World Records**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Grantchester 1/6. Sidney receives anonymous phone calls and realises they may be linked to a series of murders. (S3)
11.00 **Grantchester** 2/6. A cricket match results in murder. (S3)
11.55 **Cracker** 7/7. (S1)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Love Is All You Need:* A beach outing ends tragically for a family.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Showpeople: Licensed to Thrill** The showmen reflect on what the future holds.
8.00 **Island Crossings** The *MV Isle of Mull* is taken to dry dock for its annual overhaul.
9.00 **Convicting My Ex** Documentary following a woman awaiting her rapist's parole hearing.
9.45 **Sacked in the Morning** With John Hartson.
10.00 **Murder Case** 1/2. A man who was brutally assaulted and found fighting for his life.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **Martin Compston's Scottish Fling** 6/6. Martin and Phil MacHugh end their tour in the Lowlands.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S2)
10.15 **Entourage** (S4)
11.15 **Barry** 2&3/8. (S2)
12.35 PM **Ballers** (S3)
1.55 **Entourage** (S4)
3.05 **High Maintenance** (S4)
4.25 **Barry** (S2)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S2)
7.45 **Ballers** 9/10. Ricky arrives at a crossroads.
8.20 10/10. Charles gets one more crack at a top job. (S3)
9.00 **And Just Like That...** 2/12. Comedy drama starring Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.00 **Rose Matafeo: On and On and On** Stand-up.
12.10 AM **Veep** (S1)
1.25 **Barry** (S4)
2.45 **High Maintenance** (S4)
4.00 **to 5.00** AM **The Comeback**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Nutcracker**
7.45 **The Joy of Painting**
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist of the Year 2024**
1.00 PM **Tales of the...**
2.00 **Cold War & Cinema**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Opry Live**
8.00 **Discovering**
9.00 **My Week with Guerrilla Girls** Series finale Kate Bryan spends time with the art activists.
10.00 **Garbo: Where Did You Go?** Documentary.
11.55 **Cover Your Ears**
1.50 AM **Rothko: Pictures Must Be Miraculous**
3.00 **A Play in a Day**
4.00 **Marina Abramovic Takes Over TV**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Repentance:* 13/26. The crew rescue the occupants of a damaged prison vessel. (S7)
8.00 **Star Trek: Deep Space Nine** *The Forsaken:* 17/20. Lwaxana Troi becomes fascinated by Odo. (S1)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S2)
11.00 **Grimm** 13/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as contestants take on the infamous Banker.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Anton Du Beke and Fred Sirieix compete to win a cash prize for charity.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune** Graham Norton hosts the game show.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 13/13. (S2)
12.00 NOON **Sue Thomas: F.B.Eye** 3/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 5/8. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11-14/24. (S3)
9.00 **Randall and Hopkirk (Deceased)** *Money to Burn:* 20/26. Jeff is accused of theft. (S1)
10.00 **The Avengers** *From Venus with Love:* 1/24. Several astronomers are murdered. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 80s**
6.10 **The Professionals**
7.15 **Dempsey and Makepeace**
8.20 **Magnum, PI**
9.20 **Kojak**
10.25 **Isle of Man TT**
11.30 **The Adventures of Sherlock Holmes** Murder mystery.
12.35 PM **Dempsey and Makepeace**
1.40 **Magnum, PI**
3.40 **Kojak**
4.45 **Minder**
5.55 **The Professionals** A 'ghost' with a vendetta causes chaos.

10.00 Police Academy

7.00 **Cycling: Critérium du Dauphiné Highlights** Action from stage three, a 207.2km route from Brioude to Charantonnay.

8.00 **World Rally Championship Highlights** Action from Rally Italia Sardegna, the sixth round of the season.

9.00 **Isle of Man TT** A review of the prestigious event, featuring all the best motorcycling action.

10.00 FILM **Police Academy** Comedy starring Steve Guttenberg, Kim Cattrall, GW Bailey and Bubba Smith. A city police force opens its doors to some very unlikely recruits. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Isle of Man TT**
1.00 **Wrestling: AEW Collision**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 10/26. (S6)
2.00 **Blood & Treasure** 3/13. (S2)
3.00 **Stargate Atlantis** 1/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 10/26. Part one of two. Picard embarks on an espionage mission. (S6)
6.00 **Star Trek: Enterprise** 21/26. Phlox helps an Antaran. (S2)

11.00 Wynonna Earp

7.00 **Blood & Treasure** *Spoils of the Red Empire:* 3/13. A visit to Simon in prison yields new information on the Spirit Banner. (S2)

8.00 **Stargate Atlantis** *The Rising – Part One:* 1/20. First episode. The team search for the Lost City of the Ancients. (S1)

9.00 **Grimm** *Bad Night:* 20/22. Nick worries that he may lose everything as he continues to battle Black Claw. (S5)

10.00 **The Walking Dead** *Honour:* 9/16. While Rick faces difficulties, hard decisions are made by some of his allies. (S8)
11.00 **Wynonna Earp** 12/12. Wyonna scrabbles to beat the resilient Widows. (S2)
12.00 M'T 1/12. Wynonna faces the entity who originally cursed Wyatt and his line. (S3)
1.00 AM **Lovecraft Country** 1&2/10. Double bill. (S1)
3.15 **Blood & Treasure** As 7.00pm.
4.05 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 7/10. (S1)
11.00 **Hudson & Rex** 9/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 6/10. (S2)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 7/10. (S1)
5.00 **Hudson & Rex** 9/16. A prominent member of an exclusive dating app is found murdered. (S2)
6.00 **Father Brown** As 10.00pm.

7.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 6/10. Frank and Lu are framed for various crimes. (S2)

8.00 **Death in Paradise** *A Double Bogey:* 2/9. The arrival of a brother to a family-run golf club culminates in murder. (S11)

9.00 **Death in Paradise** *Predicting Murder:* 3/8. A voodoo priestess is found dead after predicting her own murder. (S1)

10.00 **Father Brown** *The Scales of Justice:* The priest must save Bunty from the hangman's noose when she is tried for murder.
11.00 **Father Brown** *The Kembleford Dragon:* The local stationmaster is murdered.
12.00 M'T **Shakespeare & Hathaway: Private Investigators**
1.00 AM **Elementary** 21/24. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **My Hero**
9.40 **Are You Being Served?**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.35 **Dad's Army: Lost Episodes**
2.20 **Only Fools and Horses**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Only Fools and Horses**

9.00 Still Open All Hours

7.00 **Dad's Army** Sgt Wilson struggles to concentrate on his Home Guard duties.
7.40 **Gavin & Stacey** The couple have their first tiff so Gavin drives to Barry Island to make amends.
8.20 The couple celebrate their engagement with a party.

9.00 **Still Open All Hours** Granville tries to prove the erotic power of salami.
9.40 **Harry Enfield and Chums** Featuring guests Des Lynam, Jimmy Hill and Martin Clunes.
10.20 **Absolutely Fabulous** Edina worries about becoming a grandmother.
11.00 **Live at the Apollo**
12.00 M'T **Harry Enfield and Chums**
12.40 AM **Still Open All Hours**
1.20 **Absolutely Fabulous**
2.00 **Live at the Apollo**
2.55 **My Hero**
3.25 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** A road trip in Bolivia.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Our Guy in Colombia**
11.00 **Rick Stein's Far Eastern...**
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in Colombia**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** How hard times often forced cooks to make the most of their limited ingredients.
6.00 **Rick Stein's Far Eastern Odyssey** A visit to Vietnam.

10.00 Have I Got a Bit More...

7.00 **Would I Lie to You?** Miles Jupp, Heston Blumenthal, Emilia Fox and Ed Byrne take part.
7.40 With Angellica Bell, Bob Mortimer, Suggs and Holly Willoughby.
8.20 **Richard Osman's House of Games** With Radzi Chinyanganya.

9.00 **QI XL** Sandi Toksvig, Liza Tarbuck and Susan Calman join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Josh Widdicombe and Emma Dabiri.
11.00 **8 Out of 10 Cats** With Rob Beckett, Katherine Ryan, Tom Allen and Richard Osman.
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **QI XL** As 9.00pm.
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Montboyer.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** A French hamlet.
12.00 NOON **A Place in the Sun** A home in Corfu.
1.00 PM **Kirstie and Phil's Love It or List It**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Dover 24/7: Britain's Busiest Port**
9.00 **Jamie's Dyslexia Revolution** Documentary.
10.00 **Bake Off: The Professionals**
11.05 **Untold: Diddy in Plain Sight** Documentary.
12.05 AM FILM **Plan B** Comedy. (2021, 18, 107min) ★★★
2.10 **Celebrity Gogglebox**
3.10 **Gogglebox**
4.15 **to 4.45** AM **Travel Man: 48 Hours in Málaga**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS: Hawaii** *Broken:* 14/22. Jane Tennant faces interrogation about her friendship with a CIA mole.
7.00 *Pirates:* 15/22. As Jesse enjoys a day sailing with his daughter pirates seize their yacht.
8.00 *Monster:* 16/22. Kai goes undercover as a chef in a local restaurant to gather intel. (S1)
9.00 **Law & Order: Special Victims Unit** *Third Man Syndrome:* 8/13. Carisi pursues hate crime charges after a brutal assault. (S25)
10.00 *Locum:* 1/24. A girl is believed to have been abducted. (S12)
11.00 **Law & Order: Special Victims Unit** (S12&24)
1.50 AM **Person of Interest**
2.45 **The Good Wife** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** An attack leaves a man with a brain injury.
10.00 **A&E After Dark** A patient who has sustained spinal damage.
11.00 **Skin A&E** Documentary.
12.00 M'T **My Boyfriend Made Me Do It**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Traffic Cops**
11.00 **Police Interceptors**
12.00 NOON FILM **Arrowhead** Western. (1953, U, 105min) ★★
2.10 PM FILM **The Great Missouri Raid** Western. (1950, PG, 84min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Officers chase down a dangerous driver.
7.00 Officers pursue a transit van tearaway.
8.00 The world's slowest car chase.
9.00 **The Motorway**
10.00 **Police 999: Clear & Present Danger** An officer attempts to apprehend a man in a moving vehicle.
11.00 **Yellowstone** New episode 7/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **My Dream Home**
8.00 **Tipping Point**
11.00 **Nick Knowles' Big House Clearout**
12.00 NOON **Nick Knowles' New Year Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad**
8.00 **DIY SOS: The Big Build** Nick Knowles and the team head to Bangor in Co Down to help the McCreight family.
9.00 **First Responders** New edition A head-on crash leaves two men in a critical condition.
10.00 **Serial Killer with Piers Morgan** Lorenzo Gilyard.
11.00 **Nurses Down Under**
1.00 AM **Louis Theroux: Miami Mega Jail**
2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Pie in the Sky**
8.20 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Miss Scarlet and the Duke** 5/6. Eliza and Duke head to an abandoned prison.
9.00 6/6. Eliza finds out what really happened to her father. (S1)
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Sister Boniface Mysteries** 6/10. (S3)
1.30 **Rebus** *Strip Jack.*
2.50 **Birds of a Feather**
3.20 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Antiques Road Trip** With *Countryfile* presenters Tom Heap and Charlotte Smith. **8.00** With Olympic gold medal-winning swimmer Rebecca Adlington and presenter Helen Skelton.
9.00 **Who Do You Think You Are?** Actor Judi Dench researches her ancestry.
10.00 **Tom Daley: 1.6 Seconds** Tom Daley's journey from Olympic prodigy to national treasure.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games** Double bill. With Ellie Taylor, Steve Pemberton, Fern Britton and Josh Widdicombe.
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes**
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.10 AM **The Blitz on Berlin**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Cripple Creek** Western adventure. (1952, U, 77min) ★★
2.50 **FILM Face of a Fugitive** Romantic Western. (1958, U, 81min) ★★
4.40 **FILM Ten Wanted Men** Western adventure. (1955, U, 80min) ★★★
6.30 **Wanted: Dead or Alive**
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Shadow Man** Espionage thriller. (2006, 15, 92min) ★
11.05 **FILM The Forger** Thriller. (2014, 15, 92min) ★★
1.05 AM **FILM Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
2.50 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM In Bed with a Killer** Crime thriller. (2019, PG, 92min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Kill Thy Neighbour** Thriller. (2018, 12, 90min) ★★
3.00 **FILM My Terrorised Teen** Crime thriller. (2021, PG, 90min) ★★
5.00 **FILM Lost Letter Mysteries: Higher Ground** Drama. (2017, PG, 84min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Master Gardener** Crime thriller. (2022, 15, 111min) ★★★★
11.25 **FILM Bronson** Drama. (2009, 18, 92min) ★★★
1.30 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM Crash Site: A Family in Danger** Horror. (2011, 15) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Reunited at Christmas** (2018) ★★
10.10 **FILM Christmas in the Smokies** (2015, U) ★★
12.05 PM **FILM A Christmas Exchange** Drama. (2020, PG, 87min) ★★
2.00 **FILM Crashing Through the Snow** Festive drama. (2021, PG, 84min) ★★
4.00 **FILM Hearts of Christmas** Drama. (2016, PG, 86min) ★★
5.55 **FILM Rocky Mountain Christmas** Drama. (2017, PG, 90min) ★
8.00 **FILM Snowbound for Christmas** Drama. (2019, PG, 93min) ★★
9.55 **FILM Switched for Christmas** Drama. (2017, PG, 90min) ★★
11.50 **FILM A Rose for Christmas** (2017, U) ★★
1.55 **Highway to Heaven**
3.00 **to 5.00** AM **FILM Crashing Through the Snow** As 2.00pm.

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
10.30 **Watching** 2/11. (S5)
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married... with...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 9/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 13/13. (S1)
2.30 **Haggard** 5/7. (S1)
3.00 **Mapp and Lucia** (S2)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 2/11. (S5)
6.30 **Carry On Laughing**
7.00 **Brass** 13/13. (S1)
7.30 **Haggard** 5/7. (S1)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 9/14. (S3)
9.30 **Soap** 10/25. (S1)
10.00 **Carry On Laughing**
10.30 **Married... with Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Mapp and Lucia**
1.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A huge storm strikes the fleet. **8.00** Junior takes a risk to get back in the game.
9.00 **Gold Divers** The worst winter in 100 years is forecast for Nome. **10.00** As another snowstorm approaches Nome, Vernon sets up his operation.
11.00 **Aussie Gold Hunters**
12.00 M'T **British Speedway**
1.00 AM **Naked and Afraid XL** Africa's Selati Basin.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **River Cottage to...**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food...**
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **River Cottage to the Core** Picnic food.
2.00 **James Martin's Favourite Feasts**
2.30 **James Martin's Brittany**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Food Heroes: Another Helping**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 **Jamie's Comfort Food**
10.00 **Jamie's Money Saving Meals** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/22. (S6)
9.00 **The Fall Guy** 1/23. (S1)
10.00 **Knight Rider** (S2)
11.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
12.50 PM **FILM Airport** Disaster movie. (1969, PG, 137min) ★★★
3.30 **FILM Five Guns West** Western with John Lund. (1954, PG, 78min) ★★
5.00 **Star Trek** 26/30. (S1)
6.00 **Knight Rider** 15/24. (S2)
7.00 **The Fall Guy** 2/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Ulzana's Raid** Western. (1972, 15, 103min) ★★★★
11.05 **FILM Soldier Blue** Western. (1970, 18, 109min) ★★★★
1.20 AM **FILM The Resident** Horror. (2011, 15) ★★
3.10 **to 5.00** AM **FILM Dracula: Prince of Darkness** Horror chiller. (1965, 15, 90min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Bigfoot**
8.00 **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM Biggles: Adventure in Time** Time travel adventure. (1986, PG, 108min) ★★
1.00 PM **FILM Warbirds** Sci-fi horror drama. (2008, 15, 87min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 19/23. (S2)
5.00 **FILM Bigfoot** Adventure with Danny Bonaduce. (2012, 12, 89min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 20/23. (S2)
9.00 **FILM First Kill** Action thriller starring Bruce Willis and Ty Shelton. (2017, 15, 97min) ★★
11.00 **FILM American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
1.00 **to 3.00** AM **FILM First Kill** As 9.00pm.

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Skinwalker Ranch**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Contraband: Seized at Sea** New edition
10.00 **Airport Security: USA** New edition
11.00 **My Strange Arrest**
12.00 M'T **Alien Disclosure Files** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** River Dart.
11.00 **Ben Fogle: New Lives in the Wild** Brazil.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The comedian visits Eastbourne.
8.00 **Ben Fogle: New Lives in the Wild** Ben travels to the coastal forests of southern Sweden.
9.00 **World War I in Colour**
10.00 **Nazi Megastructures**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Tales from the Riverbank** River Dart.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Beach Hunters** New editions Double bill.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden** Alan Titchmarsh and his team transform a garden in Plymouth.
9.00 **Married to Real Estate** New edition A couple raising a toddler turn to Egypt Sherrod and Mike Jackson for help.
10.00 **Bargain Block**
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple...**
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Addicted to Marriage**
8.00 **NEW SERIES Jay & Pamela** Reality series following a couple who share the same rare brittle bone disorder.
9.00 **Unbelievable Me**
10.00 **My Feet Are Killing Me**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **My Feet Are Killing Me**
3.00 **Sex Sent Me to the ER**
4.00 **Jay & Pamela**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S5)
1.00 PM **Friends** (S2)
8.00 **Friends** 15/24. Monica falls for a family friend. Guest stars Tom Selleck. **8.30** 16/24. Joey plans to move out. (S2)
9.00 **Russell Howard: Live at the London Palladium** Stand-up performance.
10.00 **FILM Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. (2008, 18, 111min) ★★★★
12.15 AM **Whose Line Is It Anyway? USA**
1.15 **South Park**
2.15 **Beavis and Butt-Head**
3.15 **Reno 911!** 7/11. (S8)
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 7&8/24. (S3)
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 2&3/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 7&8/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 9/22. Things hot up between Nick and Reagan over who can provide the loft with the best air-conditioning. **9.30** 10/22. Jess returns from jury duty, so Reagan prepares to move out of the loft. (S5)
10.00 **Friends** (S1&2)
2.00 AM **Reno 911!** (S6)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 7&8/24. (S3)
4.30 **Rose Matafeo: Horndog**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
9.00 **Celebrity Four Weddings** Reality series.
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** 7/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** With Jimmy Carr.
4.00 **Celebrity Four Weddings** Reality series.
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
8.00 **Teen Mom: From the Beginning** Reality series.
9.00 **Teen Mom: Girls' Night In** Double bill of editions.
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Reality series.
7.00 **Teen Mom UK**
8.00 **MTV Cribs UK**
9.00 **Queerpiphany** New editions Double bill.
10.00 **Plastic Surgery Knifemares** A first-hand account of a 'Botox party'.
11.00 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Nina take on the waves in Rapid Wrecked.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Disaster strikes for a member of Fred's crew. **4.00** Parker opens the first cut on his Alaskan claim.
5.00 **Building Off the Grid**
6.00 **Border Control: Spain** An operation tries to intercept a jet ski with illegal immigrants. **6.30** Two passengers try to hide products bought in China.

7.00 Wheeler Dealers Mike finds a rare Land Rover Series 1 that may not be all it seems.

8.00 Scrap Kings In the West Midlands, an artist picks up the pieces to bring new life to an old motor.

9.00 Gold Rush: White Water New edition The crew discover a new site, igniting a frantic race for season-saving gold.

10.00 Gold Rush: Mine Rescue with Freddy & Juan New edition Freddy uses new technology to uncover ancient gold.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Gold Rush: White Water** Dustin hits rock bottom.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **How Do Animals Do That?** Double bill of editions.
2.00 **Wild Australia**
3.00 **Wild Mexico** Documentary.
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** A breeder selling sick puppies.
6.00 **Tanked** NFL player Adrian Peterson asks Brett and Wayde for a classy aquarium.

7.00 Pit Bulls & Parolees A Houston couple are torn between two dogs and cannot decide which one to take home with them.

8.00 The Zoo A gorilla must undergo a root canal to fix his tooth problem, and a pair of puma cubs travel to their new home.

9.00 The Zoo A fennec fox's future hangs in the balance when it is diagnosed with a rare heart condition.

10.00 Alaska Monsters The team head to the south to investigate sightings of a highly temperamental bigfoot-like creature.

11.00 **Fish or Die** Four friends set out to fish the most remote waters in the world. **12.00** M'T The guys chase reports of tigerfish in Zambia.
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Spanish Empire: Rise and Fall** Double bill.
2.00 PM **Drain the Oceans: WW2's Biggest Wrecks**
3.00 **Nazi Megastructures**
4.00 **Draining Loch Ness: In Search of the Monster**
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw get a 1974 Mk 1 Ford Capri back on the road.
6.00 **Nazi Megastructures** A look at Josef Goebbels' propaganda techniques.

7.00 Air Crash Investigation A reconstruction of Korean Air Cargo Flight 8509's accident near Stansted in 1999.

8.00 Inside the SS Hitler's private army, formed in 1925 from volunteers who were subjected to intense propaganda.

9.00 Inside the SS A look at the role of the SS in the Holocaust, with many volunteering to run the death camps.

10.00 Hitler's Teen Killers The story of how 20,000 teenagers pledged to give their lives to Hitler during World War Two.

11.00 **Air Crash Investigation** South Korea's worst ever air disaster.
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War** A machine gun.
2.30 **Abandoned** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **The UnXplained with William Shatner**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** A seller comes in with Apollo 11 documents.
6.00 **American Pickers** Buildings abandoned since the 1950s.

7.00 Forged in Fire Two bladesmiths recreate an iconic ancient iron weapon – the Celtic Anthropomorphic Sword.

8.00 Bradley Walsh: Egypt's Cosmic Code The presenter considers the riddle of the Sphinx.

9.00 NEW SERIES Secrets Declassified with David Duchovny Investigating evidence from recently declassified CIA files.

10.00 History's Greatest Mysteries New edition The notorious St Valentine's Day Massacre on 14 February 1929.

11.00 **Sex: A Bonkers History** A look at how the Tudor sexual appetites changed the course of British history.
12.00 M'T **Evidence of the Unexplained** Recently declassified secret UFO files.
1.00 AM **Ultimate Mysteries**
2.00 **The Curse of Oak Island**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The...**
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Downfall** Documentary.
5.00 **War Factories** How World War One paved the way for modern factories of today.
6.00 **Antiques Roadshow** From Brooklands motor racing museum in Surrey.

7.00 Great American Railroad Journeys Michael visits Manassas, Virginia, the scene of two key battles during the US Civil War.

8.00 Canal Boat Diaries New edition Robbie returns to where his boating life began, as he explores London's canals.

9.00 Bangers & Cash: Restoring Classics The team purchase a 1981 Rolls-Royce Silver Spirit.

10.00 Bangers & Cash Dave gets a nasty surprise when he opens the bonnet of a fast Ford from the 1980s.

11.00 **Bangers & Cash** Derek's search for the unusual lands him a 1947 Lea Francis that is half made of wood.
12.00 M'T **Retro Electro Workshop** Shamil relives his childhood memories with a Scalextric.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Wheeler Dealers World Tour** In Germany, Mike and Elvis are drawn in by an E30 M3.
9.00 **Shed and Buried** New editions Double bill of the series in which experts try to make a profit from abandoned automotive gems.
10.00 **Shed and Buried**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes... Atlanta**
8.00 **Say Yes to the Dress**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Deadly Affairs**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** A man who killed three children.
8.00 **Murder on CCTV**
9.00 **The Night That Didn't End** A ransom case in Atlanta, Georgia.
10.00 **Bloodline Detectives**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Susan Casey.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret To Die For** Bank robbing, secret lives and deceptions catch up with a serial liar.
8.00 **Murder She Solved** The connected case of a murdered teenager and a stabbed woman.
9.00 **Britain's Most Evil Killers** The case of Ian Huntley, who killed two schoolgirls in a case that shocked the nation.
10.00 **The Chem-Sex Cannibal: Murder on the Internet** 2/2. A look at the dangers of online dating apps.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Chem-Sex Cannibal: Murder on the Internet**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** Police use video footage and forensic evidence to track down a gang. **4.30** A doctor is accused of assaulting two female patients. **5.00** The study of tree ring growth helps investigators solve a case. **5.30** A man goes to great lengths to prove his mother's innocence. **6.00** A grandmother is found murdered in her hotel room. **6.30** Two brothers whose rocky relationship ended in disaster.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killing Mum and Dad**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Ireland's Most Evil Killers** Colin Whelan.
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.40 **Los Angeles: Stories...**
9.55 **Mafia's Greatest Hits**
10.55 **A Nation Denied...**
11.55 **Living in the Shadow...**
1.00 PM **Mafia's Greatest Hits**
2.10 **Los Angeles: Stories...**
3.20 **A Nation Denied...**
4.25 **Mafia's Greatest Hits**
5.35 **Living in the Shadow...**
6.40 **Los Angeles: Stories from the City**
7.55 **A Nation Denied: Ukraine's Battle for History** 2/2. Tracing Ukraine's history in the turbulent 20th century.
9.00 **Once Upon a Time in Northern Ireland** The growth of paramilitary organisations.
10.15 **Living in the Shadow of World War Two**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Once Upon a Time in Northern Ireland**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.05 **Discovering: Richard Harris**
8.00 **The Directors**
9.00 **Dart Kings**
10.00 **Shaq** As shown at 7.00pm.
11.00 **Janet Jackson** As 8.00pm.
12.00 NOON **Sergio Leone: The Italian Who Invented America**
2.00 PM **Taylor Mac's 24-Decade History of Popular Music**
4.00 **The Directors**
5.00 **Discovering: Richard Harris**
6.00 **Dart Kings**
7.00 **Shaq** 2/4. Shaquille signs a record-breaking contract with the Los Angeles Lakers.
8.00 **Janet Jackson** 2/4. Janet decides that if she is going to have a musical career, it will be on her own terms.
9.00 **The Wimbledon Kidnapping** The mysterious disappearance of Muriel McKay in 1969.
11.00 **I Am Johnny Cash**
12.45 AM **Adam Hills: Foot Fault**
2.00 **Flight 149: Hostage of War**
3.50 **Edge of the Earth**
5.00 **to 6.00** AM **Discovering: Richard Harris**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Baby Animals**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Surviving the Amazon**
11.00 **Macaque Island**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Surviving the Amazon**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **The Wild Wild East** The social structures of honeybees. **8.30** Squirrels and chipmunks invading Halifax, Nova Scotia.
9.00 **Survival of the Beast**
10.00 **Dawn to Dusk**
11.00 **Brazil Untamed**
12.00 M'T **Macaque Island**
1.00 AM **Arabian Inferno**
2.00 **The Wild Wild East**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Shipwrecks: When History Resurfaces** Kevin Sempé explores the bay of Saint-Pierre in Martinique, which suffered a volcanic eruption in 1902.
8.00 **Roswell 75: The Final Evidence** The alleged crash of an extra terrestrial craft in 1947.
9.00 **Footprints of Civilisation**
10.00 **Evidence of the Unexplained**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **D-Day: 100 Days to Beat the Third Reich**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Derrick Bird.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **A Perfect Scam** New edition
10.00 **Spring Break Murders** Series finale A man planning to resolve a dispute turns up dead.
11.00 **Cruise Ship Killers**
12.00 M'T **Murder By Medic**
1.00 AM **A Perfect Scam**
2.00 **Spring Break Murders**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Shark Attack Files**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Gorongosa: Paradise Reborn**
3.00 **Gorillas Close Up**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon and Siouxsie risk their lives to save a black mamba in a storm.
7.00 **Secrets of the Zoo: North Carolina** Keepers hope for a long-awaited sand cat kitten.
8.00 **Fish Tank Kings** A challenge to transform a vintage campervan.
9.00 **India's Wild Leopards** Following leopards in India's jungles and mountains.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Nazi UFO Conspiracy**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Nazi UFO Conspiracy**
9.00 **Secrets Underground**
10.00 **How Do They Do It?** A look at how seaweed is turned into sushi wrapping. **10.30** Examining how the street lamps of Venice are cast.
11.00 **The 1980s: The Deadliest Decade** The case of Judge Vincent Sherry and his wife Margaret, who were found dead in their home in 1987.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Gardeners' World**
10.20 **Pointless** Double bill.
12.20 PM **Later... with Jools Holland**
2.40 **Pointless** Quiz show.
3.40 **Gardeners' World**
5.00 **Pointless** Double bill.
7.00 **Later... with Jools Holland** Performances by Perry Farrell, Porno for Pyros, Saint Etienne, Midnight Oil, Oleta Adams and Grant Lee Buffalo. **8.10** Featuring performances by Bjork, Gloria Estefan, Paul Westerberg and Lenny Kravitz.
9.25 **Gardeners' World** Monty Don harvests fruit and vegetables from the garden as summer draws to an end. **10.00** Major changes are made to the planting in the long borders at Berryfields.
10.40 **Pointless** Double bill of the general knowledge quiz show hosted by Alexander Armstrong and Richard Osman.
12.40 AM **Later... with Jools Holland**
3.00 **Gardeners' World**
4.00 **to 6.00** AM **Pointless**

+1 hour 266 376

ID

154 141 166

8.00 AM **Betrayed**
9.00 **Evil Online**
11.00 **Crimes Gone Viral**
1.00 PM **Devil in Suburbia**
3.00 **Grave Secrets**
5.00 **Who the (Bleep) Did I Marry?**
7.00 **Still a Mystery** The case of a mother-of five who seemingly vanished without a trace. **8.00** The murders of a teenage boy, who never returned home from school, and a teenage girl apparently ambushed as she sat in a car with friends.
9.00 **Evil Lives Here** When Ron meets Veronica, he thinks his dreams have come true.
10.00 **Signs of a Psychopath** A man finds his girlfriend and her mother murdered in their beds. **10.30** A man admits to police that he is a serial killer.
11.00 **A Crime to Remember** A 1958 killing spree in Nebraska.
12.00 M'T **Deadly Sins** Double bill.
2.00 AM **Who the (Bleep) Did I Marry?** Four editions.
4.00 **to 6.00** AM **Still a Mystery**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** Richard's new workshop is finally opened.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry gets the chance to ride a pre-1955 motorcycle.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

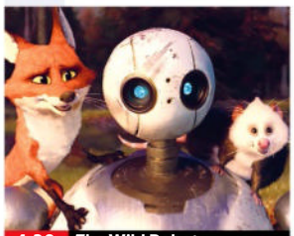
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Bookworm** As 3.55am.
8.35 **Your Monster** As 6.10pm.
10.20 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
12.10 PM **Venom: The Last Dance**
2.10 **Exhibiting Forgiveness**
4.20 **The Wild Robot** Animation with the voice of Lupita Nyong'o. (2024, U, 102min) ★★★★
6.10 **Your Monster** Romantic comedy with Melissa Barrera. (2024, 15, 104min) ★★★★



4.20 The Wild Robot

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Exhibiting Forgiveness Drama starring André Holland and John Earl Jelks. An artist's rise to success is scuppered by a visit from his estranged father. (2024, 15, 117min)

12.10 AM **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
1.55 **Escape from the 21st Century** Chinese fantasy adventure with Ruoyun Zhang. Subtitled. (2024, 15, 94min)
3.55 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
5.50 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

7.55 AM **Lee** Biographical drama. (2023, 15, 117min) ★★★
9.55 **Horrible Bosses** As 1.15am.
11.40 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
1.40 PM **The Lord of the Rings: The Two Towers** Epic fantasy adventure with Elijah Wood. (2002, 12, 179min) ★★★★★
4.40 **The Lord of the Rings: The Return of the King** Fantasy adventure with Elijah Wood. (2003, 12, 201min) ★★★★★

10.25 Saving Private Ryan

8.00 Ready Player One Steven Spielberg's fantasy adventure starring Tye Sheridan and Olivia Cooke. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. With Ben Mendelsohn, Simon Pegg and Mark Rylance. (2018, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Saving Private Ryan Steven Spielberg's World War Two drama starring Tom Hanks and Matt Damon. (1998, 15, 169min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **Horrible Bosses** Comedy starring Jason Bateman. (2011, 15, 93min) ★★★
3.05 **Ferrari** Biographical drama. (2023, 15, 130min) ★★★
5.20 **to 7.25** AM **You've Got Mail** Romantic comedy starring Tom Hanks and Meg Ryan. (1998, PG, 114min) ★★★

Sky Cinema Drama

310 310 410 510 524

8.20 AM **Horizon: An American Saga – Chapter 1** Western. (2024, 15, 181min) ★★★★
11.25 **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
12.45 PM **Rurangi** As 9.45pm.
2.20 **A Sacrifice** Drama starring Eric Bana. (2024, 15, 94min) ★★★
4.05 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
6.30 **High Noon** Oscar-winning Western starring Gary Cooper. (1952, b/w, U, 85min) ★★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.45 **Rurangi** Drama starring Elz Carrad. Partly subtitled. (2020, 15, 87min) ★★★★
11.25 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
1.10 AM **Breakfast at Tiffany's** Vintage romantic comedy. (1961, PG, 106min) ★★★★★
3.10 **High Noon** As 6.30pm.
4.45 **to 6.35** AM **Beach Rats** Drama. (2017, 15, 98min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.00 AM **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
8.35 **I.S.S** As shown at 12.00m't.
10.15 **The Purge** Horror thriller. (2013, 15, 85min) ★★★
11.45 **Gravity** As shown at 6.20pm.
1.25 PM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
3.00 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
4.35 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
8.00 **Five Nights at Freddy's** Horror thriller starring Josh Hutcherson. (2023, 15, 109min) ★★
9.55 **Constantine** Supernatural horror thriller starring Keanu Reeves and Rachel Weisz. (2005, 15, 121min) ★★★
12.00 M'T **I.S.S** Sci-fi drama. (2023, 15, 95min) ★★★
1.40 AM **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
3.20 **Battle Royale** Japanese satirical thriller. Subtitled. (2000, 18, 113min) ★★★★
5.20 **to 7.05** AM **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

6.50 AM **Journey to the Center of the Earth** (2008, PG) ★★
8.25 **Journey 2: The Mysterious Island** (2012, PG) ★★★
10.05 **The Legend of Tarzan** Adventure. (2016, 12) ★★★
12.00 NOON **The BFG** Fantasy. (2016, PG, 117min) ★★★★
2.00 PM **Charlie and the Chocolate Factory** (2005, PG) ★★★★
4.00 **Wonka** (2023, PG) ★★★★
6.00 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★

8.00 Beetlejuice Beetlejuice

8.00 Beetlejuice Beetlejuice Horror comedy sequel starring Michael Keaton and Winona Ryder. The mischievous demon is summoned once more when Delia Deetz returns to the community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Blue Beetle Fantasy starring Xolo Maridueña. An ancient relic of alien biotechnology chooses a college graduate as its symbiotic host. (2023, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
1.50 **Spy Kids 2: Island of Lost Dreams** Action comedy sequel. (2002, U, 100min) ★★★★
3.40 **Spy Kids 3: Game Over** Action comedy sequel. (2003, U, 84min) ★★★
5.15 **to 7.20** AM **The Portable Door** Fantasy. (2023, PG) ★★★

Sky Cinema Action

307 307 407 507 521

7.05 AM **The Way of the Dragon**
8.55 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
11.25 **Hellboy** Comic-book horror. (2004, 12, 122min) ★★★★
1.45 PM **Kong: Skull Island** Action adventure with Tom Hiddleston. (2017, 12, 118min) ★★★★
3.55 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
5.50 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★

5.50 The Fall Guy

8.00 Fast & Furious 6 Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to stop a criminal mastermind from constructing a superweapon. With Michelle Rodriguez. (2013, 12, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Mission: Impossible Brian De Palma's action thriller based on the cult 1960s TV series, starring Tom Cruise. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Dragon Lord** Martial arts comedy. (1982, 15) ★★★★
2.00 **The Way of the Dragon** Martial arts action adventure. (1972, 18, 99min) ★★★
3.45 **The Young Master** Action comedy. (1980, 15) ★★★
5.35 **to 7.40** AM **Jackie Chan's Police Story 2** Comedy thriller sequel. (1988, 15, 91min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.30 AM **Don't Tell Mom the Babysitter's Dead** Comedy remake. (2024, 15) ★★★
8.25 **Coup!** As shown at 1.45am.
10.20 **Big Daddy** Comedy. (1999, 12, 95min) ★★★
12.10 PM **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
2.05 **Beverly Hills Cop 3** (1994)
4.05 **Pixels** Sci-fi comedy. (2015, 12, 105min) ★★
6.00 **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★

6.00 Seven Psychopaths

8.00 The Truman Show Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Ed Harris and Natascha McElhone. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Borat Subsequent Moviefilm Mockumentary sequel with Sacha Baron Cohen. Borat returns from Kazakhstan to America intent on giving his 15-year-old daughter to the vice president. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
1.45 AM **Coup!** Comedy thriller. (2023, 12, 98min) ★★★★
3.30 **Ferris Bueller's Day Off** Teen comedy. (1986, 12) ★★★★
5.20 **to 7.05** AM **Borat Subsequent Moviefilm**

Sky Cinema Thriller

309 309 409 509 523

7.40 AM **Dead Shot** Action thriller. (2023, 15, 92min) ★★★
9.20 **Kill** As shown at 1.00am.
11.05 **Zero Dark Thirty** Kathryn Bigelow's fact-based drama. (2012, 15, 157min) ★★★★★
1.50 PM **Ocean's Thirteen** Thriller sequel with George Clooney. (2007, PG, 122min) ★★★
4.00 **Antebellum** Horror mystery. (2019, 15, 105min) ★★
5.55 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★

10.20 The Firm

8.00 Miami Vice Crime thriller based on the 1980s TV cop series, starring Colin Farrell and Jamie Foxx. A pair of undercover cops infiltrate a ruthless drug smuggling cartel in order to catch the killers of two federal agents. With Gong Li, Naomie Harris and Ciarán Hinds. (2006, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 The Firm Legal thriller based on John Grisham's novel, starring Tom Cruise, Gene Hackman and Jeanne Tripplehorn. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Kill** Thriller starring Daniel Portman and Brian Vernel. (2023, 15, 94min) ★★★
2.45 **Body Double** Brian De Palma's thriller starring Craig Wasson. (1984, 18, 109min) ★★★
4.50 **to 6.45** AM **Cult Killer** Thriller starring Antonio Banderas. (2024, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Storm Over the Nile** Adventure. (1955, U) ★★★
1.15 PM **Footsteps in the Fog** Thriller. (1955, PG) ★★★
3.00 **The Sheriff of Fractured Jaw** Comedy Western with Kenneth More. (1958, U, 103min) ★★★
5.05 **Broken Arrow** Western. (1950, PG, 93min) ★★★★
6.55 **Fatherhood** Fact-based comedy drama starring Kevin Hart. (2021, 12, 109min) ★★★

6.55 Fatherhood

Fatherhood (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Venom: Let There Be Carnage Fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Crush Romantic comedy with Rowan Blanchard. A young artist is forced to join her high-school track team, and uses it as a chance to pursue the girl she has a crush on. (2022, 15, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 3.05** AM **Arkansas** Thriller. (2020, 15, 117min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.00 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★
7.25 **Hulk** As shown at 12.20am.
9.45 **Blue Beetle** As 8.00pm.
12.00 NOON **Madame Web** Fantasy. (2024, 12, 116min) ★★★
2.00 PM **Green Lantern** Superhero adventure. (2011, 12, 114min) ★★
4.00 **Hancock** Action comedy. (2008, 12, 92min) ★★★

5.35 **Superman** Sci-fi adventure starring Christopher Reeve. (1978, PG, 143min) ★★★★
8.00 **Blue Beetle** Fantasy starring Xolo Maridueña and Bruna Marquezine. An ancient relic of alien biotechnology chooses a college graduate as its symbiotic host. (2023, 12, 127min) ★★★★
10.10 **Blade** Action adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff. (1998, 18, 121min) ★★★

12.20 AM **Hulk** Sci-fi fantasy starring Eric Bana and Jennifer Connelly. (2003, 12, 138min) ★★★
2.50 **Hancock** As shown at 4.00pm.
4.30 **to 6.00** AM **Batman Unlimited: Animal Instincts** Animated superhero adventure. (2015, PG, 74min) ★★

Sky Cinema Greats

304 304 404 504 518

6.35 AM **Burning an Illusion** (1981)
8.35 **Far and Away** Romantic epic. (1992, 15, 140min) ★★
11.05 **Out of Africa** Romantic epic. (1985, PG, 162min) ★★★★
1.55 PM **Gorillas in the Mist** Drama. (1988, 12, 124min) ★★★★
4.10 **Quadrophenia** Cult teen drama. (1979, 15, 115min) ★★★★
6.20 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★

8.00 **Singin' in the Rain** Classic musical about the transition from silents to talkies in 1920s Hollywood. Stars Gene Kelly, Donald O'Connor, Debbie Reynolds and Jean Hagen. (1952, U, 102min) ★★★★★
10.00 **Avanti!** Billy Wilder's romantic comedy starring Jack Lemmon and Juliet Mills. An uptight American falls for the daughter of his dead father's English mistress on an Italian island. (1972, 15, 144min) ★★★

12.30 AM **Quadrophenia** As 4.10pm.
2.40 **Midnight Express** Prison drama starring Brad Davis and John Hurt. (1978, 18, 120min) ★★★★
4.45 **Sky Cinema Preview**
5.45 **to 7.45** AM **Burning an Illusion** Drama with Cassie McFarlane. (1981, 15, 103min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Tom and Jerry Cowboy Up!**
7.40 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
9.20 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
11.05 **Penguins of Madagascar** Animation (2014, U) ★★★★
12.45 PM **Hotel Transylvania** Animation. (2012, U) ★★★★
2.25 **PAW Patrol: The Mighty Movie** Animation. (2023, U) ★★★

4.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
5.30 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
7.15 **Hotel Transylvania 2** Animated comedy sequel. (2015, U, 89min) ★★★
8.50 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
10.15 **Teen Titans Go! to the Movies** Animation. (2018, PG) ★★★
11.45 **Megamind vs The Doom Syndicate** Animated adventure. (2024, U, 83min) ★★★

1.20 AM **The Canterville Ghost** Animated family adventure. (2023, PG, 89min) ★★
2.55 **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★
4.20 **to 6.05** AM **Noah's Ark** Animation. (2024, U) ★★★

Movies 24

312 313 419

7.00 AM **To Her, With Love** Drama. (2022, PG, 84min) ★★
9.00 **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★
11.00 **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
1.00 PM **Love, Fashion, Repeat** Comedy. (2022, PG, 89min) ★★
3.00 **Sweet on You** Romantic comedy starring Haylie Duff. (2023, PG, 85min) ★★

5.00 **Romance with a Twist** Romantic drama with Jocelyn Hudon. (2024, PG, 84min) ★★
7.00 **Write Place, Write Time** Romantic comedy starring Kaitlyn Leeb. An aspiring writer plans to write for a publishing house owned by her mother, without revealing her real identity. (2023, PG, 85min) ★★
9.00 **The Story of Love** Romantic comedy starring Brittany Bristow and Franco Lo Presti. (2022, PG, 91min) ★★

11.00 **Romantic Rewrite** Romantic comedy. (2022, PG, 82min) ★★
1.00 AM **Napa Ever After** Romantic drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **The Royal We** Comedy. (2025, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Command Performance** Musical. (1937, b/w, PG, 84min) ★
7.40 **A Tale of Five Cities** Drama. (1951, b/w, PG, 86min) ★★★
9.25 **Algiers** Romantic drama. (1938, b/w, PG, 95min) ★★★
11.20 **What's On TPTV with Noel**
11.30 **Shadow of a Man** Crime drama. (1956, b/w, PG, 69min) ★★
12.50 PM **Star of My Night** Romantic drama. (1954, b/w, U, 70min) ★

2.20 **Fate Takes a Hand** Drama. (1961, b/w, PG, 72min) ★★★
3.50 **The House Across the Lake** Drama. (1954, PG, 68min) ★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Man from Interpol** 18/39. (S1)
7.05 **Batman** 12/60. (S2)
7.35 **Dial 999** 10/39. (S1)
8.10 **Run Wild, Run Free** Family drama. (1969, U, 98min) ★★★
10.15 **Cellar Club with Caroline Munro**
10.20 **They Nest** Chiller with Thomas Calabro. (2000, 15, 88min) ★★
12.10 AM **Cellar Club with Caroline...**

12.15 **Disappearance** Horror thriller. (2002, 12, 87min) ★★★
2.05 **Cellar Club with Caroline Munro**
2.10 **Hammer House of Mystery and Suspense** 6/13. (S1)
3.40 **Suddenly** (1954, PG) ★★★★
5.15 **Look at Life**
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 10 June

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Good Morning Sports Fans**
- 10.00 **Sky Sports News**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Golf Channel Live from the US Open** Build-up to the third Major of the year at Oakmont Country Club in Oakmont and Plum, Pennsylvania. American Scottie Scheffler comes into this event on the back of last month's triumph at the Quail Hollow Club in Charlotte, North Carolina to win the PGA Championship for the first time in his career.
- 6.00 **LIVE International T20 Cricket England v West Indies.** The third and final T20 in the series from Utilita Bowl. The hosts will be looking to end their first T20 series under new captain Harry Brook on a high note. They'll be also be aiming to improve on the fact that they've only won two of the last seven T20 series, having lost to India, West Indies and Bangladesh since early 2023. Play starts **6.30pm**.
- 10.30 **Back Pages Tonight**
- 11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Highlights**
- 10.00 **Premier League Years**
- 12.00 NOON **Gary Neville's Soccerbox** Double bill.
- 1.00 PM **PL Retro** Crystal Palace v Liverpool in the 2013/14 season.
- 3.00 **Premier League 100 Club**
- 4.00 **Premier League Icons**
- 5.00 **Premier League Highlights** Crystal Palace v Southampton. **5.30** Highlights from Crystal Palace v West Ham United. **6.00** Everton v Bournemouth. **6.30** Everton v Brentford. **7.00** Highlights from Everton v Brighton and Hove Albion. **7.30** Everton v Crystal Palace.
- 8.00 **Gary Neville's Soccerbox**
- 9.00 **Outraged: Football's Discrimination** Some of football's big names give their view on racism, sexism and homophobia.
- 10.00 **Class of '92: Full Time**
- 11.00 **Premier League Icons**
- 12.00 M'T **Premier League Legends**
- 1.00 AM **Premier League Years**
- 3.00 **PL Greatest Games**
- 4.00 **Premier League Best Goals**
- 5.00 **Premier League 100 Club**
- 5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

- 6.00 AM **Championship Retro**
- 8.30 **EFL Greatest Games**
- 10.00 **EFL Cup Retro** Chelsea v Tottenham in the 2015 final.
- 11.00 **EFL** Leeds United v Watford in the 2005/06 Championship play-offs.
- 12.00 NOON **Dundee United – Champions 83**
- 12.30 PM **Craig Brown: My Scotland**
- 1.00 **There's Only One Sauzee**
- 1.30 **SPFL Greatest Games**
- 3.30 **SPFL Highlights**
- 4.00 **SPFL Greatest Games**
- 5.00 **1983: When Aberdeen Ruled Europe** The story of the greatest year in the history of Aberdeen.
- 6.00 **EFL Greatest Games**
- 6.30 **EFL Highlights** Action from Sheffield United v Sunderland in the Championship play-off final.
- 7.30 **EFL Greatest Games**
- 8.00 **Championship Retro** Watford v Leicester City in the 2013 play-off semi-final second leg.
- 10.00 **EFL Cup Retro** Arsenal v Manchester City in the 2018 final.
- 10.30 **EFL** Blackpool v Cardiff City in the 2009/10 Championship play-offs.
- 12.00 M'T **EFL** The 2018/19 play-offs.
- 3.00 AM **EFL Greatest Games**
- 4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 514 504 422 442

- 6.00 AM **Women's One-Day International Cricket**
- 9.00 **Talking Cricket** Windrush.
- 9.30 **The Boy from Baracara**
- 10.00 **One-Day International Cricket**
- 1.00 PM **International T20 Cricket** England v West Indies.
- 5.30 **Best of England v Windies**
- 6.00 **LIVE International T20 Cricket England v West Indies.** Coverage of the third and final T20 in the series. The hosts will be looking to end this series on a high note in their first T20 series under new captain Harry Brook. They'll be also be aiming to improve on the fact that they've only won two of their last seven T20 series. Play starts **6.30pm**.
- 10.30 **Ashes Greats** Archive action.
- 11.00 **The Boy from Baracara** Michael Atherton visits the home of West Indies bowler Shamar Joseph.
- 11.30 **Talking Cricket** Windrush.
- 12.00 M'T **International T20 Cricket** England v West Indies: The third and final T20 in the series from Utilita Bowl in Southampton.
- 4.30 AM **Ashes Greats** Archive action.
- 5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

405 405 515 505 423 443

- 6.00 AM **US Open Official Films**
- 7.00 **PGA Tour** Canadian Open.
- 8.00 **DP World Tour**
- 8.30 **In Bloom: The Justin Rose Story**
- 10.00 **McGinley & Chamblee at the US Open** Tournament preview.
- 11.30 **US Open Official Films**
- 12.30 PM **McGinley & Chamblee at the US Open** Event preview.
- 2.00 **Golf Channel Live from the US Open** Build-up to the third Major of the year staged at Oakmont Country Club in Oakmont and Plum, Pennsylvania.
- 10.00 **In Bloom: The Justin Rose Story** A look at how the British player claimed the first Major title of his career in 2013.
- 11.30 **Ladies European Tour** The Tenerife Women's Open.
- 12.30 AM **PGA Tour**
- 2.00 **to 6.00** AM **US Open**

Sky Sports Tennis

407 407 537 520 425 445

- 6.00 AM **WTA & ATP Tennis**
- 10.00 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA and ATP S-Hertogenbosch Open staged at Autotron Rosmalen in the Netherlands, and the ATP Stuttgart Open staged at the Tennis Club Weissenhof.
- 6.00 PM **ATP Tennis** Madrid Open.
- 7.00 **WTA Tennis** Madrid Open final.
- 8.00 **WTA & ATP Tennis**
- 12.00 M'T **ATP Tennis** Action from the Monte-Carlo Masters singles final.
- 1.00 AM **Tie Break Tens**
- 2.00 **Bitesize Tennis** Highlights.
- 2.45 **Frances Tiafoe Podcast 2024**
- 3.00 **US Open Classic Matches**
- 4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **WRC Review**
- 7.00 **Sign Up – Into Football**
- 7.30 **UEFA Europa League Goals**
- 7.45 **Playing for Our Future**
- 8.00 **IFSC Climbing World Cup**
- 9.00 **Men's Cycling** Highlights.
- 10.00 **Longines Global Champions Tour** Round five in Cannes.
- 11.00 **Classic Premier League**
- 12.00 NOON **WRC Review**
- 1.00 PM **MLB Highlights**
- 2.00 **MLB: Off the Bat**
- 2.30 **LIVE Cycling: Criterium du Dauphine** The third stage.
- 4.30 **Playing for Our Future**
- 4.45 **Sign Up – Into Football**
- 5.15 **UEFA Conference League**
- 5.30 **UEFA Champions League**
- 6.30 **Premier League Stories**
- 7.00 **Premier League Review**
- 9.00 **The Club That George Built**
- 10.30 **Playing for Our Future**
- 10.45 **MotoGP Rewind**
- 11.00 **MLB Highlights**
- 12.00 M'T **MLB Lead Off** A look ahead.
- 12.30 AM **LIVE MLB Kansas City Royals v New York Yankees.** Coverage of the American League match. Start-time **12.40am**.
- 3.45 **MLB Closer** A look back.
- 4.15 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **MotoGP** GP of Aragon.
- 9.30 **MotoGP Chequered Flag**
- 10.30 **One Day International Cricket** Action from Ireland v West Indies.
- 1.30 PM **Gallagher Premiership Rugby Union** The semi-finals.
- 3.30 **MotoGP** Grand Prix of Aragon.
- 7.00 **MotoGP Chequered Flag**
- 8.00 **British Speedway** Leicester Lions v Sheffield Tigers.
- 9.00 **World Rally Raid Championship** Action from the South African Safari Rally.
- 9.30 **Cycling** The third stage of the men's Criterium du Dauphine.
- 10.30 **SailGP Highlights** The sixth round of the season in New York.
- 11.30 **Sign Up – Into Football** Highlights and analysis in a groundbreaking series.
- 12.00 M'T **French Open Tennis** Action from the men's doubles final. **1.00** AM Highlights from the women's doubles final. **2.00** Highlights of the mixed doubles final in Paris. **3.00** The wheelchair final.
- 4.00 **IFSC Climbing World Cup Highlights** Action from the men's and women's bouldering finals in Prague, Czech Republic.
- 5.00 **to 6.00** AM **Men's Cycling**

Sky Sports Action

408 408 517 507 426 446

- 6.00 AM **The Rugby Championship** Australia v South Africa at Suncorp Stadium from 2024. **8.00** A chance to see New Zealand v Argentina from 2024. **10.00** Another chance to see Australia v South Africa at Optus Stadium from 2024.
- 12.00 NOON **The Rugby Championship** A chance to see New Zealand v Argentina at Eden Park in Auckland from 2024. **2.00** PM Another chance to see Argentina v Australia at Estadio Jorge Luis Hirschi from 2024.
- 4.00 **The Rugby Championship** South Africa v New Zealand at Emirates Airline Park from 2024. **6.00** Another chance to see Argentina v Australia staged at Stadium Brigadier General Estanislao Lopez from 2024.
- 8.00 **The Rugby Championship** South Africa v New Zealand at DHL Stadium from 2024. **10.00** A chance to see Argentina v South Africa at Estadio Unico Madre de Ciudades from 2024.
- 12.00 M'T **The Rugby Championship** Australia v New Zealand in 2024.
- 2.00 **to 6.00** AM **The Rugby Championship**

Sky Sports Sky Sports+

412 410 518 508 427 447

- 6.00 AM **EFL Cup Highlights** Newcastle United v Brentford. **6.30** Highlights from Tottenham Hotspur v Manchester United.
- 7.00 **Good Morning Sports Fans**
- 10.00 **LIVE WTA & ATP Tennis** Coverage from the Tours, including the WTA and ATP S-Hertogenbosch Open staged at Autotron Rosmalen in the Netherlands, and the ATP Stuttgart Open staged at the Tennis Club Weissenhof.
- 6.00 PM **Sports Centre** A round-up of the sports news with analysis and comments, plus extended interviews with headline makers.
- 7.00 **Sky Sports News**
- 10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
- 11.00 **Sky Sports News**
- 12.00 M'T **Super League** Another chance to see Leigh Leopards v Catalans Dragons on the magic weekend at St James' Park. **2.40** AM Hull Kingston Rovers v Salford Red Devils on the magic weekend at St James' Park.
- 4.55 **EFL Cup Highlights**
- 5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **LPGA Tour Golf**
- 9.00 **Women's One-Day International Cricket**
- 11.00 **DP World Tour Golf**
- 11.30 **PGA Tour Golf** Canadian Open.
- 12.30 PM **Rose Ladies Series**
- 1.00 **Formula 1** Monaco Grand Prix.
- 2.00 **PL Greatest Games**
- 3.00 **Fight Night** Two bout replays.
- 5.00 **Formula 1** Spanish Grand Prix.
- 6.00 **One-Day International Cricket** England v West Indies in Cardiff. **7.00** England v West Indies from The Kia Oval, Kennington.
- 8.00 **DP World Tour Golf** A review of the KLM Open in Amsterdam.
- 8.30 **PGA Tour Golf** Canadian Open.
- 9.30 **ATP Tennis** Stuttgart Open final.
- 10.30 **WTA All Access**
- 11.00 **The Boy from Baracara**
- 11.30 **Talking Cricket** Windrush.
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **Fight Night** Two bout replays.
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **US Open Golf**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **French Open Tennis**
- 11.30 **French Open Tennis** Action from the men's final in Paris.
- 1.30 PM **Cycling** Highlights from the second stage of the men's Criterium du Dauphine.
- 2.30 **LIVE Cycling: Criterium du Dauphine** Coverage from the third stage, a 202.8km route from Brioude to Charantonnay.
- 4.30 **MLB Highlights**
- 5.30 **MLB: Off the Bat**
- 6.00 **French Open Tennis** Action from the men's final in Paris.
- 8.00 **French Open Tennis** Action from the women's final in Paris.
- 9.30 **UFC** Another chance to see Merab Dvalishvili v Sean O'Malley.
- 12.30 AM **UFC Connected**
- 1.00 **Motocross World Championship** Highlights from MX2 and MXGP races in Kegums.
- 4.00 **MotoGP Chequered Flag** Grand Prix of Aragon analysis.
- 5.00 **to 6.00** AM **MotoGP**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **AFL** Four match replays.
- 12.00 NOON **IFSC Climbing World Cup Highlights** From Prague.
- 1.00 PM **WNBA** Golden State Valkyries v Las Vegas Aces.
- 2.00 **NBA** Game one of the NBA Finals. **3.30** NBA Finals game two.
- 5.00 **NBA Originals**
- 5.30 **NWSL** Highlights from Orlando Pride v Houston Dash. **6.30** Action from Washington Spirit v North Carolina Courage.
- 7.30 **AFL** A chance to see Western Bulldogs v Hawthorn Hawks. **9.00** Another chance to see Adelaide Crows v Brisbane Lions. **10.30** Another chance to see Richmond Tigers v Sydney Swans. **12.00** M'T A chance to see Geelong Cats v Gold Coast Suns.
- 1.30 AM **Men's Cycling**
- 2.30 **WRC Review** Recent action.
- 3.30 **WRC: More Than Machine**
- 4.00 **Fight Week** UFC 316 review.
- 4.30 **to 6.00** AM **NBA**

Premier Sports 1

419 551

- 6.00 AM **Africa Eco Race**
- 7.00 **MotorSport** Le Tour Auto.
- 7.30 **UK Independent Kart Racing**
- 9.00 **Transworld Sport** Magazine.
- 10.00 **World Surf League**
- 11.00 **MotorSport** Highlights.
- 12.00 NOON **URC in 60** Semi-finals.
- 1.00 PM **Ultimate Karting Championship** Recent action.
- 4.00 **British Minibikes**
- 6.00 **MotorSport** Le Tour Auto.
- 6.30 **URC in 60** The semi-finals.
- 7.30 **Top 14 Rugby Union Highlights**
- 8.00 **NASCAR Highlights**
- 9.00 **Transworld Sport** Magazine.
- 10.00 **Ultimate Karting Championship**
- 11.55 **LaLiga Specials**
- 12.55 AM **LIVE CONMEBOL World Cup Qualifiers Argentina v Colombia.** Coverage of the game at Estadio Mas Monumental in Buenos Aires. Kick-off **1.00am**.
- 3.00 **UK Independent Kart Racing**
- 4.30 **Transworld Sport** Magazine.
- 5.30 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

- 6.00 AM **NASCAR Trucks**
- 9.00 **Bike World** Magazine.
- 9.30 **FastZone** Motorsports highlights.
- 10.00 **NHL Ice Hockey**
- 12.00 NOON **NHL: This is Hockey**
- 1.00 PM **United Rugby Championship** Another chance to see the first semi-final. **3.00** The second semi-final.
- 5.00 **Temples of Sport**
- 6.00 **Top 14 Rugby Union** Action from the French top flight.
- 10.00 **Bike World** Magazine.
- 10.30 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
- 1.30 AM **LaLiga Match Highlights** Barcelona v Real Madrid.
- 1.40 **LIVE CONMEBOL World Cup Qualifiers Brazil v Paraguay.** Coverage from Corinthians Arena in Sao Paulo. Kick-off **1.45am**.
- 3.45 **LaLiga Specials**
- 4.00 **Football's Greatest**
- 4.30 **Temples of Sport**
- 5.30 **to 6.00** AM **Bike World**

Sky Sports F1

406 406 516 506 424 444

- 6.00 AM **Formula 1** Highlights.
- 1.15 PM **Formula 1** A chance to see the 2017 Canadian Grand Prix. **3.30** A chance to see the 2018 Canadian Grand Prix in Montreal. **5.45** Another chance to see the 2019 Canadian Grand Prix.
- 8.00 **Formula 1** Action from the 2016 Canadian Grand Prix at Circuit Gilles Villeneuve in Montreal. **9.00** The 2017 Canadian Grand Prix at Circuit Gilles Villeneuve. **10.00** Highlights from the 2018 Canadian Grand Prix. **11.00** The 2019 Canadian Grand Prix at Circuit Gilles Villeneuve.
- 12.00 M'T **Formula 1** Highlights.
- 1.00 **to 6.00** AM **The Home of F1**

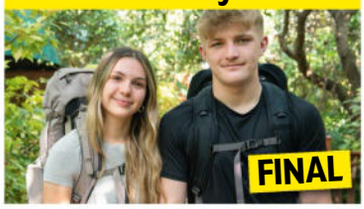
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 11 June

Evening Planner

Wednesday

Reality



Race Across the World
BBC1, 9pm
After seven weeks and 13,000km, the finish line is in sight – but who will be first past the post to claim the £20k prize?

Documentary

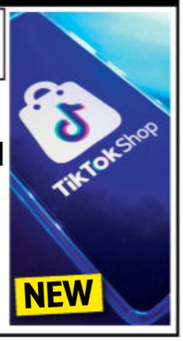
Flight 149: Hostage of War
Sky Documentaries & Sky Showcase, 9pm
The ordeal of passengers and crew of a BA flight who found themselves in the middle of a warzone in Kuwait in 1990.

Crime Drama

The Equalizer
Sky Witness, 9pm
The finale of season five marks the end of the action drama, with McCall (Queen Latifah) fighting for justice one last time.

OnDemand

The Secrets of TikTok Shop: Untold
Available today
A look at how the social media platform is revolutionising online shopping.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop on the Road		9.00 Race Across the World		10.00 News; Local News	10.40 Glow... †
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 Pangolins – The World's Most Wanted...		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Genius Game		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Britain's Most Expensive Houses		10.00 Celebrity Gogglebox	
	105 5	7.00 Fare Dodgers: At War with the Law		8.00 Speed Cameras: Are They Out to Get...		9.00 Casualty 24/7: Every Second Counts		10.00 999: Critical Condition	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Conquest of the...		9.00 Flight 149: Hostage of War			
ENTERTAINMENT	115 BBC3	7.00 Top Gear		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Stacey Dooley: Meth and Madness in...		10.00 Stacey Dooley: Ecstasy Wars	
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 A Very British Romance with Lucy...		9.00 Jane Austen: Behind Closed Doors		10.00 Mansfield Park	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Extraordinary	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 Travels with Agatha Christie & Sir...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 The Simpsons	8.00 Below Deck Down Under		9.00 Gogglebox		10.00 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 The Equalizer		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.55 Game of Thrones		9.00 The White Lotus		10.05 True Detective	
	110 U&GOLD	7.00 Dad's Army: The Lost...	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?		8.20 Richard Osman's...		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 McDonald & Dodds				10.00 Grantchester	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 Isle of Man TT		9.00 Film: Tomorrow Never Dies			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 Russell Howard: Wonderbox	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Resident Alien	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise				10.00 Catch Me a Killer	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Wonderland: From JM Barrie to JRR...		9.00 Hepworth		10.00 My Week with Guerrilla Girls	
	132 U&W	7.00 999 Rescue Squad		8.00 Ambulance Australia				10.00 Serial Killer with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Kindig Customs		10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 How Sharks Hunt		9.00 Sharktacular 2016		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Tucci in Italy		9.00 Car S.O.S.			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bradley Walsh: Egypt's Cosmic Code		9.00 The Curse of Oak Island		10.00 Hunting History with Steven Rinella	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Great British Railway Journeys		9.00 Greece with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Shaq		8.00 Janet Jackson		9.00 Flight 149: Hostage of War			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Beetlejuice Beetlejuice		8.00 Venom: The Last Dance				10.00 Your Monster	
	302 SUPERHEROES	‹ 6.00 Venom: The Last Dance		8.00 Superman II				10.10 Kick-Ass 2	
	303 HITS	‹ 5.50 Godzilla x Kong: The New Empire		8.00 Barbie				10.00 Trap	
	304 GREATS	‹ 5.55 Birdy		8.00 A League of Their Own				10.10 The Sting	
	305 ANIMATION		7.10 Hotel Transylvania 3: Summer Vacation			8.55 10 Lives			10.30 Noah's Ark
	306 FANTASY	‹ 6.00 Blue Beetle		8.10 Barbie				10.10 Jack the Giant Slayer	
	307 ACTION	‹ 6.05 Charlie's Angels: Full Throttle		8.00 Mission: Impossible			9.55 Mission: Impossible II		
	308 COMEDY	‹ 6.00 The 40-Year-Old Virgin		8.00 The Invention of Lying			9.45 Nacho Libre		
	309 THRILLER	‹ 5.55 Paradise Highway		8.00 Jason Bourne				10.10 The Island	
	310 DRAMA	‹ 5.35 The Color Purple		8.00 Dunkirk			9.50 Beach Rats		
	311 SCI-FI	‹ 6.05 The Nun II		8.00 King Kong					
	313 FILM4	‹ 6.55 Groundhog Day				9.00 The Great Wall			
SPORT	401 MAIN EVENT	‹ 6.15 Vitality T20 Blast Cricket – Live: Northants Steelbacks v Birmingham Bears						10.00 News at Ten	10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL Highlights	8.00 Gary Neville's...	8.30 PL Stories	9.00 PL Special: The Centurions		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.00 Retro League One		8.00 EFL Cup...	8.30 EFL	9.00 EFL Greatest Games		10.00 EFL Cup Highlights	
	404 CRICKET	‹ 6.15 Vitality T20 Blast Cricket – Live: Northants Steelbacks v Birmingham Bears						10.00 Ashes Greats	10.30 Test Cricket
	410 TNT SPORTS 1	7.00 MLB – Live: Milwaukee Brewers v Atlanta Braves (Start-time 7.10)							10.15 Fight Week
	411 TNT SPORTS 2	7.00 MotoGP Highlights		8.00 FIA World Endurance Championship – Live: The 24 Hours of Le Mans				10.00 Men's Cycling World Tour	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 LIVE **Tennis: Queen's** The HSBC Championships: Day three of the women's grass-court tournament at Queen's Club, featuring singles matches from the second round. *Coverage continues on BBC2.* (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Garden Rescue** New edition An unloved Manchester garden. (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

4.30 Bridge of Lies

7 PM

7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Elaine summons an unlikely confidante, Yolande and Patrick are at loggerheads, while Alfie has a realisation. (S)(AD)

8 PM

8.00 **The Repair Shop on the Road** Dominic Chinea and Will Kirk join the masons working on York Minster. Plus, the bag that reminds a man of his mother after he fled apartheid-era South Africa. (S)(R)(AD)

9 PM

9.00 **Race Across the World** New edition 8/9. The teams embark on their final leg, a 1,200km journey through India's southern states in a bid to be first past the post and pick up the prize of £20,000. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Glow Up: Britain's Next Make-Up Star** 7/8. The contestants provide looks for celebrities Amber Davies, Danny Beard, Zeze Millz and Henrie Kwushue, who are attending the WhatsOnStage awards ceremony. (S)(R)(AD)
11.40 **Who Do You Think You Are?** 8/8. Diane Morgan learns about her family, from an aunt who loved and lost in World War One, to an ancestor who fought for her illegitimate children's rights. (S)(R)
12.40 AM **Celebrity Bridge of Lies** With Kerry Godliman, Greg McHugh, Kola Bokinni and Ria Lina. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** With Ekin-Su Cülcüloglu and Davide Sanclimenti. (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
12.30 PM **Politics Live: Spending Review** (S)
3.00 LIVE **Tennis: Queen's** The HSBC Championships: Isa Guha presents further coverage of day three of the women's grass-court tournament at Queen's Club. (S)
6.00 **Richard Osman's House of Games** Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore take part. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 13/15. Clive learns how to make tiramisu in Treviso. (S)(R)

11.00 Unspun World

7 PM

7.00 **The Great House Revival** New edition 3/8. Two architects convert a derelict cowshed belonging to the vast Rockingham Estate in the dense forest of Lough Key. (S)
7.50 **The Pembrokeshire Coast: A Wild Year** (S)(R)(AD)

8 PM

8.00 **Springwatch** New edition 11/12. Michaela Strachan and Chris Packham look at which nests will fledge before the end of the series, while Iolo Williams explores the Mount Stewart Estate. (S)
■ Concludes tomorrow

9 PM

9.00 **Pangolins: The World's Most Wanted Animal** Documentary following attempts to save the most illegally trafficked animals in the world – a little-known scaly mammal called the pangolin. (S)(R)

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** 2/8. Bob and Paul enjoy an Irish fishing trip on the River Finn. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **Surviving Syria's Prisons** (S)(R)
12.45 AM **Sign Zone: Hidden Treasures of the National Trust** (S)(R)(AD)
1.45 **Sign Zone: Walking with Dinosaurs** 2/6. A spinosaurus embarks on a dangerous voyage to feed his babies. (S)(R)(AD)
2.35 **Sign Zone: Jane Austen: Rise of a Genius** 2/3. (S)(R)(AD)
3.35 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **James Martin's Midweek Menu** New edition James makes a bacon rarebit using sourdough bread. (S)
3.00 **Tenable for Soccer Aid** Five team-mates from Glasgow Rangers Women's FC take part. (S)(R)
4.00 **Tipping Point for Soccer Aid** With Brian McFadden, Maisie Adam and Sam Matterface. (S)(R)
5.00 **The Chase for Soccer Aid** Lianne Sanderson, Dion Dublin, David James and Shaun Williamson take part. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Coronation Street

7 PM

7.30 **Emmerdale** The police arrive with a search warrant, Tracy accuses Cain, and Vinny slips up. (S)(AD)

8 PM

8.00 **Coronation Street** Lisa is forced to step in when Kit fails to attend Craig's memorial, Lou heeds Gary's words of wisdom, Carla catches Betsy snooping, and Todd feels like Theo's lowest priority. (S)(AD)

9 PM

9.00 **Genius Game** Series finale 8/8. David Tennant hosts as the finalists face a best-of-three Death Match format that tests the most strategic thinkers, and the first player to win two games will be the winner. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Rugby Union: Gallagher Premiership Unleashed** Action from the semi-finals, as the top four in the standings contested places in Saturday's final. (S)(R)
12.05 AM **Teleshopping**
3.00 **Shardlake** 1/4. Mystery adapted from CJ Sansom's novels, starring Arthur Hughes. (S1) (S)(R)(AD)
3.55 **Unwind with ITV** (S)
5.10 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** (S7&8) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 2-5/24. (S1) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** From Poitou-Charentes, France. (S)(R)
4.00 **Narrow Escapes** Experienced boaters Paul and Anthony upgrade to a new eco-boat. (S)(R)(AD)
5.00 **Chateau DIY** Jon and Carmen battle the imposing vines that threaten their tower. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Catching up with a couple who swapped life in Surrey to run a B&B in the Algarve. (S)(R)

9.00 Britain's Most Expensive Houses

7 PM

7.00 **News** (S)

8 PM

8.00 **Location, Location, Location** New edition Kirstie and Phil are in south London, helping a couple who have £1.25million for a new home and an A&E doctor who wants to move out of her parents' house and into a flat. (S)(AD)

9 PM

9.00 **Britain's Most Expensive Houses** New edition Agent Margaret Towey is selling £10million Hertfordshire property Orchard View – a hi-tech home that might be perfect for retired model Jilly Johnson. (S)(AD)

10 PM

10.00 **Celebrity Gogglebox** Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, critiquing recent TV shows. (S)(R)(AD)
11.05 **Johnny Vegas: Carry on Glamping** 4/6. Johnny gets the seal of approval on the site. (S)(R)
12.10 AM **Ramsay's Kitchen Nightmares USA** From Michigan. (S)(SL)(R)
1.00 FILM **Walk Like a Panther** Comedy starring Stephen Graham. (S)(SL) (2018, 12, 110min) ★★
2.50 NEW **Iris Prize Best British Shorts** *Water's Edge.* (S)(AD)
3.05 **Levison Wood: Walking with Polar Bears** (S)(SL)(R)(AD)
4.00 **Devon and Cornwall** (S)(SL)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.35 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **FILM PREMIERE** **My Mother Stole My Life** Suspense thriller starring Patrice Goodman. (S) (2024, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Wedding planner Louise has concerns about a vow renewal. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Trainer Graeme Hall helps a German shepherd that is anxious about its puppy. (S)(R)
6.55 **News** (S)

8.00 Speed Cameras

7.00 **Fare Dodgers: At War with the Law** A revenue protection officer is cornered and verbally abused on a train by a man who has no ticket. (S)(R)
7.55 **News** (S)

8.00 **NEW** **Speed Cameras: Are They Out to Get You?** Investigating the reasons for the nation's speed camera boom and whether the people behind them really have got it in for the Great British motorist. (S)

9.00 **Casualty 24/7: Every Second Counts** New edition Dr Taylor carries out some urgent tests on former cancer patient Ruth, who is suffering from extreme sickness and stomach pain. (S)(AD)

10.00 **999: Critical Condition** A 23-year-old man is rushed into hospital with an excruciating pain in his lungs, coughing up blood, and the team suspect it may be a pulmonary embolism. (S)(R)

11.05 **The Hospital: Life on the Line** Medical documentary. (S)(R)
12.05 AM **Cause of Death** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** 4&5/25. (S6) (S)(R)
3.55 **A Country Life for Half the Price** Documentary. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Ireland's Wild Islands with Eoin Warner** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 15/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Rednecks and Broomsticks:* Lisa is invited to join a Wiccan coven. (S)(R) **5.30** *Homer the Whopper:* Homer is cast as the lead in a superhero movie. (S)(R)
6.00 **The Office (US)** 8/26. Michael is mocked for falling into a koi pond during a sales pitch. (S)(R) **6.30** 9/26. Dwight is nice to everyone in the office, hoping to gain favours. (S6) (S)(R)

7.00 The Simpsons

7.00 **The Simpsons** *Thursdays with Abie:* A columnist writes a series of stories about Grampa. (S)(R) **7.30** *Once Upon a Time in Springfield:* Romance blossoms between Krusty and his new co-star. (S)(R)

8.00 **David Attenborough's Conquest of the Skies** David meets creatures that glide, including the harlequin tree frog, has a CGI-assisted encounter with a pterosaur and encounters the largest species of bat. (S)(R)(AD)

9.00 **Flight 149: Hostage of War** One-off documentary. The story of the passengers of a British Airways flight who were held hostage in 1990 after the plane landed in Kuwait City while Iraqi forces were invading. (S)(R)

11.00 **A League of Their Own** With guests Luke Littler, Tom Davis and Alex Brooker. (S)(R)(AD)
12.00 M'T **The Force: Manchester** Crime documentary. (S)(R)
1.00 AM **Brit Cops: Rapid Response** Police officers on patrol. (S)(R)
2.00 **Road Wars** (S)(R)(AD)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 15/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
3.00pm Politics Scotland (S) **3.30-4.30** Celebrity Escape to the Country (S)(R) **10.40** Debate Night (S)(R) **11.40** Scotcast (S)(R) **12.10am** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Ride or Die (S)(R) **11.40pm-12.40am** Glow Up: Britain's Next Make-Up Star (S)(R)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
10.40pm Walescast (S) **11.10** Glow Up: Britain's Next Make-Up Star (S)(R)(AD) **12.10am** Who Do You Think You Are? (S)(R)(AD) **1.10-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Spotlight (S)(R) **11.30** Scandinavia with Simon Reeve (S)(R) **12.30-12.45am** The Chronicles of Mourne (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Darn Bach o Hanes (AD) **1.30** Ralïo: Pencampwriaeth Rali'r Byd **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Hafiach New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Busnes Bwyd New edition **10.00** Trysorau'r Teulu **11.00-11.45pm** Mwy Na Daffs a Taffs

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Top Gear** James May and Jeremy Clarkson create an advert for Volkswagen.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** New edition 7/8. The contestants provide looks for celebrities attending the WhatsOnStage awards.
9.00 **Stacey Dooley: Meth and Madness in Mexico** 1/3. The journalist heads to remote and hostile regions to meet producers and traffickers involved in the global drugs trade, starting with a trip to Mexico.
10.00 **Stacey Dooley: Ecstasy Wars** 2/3. The journalist investigates the production of ecstasy, travelling to Cambodia, Canada and the United States as she follows the trail of the party drug.
11.00 **Suits** 7&8/16. (S6)
12.20 AM **What It Feels Like for a Girl** 3&4/8. (S1)
1.55 **Angels of the North**
2.55 **Mobility** Short comedy.
3.05 **to 4.00** AM **I Kissed a Boy**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions from in and around Brighton.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw head to Loughborough to revamp a 1992 Saab 900 Turbo. **6.55** Restoring a 1993 Toyota Supra Mk4 owned by a former motorcycle racer.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer returns to Cullercoats on North Tyneside to catch up with Mark and Suze.
9.00 **Travels with Agatha Christie & Sir David Suchet** New edition 4/5. The *Poirot* star retraces Agatha Christie's journey to Hawaii in 1922. He delves into Agatha's passion for surfing and explores how travel informed her novels.
10.00 **24 Hours in A&E** A 51-year-old is rushed in after coming off his bike.
11.05 **Emergency Helicopter Medics** Documentary.
12.10 AM **Travels with Agatha Christie & Sir David Suchet** As 9.00pm.
1.15 **999: On the Front Line**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** How skeletons have adapted to allow movement on land.
7.30 **War Walks** Professor Richard Holmes describes the 1914 Battle of Mons.
8.00 **A Very British Romance with Lucy Worsley** The historian explores 300 years of love's rituals.
9.00 **Jane Austen: Behind Closed Doors** Lucy Worsley visits some of the many locations that helped inspire Jane Austen's work.
10.00 **Mansfield Park** 1/6. First episode of the Jane Austen adaptation, starring Sylvestra Le Touzel. **10.50** 2/6. The prosperous Crawfords family arrive to stay in the neighbourhood. **11.45** 3/6. Maria gets engaged to wealthy Mr Rushworth. (S1)
12.40 AM **Secrets of Bones**
1.10 **War Walks** As 7.30pm.
1.40 **Jane Austen: Behind Closed Doors** As 9.00pm.
2.40 **to 3.40** AM **A Very British Romance with Lucy...**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** *The Book Job:* Homer writes a book.
7.00 **Hollyoaks** Ste tries to reunite Dillon with his son.
7.30 **The Simpsons** *The Springfield Files:* Homer claims he has encountered an extraterrestrial.
8.00 **Below Deck Down Under** New edition Captain Jason makes the unpopular decision to fire a deckhand.
9.00 **Gogglebox** *The Mating Game, Celebrity Yorkshire Auction House* and *Family Fortunes* are appraised.
10.00 **First Dates** Receptionist Natasha meets chef Oskar.
11.05 **Gogglebox**
12.10 AM **The Big Bang Theory**
1.05 **Brooklyn Nine-Nine**
2.05 **The Goldbergs**
3.00 **Modern Family**
3.25 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol** Double bill.
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue** Double bill.
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 12/19. Kristen is keen to get back into field work. (S2)
2.00 **FBI: Most Wanted** 2/14. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *The Return:* 9/13. The Task Force hunt the killers of two guards transporting Nigerian Artefacts. (S5)

9 PM

9.00 The Equalizer Series finale *Decisions:* 18/18. McCall and Dante are ambushed by Salazar and his army. (S5)

10 PM

10.00 Fire Country *You Know Your Dragon Best:* 13/22. The crew try to control a dangerous forest fire. (S1)
11.00 **Bull** 5/16. (S5)
12.00 M'T **FBI** 11/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **Law & Order: Special Victims Unit** New episode 11/20. (S26)
3.00 **The Good Doctor** 9/18. (S5)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Fish Town** Double bill.
8.00 **The Sopranos** 1&2/13. (S3)
10.10 **Billions** 9&10/12. (S6)
12.25 PM **Game of Thrones** (S5)
1.30 **The King** 1&2/8. (S1)
3.35 **The Sopranos** 1/13. The FBI intensifies its surveillance of Tony and his family.
4.35 2/13. Tony struggles to cope with a renewed onset of panic attacks. (S3)
5.40 **Billions** 9/12. Chuck fights to unlock the city for the people.
6.45 10/12. Prince looks to consolidate his wins. (S6)

5.40 Billions

7.55 Game of Thrones *The Sons of the Harpy:* 4/10. The militant arm of the Faith of the Seven grow more aggressive, and the Sand Snakes vow vengeance. (S5)

8.00 Agatha Raisin *The Wizard of Evesham – Part One:* 1/6. The sleuth's hairstylist becomes the centre of a mystery.

9.00 The White Lotus *New Day:* 2/6. Belinda walks a fine line with Tanya, and Mark reconnects with Quinn. (S1)

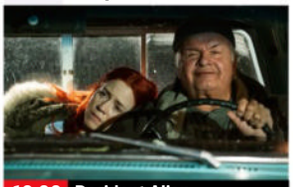
10.05 True Detective *Who Goes There:* 4/8. Dora's ex-husband gives the duo a new lead in their search for Reggie Ledoux. (S1)
11.10 **Homicide: Life on the Street** Pembleton and Bayliss are the first officers on the scene when a man is pushed between two subway cars. (S6)
12.05 AM **Succession** 5&6/10. (S1)
2.25 **Game of Thrones** (S5)
4.50 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 4/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 12/22. (S4)
12.00 NOON **The Flash** 5/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **SEAL Team** 19/22. (S1)
4.00 **S.W.A.T.** 15/21. (S3)
5.00 **Supergirl** 11/22. Kara meets with Nia's mother. (S4)
6.00 **Stargate SG-1** 3/20. Daniel and Vala inadvertently expose Earth to a group of gods ready to punish those unwilling to change their beliefs. (S9)



10.00 Resident Alien

7.00 Stargate SG-1 *The Ties That Bind:* 4/20. Daniel and Vala continue their mission to unlock the Jaffa device. (S9)

8.00 Agatha Raisin *The Wizard of Evesham – Part One:* 1/6. The sleuth's hairstylist becomes the centre of a mystery.

9.00 Agatha Raisin *The Wizard of Evesham – Part Two:* 2/6. Agatha digs deeper into her hairstylist's supposed crimes. (S2)

10.00 Resident Alien *Best of Enemies:* 15/16. Harry has an unexpected partner as he tries to infiltrate a military base. (S2)
11.00 **Resident Alien** 16/16. Harry comes face to face with his greatest enemy. (S2)
12.00 M'T **A League of Their Own**
1.00 AM **Brit Cops: Rapid Response** Documentary.
2.00 **Road Wars**
3.00 **SEAL Team** 19/22. (S1)
4.00 **S.W.A.T.** 15/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **The Real Housewives of...**
12.10 PM **Dinner Date**
1.15 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 Extraordinary

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Tracy tries to rescue a pair of first-time home buyers who have buyer's remorse.

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 NEW SERIES Extraordinary 1/8. Superhero comedy. (S2)
10.45 Family Guy 18/23. Peter stars in a TV show. (S10)
11.15 **Family Guy** 14/23. Peter tries to salvage a sunken car. (S10)
11.45 **American Dad!** 9&3/19. (S8)
12.45 AM **Bob's Burgers** 6/22. (S13)
1.15 **Olivia Attwood: Getting Filthy Rich** Reality series.
2.15 **Count Abdulla** (S1)
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** As 1.55am.
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 8/9. Edith gets help from Rosamund. (S4)
6.00 **Heartbeat** *The Middle of Somewhere:* Mason and Dawson investigate the son of a roadhouse owner.

8.00 McDonald & Dodds

7.00 Heartbeat *School of Hard Knocks:* A young troublemaker steals the gun of a teacher who put him in hospital.

8.00 McDonald & Dodds *Wedding Fever:* 3/3. A wedding ends in tragedy when the vicar is found murdered in the vestry and McDonald's suspicions focus on the bride, her father and her sisters. (S4)

10.00 Grantchester 3/6. Leonard gets caught up in an armed robbery and is able to identify one of the criminals. (S3)
11.00 **Grantchester** 4/6. (S3)
11.55 **Cracker** 1/9. A violent murder leaves the police baffled. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Waifs and Strays:* Mr Rose and Dr Ormerod visit a hippie commune.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year 2024** 1/7. Properties in the north-east and the Northern Isles.
8.00 **This Farming Life** The autumn sales are over and preparations are being made for winter.
9.00 **Debate Night** New edition Debate on the big issues affecting Scotland and beyond.
10.00 **Martin Compston's Norwegian Fling** 1/6. The actor and Phil MacHugh explore the Scandinavian country.
10.30 2/6. Celebrating Norway's National Day.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Cold Cases**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.15 **The Conners** (S2)
10.15 **Entourage** (S4)
11.15 **Barry** 4&5/8. (S2)
12.35 PM **Eastbound & Down**
1.55 **Entourage** (S4)
3.05 **High Maintenance** (S4)
4.25 **Barry** 4&5/8. (S2)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S2)
7.45 **Eastbound & Down** 1/6. Black comedy starring Danny McBride.
8.20 2/6. Kenny tries to become the spokesman for a car dealer. (S1)
9.00 **The Rehearsal** *Washington:* 5/6. Nathan heads to Washington.
9.40 *My Controls:* 6/6. Nathan makes a bet. (S2)
10.50 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.50 **Nikki Glaser: Someday You'll Die** Stand-up show.
1.00 AM **Sex and the City**
2.20 **Girls** 7&8/12. (S3)
3.35 **to 5.00** AM **High Maintenance**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Cole Porter in Hollywood**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Dickens in Italy**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Wonderland: From JM Barrie to JRR Tolkien**
9.00 **Hepworth**
10.00 **My Week with Guerrilla Girls**
11.00 **David Baddiel: The Not the Trilogy – Fame: Not the Musical**
12.15 AM **Fantastic Mr Murray**
1.15 **A Brush with Comedy**
3.10 **A Play in a Day**
4.10 **Marina Abramovic Takes Over TV**
5.10 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Atlantis** (S5)
7.00 **Star Trek: Voyager** *Prophecy:* 14/26. The crew encounter a Klingon ship. (S7)
8.00 **Star Trek: Deep Space Nine** *Dramatis Personae:* 18/20. Sisko's decision to let alleged gun-runners visit the station provokes Kira to mutiny. (S1)
9.00 **The Rookie** (S4)
11.00 **Grimm** 14/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire? Celebrity Special** Anton Du Beke and Fred Sirieix try to win a cash prize for charity.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Tony Bellew and Julie Hesmondhalgh take part in the quiz.
10.00 **Tipping Point** Double bill of the game show.
11.55 **Wheel of Fortune** Graham Norton hosts the game show.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 1/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 4/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 6/8. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/24. (S3)
9.00 **Randall and Hopkirk (Deceased)** *The Ghost Talks:* 21/26. Marty recalls an old case. (S1)
10.00 **The Avengers** *The See-Through Man:* 4/24. An invisibility formula goes astray. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.10 **The Professionals**
7.15 **Dempsey and Makepeace**
8.20 **Magnum, PI**
10.20 **Kojak**
11.25 **Isle of Man TT**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.40 **Minder**
4.50 **The Professionals**
5.55 **Gallagher Premiership Unleashed** Highlights from the semi-finals.

9.00 Tomorrow Never Dies

7.00 Cycling: Critérium du Dauphiné Highlights Gary Imlach presents action from stage four, an individual time trial.

8.00 Isle of Man TT The best racing highlights from the prestigious motorcycling event, as leading riders battled it out.

9.00 FILM Tomorrow Never Dies James Bond action thriller starring Pierce Brosnan, Jonathan Pryce and Michelle Yeoh. Agent 007 investigates a shadowy tycoon who is manipulating global events to boost his media empire. (1997, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **LIV Golf Highlights** A review of the latest event, which took place at Robert Trent Jones Golf Club in Gainesville, Virginia.
12.20 AM **Minder**
1.25 **Isle of Man TT** As 8.00pm.
2.15 **Auto Mundial**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 11/26. (S6)
2.00 **Blood & Treasure** 4/13. (S2)
3.00 **Stargate Atlantis** 2/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 11/26. The Cardassians torture Picard. (S6)
6.00 **Star Trek: Enterprise** 22/26. Trip's curiosity lands him in trouble. (S2)

10.00 The Walking Dead

7.00 Blood & Treasure *Into the Forbidden Zone:* 4/13. Danny and Lexi join forces with Levchenko's gang as they go to Mongolia. (S2)

8.00 Stargate Atlantis *The Rising – Part Two:* 2/20. Weir and the team go in search of an alternative fuel source. (S1)

9.00 Grimm *The Beginning of the End – Part One:* 21/22. Black Claw continues to tighten its grip on Portland. (S5)

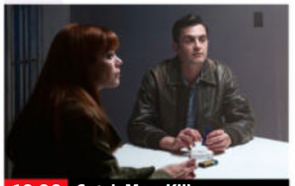
10.00 The Walking Dead *The Lost and the Plunderers:* 10/16. Groups unite their forces and converge on the Hilltop. (S8)

11.00 **FILM War of the Worlds: Annihilation** Sci-fi thriller with William Baldwin. During an alien invasion, the only hope a mother and her son have for survival lies in an unthinkable truth. (2021, PG, 113min) ★★
1.00 AM **Monstrous** 1&2/6. (S1)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 8/10. (S1)
11.00 **Hudson & Rex** 10/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 7/10. (S2)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 8/10. (S1)
5.00 **Hudson & Rex** 10/16. (S2)
6.00 **Father Brown** *The Angel of Mercy:* The priest is suspicious when Mrs McCarthy's friend unexpectedly dies in her sleep.


10.00 Catch Me a Killer

7.00 Shakespeare & Hathaway: Private Investigators 7/10. The duo investigate a missing person case. (S2)

8.00 Death in Paradise *Death in Flight:* 3/9. A skydiver appears to have been murdered in mid-air. (S11)

9.00 Death in Paradise *Missing a Body?* 4/8. A woman confesses to shooting her husband. With Miranda Raison. (S1)

10.00 Catch Me a Killer *Stewart Wilken:* 7/11. Micki arrives to testify in the trial of 'cannibal killer' Stewart Wilken. (S1)

11.00 **Father Brown** As 6.00pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** As 7.00pm.
1.00 AM **Elementary** 22/24. A reality TV star is killed. (S5)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.00 **My Hero**
9.40 **Are You Being Served?**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **My Hero**
1.35 **Dad's Army**
2.15 **Only Fools and Horses**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Only Fools and Horses**

9.40 Harry Enfield and Chums

7.00 Dad's Army: The Lost Episodes An incendiary bomb comes through the roof of the church hall.

7.40 Gavin & Stacey The Shipmans drive to Wales for a wedding fayre. **8.20** Stacey goes on a hen party, while Gavin enjoys two stag nights.

9.00 Still Open All Hours Granville and Gastric act as marriage counsellors.

9.40 Harry Enfield and Chums Martin Clunes stars in the period drama version of *The Terminator.*

10.20 Absolutely Fabulous Eddie installs a panic room. With Minnie Driver.

11.00 **Not Going Out** Lucy and Lee answer an age-old question.
11.40 **Harry Enfield and Chums**
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.40 **Not Going Out** As 11.00pm.
2.25 **The Two Ronnies**
3.00 **to 4.00** AM **My Hero**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Our Guy in Colombia**
11.00 **Rick Stein's Far Eastern Odyssey** Rick visits Thailand.
12.00 NOON **Storage Hunters UK**
2.00 PM **Our Guy in India**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** Si and Dave explore what Britons ate during wartime.
6.00 **Rick Stein's Far Eastern Odyssey** Rick visits Thailand.

7.00 Would I Lie to You?

7.00 Would I Lie to You? With Rhod Gilbert, Kelly Hoppen, Hal Cruttenden and Carol Vorderman. **7.40** Sophie Ellis-Bextor, Loyiso Gola, Briony May Williams and Jason Manford take part.

8.20 Richard Osman's House of Games With Janet Ellis.

9.00 QI XL Sandi Toksvig hosts a festive edition, with panellists Eshaan Akbar, Jo Brand, Jimmy Carr and Alan Davies.

10.00 Have I Got a Bit More News for You Alexander Armstrong hosts the satirical quiz, with Joe Lycett and Kirsty Wark.

11.00 **8 Out of 10 Cats** With guests Joe Swash, Angela Scanlon and Jamali Maddix.
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **QI XL** As 9.00pm.
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Granada.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** From France.
1.00 PM **Kirstie and Phil's Love It or List It**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.35 **Escape to the Chateau**
3.45 **Location, Location, Location** From Stirling.
4.50 **LIVE Football: European U21s Championship** Slovakia v Spain.
7.00 **George Clarke's...**
7.50 **LIVE Football: European U21s Championship** Portugal v France.
10.00 **Night Coppers**
11.00 **FILM A Time to Kill** Drama. (1996, 15) ★★★
1.55 AM **Celebrity Gogglebox**
2.55 **Our Yorkshire Shop: A Victorian Restoration**
3.55 **to 4.35** AM **George Clarke's Amazing Spaces**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS: Hawaii** *Breach:* 17/22. Ernie and a team of hackers search for the culprit of a ransomware attempt. **7.00** *T'N'T:* 18/22. NCIS Nick Torres and Jessica Knight travel to Hawai'i. **8.00** *Nurture:* 19/22. The team investigate a shipwreck carrying exotic animals that now threaten the native wildlife on Oahu. (S1)
9.00 **Criminal Minds** *Profiling 202:* 9/22. An old enemy reveals the whereabouts of his latest victim. **10.00** *Seek and Destroy:* 10/22. The agents investigate a series of home invasions. (S12)
11.00 **Law & Order: Special Victims Unit** (S12&24)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Killer at the Crime Scene** New edition The murder case of Imani Allaway-Muir.
10.00 **My Lover, My Killer** New edition The case of Daniel Boulton.
11.00 **999: Killer on the Line**
12.00 M'T **Skin A&E**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Traffic Cops**
11.05 **Police Interceptors**
12.05 PM **FILM War of the Wildcats** Western with John Wayne. (1943, b/w, U, 102min) ★★
2.15 **FILM Dakota** Western adventure starring John Wayne (1945, b/w, PG, 82min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Traffic Cops** Officers launch a drink and drug driving crackdown.
10.00 **Police Code Zero: Officer Under Attack** Officers responding to anti-social behaviour deal with a violent bystander.
11.00 **Yellowstone** New episode 8/10. (S4)
12.00 M'T **Outback Truckers**
2.00 AM **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.20 AM **MasterChef Australia** Culinary show.
7.20 **Simply Nigella**
8.00 **Tipping Point**
11.00 **Nick Knowles' New Year Clearout**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad** Featuring a stand-off with a man wielding a samurai sword.
8.00 **Ambulance Australia** Paramedics Mat and Patia help a woman who has given birth in a car. **9.00** Paramedics Ashley and Armahn treat a woman who has overdosed on drugs.
10.00 **Serial Killer with Piers Morgan** Alex Henriquez.
11.00 **Nurses on the Ward**
1.00 AM **Louis Theroux: Miami Mega Jail**
2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **Pie in the Sky**
8.20 **Doctors**
9.35 **Holby City**
10.35 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.05 **Lovejoy**
5.20 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Resurrectionists:* The priest investigates a case of body-snatching.
9.00 **Sister Boniface Mysteries** *My Brother's Keeper:* 4/10. An artist is found murdered. (S1)
10.00 **New Tricks**
11.20 **Bergerac**
12.30 AM **Sister Boniface Mysteries** 7/10. (S3)
1.30 **Rebus** *Let It Bleed.*
3.05 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Antiques Road Trip** Double bill.
9.00 **1000-lb Sisters** New edition When the siblings react to Amy's proposal, relationships start to become fractured.
10.00 **My 600lb Life: Where Are They Now?** New edition Michael has a new lease on life post-surgery and has returned to martial arts.
12.00 M'T **Celebrity Help! My House Is Haunted** Double bill of editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** Angela Griffin and Antony Worrall Thompson compete.
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action

323 319 426 42 33

8.00 AM **The Concorde Story**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Alvarez Kelly** Western drama. (1966, PG, 116min) ★★
3.20 **FILM Good Day for a Hanging** Western. (1958, U, 90min) ★★
5.15 **FILM The Tall T** Western. (1957, PG, 90min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM Redemption Day** Crime action thriller starring Gary Dourdan. (2021, 15, 99min) ★★
11.10 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
1.10 AM **FILM NYC: Tornado Terror** Disaster thriller. (2008, PG, 90min) ★★
3.00 **to 5.00** AM **Wild West Chronicles**

+1 hour 324 319

GREAT! movies

321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Staged Killer** Thriller. (2019, 12) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM True Justice** Thriller. (2023, PG) ★★
2.55 **FILM Born and Missing** Thriller. (2017, PG) ★★
5.00 **FILM Lost Letter Mysteries: Home Again** Crime drama sequel. (2017, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Flight of the Phoenix** Adventure starring Dennis Quaid. (2004, 12, 113min) ★★★
12.00 M'T **FILM Ain't Them Bodies Saints** Romantic crime drama. (2013, 15, 95min) ★★★★
2.00 AM **Coast Guard Alaska**
3.00 **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Witness Unprotected** Thriller. (2018, 15) ★★

+1 hour 322 318

GREAT! romance

319 317 424 52 47

8.00 AM **FILM Homemade Christmas** (2020) ★★
10.05 **FILM Twinkle All the Way** (2019, PG) ★★
12.05 PM **FILM Christmas in the Highlands** Drama. (2019, PG, 90min) ★★
2.00 **FILM 12 Pups of Christmas** Festive drama. (2019, PG, 85min) ★★
3.55 **FILM A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
5.55 **FILM The Christmas Cottage** Comedy. (2017, U, 90min) ★★
8.00 **FILM A Christmas Tail** Drama with Kyle Cassie. (2014, PG, 90min) ★★
9.55 **FILM Christmas Connection** Drama. (2017, U, 90min) ★★
11.50 **FILM Mingle All the Way** Romantic drama. (2018, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM 12 Pups of Christmas**

+1 hour 320 317 63

Rewind TV

182 92 150

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married... With...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 1/13. (S2)
2.30 **Haggard** 6/7. (S1)
3.00 **Bramwell** 1/7. (S1)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge**
5.30 **The Monkees** (S1)
6.00 **Watching** 3/11. (S5)
6.30 **Carry On Laughing**
7.00 **Brass** 1/13. (S2)
7.30 **Haggard** 6/7. (S1)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** (S3)
9.30 **Soap** 11/25. (S1)
10.00 **Carry On Laughing**
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S1)
1.00 AM **Dark Skies**
2.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Documentary.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New editions Chase Morrill teams up with his brother, sister and best friend to save and transform abandoned cabins buried in the remote Maine woods. **10.00** The team come in to save the Triangle House, a staple since the 1920s in Phippsburg.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Comfort Food**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **Comfort Food**
2.00 **James Martin's Brittany**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick Stein's Food Heroes: Another...**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **The Hairy Bikers' Comfort Food**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 3/22. (S6)
9.00 **The Fall Guy** 2/23. (S1)
10.00 **Knight Rider** (S2)
11.00 **FILM Shark Lake** Thriller. (2015, 15, 89min) ★★
1.00 PM **FILM The Criminal** Crime drama. (1960, b/w, 12, 97min) ★★★
3.00 **FILM The Brink's Job** Crime comedy. (1978, PG, 103min) ★★★
5.00 **Star Trek** 27/30. (S1)
6.00 **Knight Rider** (S2)
7.00 **The Fall Guy** 3/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Escape from New York** Adventure. (1981, 15, 99min) ★★★★
11.00 **FILM Crank 2: High Voltage** Thriller sequel. (2009, 18, 91min) ★★
12.55 AM **FILM Kickboxer: Retaliation** Thriller. (2018, 15, 110min) ★★
3.05 **to 4.50** AM **FILM Witchfinder General** Cult horror. (1967, 15, 98min) ★★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Asteroid v Earth** As 5.00pm.
8.00 **FILM Warbirds** Drama. (2008, 15, 90min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM Bigfoot** Tongue-in-cheek monster movie. (2012, 12, 90min) ★★
1.00 PM **FILM Warlords of Atlantis** Sci-fi fantasy. (1978, PG, 96min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** (S2)
5.00 **FILM Asteroid v Earth** Sci-fi disaster thriller. (2014, 15, 91min) ★★
7.00 **The Lost World** (S1)
8.00 **The A-Team** 21/23. (S2)
9.00 **FILM The Fourth Protocol** Spy thriller starring Michael Caine. (1987, 15, 119min) ★★★
11.20 **FILM Gun** Crime thriller. (2010, 18, 90min) ★★
12.55 **to 3.00** AM **FILM The Golem** Horror. (2018, 15, 95min) ★★

+1 hour 318 316 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Curse of Skinwalker Ranch** Documentary.
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Weird Britain** New edition
10.00 **The UnXplained**
11.00 **Bermuda Triangle: Into Cursed Waters**
12.00 M'T **MonsterQuest**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** River Thames.
11.00 **Ben Fogle: New Lives in the Wild** Sweden.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The presenter visits Barry Island.
8.00 **Ben Fogle: New Lives in the Wild** From Ethiopia.
9.00 **Michael Palin: Into Iraq** Michael visits Kerbala.
10.00 **Endurance: Race to the Pole with Ben Fogle**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Tales from the Riverbank** River Thames.
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** In North Yorkshire.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **Rich House, Poor House** A single mum living on the breadline moves into a Victorian mansion in Leeds.
10.00 **Home Town** New edition A military lawyer takes on a diamond-in-the-rough Craftsman home.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Sister Wives**
8.00 **Me or the Menu** New edition James hires a PR manager.
9.00 **Love & Translation** New edition
10.00 **Dr Pimple Popper**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **Dr Pimple Popper**
3.00 **Sex Sent Me to the ER**
4.00 **Me or the Menu**
5.00 **to 6.00** AM **Extreme Couponing**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S5)
1.00 PM **Friends** (S2)
8.00 **Friends** 23/24. Phoebe catches chickenpox. **8.30** 24/24. Rachel attends her former fiance's wedding. (S2)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **Russell Howard: Wonderbox** Stand-up.
11.55 **Reno 911!** New episode 8/11. The department is faced with cuts. (S8)
12.25 AM **Whose Line Is It Anyway? USA**
1.25 **Key & Peele**
1.55 **South Park** (S5&6)
2.55 **Rose Matafeo: Horndog** Stand-up.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 9&10/24. (S3)
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 4&5/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 9&10/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **South Park** 6/14. The boys help a former vice-president. (S10) **9.30** 15/18. Stan thinks his spooky pet fish may be involved in a series of murders. (S2)
10.00 **South Park** (S2&3)
12.00 M'T **The Ren & Stimpy Show** Four episodes.
2.00 AM **Reno 911!** (S6)
2.55 **The Ricky Gervais Show**
3.45 **Becker** 9&10/24. (S3)
4.30 **Al Murray Live – Barrel of Fun** Stand-up show.
5.15 **to 6.00** AM **Home Improvement**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady**
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E** A seasonal worker is involved in a hit-and-run. **10.00** British tourists are hospitalised abroad.
11.00 **Chucky** 8/8. (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.15 **Teen Mom: From the Beginning**
9.00 **Teen Mom: Girls' Night In** Double bill.
11.00 **Catfish: The Dramatic**
12.00 NOON **Catfish: On the Run** Reality series.
1.00 PM **Catfish: The TV...**
2.00 **Catfish: On the Run**
3.00 **Catfish: The TV Show**
5.00 **Catfish: Wannabees**
6.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
9.00 **Catfish: The TV Show**
10.00 **Caught in the Act: Unfaithful** Reality series.
11.00 **Ink Master**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A family build their dream home on a wooded ridge top.
6.00 **Border Control: Spain** The Security and Customs Services at the borders of Spain. **6.30** At Madrid Airport, a postal package from Brazil activates a special operation.

9.00 Kindig Customs

7.00 Wheeler Dealers Mike nabs a Porsche 997 for a bargain £15,000, but its engine has a serious case of bore score.

8.00 Scrap Kings In Swansea, a huge barge is ripped apart, while six tower blocks are demolished in the city of London.

9.00 Kindig Customs New edition The 1933 Roadster hits a roadblock with the hard top.

10.00 Wheeler Dealers World Tour Mike and Elvis find a 1970s classic VW camper in need of some mechanical TLC.

11.00 **Border Control: Spain** A bag dripping with blood is found.
11.30 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Kindig Customs**
2.00 **Wheeler Dealers World Tour**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** A classy aquarium.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **How Do Animals Do That?**
3.00 **Crikey! It's the Irwins**
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** Officers respond to a call concerning abandoned animals.
6.00 **Tanked** Anthony Davis brings Wayde and Brett on board to transform a room.

10.00 Edge of Alaska

7.00 Pit Bulls & Parolees Tia races to deal with a family emergency, and a homeless man's dog has trouble breathing.

8.00 How Sharks Hunt The hunting approaches of tiger sharks and great whites and why their strategies are so effective.

9.00 Sharktacular 2016 Featuring Shark Week sneak peeks, viral videos and the greatest sharks in the show's history.

10.00 Edge of Alaska The residents of McCarthy unite when a pack of wolves stalk the streets of their historic town.

11.00 **The Zoo** A gorilla must undergo a critical root canal to fix his tooth problem. **12.00** M'T A fennec fox's future hangs in the balance.
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Bloody Tales from History** Attila the Hun.
1.00 PM **Ghost Ships of the Great Lakes** A group of ships that haven't been seen since 1914.
2.00 **World War II: Secrets from Above** Double bill.
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S.** Tim and Fuzz get help from actor James Nesbitt.
6.00 **Nazi Megastructures** Examining the occupation and fortification of Norway.

8.00 Tucci in Italy

7.00 Air Crash Investigation A 1978 accident over San Diego, California, that killed 146 on board and seven on the ground.

8.00 Tucci in Italy New edition Stanley discovers unexpected treats in the wild region of Abruzzo.

9.00 Car S.O.S. Tim Shaw and Fuzz Townshend head to Southend-on-Sea, Essex, to rescue a 1974 Corvette Stingray muscle car.

10.00 Car S.O.S. The boys take on one of the worst cars that they have ever seen – an extremely rusty 1965 Mustang.

11.00 **Air Crash Investigation** A plane explodes after take off.
12.00 M'T **Seconds from Disaster**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Container Wars**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **The UnXplained with William Shatner**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** Rick has a chance to buy a whisky strap.
6.00 **American Pickers** A futuristic one-of-a-kind bubble car.

10.00 Hunting History

7.00 Forged in Fire The two finalists must re-create one of the Ottoman Empire's most lethal sabers – the Kilij.

8.00 Bradley Walsh: Egypt's Cosmic Code The presenter sets out to uncover the mysteries of King Tutankhamun.

9.00 The Curse of Oak Island New edition Rick and members of the fellowship make new connections in Malta.

10.00 Hunting History with Steven Rinella New edition Delving into the mystery of the Lost Colony of Roanoke.

11.00 **Sex: A Bonkers History** Exploring sexual behaviours during the Georgian era.
12.00 M'T **Evidence of the Unexplained** UFO sightings and terrifying abductions.
1.00 AM **Ultimate Mysteries**
2.00 **The UnBelievable with Dan Aykroyd**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Manhunt** Documentary.
11.00 **War Factories** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** High-ranking Nazis.
5.00 **War Factories** The Rolls-Royce Merlin engine.
6.00 **Antiques Roadshow** The experts visit Aberglasney Gardens in Carmarthenshire.

8.00 Great British Railway...

7.00 Great American Railroad Journeys Michael Portillo travels from St Louis to Jefferson City, Missouri.

8.00 Great British Railway Journeys Michael visits Stratford-upon-Avon. **8.30** A trip to Cheltenham from Wolverhampton.

9.00 Greece with Simon Reeve Part two of two. The adventurer travels into the mountainous north of the country.

10.00 Bangers & Cash A 350cc Douglas Mark V motorbike from 1950 goes under the hammer.

11.00 **Bangers & Cash** Dave and Jack pick up a dusty Alfa Romeo and a 1930s Jowett.
12.00 M'T **Retro Electro Workshop** Shamil hunts down a battered 1940s Marconi Radiogram that has seen better days.
1.00 **to 3.00** AM **Abandoned Engineering**

+1hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **The Yorkshire Auction House** A wife wants to get rid of comics that belong to her husband. **9.00** A cancer survivor wants to sell his beloved whisky collection.
10.00 **Celebrity Yorkshire Auction House** Exploring Shane Lynch's camper-van-turned-mini-bar.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress: Bridesmaids**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: UK** Double bill.
11.00 **Curvy Brides Boutique**
12.00 NOON **Deadly Affairs**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Real-life cases.
8.00 **Murder on CCTV**
9.00 **NEW SERIES American Monster: Abuse of Power** True-crime.
10.00 **Deadly Women**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** When childhood friends rekindle their romance, their perfect relationship soon starts to unravel.
8.00 **Murder She Solved** A police officer and a firefighter are killed in odd circumstances.
9.00 **Britain's Most Evil Killers** An insight into the crimes of Fred and Rose West, who were convicted of murdering 12 young women.
10.00 **The Hunt for the Chameleon Killer** Time is running out for the Chameleon Killer.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A clue suggests a killing could be linked to a previous murder. **4.30** A hidden fingerprint helps to solve a case. **5.00** Investigators find a 'signature' that links an assault to a murder. **5.30** Using cat hairs and insects in order to track down a woman. **6.00** The wife of a successful attorney is found shot in the head **6.30** When a little girl was run over, her mother took the case into her own hands.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Send in the Dogs**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** Mark Jensen.
1.00 PM **Britain's Most Evil Killers** Roy Whiting.
2.00 **Killing Mum and Dad**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 **World's Most Evil Killers**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **USS Indianapolis: The Final Chapter**
9.30 **Mafia's Greatest Hits**
10.35 **The Stuarts**
11.50 **Living in the Shadow of World War Two**
1.00 PM **Mafia's Greatest Hits** Joe Colombo.
2.10 **USS Indianapolis: The Final Chapter**
3.25 **The Stuarts**
4.30 **Mafia's Greatest Hits**
5.35 **Living in the Shadow of World War Two**
6.45 **USS Indianapolis: The Final Chapter**
7.55 **The Stuarts**
9.00 **Once Upon a Time in Northern Ireland** The impact of hunger strikes in Northern Ireland.
10.15 **Living in the Shadow of World War Two**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Once Upon a Time in Northern Ireland**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.05 **Discovering: James Coburn**
8.00 **The Directors**
9.00 **Dart Kings**
10.00 **Shaq** As shown at 7.00pm.
11.00 **Janet Jackson** As 8.00pm.
12.00 NOON **Pee-wee as Himself**
4.00 PM **The Directors**
5.00 **Discovering: James Coburn**
6.00 **Dart Kings**
7.00 **Shaq** 3/4. Tension between Shaq and Kobe Bryant threatens to derail the Lakers' dynasty.
8.00 **Janet Jackson** 3/4. Janet signs million-dollar sponsorship deals and lands roles in feature films.
9.00 **Flight 149: Hostage of War** A British Airways flight held hostage in Kuwait City in 1990.
10.50 FILM **Apollo 11** Documentary. (2019, U, 93min) ★★★★★
12.40 AM **Everton: Howard's Way**
2.40 **Magic & Bird: A Courtship of Rivals** The lives and careers of basketball legends Magic Johnson and Larry Bird.
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: James Coburn**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Animal Senses**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Surviving the Amazon**
11.00 **Ireland's Wild Islands...**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Surviving the Amazon**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **David Attenborough's Conquest of the Skies**
9.00 **A Wild Year on Earth**
10.00 **Dawn to Dusk**
11.00 **Brazil Untamed**
12.00 M'T **Ireland's Wild Islands with Eoin Warner**
1.00 AM **Arabian Inferno**
2.00 **David Attenborough's Conquest of the Skies**
3.00 **A Wild Year on Earth**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Gold of the Aztecs**
7.00 **Shipwrecks: When History Resurfaces** The relics that litter the Caribbean sea floor.
8.00 **Great Escapes with Morgan Freeman** The escape of Forrest Tucker from San Quentin prison.
9.00 **World's Greatest Treasure Mysteries** Best moments, milestones and highlights.
10.00 **Royal Autopsy**
11.00 **Clash of the Gods**
12.00 M'T **Ancient Aliens**
2.00 AM **Roswell 75: The Final Evidence** Documentary.
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Mitesh Patel.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 NEW SERIES **Accused: Did I Do It?** Stories of individuals facing charges for serious offences.
10.00 **Catching the Craigslist Killer**
11.00 **Secrets of Polygamy**
12.00 M'T **Murder By Medic**
1.00 AM **Accused: Did I Do It?**
2.00 **Catching the Craigslist Killer**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Shark Attack Files**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Frozen Islands**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon and Siouxsie help a man who did not know he was room sharing with a mamba.
7.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary.
8.00 **Rare Cat Skills** A look at the survival skills of rare wild cats.
9.00 **The Last Orangutan Eden** An insight into the work being done to save wild orangutans in Northern Sumatra.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Spontaneous Combustion: Investigation X**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Aliens in Alaska**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Spontaneous Combustion: Investigation X** Investigators use the latest technology to explore the phenomenon of humans inexplicably bursting into flames.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** The murder of 24-year-old Diane Delia.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Gardeners' World**
10.20 **Pointless** Double bill.
12.20 PM **Later... with Jools Holland**
2.40 **Pointless** Quiz show.
3.40 **Gardeners' World**
5.00 **Pointless** Double bill.
7.00 **Later... with Jools Holland** Featuring Paul Weller, Clannad, The Jesus and Mary Chain, AJ Croce and Lena Fiagbe. **8.10** The host introduces performances by Al Green, Squeeze, Richard Thompson, Rainer Ptacek and Efua.
9.25 **Gardeners' World** Carol Klein reveals how to propagate lily bulbs, and Monty Don takes leaf cuttings from the Dry Garden. **10.00** Monty Don plants for spring colour in his shade garden, and Joe Swift creates ground cover in his family plot.
10.40 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
12.40 AM **Later... with Jools Holland**
3.00 **Gardeners' World**
4.00 **to 6.00** AM **Pointless**

+1 hour 266 376

ID

154 141 166

8.00 AM **Who the (Bleep) Did I Marry?** Double bill of editions.
9.00 **Devil in Suburbia**
11.00 **Grave Secrets**
1.00 PM **American Monster**
3.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
5.00 **Married to Evil**
6.00 **Love the Way You Lie**
7.00 **Death by Fame** An interview with an eyewitness sheds light on Jam Master Jay's murder. **8.00** The case of 16-year-old Tara Correa-McMullen, who in October 2005 was fatally shot by gang member Damien Watts.
9.00 **Body Cam** How, on New Year's Eve, a domestic dispute ended in tragedy when two deputies were trapped with a gun-wielding suspect.
10.00 **Before They Kill Again**
11.00 **American Monster**
12.00 M'T **The Murder Tapes**
2.00 AM **Married to Evil**
3.00 **Love the Way You Lie**
4.00 **to 6.00** AM **Death by Fame**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop**
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry Cole arrives in the vibrant city of Perth in Western Australia to embark on his longest route to date.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

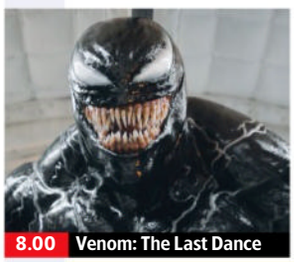
+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **A Nice Indian Boy**
8.45 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
10.35 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
12.25 PM **Venom: The Last Dance**
2.25 **Old Guy** As 11.45pm.
4.00 **Exhibiting Forgiveness** Drama. (2024, 15, 117min)
6.10 **Beetlejuice Beetlejuice** Horror comedy sequel with Michael Keaton and Winona Ryder. (2024, 12, 105min) ★★★★



8.00 Venom: The Last Dance

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

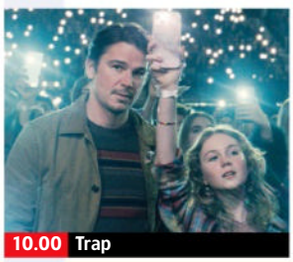
10.00 Your Monster Romantic comedy starring Melissa Barrera. After her life crumbles, a softly-spoken actor finds her voice again when she meets the monster living in her closet. (2024, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Old Guy** Action comedy. (2024, 15, 94min) ★★★
1.25 AM **Poison** Drama with Tim Roth and Trine Dyrholm. (2024, PG, 86min) ★★★★
3.00 **A Nice Indian Boy** Romantic comedy. (2024, 12, 96min)
4.45 **to 6.50** AM **Exhibiting Forgiveness** As 4.00pm.

Sky Cinema Hits

303 303 403 503 517

7.25 AM **The Cinema List: The 90s**
7.40 **The King's Speech** Drama. (2010, 12, 118min) ★★★★★
9.40 **Ready Player One** Sci-fi. (2018, 12, 140min) ★★★★
12.05 PM **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
2.30 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★
5.50 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★



10.00 Trap

8.00 Barbie Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Trap Director M Night Shyamalan's thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
1.40 AM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
3.20 **You've Got Mail** Romantic comedy starring Tom Hanks. (1998, PG, 114min) ★★★
5.30 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.35 AM **The Man with the Answers**
8.00 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
10.20 **A Sacrifice** Drama starring Eric Bana. (2024, 15, 94min) ★★★
12.05 PM **Breakfast at Tiffany's** Vintage romantic comedy. (1961, PG, 106min) ★★★★★
2.05 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
3.50 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
5.35 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
8.00 **Dunkirk** Drama with Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German army wait for evacuation during World War Two. (2017, 12, 106min) ★★★★★
9.50 **Beach Rats** Powerful drama starring Harris Dickinson. (2017, 15, 98min) ★★★
11.35 **The Man with the Answers** Drama. (2021, 12, 80min) ★★★★
1.00 AM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
3.00 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
4.45 **to 6.45** AM **Oslo** Drama. (2021, 15, 118min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

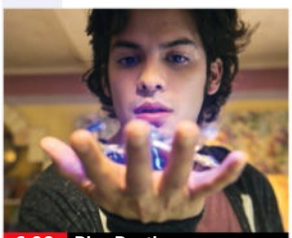
7.05 AM **There's Something in the Barn** As shown at 1.05am.
8.50 **Cuckoo** As shown at 2.50am.
10.40 **Constantine** Supernatural thriller. (2005, 15, 121min) ★★★
12.40 PM **Little Bone Lodge** Horror. (2023, 15, 93min) ★★★
2.20 **Five Nights at Freddy's** Horror thriller. (2023, 15, 109min) ★★
4.20 **Annabelle** Horror thriller. (2014, 15, 97min) ★★
6.05 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
8.00 **King Kong** Peter Jackson's remake of the classic monster movie, starring Naomi Watts and Jack Black A 1930s film crew travel to an unexplored island and encounter the 'eighth wonder of the world' – a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★
11.15 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★
1.05 AM **There's Something in the Barn** Festive horror comedy. (2023, 15, 100min) ★★
2.50 **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
4.40 **to 6.40** AM **Paycheck** Sci-fi thriller starring Ben Affleck. (2003, 12, 119min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

7.20 AM **The Legend of Tarzan** Adventure. (2016, 12) ★★★
9.15 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
11.25 **Charlie and the Chocolate Factory** Tim Burton's fantasy. (2005, PG, 115min) ★★★★
1.25 PM **A.I. Artificial Intelligence** Fantasy. (2001, 12) ★★★★
4.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
6.00 **Blue Beetle** Adventure. (2023, 12, 127min) ★★★★



6.00 Blue Beetle

8.10 **Barbie** Fantasy comedy starring Margot Robbie and Ryan Gosling. The living doll's perfect life is turned upside down when she suffers an existential crisis. (2023, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

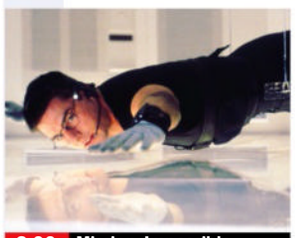
10.10 **Jack the Giant Slayer** Fairy-tale fantasy starring Nicholas Hoult and Eleanor Tomlinson. A young farmboy scales a giant beanstalk to rescue a stranded princess. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
2.20 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
4.25 **to 7.00** AM **A.I. Artificial Intelligence** As 1.25pm.

Sky Cinema Action

307 307 407 507 521

7.40 AM **Once Upon a Time in China** As shown at 2.30am.
9.55 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
11.50 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
2.00 PM **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★
4.15 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
6.05 **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★



8.00 Mission: Impossible

8.00 **Mission: Impossible** Action thriller based on the cult 1960s TV series, starring Tom Cruise. An undercover agent devises a risky plan to expose the traitor who betrayed him and his colleagues. (1996, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Mission: Impossible II** Action thriller sequel starring Tom Cruise. Special agent Ethan Hunt must track down a villain who has a deadly virus at his disposal. (2000, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Jackie Chan's Police Story 2** Comedy thriller sequel. (1988, 15, 91min) ★★★
2.10 **The Cinema List: Fast Cars**
2.30 **Once Upon a Time in China** Martial arts adventure. (1991, 15, 120min) ★★★★★
4.45 **to 6.30** AM **Zu: Warriors from the Magic Mountain** Fantasy. (1982, PG, 95min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **The Cable Guy** (1996)
8.45 **Seven Psychopaths** Dark comedy. (2012, 15) ★★★★
10.40 **BlackBerry** As 11.25pm.
12.45 PM **Ferris Bueller's Day Off** Comedy. (1986, 12) ★★★★
2.35 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
4.20 **Borat Subsequent Moviefilm** Spoof. (2020, 15, 95min) ★
6.00 **The 40-Year-Old Virgin** Comedy starring Steve Carell. (2005, 15, 116min) ★★★★

6.00 The 40-Year-Old Virgin

8.00 **The Invention of Lying** Satirical romantic comedy starring Ricky Gervais. In a world where everyone tells the truth, a middle-aged man discovers the ability to lie. (2009, 12, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

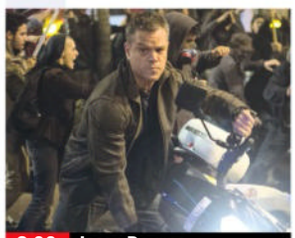
9.45 **Nacho Libre** Comedy starring Jack Black as a Mexican monastery cook who begins moonlighting as a wrestler in order to buy better food for the orphans in his care. (2006, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **BlackBerry** Comedy drama. (2023, 15, 120min) ★★★★
1.30 AM **The Cable Guy** Black comedy starring Jim Carrey. (1996, 12, 96min) ★★★★
3.15 **The Pink Panther** Crime caper starring Peter Sellers. (1963, PG, 113min) ★★★★★
5.15 **to 6.55** AM **The Brits Are Coming** Crime caper with Uma Thurman. (2018, 15, 90min) ★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **Antebellum** Horror. (2019, 15, 105min) ★★
8.40 **Paradise Highway** (2022)
10.45 **Green Zone** Action thriller. (2010, 15, 110min) ★★★★
12.50 PM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
3.35 **Miami Vice** Thriller starring Colin Farrell and Jamie Foxx. (2006, 15, 133min) ★★★★
5.55 **Paradise Highway** Thriller starring Juliette Binoche. (2022, 15, 115min) ★★★★



8.00 Jason Bourne

8.00 **Jason Bourne** Action thriller starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Alicia Vikander and Julia Stiles. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

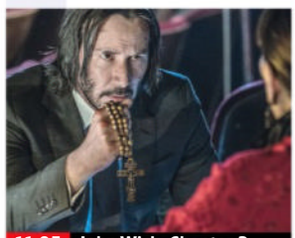
10.10 **The Island** Sci-fi action thriller starring Ewan McGregor, Sean Bean and Scarlett Johansson. (2005, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Cult Killer** Crime thriller starring Antonio Banderas. (2024, 15, 105min) ★★★
2.30 **Crank** Action thriller. (2006, 18, 88min) ★★★★
4.10 **The Big Heat** Director Fritz Lang's classic gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.50 **to 7.40** AM **Dangerous Waters** Survival thriller. (2023, 15, 101min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Mouse That Roared** Comedy. (1959, U) ★★★★
12.45 PM **Man in the Saddle** Western. (1951, PG) ★★★
2.35 **Nicholas Nickleby** Charles Dickens adaptation. (1947, b/w, U, 103min) ★★★★
4.45 **D-Day the Sixth of June** World War Two romance. (1956, PG, 106min) ★★
6.55 **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★



11.05 John Wick: Chapter 3

Groundhog Day (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Great Wall** Fantasy adventure starring Matt Damon. A mercenary is pulled into a battle between Chinese warriors and giant, lizard-like monsters. With Willem Dafoe and Tian Jing. (2016, 12, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **John Wick: Chapter 3 – Parabellum** Thriller sequel starring Keanu Reeves. The seemingly invincible assassin returns, this time hunted by armies of bounty hunters. (2019, 15, 130min) ★★★★
1.40 **to 4.00** AM **Love, Simon** Comedy drama starring Nick Robinson and Jennifer Garner. (2018, 12, 110min) ★★★

8 PM
9 PM
10 PM
11 PM

+1hour 314 430 47 301 257

Sky Cinema Superheroes

302 302 402 502 516

6.00 AM **The Adventures of Sharkboy and Lavagirl in 3-D**
7.45 **Hancock** As 12.00m't.
9.30 **Kick-Ass 2** As 10.10pm.
11.15 **Hulk** Sci-fi fantasy starring Eric Bana. (2003, 12, 138min) ★★★
1.35 PM **Superman** Sci-fi adventure. (1978, PG, 143min) ★★★★
4.00 **Madame Web** Fantasy adventure with Dakota Johnson. (2024, 12, 116min) ★★★

6.00 **Venom: The Last Dance** Fantasy adventure starring Tom Hardy. (2024, 15, 110min) ★★★
8.00 **Superman II** Fantasy adventure sequel starring Christopher Reeve and Gene Hackman. Three villains with Kryptonite challenge the Man of Steel. (1980, PG, 127min) ★★★
10.10 **Kick-Ass 2** Comic-book thriller sequel starring Aaron Johnson. (2013, 15, 99min) ★★★
12.00 M'T **Hancock** Action comedy. (2008, 12, 92min) ★★★

1.40 AM **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
3.25 **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

7.45 AM **Nineteen Nineteen**
9.40 **Avanti!** Billy Wilder comedy. (1972, 15, 144min) ★★★
12.10 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.10 **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
4.05 **Dad's Army** Spin-off from the much-loved TV comedy series. (1971, U, 95min) ★★★★

5.55 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★
8.00 **A League of Their Own** Comedy drama, set during World War Two, about America's first all-female professional baseball league, starring Tom Hanks. (1992, PG, 124min) ★★★★
10.10 **The Sting** Comedy drama starring Paul Newman and Robert Redford as a pair of confidence tricksters in 1930s Chicago. With Robert Shaw. (1973, PG, 129min) ★★★★★

12.20 AM **Midnight Express** Prison drama starring Brad Davis. (1978, 18, 120min) ★★★★
2.25 **Birdy** As shown at 5.55pm.
4.30 **to 6.10** AM **Nineteen Nineteen** Period drama starring Paul Scofield and Maria Schell. (1984, 15, 99min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.05 AM **Deep Sea** As 12.15am.
8.05 **Migration** Animated comedy. (2023, U, 83min) ★★★
9.35 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
11.20 **Rugrats in Paris** Animation. (2000, U, 79min) ★★★
12.45 PM **10 Lives** As 8.55pm.
2.20 **Hotel Transylvania 2** Animated family comedy sequel. (2015, U, 89min) ★★★

4.00 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
5.30 **Trolls Band Together** Animated musical. (2023, U, 91min) ★★★
7.10 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
8.55 **10 Lives** Animated comedy with the voice of Mo Gilligan. (2024, U, 98min) ★★★
10.30 **Noah's Ark** Animation. (2024, U, 96min) ★★★
12.15 AM **Deep Sea** Animation. (2023, PG, 112min) ★★★

2.15 **The Inventor** Animation. (2023, PG, 100min) ★★★
4.00 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
5.25 **to 6.25** AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★

Movies 24

312 313 419

7.00 AM **My Dreams of You** Drama. (2024, PG, 90min) ★★
9.00 **Hearts in the Game** Romantic comedy. (2023, PG, 84min) ★★
11.00 **Love and the Radio Star** Comedy. (2022, PG, 90min) ★★
1.00 PM **The Best Version of Love** Comedy. (2023, PG, 86min) ★★
3.00 **An Unexpected Valentine** Romantic comedy drama. (2025, PG, 84min) ★★

5.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
7.00 **Harmony From the Heart** Romantic comedy with Jessica Lowndes. (2022, PG, 87min) ★★
9.00 **Spring Breakthrough** Romantic drama starring Keesha Sharp. A single mother left reeling by her daughter's surprise engagement finds love herself during a holiday. (2023, PG, 90min) ★★
11.00 **Be Mine, Valentine** Romantic comedy. (2022, PG, 90min) ★★

1.00 AM **The Professional Bridesmaid** Romantic drama. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Heart of the Manor** Romantic comedy drama. (2021, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.05 **Peg of Old Drury** Biopic. (1935, b/w, U, 76min) ★★★
8.35 **Sailors Don't Care** Spy comedy. (1940, b/w, U, 79min) ★★★
10.10 **Four Star Theatre** 28/31. (S2)
10.40 **Life with the Lyons** Comedy. (1953, U, 80min) ★★
12.20 PM **The Durant Affair** Drama. (1962, b/w, U, 73min) ★★★
1.40 **Look at Life**

1.55 **The Brothers** 14/14. (S4)
3.00 **Celia** Comedy thriller starring Hy Hazell and Bruce Lister. (1949, b/w, PG, 64min) ★★★
4.20 **Night Boat to Dublin** Spy thriller starring Robert Newton. (1945, b/w, PG, 91min) ★★
6.15 **Look at Life**
6.25 **Strange But True**
7.00 **Z Cars** 9/13. (S12)
8.00 **Victorian Scandals**
9.05 **Maigret** 2/4. (S11)
10.55 **Sex Education** 1/10. French drama. Subtitled. (S1)

11.30 **Penny Serenade** Comedy drama starring Cary Grant. (1941, b/w, U, 120min) ★★★
1.50 AM **Blonde Fist** Boxing drama. (1991, 15, 102min) ★★
3.55 **to 6.00** AM **Men in War** Korean War drama with Robert Ryan. (1956, b/w, PG, 104min) ★★

WEDNESDAY Sport 11 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the opening day of the ICC World Test Championship final at Lord's in London. These two sides finished the latest cycle of the World Test Championship in the top two places to set up this meeting, with Australia winning the previous final in June 2023. They faced India in the showpiece final two years ago and beat them by 209 runs.
6.15 PM **LIVE Vitality T20 Blast Cricket Northants Steelbacks v Birmingham Bears.** Coverage of the North Group match at the County Ground in Northampton. The hosts won this meeting last year in a tight affair that saw Northants come away with an 11-run victory. The Steelbacks made 197-6 in their 20 overs with Saif Zaib top-scoring with 86 from just 41 balls, before they restricted Birmingham to 186-6.
9.45 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** Portsmouth v Southampton from 2005.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Fulham v Crystal Palace.
5.30 Fulham v Leicester City.
6.00 Fulham v Newcastle United.
6.30 Action from Fulham v Nottingham Forest.
7.00 **Premier League Stories**
7.30 **Premier League Highlights** Action from Fulham v Wolves.
8.00 **Gary Neville's Soccerbox**
8.30 **Premier League Stories**
9.00 **PL Special: The Centurions** Manchester City's record-breaking 2017/18 campaign.
10.00 **Class of '92: Full Time**
11.00 **Premier League Stories**
11.30 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro** Blackpool v Cardiff from 2010.
8.00 **EFL Rivalries** Archive action.
9.00 **EFL Greatest Games**
10.00 **EFL Cup** The 2016 final.
11.00 **EFL** Bristol City v Hull City.
12.00 NOON Derby County v West Bromwich Albion.
2.00 PM **Best Goals: EFL Cup 23/24**
2.30 **EFL Trophy** Peterborough United v Wycombe Wanderers in the 2023/24 final at Wembley.
3.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights** Chelsea v Liverpool in the 2024 final.
5.00 **SPFL: Old Firm Derby Best Goals** Celtic and Rangers goals.
5.30 **SPFL: Edinburgh Derby Best Goals** Hearts and Hibs goals.
6.00 **Retro League One** Swindon v Sheffield Utd in the 2015 play-off semi-final second-leg.
8.00 **EFL Cup Highlights**
8.30 **EFL** From the 2017/18 season.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights** Chelsea v Manchester City in the 2019 final.
11.00 **EFL** Reading v Swansea City.
12.00 M'T **EFL** The 2019/20 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **ICC WTC Final**
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the opening day of the ICC World Test Championship final staged at Lord's in London. Australia won the previous final in June 2023.
6.15 PM **LIVE Vitality T20 Blast Cricket Northants Steelbacks v Birmingham Bears.** Coverage of the North Group match at the County Ground in Northampton.
9.45 **Best of ICC WT20**
10.00 **Ashes Greats** Adam Gilchrist.
10.10 Glenn McGrath in 2001.
10.20 Andrew Flintoff.
10.30 **Test Cricket** Australia v South Africa: Highlights from the opening day of the ICC World Test Championship final at Lord's.
11.30 **One-Day International Cricket** England v West Indies: Action from the final ODI in the series from The Kia Oval, Kennington.
12.30 AM **The Boy from Baracara**
1.00 **Test Cricket** Highlights from day one of Australia v South Africa.
2.00 **Vitality T20 Blast Cricket** Another chance to see Northants Steelbacks v Birmingham Bears.
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Open Official Films**
9.00 **Ladies European Tour**
10.00 **McGinley & Chamblee at the US Open** A preview.
11.30 **US Open Official Films**
12.30 PM **McGinley & Chamblee at the US Open** A preview.
2.00 **Golf Channel Live from the US Open** Build-up to the third Major of the year staged at Oakmont Country Club in Oakmont and Plum, Pennsylvania.
10.00 **Fitzpatrick: The Boss of Brookline** Chronicling the career of Major winner Matt Fitzpatrick.
11.00 **PGA Tour: The Cut** A look behind the scenes of the tour.
11.30 **HotelPlanner Tour Highlights** The Swiss Challenge.
12.00 M'T **PGA Tour Champions**
1.00 **to 6.00** AM **US Open Official Films**

TNT Sports 1

410 413 521 408 430

6.00 AM **Classic Premier League**
6.30 **WRC Review** Recent action.
7.30 **SailGP Highlights**
8.30 **Cycling** Criterium du Dauphine.
9.30 **French Open Tennis**
1.00 PM **MLB Highlights**
2.00 **Sign Up – Into Football**
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage from the men's fourth stage, a 17.7km route from Charmes-sur-Rhone to Saint-Peray.
4.30 **SailGP Highlights** The sixth round of the season in New York.
5.30 **MLB Plays of the Week**
6.00 **MLB Highlights** Baseball action.
7.00 **LIVE MLB Milwaukee Brewers v Atlanta Braves.** Coverage of the National League match staged at American Family Field. Start-time **7.10pm**.
10.15 **Fight Week** Review of UFC 316.
10.45 **UFC Connected**
11.15 **MotoGP Rewind**
11.30 **NBA** Game two of the finals.
1.00 AM **LIVE NBA** Coverage from game three of the NBA Finals.
3.30 **NBA Originals**
4.00 **to 6.00** AM **UEFA Europa League & Conference League Magazine**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Speedway**
7.00 **MotoGP** Grand Prix of Aragon.
10.30 **MotoGP Chequered Flag**
11.30 **IFSC Climbing World Cup Highlights** The bouldering finals.
12.30 PM **Formula E Unplugged**
1.00 **LIVE FIA World Endurance Championship** Coverage of the first free practice session ahead of the 24 Hours of Le Mans.
3.00 **WRC Review** Recent action.
4.00 **British Speedway**
5.00 **LIVE FIA World Endurance Championship** Coverage of the qualifying session ahead of the 24 Hours of Le Mans in France.
6.00 **TNT Sports Reload**
6.30 **Premier League Stories**
7.00 **MotoGP Highlights**
8.00 **LIVE FIA World Endurance Championship** Coverage of the second free practice session ahead of the 24 Hours of Le Mans.
10.00 **Cycling** Criterium du Dauphine.
11.00 **Roland Garros** A review.
1.00 AM **SailGP Highlights**
2.00 **WRC Review** Recent action.
3.00 **UFC Fight Flashback**
4.30 **UFC Connected**
5.00 **Fight Week** Review of UFC 316.
5.30 **to 6.00** AM **MLB Classic**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **Fight Night** From 2023.
8.00 **Fight Night International** Franchon Crews-Dezurn v Savannah Marshall from 2023.
9.00 **Fight Night** Archive action.
12.00 NOON **Fight Night** Mikael Lawal v Isaac Chamberlain from 2023.
1.00 PM Natasha Jonas v Marie Eve Dicaire from 2022.
2.00 Mikaela Mayer v Alycia Baumgardner from 2022.
3.00 Chris Eubank Jr v Liam Smith from January 2023.
4.00 **Fight Night** Franck Petitjean v Adam Azim from 2023.
5.00 A replay of Amir Khan v Kell Brook from February 2022.
6.00 Lawrence Okolie v Chris Billam-Smith from May 2023.
7.00 **Fight Night** Mikael Lawal v Isaac Chamberlain from October 2023.
8.00 Mikaela Mayer v Alycia Baumgardner from 2022.
9.00 Chris Eubank Jr v Liam Smith from January 2023.
10.00 A chance to see Amir Khan v Kell Brook from 2022.
11.00 Chris Eubank Jr v Liam Smith from January 2023.
12.00 M'T **Fight Night** Franck Petitjean v Adam Azim from 2023.
1.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Cup Highlights** Liverpool v Newcastle United in the final at Wembley Stadium.
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
7.00 **Sky Sports News**
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** A round-up of the day's sports news, featuring interviews and highlights.
12.00 M'T **Super League** St Helens v Leeds Rhinos: Another chance to see the match from the magic round of fixtures at St James' Park in Newcastle.
2.40 AM Huddersfield Giants v Hull FC: Another chance to see the match from the magic round of fixtures at St James' Park.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **Tennis** Indian Wells Open.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis** The WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
12.00 M'T **Tennis** The Doha Open finals.
2.00 AM **Mirra Andreeva Podcast**
2.15 **Bitesize Tennis** From 2024.
2.45 **Tim Henman Podcast 2024**
3.00 **US Open Classic Matches**
4.00 **Tennis** Indian Wells Open.
5.30 **to 6.00** AM **ATP Tour This Week**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
11.30 **UEFA Europa League & Conference League Magazine**
1.30 PM **Cycling** From France.
2.30 **LIVE Cycling: Criterium du Dauphine** The fourth stage, a 17.7km route from Charmes-sur-Rhone to Saint-Peray.
4.30 **UEFA Champions League: Stories of the Finals**
5.00 **French Open Tennis** A review.
7.00 **Ultimate Pool** Pairs Cup.
8.30 **TNT Sports Reload**
9.00 **LIVE MLB San Diego Padres v Los Angeles Dodgers.** The National League match from Petco Park. Start-time **9.10pm**.
12.15 AM **MLB Plays of the Week**
12.45 **MLB Classic** PRIME 9.
1.15 **Cycling** Criterium du Dauphine.
2.15 **TNT Sports Reload**
2.30 **MotoGP Highlights**
3.30 **British Speedway**
4.30 **TNT Sports Reload**
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **Classic Premier League**
5.00 PM **Classic Premier League** Arsenal v Fulham from 2012/13.
5.30 Manchester United v Newcastle United from 2012/13.
6.00 Action from Everton v Liverpool in the 2013/14 season.
6.30 **IFSC Climbing World Cup Highlights** Action from the men's and women's bouldering finals in Prague, Czech Republic.
7.30 **NBA** Another chance to see game two of the NBA Finals.
9.00 **AFL** A chance to see GWS Giants v Port Adelaide Power.
10.30 North Melbourne Kangaroos v West Coast Eagles.
12.00 M'T A replay of Carlton Blues v Essendon Bombers.
1.30 AM A replay of Melbourne Demons v Collingwood Magpies.
3.00 **Ultimate Pool** Pairs Cup.
4.30 **to 6.00** AM **Formula E Unplugged**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **Transworld Sport** Magazine.
9.00 **PSA Squash Highlights**
10.00 **DTM Highlights** In Zandvoort.
11.00 **URC in 60** The semi-finals.
12.00 NOON **Top 14 Rugby Union**
12.30 PM **UK Independent Kart Racing** Third round of the season.
2.00 **Motorsport** Recent action.
3.30 **NASCAR Highlights**
4.30 **URC in 60** The semi-finals.
5.30 **Top 14 Rugby Union**
6.00 **PSA Squash Highlights**
7.00 **DTM Highlights** In Zandvoort.
8.00 **Women's Football Weekly**
8.30 **MotorSport** Le Tour Auto.
9.00 **NASCAR Highlights**
10.00 **Motorsport** Recent action.
11.00 **Transworld Sport** Magazine.
12.00 M'T **URC in 60** The semi-finals.
1.00 AM **PSA Squash Highlights**
2.00 **Ultimate Karting Championship**
3.00 **Football's Greatest**
4.00 **MotorSport** Le Tour Auto.
4.30 **to 6.00** AM **Kart Racing**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **NHL Ice Hockey** A play-off.
10.00 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
12.00 NOON **Bike World** Magazine.
12.30 PM **FastZone** Motorsports action.
1.00 **Coppa Italia** A chance to see Bologna v AC Milan in the final.
3.00 **GP Confidential** F1 news.
3.30 **Champions Cup** Northampton Saints v Bordeaux Begles.
5.50 **LaLiga Match Highlights** Action from Barcelona v Real Madrid.
6.00 **Scottish Cup Football** A replay of Aberdeen v Celtic in the final.
9.00 **NHL Ice Hockey** Action from a play-off match.
11.00 **Football's Greatest** The finest players discuss their careers.
11.30 **Coppa Italia** A chance to see Bologna v AC Milan in the final.
1.30 AM **Copa Del Rey** Barcelona v Real Madrid in the final.
4.30 **LaLiga Specials** From 2024.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Fight Night** Highlights.
9.00 **Formula 1** Canadian Grand Prix.
11.00 **Women's One-Day International Cricket**
2.00 PM **PL Greatest Games**
3.00 **Fight Night International**
4.00 **Fight Night** Jonas v Habazin.
5.00 **PDC Classics** From 1997.
5.30 **PGA Tour Golf** Action from the RBC Canadian Open.
6.30 **DP World Tour Golf** A review of the KLM Open in Amsterdam.
7.00 **HotelPlanner Tour Golf Highlights** Challenge De Cadiz.
7.30 **WTA All Access**
8.00 **Game On: The Unstoppable Rise of Women's Sport**
9.15 **My Icon** Maggie Alphonsi.
9.30 **EFL Greatest Games**
10.00 **Formula 1** Action from the 2022 and 2023 Canadian Grand Prix.
12.00 M'T **PL Greatest Games**
1.00 AM **Fight Night** Simpson v Zucco.
2.00 **Test Cricket** Recent highlights.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **US Open Official Films**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1**
3.30 PM **Formula 1** A re-run of the 2019 Canadian Grand Prix at Circuit Gilles-Villeneuve, Montreal.
5.45 Another chance to see the 2022 Canadian Grand Prix.
8.00 **Formula 1** Action from the 2018 Canadian Grand Prix.
9.00 Highlights of the 2019 Canadian Grand Prix.
10.00 Action from the 2022 Canadian Grand Prix.
11.00 Highlights of the 2023 Canadian Grand Prix.
12.00 M'T Action from the 2024 Canadian Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

12 June

Evening Planner

Football

European Under-21 Championship

C4, kick-off 8pm

Group B gets underway tonight with England's youngsters playing Czechia.

Factual

DNA Journey

ITV1, 9pm (box set ITVX)

Cold Feet stars Hermione Norris and Fay Ripley explore London and Sweden to learn about their family histories.

OnDemand

prime

Deep Cover

Available today

An improv teacher (Bryce Dallas Howard) and two of her students are recruited by police to infiltrate a criminal gang.

OnDemand

NETFLIX

FUBAR

Available today

Arnold Schwarzenegger returns as veteran CIA agent Luke Brunner in a second series of the action comedy.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 Ambulance		10.00 News; Local News	
	102 BBC2	7.00 The Great House Revival		8.00 Springwatch		9.00 Marie Antoinette		10.00 Detectorists	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Bradley &... †	9.00 DNA Journey		10.00 News; Local News	
	104 CHANNEL 4	7.00 News	7.30 UEFA European Under-21s Championship Football – Live: Czechia v England (Kick-off 8.00)					10.05 Taskmaster	
	105 5	7.00 Summer in the Scilly Isles		8.00 The Yorkshire Vet		9.00 The Savoy: Great Hotels Through Time		10.00 A&E After Dark	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Rob & Romesh vs West End Musicals		9.00 Poker Face		10.00 The Walking Dead: Dead City	
ENTERTAINMENT	115 BBC3	7.00 Athletics: Diamond League Oslo – Live: The Bislett Games				9.00 Freddie Flintoff: Field of Dreams on Tour		10.00 Film: Road House	
	116 BBC4	7.00 Secrets of Bones	7.30 War Walks	8.00 Digging for Britain		9.00 Operation Stonehenge: What Lies...		10.00 Mansfield Park	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Olivia Attwood: The Price of...	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 24 Hours in A&E			
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Gogglebox			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 FBI: Most Wanted		9.00 Law & Order: Special Victims Unit		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.55 Game of Thrones		9.00 Big Little Lies		10.00 The Staircase	
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?			8.20 Richard Osman's...	9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Vera				10.00 Grantchester	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 Beat the Chasers – Celebrity Special		9.00 Film: The Blues Brothers			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: My Big Fat Greek Wedding 2			
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob & Romesh vs West End Musicals		9.00 Poker Face		10.00 The Walking Dead: Dead City	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 Father Brown	
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Al Pacino		9.00 Film: The Private Life of Sherlock Holmes			
	132 U&W	7.00 999 Rescue Squad		8.00 Ambulance Australia				10.00 Confessions of a Serial Killer with...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Scrap Kings		9.00 Naked and Afraid: Last One Standing			
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Meet the Orangutans		9.00 Meet the Penguins		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.: Ultimate Countdown		9.00 Car S.O.S.		10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 The UnBelievable with Dan Aykroyd		10.00 Mysteries from Above	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics		10.00 Bangers & Cash	
	121 SKY DOCS	7.00 Shaq		8.00 Janet Jackson		9.00 I Am Luke Perry			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 The Wild Robot		8.00 Venom: The Last Dance				10.00 Exhibiting Forgiveness	
	302 SUPERHEROES	‹ 6.20 Hancock		8.00 Shazam!				10.15 Superman III	
	303 HITS	‹ 6.00 Barbie		8.00 Trap			9.50 Anyone But You		
	304 GREATS	‹ 6.15 Love Story		8.00 The Great Gatsby				10.25 Footloose	
	305 ANIMATION		7.20 Dr Seuss' The Lorax			8.55 Extinct		10.25 The Inventor	
	306 FANTASY	‹ 6.00 Pan		8.00 Jack the Giant Slayer				10.00 Snow White and the Huntsman	
	307 ACTION	‹ 5.50 Mission: Impossible II		8.00 Mission: Impossible III				10.10 Mad Max: Fury Road	
	308 COMEDY	‹ 6.05 Friends with Benefits		8.00 Being John Malkovich				10.00 The Naked Gun	
	309 THRILLER	‹ 5.45 State of Play		8.00 Ocean's Eight				10.00 Law Abiding Citizen	
	310 DRAMA	‹ 6.35 My First Summer		8.00 Bob Marley: One Love			9.55 Five Easy Pieces		
	311 SCI-FI	‹ 5.55 Back to the Future		8.00 Star Trek Beyond				10.10 Paycheck	
	313 FILM4		7.10 Brian and Charles			9.00 The Banshees of Inisherin			
SPORT	401 MAIN EVENT	‹ 12.30 US Open Golf – Live: Coverage of day one of the Major							
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 The Fall and Rise of Leeds United		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.30 Baller League – Live: Coverage of the final night of the UK-based version of the six-a-side football league						10.00 EFL Greatest...	10.30 Celtic...
	404 CRICKET	‹ 6.15 Vitality T20 Blast Cricket – Live: Essex Eagles v Glamorgan						10.00 Ashes Greats	10.30 Test Cricket
	410 TNT SPORTS 1	7.00 AFL			8.30 MotoGP Highlights		9.30 Fight Week	10.00 MLB Plays of...	10.30 MLB Highlights
	411 TNT SPORTS 2	‹ 6.45 FIA World Endurance Championship – Live: The 24 Hours of Le Mans							

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** New edition From Wiltshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition A robot maker faces a new challenge with some fishy forks. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** A couple from Trafford, Greater Manchester, hope to transform their garden. (S)(R)
4.30 **Bridge of Lies** New edition Quiz show hosted by Ross Kemp. (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Kat despairs when Alfie messes up, Denise steps up for her loved ones, while George tries to make amends. (S)(AD)

8 PM

8.00 **Dragons' Den** A Cornwall-based medical herbalist pitches her sparkling botanical wine, and an entrepreneur reveals a device to prevent a medical emergency born out of a brush with death. (S)(R)(AD)

9 PM

9.00 **Ambulance** Series finale 6/6. A tourist collapses outside Buckingham Palace. Fortunately, a passing member of the public reacts immediately to provide life-support to the patient. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Fleetwood, Lancashire, to answer questions from an invited audience. (S)
11.40 **Newscast** Light-hearted discussion of the week's political events. (S)
12.10 AM **The Hit List** Suzi Ruffell, Jessica Knappett, Paul Sinha, Joe Sugg, Dean McCullough and Nikita Kanda take part. (S)(R)
12.55 **Blankety Blank** With panellists Jenny Eclair, Jon Richardson, Tom Allen, Kiell Smith-Bynoe, Rustie Lee and Angela Scanlon. (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Garden Rescue** (S)(R)
8.00 **Sign Zone: Gardeners' World** Monty Don demonstrates colourful underplanting. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Isa Guha presents coverage of day four of the women's grass-court tournament at Queen's Club, featuring second-round singles matches. (S)
6.00 **Richard Osman's House of Games** Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore take part. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 14/15. In Venice, Clive learns the art of the gondolier and gets a lesson in glass-blowing. (S)(R)

8.00 Springwatch

7.00 **The Great House Revival** New edition 4/8. Hugh Wallace meets artist Cora Murphy who has taken on the challenge of restoring a city townhouse and shop front on Douglas Street, Cork. (S)
7.50 **The Fens: A Wild Year** (S)(R)

8.00 **Springwatch** Series finale 12/12. Chris Packham and Michaela Strachan bid farewell to the nests, the 20th anniversary celebrations continue, and Iolo Williams wraps up his Northern Irish journey. (S)

9.00 **Marie Antoinette** New episode *Hated, Humbled, Mortified:* 6/8. The queen is happy to see Cardinal Rohan on trial. (S2) (S)(AD)
■ Entire series on BBC iPlayer
9.50 **Natural World: Africa's Lion Kings** (S)(R)

10.00 **Detectorists** 4/6. Lance becomes obsessed with finding the thief that stole his gold. (S3) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM The Last Bus** Drama starring Timothy Spall and Phyllis Logan. A pensioner travels from John O'Groats to Land's End using his free bus pass, becoming a social media celebrity along the way. (S) (2021, 12, 85min) ★★★
12.25 AM **Sign Zone: Political Thinking with Nick Robinson** (S)(R)
12.55 **Sign Zone: Surgeons – At the Edge of Life** (S)(R)(AD)
1.55 **Sign Zone: The Power of Parker**
2.25 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Who Wants to Be a Millionaire? For Soccer Aid** Jeremy Clarkson is joined by comedians Eddie Izzard and Omid Djalili. (S)(R)
3.00 **Tenable for Soccer Aid** A team of five colleagues tackle questions on top 10 lists for the chance to win £125,000 for Soccer Aid. (S)(R)
4.00 **Tipping Point for Soccer Aid** Charlie Boorman, Ali Hamidi and Chris Hughes take part. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** Tracy tells a lie and Vanessa is asked to corroborate it, but it remains to be seen if she will she do so. Meanwhile, Bear's pills put Eve in danger. (S)(AD)

8.30 **Bradley & Barney Walsh: Breaking Dad** 1/6. The actor and his son take a 3,000-mile journey through Europe, beginning in Croatia, where they go head-to-head on aqua bikes alongside a former world champion. (S)(R)

9.00 **NEW SERIES DNA Journey** *Cold Feet* stars and friends Fay Ripley and Hermione Norris trace their ancestries. Fay finds out just how deeply showbiz runs in her blood, and Hermione learns about her family's dressmaking business. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM You Only Live Twice** James Bond adventure starring Sean Connery. Agent 007 leads the race to prevent SPECTRE from provoking World War Three. With Donald Pleasence, Akiko Wakabayashi and Tetsuro Tamba. (S)(AD) (1967, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **TikTok: Murder Gone Viral** 2/3. Focusing on the case of women's rights campaigner Sania Khan. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jimmy & Shivi's Farmhouse Breakfast** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 3-6/26. (S8) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 6-9/24. (S1) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Mississippi. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Four family members cruise the canal network, loving the freedom of life on the move. (S)(R)(AD)
5.00 **Chateau DIY** Tim and Sasha overhaul an outdated guest room with upcycling ingenuity. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** In northern Italy, Kevin and Laura await the arrival of their first retreat guests. (S)(R)

7.30 Football: European U-21s...

7.00 **News** (S)
7.30 **LIVE Football: European Under-21s Championship** Czechia v England: Jules Breach presents coverage from both teams' opening Group B match staged at DAC Aréna in Dunajská Streda, Slovakia. England are the reigning champions, having prevailed in Romania two years ago, and they met the Czechs in their opener in that tournament too, prevailing 2-0 thanks to goals by Jacob Ramsey and Emile Smith Rowe. With analysis from Joe Cole and Theo Walcott. Kick-off is at 8.00. *See feature, page 28.* (S)

10.05 **Taskmaster** New edition 7/10. Rosie Ramsey displays a talent for trotting, Jason Mantzoukas tries to befriend a fisherman, and Stevie Martin pitches for a role in *Downton Abbey*. (S)(AD)
11.10 **24 Hours in A&E** (S)(R)(AD)
12.10 AM **Sky Coppers** (S)(R)(AD)
1.05 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
1.55 **Dover 24/7: Britain's Busiest Port** Documentary. (S)(SL)(R)(AD)
2.50 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
3.45 **Sunday Brunch Best Bits** (S)(R)
3.55 **Devon and Cornwall** (S)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley with Matt Allwright** Topical debate. (S)
12.30 PM **Vanessa** (S)
1.35 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **Murder in G Major** Mystery with Tamera Mowry-Housley and Risteard Cooper. (S) (2023, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Wayne and Des attempt to raise funds for charities close to their heart with an annual calendar. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall treats a rescue dog that steals food. (S)(R)
6.55 **News** (S)

9.00 The Savoy: Great Hotels...

7.00 **Summer in the Scilly Isles** Divers explore the wreck of a 17th-century East India Company ship, while a couple arrive in St Mary's to get married. (S)(R)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition The team head to the Great Yorkshire Show where Peter Wright is in the show ring with Highland bull Murphy, while Rob and Dave Nicholson from Cannon Hall Farm call for help. (S)

9.00 NEW **The Savoy: Great Hotels Through Time** A look at the 140-year history of the world-renowned hotel, how it's changed the hospitality industry and the famous faces that have adored it over the years. (S)

10.00 **A&E After Dark** Nurse Luke treats a man who has developed a bleeding haematoma, and doctor Bethany comes to the aid of a patient with neck injuries after a car crash on a country road. (S)(R)

11.05 **Casualty 24/7: Every Second Counts** Documentary. (S)(R)
12.05 AM **Trauma Room One** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6) (S)(R)(AD)
3.50 **10 Years Younger: Quick Tricks** Hair and make-up tips. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (R)
11.00 **Ireland's Wild Islands with Eoin Warner** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 16/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Million Dollar Maybe:* Homer wins $1 million. With Chris Martin. (S)(R)
5.30 *Bart Gets a Z:* Bart feels guilty after his latest prank gets Mrs Krabappel fired. (S)(R)
6.00 **The Office (US)** 10/26. Michael decides to set up a murder-mystery game. (S)(R)
6.30 11/26. Michael takes Dwight, Andy and Oscar to New York. (S6) (S)(R)

10.00 The Walking Dead: Dead City

7.00 **The Simpsons** *Boy Meets Curl:* Homer and Marge play for a curling team in the Winter Olympics. (S)(R)
7.30 *The Colour Yellow:* Lisa investigates her ancestry and discovers that most of her forebears were crooks. (S)(R)

8.00 **Rob & Romesh vs West End Musicals** The comedian duo try to crack the world of musicals and hope leading lady Samantha Barks can land them a role in Disney's *The Lion King*. (S)(R)(AD)

9.00 **Poker Face** *The Sleazy Georgian:* 8/12. Following a meeting with a group of con artists, Charlie gets involved in a job gone wrong. Guest stars Melanie Lynskey. (S2) (R)

10.00 **The Walking Dead: Dead City** *Old Acquaintances:* 1/6. After an attack on the new Hilltop, Maggie's son Hershel is kidnapped, so she reluctantly tracks down Negan to ask for his help. (S1) (S)(R)(AD)

11.00 **Never Mind the Buzzcocks** With guests James Acaster, Kerry Godliman, Loyle Carner and Martin Kemp. (S)(R)(AD)
11.45 **Curb Your Enthusiasm** 1&2/10. Double bill. (S2) (S)(R)
1.05 AM **The Force: Manchester** (R)
2.05 **Road Wars** (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 16/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **12.10** Scotcast (S)(R) **12.40** The Hit List (S)(R) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
8.00-9.00pm Who Do You Think You Are? Series finale (S)(AD) **10.40** The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50-1.35am** The Hit List (S)(R)

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00pm Hardy Bucks New episode (S)
10.25-10.30pm Barra on the Foyle (S)(R)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

As main ITV1 except:

WALES
8.30-9.00pm Backstage New edition (S)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Y Gêm **1.25** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Prosiect Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Radio Fa'ma **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Stori'r Iaith **10.45-11.50pm** Siwrna Scandi Chris

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM LIVE **Athletics: Diamond League Oslo** Coverage of the Bislett Games, the sixth meeting of the campaign, staged at Bislett Stadium in Norway. Matthew Hudson-Smith of Great Britain was victorious in the 400m here last year in a then-British record time of 44.07 seconds.
8.55 **The Catch Up**
9.00 **Freddie Flintoff: Field of Dreams on Tour** 3/4. Freddie prepares the boys for their toughest match so far.
10.00 FILM **Road House** Action drama starring Patrick Swayze, Kelly Lynch and Sam Elliott. A Zen martial arts expert is hired to clean up a small-town bar, and has to confront a sadistic crime boss. (1989, 18, 110min) ★★★
11.50 **The Young Offenders**
12.55 AM **I Kissed a Boy**
1.50 **Glow Up: Britain's Next Make-Up Star**
2.50 **to 3.55** AM **The Young Offenders**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Secrets of Bones** Exploring the ways in which the skeleton aids flight.
7.30 **War Walks** Professor Richard Holmes focuses on the Battle of the Somme.
8.00 **Digging for Britain** Alice Roberts uncovers Roman writing tablets and a rare Bronze Age weapons hoard.
9.00 **Operation Stonehenge: What Lies Beneath** 1/2. A revolutionary project aiming to uncover the secrets of the historical site.
10.00 **Mansfield Park** 4/6. The Mansfield theatricals collapse when Sir Thomas returns from Antigua.
10.50 5/6. Henry goes to Mansfield to tell Fanny of William's promotion.
11.45 6/6. Fanny is attacked by Sir Thomas for rejecting Henry's proposal. (S1)
12.40 AM **The Sky at Night**
1.10 **War Walks** As 7.30pm.
1.40 **Digging for Britain**
2.40 **to 3.40** AM **Operation Stonehenge: What Lies Beneath**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Surrey.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Kent to rescue a 1973 Dennis fire engine belonging to firefighter James.
6.55 Tim and Fuzz take on a 1963 Citroën HY Van.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer and Kirstie Allsopp advise Wiltshire couple Matt and Lucia, whose house in Royal Wootton Bassett is not big enough for their needs.
9.00 **24 Hours in A&E** Three boys are admitted for very different reasons, including a cyclist who has head, neck and facial injuries after being involved in a traffic accident.
10.00 A 47-year-old man is treated after falling off a ladder while fixing his roof.
11.05 **Top Guns: Inside the RAF** A trainee pilot on his first-ever Typhoon flight has a cockpit emergency.
12.10 AM **The Good Doctor**
1.05 **Emergency Helicopter Medics** Documentary.
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck Down Under** New edition The crew deal with a medical emergency onboard, and Captain Jason faces a tough decision when a crew member is caught drinking on the job.
9.00 **Gogglebox** Opinions on *The Graham Norton Show*, *Celebrity Antiques Road Trip* and *Mary Berry: Love to Cook*.
10.00 Appraisals of *Sitting on a Fortune*, *Close to Me* and *Nadiya's Fast Flavours*.
11.05 **First Dates**
12.10 AM **The Big Bang Theory**
1.05 **Rick and Morty**
1.35 **Mike Tyson Mysteries** New episodes (S3)
2.05 **Brooklyn Nine-Nine**
2.55 **Modern Family**
3.20 **Below Deck Down Under**
4.10 **Ramsay's Kitchen Nightmares USA**
5.00 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Rapid Response**
8.00 **Border Patrol**
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue**
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 13/19. (S2)
2.00 **FBI: Most Wanted** 3/14. The team track a terrorist. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 FBI: Most Wanted *Bonne Terre:* 10/13. The Fugitive Task Force investigate the murder of a federal judge. (S5)

9 PM

9.00 Law & Order: Special Victims Unit New episode *Deductible:* 11/20. A boy seeks help when his sister fails to come home. (S26)

10 PM

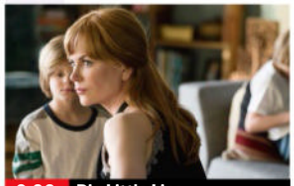
10.00 FBI: International *Fed to the Sharks:* 21/22. The daughter of an American hotelier is suspected of murder in Portugal. (S2)
11.00 **The Good Doctor** 17/20. (S3)
12.00 M'T **FBI** 12/15. (S3)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** 3&4/13. (S3)
10.10 **Billions** 11&12/12. (S6)
12.25 PM **Game of Thrones** (S5)
1.30 **The King** 3&4/8. (S1)
3.35 **The Sopranos** 3/13. Anthony Jr becomes a football star.
4.40 4/13. Dr Melfi is faced with a crisis of conscience after she is raped. (S3)
5.40 **Billions** 11/12. Prince's plan is put in jeopardy.
6.45 12/12. Mike Prince takes his place on the Axe Capital throne. (S6)



9.00 Big Little Lies

7.55 Game of Thrones *Kill the Boy:* 5/10. Jon enlists the help of an unexpected ally, Daenerys makes a difficult decision in Mereen, and Brienne searches for Sansa. (S5)

9.00 Big Little Lies *Burning Love:* 6/7. Jane confronts Renata when she learns a petition has been raised to exclude Ziggy. (S1)

10.00 The Staircase *Common Sense:* 4/8. In 2003, old wounds reopen as the Petersons' eldest son Clayton returns home. (S1)
11.15 **Homicide: Life on the Street** Bayliss gets a surprise which could alter his plans. (S6)
12.15 AM **The Gilded Age** 8/8. (S2)
1.20 **Mildred Pierce** 1/5. (S1)
2.30 **Game of Thrones** (S5)
4.25 **In Treatment** (S2)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 5/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Poker Face** New episode 8/12. Charlie meets a group of con artists. Guest stars Melanie Lynskey. (S2)
12.00 NOON **The Flash** 6/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **SEAL Team** 20/22. (S1)
4.00 **S.W.A.T.** 16/21. (S3)
5.00 **Supergirl** 12/22. (S4)
6.00 **Stargate SG-1** 5/20. Vala and the team travel to a planet where she is worshipped. (S9)

9.00 Poker Face

7.00 Stargate SG-1 *Beachhead:* 6/20. The team penetrate an Ori force field around a Jaffa planet. (S9)

8.00 Rob & Romesh vs West End Musicals Rob Beckett and Romesh Ranganathan try to crack the world of musicals.

9.00 Poker Face *The Sleazy Georgian:* 8/12. Charlie meets a group of con artists. Guest stars Melanie Lynskey. (S2)

10.00 The Walking Dead: Dead City *Old Acquaintances:* 1/6. First episode. Maggie's son Hershel is kidnapped. (S1)
11.05 **Never Mind the Buzzcocks** Guests James Acaster, Kerry Godliman, Loyle Carner and Martin Kemp join the regulars.
11.55 **Supergirl** 13/22. (S4)
1.00 AM **The Force: Manchester**
2.00 **Road Wars**
3.00 **SEAL Team** 20/22. (S1)
4.00 **S.W.A.T.** 16/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **The Real Housewives of...**
12.10 PM **Dinner Date**
1.15 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

10.05 The Price of Perfection

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Tracy deals with heartbreak, and Flagg regrets listing a property for more than it's worth.

9.00 Love Island New edition Reality show in which singletons compete in the hopes of finding love and winning a £50,000 prize.

10.05 NEW SERIES **Olivia Attwood: The Price of Perfection** 1/6. Exploring the UK's weight management industry.
11.05 **Family Guy** 19&15/23. (S10)
12.05 AM **American Dad!** (S8)
1.05 **Bob's Burgers** 7/22. Bob journeys into cyberspace. (S13)
1.35 **Totally Bonkers Guinness World Records**
2.10 **Count Abdulla** (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.30 **The Royal** As 1.55am.
11.35 **Heartbeat** Double bill.
1.40 PM **Classic Emmerdale**
2.40 **Classic Coronation Street**
3.40 **Downton Abbey** 9/9. The Crawleys are implicated in a scandal that threatens to engulf the royal family. (S4)
5.55 **Heartbeat** *The Runaways:* An accountant goes on the run from his underworld boss.

8.00 Vera

7.00 Heartbeat *Cashing In:* A flood of forged banknotes leads the police to believe a fugitive has arrived in Aidensfield.

8.00 Vera *Tender:* DCI Stanhope investigates an intriguing and puzzling case after the body of a sickly young girl is found in a railway siding in the middle of nowhere.

10.00 Grantchester 5/6. Sidney joins a travellers' community as he struggles to put his past life behind him. (S3)
11.00 **Grantchester** 6/6. (S3)
11.55 **Cracker** 2/9. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Winners and Losers:* Feathers are ruffled among the staff as a new locum arrives at the hospital.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** 5/5. From Dumfries & Galloway.
8.00 **Beechgrove Garden** New edition How to earth up potato stalks.
8.30 **Landward** New edition Dougie visits Baron's Haugh Nature Reserve.
9.00 **Mrs Brown's Boys** 1/4. Agnes is feeling down in the dumps. (S4)
9.30 **Two Doors Down** 5/6. Alan and Michelle stay at Beth and Eric's. (S4)
10.00 **Street Gangs** 1/3. A look at what life is like inside a modern gang.
10.30 2/3. What happens when gang life begins to go wrong.
11.00 3/3. The Wyndford Scheme in Maryhill.
11.30 PM **to 12.00** M'T **Scotcast** New edition Topical discussion.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **High Maintenance**
9.20 **The Conners** (S2)
10.20 **Entourage** (S4)
11.25 **Barry** 6&7/8. (S2)
12.35 PM **Eastbound & Down**
1.55 **Entourage** (S4)
3.05 **High Maintenance** (S4)
4.25 **Barry** 6&7/8. (S2)
5.45 **The Office (US)** (S6)
6.45 **The Conners** (S2)
7.45 **Eastbound & Down**
9.00 **Girls** 9/12. Hannah receives a strange request from her mother.
9.40 10/12. Hannah tries to reignite the sexual spark in her relationship with Adam. (S3)
10.20 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.20 **Barry** 3&4/8. (S4)
12.40 AM **Curb Your Enthusiasm** (S2)
2.00 **And Just Like That...** New episode 3/12. (S3)
3.00 **Somebody Somewhere**
4.20 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **Classic FM Live: A Film Music Spectacular**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Dickens in Italy with David Harewood**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **FILM The Private Life of Sherlock Holmes** Mystery drama. (1970, PG, 125min) ★★★
11.20 **The Directors**
12.20 AM **The Ghost of Richard Harris**
2.35 **Michael Caine: The Becoming of a Hollywood Star**
3.45 **Voices of Ireland**
5.00 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager**
8.00 **Star Trek: Deep Space Nine** *Duet:* 19/20. Kira suspects a notorious criminal is at large. (S1)
9.00 **Murder Uncut** The disappearance of an 11-year-old boy.
10.00 **How I Caught the Killer** Investigating the murder of Brian McKandie.
11.00 **Grimm** 15/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire? Celebrity Special** Julie Hesmondhalgh and Tony Bellew compete.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Steph McGovern and Dion Dublin compete to win money for charity.
10.00 **Tipping Point** Double bill of the game show.
11.55 **Wheel of Fortune** Graham Norton hosts the game show.
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 2/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 5/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 7/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19–22/24. (S3)
9.00 **Randall and Hopkirk (Deceased)** *It's Supposed to Be Thicker Than Water:* 22/26. (S1)
10.00 **The Avengers** *The Winged Avenger:* 6/24. Several businessmen are killed by birds. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

- 6.00 AM **Nine Dart Finishes**
- 6.05 **Minder**
- 7.10 **The Professionals**
- 8.10 **Dempsey and Makepeace**
- 9.20 **Magnum, PI**
- 10.20 **Kojak**
- 11.25 **Isle of Man TT**
- 12.25 PM **The Adventures of Sherlock Holmes**
- 1.30 **Dempsey and Makepeace**
- 2.40 **Magnum, PI**
- 3.40 **Kojak**
- 4.50 **Minder**
- 5.55 **The Professionals**

9.00 The Blues Brothers

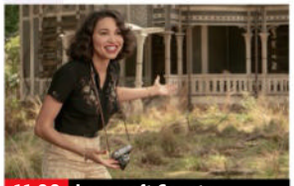
- 7.00 **Cycling: Critérium du Dauphiné Highlights** Action from stage five, a 183km route from Saint-Priest to Mâcon.
- 8.00 **Beat the Chasers Celebrity Special** With Brenda Edwards, Jake Wood, Dom Joly and Krishnan Guru-Murthy.
- 9.00 **FILM The Blues Brothers** Cult comedy starring John Belushi and Dan Aykroyd as delinquent brothers who get their old R&B band back together to save the orphanage that was their childhood home. (1980, 15, 135min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- 11.40 **FILM Death Wish V: The Face of Death** Crime thriller sequel starring Charles Bronson and Lesley-Anne Down. (1993, 15, 91min) ★
- 1.25 AM **The Professionals**
- 2.25 **The Protectors**
- 2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

- 6.00 AM **Most Haunted**
- 8.00 **Teleshopping**
- 11.00 **Star Trek: Enterprise** (S2)
- 12.00 NOON **Star Trek: Voyager**
- 1.00 PM **Star Trek: The Next Generation** 12/26. (S6)
- 2.00 **Blood & Treasure** 5/13. (S2)
- 3.00 **Stargate Atlantis** 3/20. (S1)
- 4.00 **Star Trek: Voyager** (S5)
- 5.00 **Star Trek: The Next Generation** 12/26. Professor Moriarty wreaks havoc. (S6)
- 6.00 **Star Trek: Enterprise** 23/26. The crew members track two cyborg renegades. (S2)



11.00 Lovecraft Country

- 7.00 **Blood & Treasure** *Enter the Dragon Gate:* 5/13. In search of the Spirit Banner, Simon tries to make a deal. (S2)
- 8.00 **Stargate Atlantis** *Hide and Seek:* 3/20. One of the Athosian children unleashes a seemingly harmless entity. (S1)
- 9.00 **Grimm** *The Beginning of the End – Part Two:* 22/22. Black Claw makes a strategic move against Hank. (S5)
- 10.00 **The Walking Dead** *Dead or Alive Or:* 11/16. Daryl finds himself in bad company as his group heads to Hilltop. (S8)
- 11.00 **Lovecraft Country** 3/10. Atticus remains burdened by a guilty conscience. **12.00** M'T 4/10. Leti, Tic and Montrose head to Boston to search for missing pages to a crucial text. (S1)
- 1.00 AM **True Blood** 7&8/12. (S4)
- 3.00 **Blood & Treasure** As 7.00pm.
- 4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

- 7.15 AM **Murdoch Mysteries** (S18)
- 9.00 **Father Brown**
- 10.00 **The Coroner** 9/10. (S1)
- 11.00 **Hudson & Rex** 11/16. (S2)
- 12.00 NOON **Shakespeare & Hathaway: Private Investigators** 8/10. (S2)
- 1.00 PM **Death in Paradise** (S11)
- 2.00 **Murdoch Mysteries** (S18)
- 4.00 **The Coroner** 9/10. (S1)
- 5.00 **Hudson & Rex** 11/16. (S2)
- 6.00 **Father Brown** *The Face of the Enemy:* The sleuthing priest spies trouble when Lady Felicia returns to Kembleford.

9.00 Murdoch Mysteries

- 7.00 **Shakespeare & Hathaway: Private Investigators** 8/10. An amnesiac wanders into Frank and Lu's lives. (S2)
- 8.00 **Death in Paradise** *Undercover and Out:* 4/9. Florence finds herself in familiar surroundings amid a murder case. (S11)
- 9.00 **Murdoch Mysteries** New episode *Heir of the Dog:* 19/22. A lawyer's murder is staged to look like a dog attack. (S18)
- 10.00 **Father Brown** *The Wisdom of the Fool:* The sleuthing priest investigates a murder at a jesters' convention.
- 11.00 **Father Brown** As 6.00pm.
- 12.00 M'T **Shakespeare & Hathaway: Private Investigators**
- 1.00 AM **Elementary** 23/24. Holmes and Watson are targeted by a deadly gang. (S5)
- 2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- 7.10 AM **Highlights**
- 9.00 **My Hero**
- 9.40 **Are You Being Served?**
- 10.20 **Only Fools and Horses**
- 11.00 **Last of the Summer Wine**
- 12.20 PM **The Green Green Grass**
- 1.00 **My Hero**
- 1.40 **Dad's Army: Lost Episodes**
- 2.20 **Only Fools and Horses**
- 3.00 **Are You Being Served?**
- 3.40 **Last of the Summer Wine**
- 5.00 **The Green Green Grass**
- 5.40 **Are You Being Served?**
- 6.20 **Only Fools and Horses**

10.20 Absolutely Fabulous

- 7.00 **Dad's Army** Mainwaring's bumbling platoon acquire an armoured car.
- 7.40 **Gavin & Stacey** The wedding day arrives, and Nessa debates whether to share her big secret. **8.20** The happy couple are welcomed home after their honeymoon.
- 9.00 **Still Open All Hours** A local underworld boss comes looking for Leroy.
- 9.40 **Harry Enfield and Chums** Stan and Pam flash their cash in Spain.
- 10.20 **Absolutely Fabulous** Eddie and Patsy go on a hunting trip. Guest stars Emma Bunton.
- 11.00 **Not Going Out** Lucy accidentally runs over a rabbit.
- 11.40 **Harry Enfield and Chums**
- 12.20 AM **Still Open All Hours**
- 1.00 **Absolutely Fabulous**
- 1.40 **Not Going Out** As 11.00pm.
- 2.15 **The Two Ronnies**
- 3.05 **to 4.00** AM **My Hero**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- 7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
- 8.00 **Border Force: America's Gatekeepers** Double bill.
- 10.00 **Our Guy in India**
- 11.00 **Rick Stein's Far Eastern...**
- 12.00 NOON **Storage Hunters UK**
- 2.00 PM **Our Guy in India**
- 3.00 **Top Gear** Double bill.
- 5.00 **Hairy Bikers' Best of British** Si and Dave explore Britain's fondness for picnics.
- 6.00 **Rick Stein's Far Eastern Odyssey** The multicultural cuisine of Penang, Malaysia.

6.00 Rick Stein's Far Eastern...

- 7.00 **Would I Lie to You?** With Gareth Malone, Phill Jupitus Richard Osman and Amanda Abbington. **7.40** With Sarah Kendall, Kiell Smith-Bynoe, Richard Osman and Pam Ayres.
- 8.20 **Richard Osman's House of Games** With Janet Ellis and Radzi Chinyanganya.
- 9.00 **QI XL** Aisling Bea, Urzila Carlson and Romesh Ranganathan join regular panellist Alan Davies and host Sandi Toksvig.
- 10.00 **Have I Got a Bit More News for You** Steph McGovern hosts the satirical quiz, with Zoe Lyons and John Pienaar.
- 11.00 **8 Out of 10 Cats** With Nadine Coyle, Spencer Matthews, Phil Wang and Vogue Williams.
- 11.55 **Mock the Week**
- 12.35 AM **Would I Lie to You?**
- 1.55 **QI XL** As 9.00pm.
- 2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

- 9.00 AM **A New Life in the Sun: Where Are They Now?** From Almería.
- 10.00 **Chateau DIY**
- 11.00 **Help! We Bought a Village** From Italy.
- 12.00 NOON **A Place in the Sun** In Poitou-Charentes.
- 1.00 PM **Love It or List It**
- 1.30 **Narrow Escapes**
- 2.30 **Chateau DIY**
- 3.35 **Escape to the Chateau**
- 3.45 **Location, Location, Location** From London.
- 4.50 **LIVE Football: European U21s Championship** Ukraine v Denmark.
- 7.00 **Amazing Spaces**
- 7.50 **LIVE Football: European U21s Championship** Germany v Slovenia.
- 10.00 **FILM Memory** Thriller. (2022, 15, 114min) ★★★
- 12.15 AM **Celebrity Gogglebox**
- 1.20 **Taskmaster**
- 2.25 **The Great Celebrity Bake Off**
- 3.30 **to 4.30** AM **Bake Off: The Professionals**

5USA

141/169 129 120/162 21 129 29

- 9.00 AM **Murder, She Wrote**
- 12.00 NOON **Law & Order**
- 6.00 PM **NCIS: Hawaii** *Nightwatch:* 20/22. The NCIS team work are called to a murder case that involves a US Navy seaman. **7.00** *Switchback:* 21/22. Captain Milius returns to Hawai'i for a secret prisoner exchange operation. **8.00** *Ohana:* 22/22. Captain Milius continues to work with Tennant and her team. (S1)
- 9.00 **Blue Bloods** *Personal Business:* 8/22. A woman becomes the prime suspect when her abusive ex-boyfriend is murdered. (S7)
- 10.00 **Law & Order: Special Victims Unit** (S12&24)
- 1.50 AM **Criminal Minds**
- 2.45 **The Good Wife** (S5)
- 3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- 8.00 AM **Bargain-Loving Brits in the Sun**
- 10.00 **Car Pound Cops**
- 11.00 **Traffic Cops**
- 2.00 PM **Police Interceptors**
- 5.00 **Nightmare Tenants, Slum Landlords**
- 6.00 **Home and Away**
- 7.00 **GPs: Behind Closed Doors** Medical series.
- 8.00 **Casualty 24/7: Every Second Counts**
- 9.00 **A&E After Dark** New edition The night-time challenges facing NHS staff working in A&E departments.
- 10.00 **Skin A&E** Documentary.
- 11.00 **Ambulance: Code Red**
- 12.00 M'T **Don't Tell the Doctor** Medical series.
- 1.00 AM **GPs: Behind Closed Doors**
- 2.00 **Casualty 24/7: Every Second Counts**
- 2.50 **Police Interceptors**
- 3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- 9.00 AM **Motorway Patrol**
- 9.25 **Traffic Cops**
- 10.25 **Police Interceptors**
- 11.30 **FILM Bend of the River** Western drama. (1952, PG, 92min) ★★★★
- 1.20 PM **FILM The Man Who Shot Liberty Valance** Western. (1962, b/w, U, 122min) ★★★★★
- 4.00 **Trucking Hell**
- 5.00 **Traffic Cops**
- 6.00 **Police Interceptors**
- 8.00 **Motorway Cops: Catching Britain's Speeders** Inspector Anton Sullivan gets a hug from a stranded motorist.
- 9.00 **Trucking Hell** New edition A loaded 40-ton lorry crashes, ploughing into a hedge. **10.00** A truck takes a tumble into a ditch.
- 11.00 **Yellowstone** New episode 9/10. (S4)
- 12.00 M'T **Outback Truckers**
- 2.00 AM **Trucking Hell**
- 3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

- 6.20 AM **MasterChef Australia** Culinary show.
- 7.20 **Simply Nigella**
- 8.00 **Tipping Point**
- 11.00 **Nick Knowles' New Year Clearout**
- 12.00 NOON **Nick Knowles' Better Homes**
- 1.00 PM **Tipping Point**
- 4.00 **Property Brothers: Forever Homes**
- 6.00 **DIY SOS: The Big Build**
- 7.00 **999 Rescue Squad**
- 8.00 **Ambulance Australia** A woman is injured after falling on a hiking trail. **9.00** Ben and Rachel respond to a suspected heroin overdose.
- 10.00 **Confessions of a Serial Killer with Piers Morgan** A convict who killed five women in 1973.
- 11.00 **Nurses on the Ward**
- 1.00 AM **Louis Theroux's Forbidden America**
- 2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

- 7.25 AM **Pie in the Sky**
- 8.20 **Doctors**
- 9.35 **Holby City**
- 10.35 **Classic Casualty**
- 11.40 **The Bill**
- 12.45 PM **Classic EastEnders**
- 2.00 **Pie in the Sky**
- 3.00 **Hamish Macbeth**
- 4.10 **Lovejoy**
- 5.25 **Keeping Up Appearances**
- 6.00 **Birds of a Feather**
- 6.40 **Last of the Summer Wine** Double bill.
- 8.00 **Shakespeare & Hathaway: Private Investigators** 4/10. A psychic TV show is the scene for murder. **9.00** 5/10. Frank and Lu track down a witness in a crown court trial. (S2)
- 10.00 **New Tricks**
- 11.20 **Bergerac**
- 12.30 AM **Sister Boniface Mysteries** 8/10. (S3)
- 1.30 **Rebus** *Resurrection Men.*
- 3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Antiques Road Trip** Double bill.
9.00 NEW SERIES **Help! My House Is Haunted** Ross and Natasha's dream home becomes a nightmare as paranormal activity threatens their plans to start a family.
10.00 **Tom Daley: 1.6 Seconds** The story of Tom Daley's journey from Olympic prodigy to national treasure.
12.00 M'T **Celebrity Help! My House Is Haunted** Double bill of editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz.
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **All Star Family Fortunes** Louisa Lytton and Zoe Ball compete.
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **The War in the Air**
9.30 **Wanted: Dead or Alive**
10.00 **The Avengers** (S6)
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM The Texican** B-Western. (1966, PG, 91min) ★★
2.55 **FILM Jack Mccall, Desperado** Western. (1953, U, 76min) ★★
4.50 **FILM Once Upon a Texas Train** Western. (1987, PG, 100min) ★★
7.00 **The High Chaparral**
8.00 **The Avengers** (S6)
9.00 **FILM The Eastern Front** Drama with Josh Harper. (2020, 15, 110min) ★★
11.15 **FILM Mercenary for Justice** Action thriller. (2006, 18, 91min) ★★
1.20 AM **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
3.10 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Killer Cover Up** Thriller with René Ashton. (2021, 12, 88min) ★★
12.00 NOON **Paddington Station 24/7**
1.00 PM **FILM Death by Friendship** Thriller. (2020, 12, 85min) ★★
2.55 **FILM Accusations and Lies** Crime thriller. (2019, PG, 89min) ★★
5.00 **FILM Lost Letter Mysteries: The Road Less Travelled** Drama. (2018, U, 72min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★
11.30 **FILM Night Hunter** Thriller with Henry Cavill. (2018, 15, 88min) ★★
1.40 AM **Coast Guard Alaska**
4.00 **to 6.00** AM **FILM Perfect Plan** Thriller. (2010, 12, 89min) ★★★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas Makeover** (2018) ★★
10.00 **FILM Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
12.05 PM **FILM The Christmas Ball** Romantic drama. (2020, PG, 90min) ★★
2.00 **FILM Her Magical Christmas** Drama. (2017, PG, 90min) ★★
3.55 **FILM A Holiday Wish Come True** Drama. (2018, U, 90min) ★★
5.55 **FILM A Merry Christmas Match** Festive drama. (2019, U, 82min) ★
8.00 **FILM Christmas with a Crown** Romantic drama. (2020, PG, 89min) ★★
10.00 **FILM A Snow White Christmas** (2018, PG) ★
11.55 **FILM A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Her Magical Christmas**
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married... With...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 11/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 2/13. (S2)
2.30 **Haggard** 7/7. (S1)
3.00 **Bramwell** 2/7. (S1)
4.00 **Bubblegum & Cheese**
5.00 **Worzel Gummidge Down Under** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 4/11. (S5)
6.30 **Thick as Thieves** (S1)
7.00 **Brass** 2/13. (S2)
7.30 **Haggard** 7/7. (S1)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 11/14. (S3)
9.30 **Soap** 12/25. (S1)
10.00 **Thick as Thieves** (S1)
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** 2/7. (S1)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The fleet prepares to make the final push to wrap up the season. **8.00** Severe weather causes problems.
9.00 **Expedition X** Jess and Phil dive into the tragic history of Fort Morgan.
10.00 **Expedition Unknown** Josh Gates makes his return to Guatemala.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers' Northern Exposure**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes: Another Helping**
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **The Hairy Bikers'...**
2.00 **James Martin's Brittany**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Food Heroes: Another Helping**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 **Secrets of the Curry Kitchen** New edition
9.30 **Nadiya's Simple Spices**
10.00 **Islands to Highlands**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/22. (S6)
9.00 **The Fall Guy** 3/23. (S1)
10.00 **Knight Rider** 16/24. (S2)
11.00 **FILM Vendetta for the Saint** Crime mystery. (1968, PG, 94min) ★★★
1.00 PM **FILM The Curse of the Werewolf** Horror. (1961, 12, 92min) ★★★
3.00 **FILM The Plague of the Zombies** Horror. (1966, 15, 91min) ★★★
5.00 **Star Trek** 28/30. (S1)
6.00 **Knight Rider** 17/24. (S2)
7.00 **The Fall Guy** 4/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Hard Kill** Thriller starring Jesse Metcalfe. (2020, 15, 98min) ★★
11.00 **FILM Sea of Love** Erotic suspense thriller. (1989, 18, 108min) ★★★
1.10 AM **FILM Red** Thriller. (2008, 15, 93min) ★★
3.00 **to 4.55** AM **FILM An American Werewolf in Paris** Horror sequel. (1997, 15, 102min) ★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **Category 7: The End of the World**
8.00 **FILM Warlords of Atlantis** Adventure. (1978, PG, 96min) ★★
10.00 **The Lost World** (S1)
11.00 **FILM Asteroid v Earth** Sci-fi disaster movie. (2014, 15, 91min) ★★
1.00 PM **FILM Arctic Apocalypse** Thriller. (2019, PG, 90min) ★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 21/23. (S2)
5.00 **Category 7: The End of the World**
7.00 **The Lost World** (S1)
8.00 **The A-Team** 22/23. (S2)
9.00 **FILM Last Passenger** Thriller starring Dougray Scott and Kara Tointon. (2011, 15, 95min) ★★★
10.55 **FILM Fighting Back** Thriller starring Tom Skerritt and Patti LuPone. (1982, 15, 98min) ★★
1.00 **to 3.00** AM **FILM Last Passenger** As 9.00pm.
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Curse of Skinwalker Ranch** Double bill.
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Roswell 75: The Final Evidence**
11.00 **Evidence of the Unexplained**
12.00 M'T **Curse of...**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** River Wharfe.
11.00 **Ben Fogle: New Lives in the Wild** Ethiopia.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.30 **Walking Tudor Britain**
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** The comedian visits the South Downs.
8.00 **Ben Fogle: New Lives in the Wild** From Panama.
9.00 **Zara & Mike: The People's Royals**
10.00 **Inside the Four Seasons Park Lane**
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
2.55 **Tales from the Riverbank** River Wharfe.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** From Looe.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 NEW SERIES **Dirty Rotten Flips...** Zachary Kepes takes on properties no one wants.
10.00 **Fixer to Fabulous** New edition Dave and Jenny Marrs help a family redesign their home to fit their needs.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper**
7.00 **Say Yes to the Dress**
8.00 **Breaking New Ground** New edition The dining room renovation.
9.00 **Trixie Motel: Drag Me Home** New edition
10.00 **1000-lb Sisters**
11.00 **Sex Sent Me to the ER**
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **1000-lb Sisters**
3.00 **Sex Sent Me to the ER**
4.00 **Breaking New Ground**
5.00 **to 6.00** AM **Extreme Couponing**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S5&1)
1.00 PM **Friends** (S2&3)
8.00 **Friends** 7/25. Joey gets a job teaching a soap opera acting class. **8.30** 8/25. Phoebe convinces herself she is a walking jinx. (S3)
9.00 **FILM My Big Fat Greek Wedding 2** Romantic comedy sequel starring Nia Vardalos. (2016, 12, 94min) ★★
10.45 **Whose Line Is It Anyway? USA**
11.45 **South Park** (S6)
1.45 AM **Key & Peele**
2.15 **Beavis and Butt-Head**
3.05 **Lee Evans: Big – Live at the O2** Stand-up.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 11&12/24. (S3)
11.00 **Friends** (S10&1)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show** 1/6. (S1)
3.00 **Daria** 6&7/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 11&12/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 11/22. Jess helps Cece move her things out of her apartment. **9.30** 12/22. Schmidt's dad causes issues. (S5)
10.00 **Friends** (S2&1)
2.00 AM **Reno 911!** (S6)
3.00 **Al Murray Live – Barrel of Fun** Stand-up show.
3.45 **Becker** 11&12/24. (S3)
4.30 **Baddiel & Skinner Unplanned Live from London's West End**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *Halloween II:* 1/8. Jake, Devon and Lexy begin receiving threatening calls. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.00 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom: From the Beginning**
8.30 **FriendZone**
9.00 **Teen Mom: Girls' Night In** Double bill.
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Six editions.
7.00 **Teen Mom UK**
8.00 **Rich Kids Go Skint**
9.00 **Skin A&E**
10.00 NEW SERIES **Jersey Shore Family Vacation** The gang head off to Las Vegas and back to the East Coast.
11.00 **Me & My Sugar Daddy**
12.00 M'T **Ridiculousness** New edition The gang have trouble hangin' on with Grip Slips.
12.30 AM **Ridiculousness**
1.00 **True Life Crime**
2.00 **Ink Master**
3.10 **to 4.00** AM **Celebrity Ex on the Beach**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Documentary.
5.00 **Building Off the Grid** A couple hope to build a cabin in their home state of Wyoming.
6.00 **Border Control: Spain** Agents are troubled to find crates of animal skulls. **6.30** At the port of Barcelona, a vehicle inspection leads to the discovery of a weapon.

9.00 Naked and Afraid: Last...

7.00 **Wheeler Dealers** Mike and Elvis try to resuscitate a 1974 Jaguar XJ6, but it is a risky buy as it has not been driven since 1990.

8.00 **Scrap Kings** In south Wales, a Rolls Royce 747 jet engine is taken apart, and in Bolton, student halls are taken down.

9.00 **Naked and Afraid: Last One Standing** New edition Shocking sabotage and a midnight medical emergency upend the competition. The elimination challenge requires a photo finish, and a legend is sent home.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** The team must face their fears and push their boundaries.
1.00 AM **Naked and Afraid: Last One Standing** As 9.00pm.
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** An aquarium.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked** A reef tank.
1.00 PM **Pit Bulls & Parolees**
2.00 **Project Grizzly** Double bill.
4.00 **My Cat from Hell** Jackson tries to end the feud between a Brooklyn couple's two cats.
5.00 **Animal Cops Philadelphia** The Pennsylvania SPCA's team exhume a front yard.
6.00 **Tanked** The team help NFL superstar Antonio Brown.

8.00 Meet the Orangutans

7.00 **Pit Bulls & Parolees** New mum Tania struggles to find a balance between life and work at Villalobos.

8.00 **Meet the Orangutans** One of the primate's bullying pushes limits. **8.30** It is feeding time at the sanctuary.

9.00 **Meet the Penguins** A wild penguin has a life-threatening wound. **9.30** Two inhabitants get into a nasty fight.

10.00 **Edge of Alaska** A landowner starts to open the frontier, while the locals must brave the extreme weather.

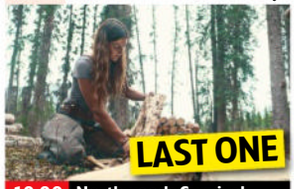
11.00 **How Sharks Hunt** The hunting approaches of tiger sharks and great whites.
12.00 M'T **Sharktacular 2016**
1.00 AM **Alaska Monsters** Todd devises a trap for a huge feline.
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Inside Sydney Airport**
9.00 **Air Crash Investigation**
12.00 NOON **Pirates: Behind the Legends** Double bill.
2.00 PM **Nazi Sunken Sub**
3.00 **Nazi Megastructures**
4.00 **Hitler's Killer Warships: Drain the Oceans** The most technologically advanced battleships in the Nazi navy.
5.00 **Car S.O.S** Fuzz Townshend and Tim Shaw work to fix up a World Rally-winning car.
6.00 **Nazi Megastructures** The rail network of Nazi Germany.



10.00 Northwoods Survival

7.00 **Air Crash Investigation** Exploring why a Nigeria Airways flight crashed at King Abdulaziz International Airport.

8.00 **Car S.O.S.: Ultimate Countdown** New edition Fuzz Townshend and Tim Shaw select some of their favourite transformations.

9.00 **Car S.O.S** Tim Shaw and Fuzz Townshend head to Southampton to take on a 1969 Jensen Interceptor.

10.00 **Northwoods Survival** Series finale As summer nears, homesteaders make a final push to realize their dreams.

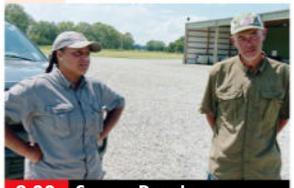
11.00 **Air Crash Investigation** A plane crashed in the jungle.
12.00 M'T **Amsterdam Central 24/7**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Storage Hunters**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Dog Patrol**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **The UnXplained with William Shatner**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** An early handheld video game system.
6.00 **American Pickers** Danielle checks out a claw-foot bathtub.



8.00 Swamp People

7.00 **Forged in Fire** Four smiths forge three knives from railroad spikes, while the final two recreate the Medieval Arming Sword.

8.00 **Swamp People** New edition Troy teams up with a hunter to chase a 14ft monster.

9.00 **The UnBelievable with Dan Aykroyd** New edition Stories of survival against all odds, like a man who survived the apocalypse.

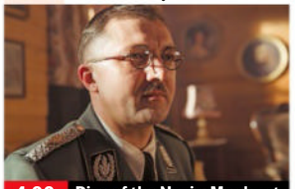
10.00 **Mysteries from Above** New edition Undersea behemoths showing off in the Pacific shallows, and a herd of northern nomads.

11.00 **Sex: A Bonkers History** A look at sexual behaviours during the Victorian era.
12.00 M'T **Evidence of the Unexplained** UFO sightings.
1.00 AM **Ultimate Mysteries** Bennington, Bermuda and Bridgewater triangles.
2.00 **Ancient Aliens**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Manhunt** As 4.00pm.
11.00 **War Factories**
12.00 NOON **Vintage Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** Klaus Barbie.
5.00 **War Factories** The story of the rise of the aircraft carrier.
6.00 **Vintage Antiques Roadshow** The Assembly Rooms, Bath.



4.00 Rise of the Nazis: Manhunt

7.00 **Great American Railroad Journeys** Michael Portillo travels from Sedalia to St Joseph in Missouri.

8.00 **Bangers & Cash** Dave has to extricate a VW Golf from a garden that has grown up around it.

9.00 **Bangers & Cash: Restoring Classics** The team think they can smell profit by choosing one of the easiest cars ever built.

10.00 **Bangers & Cash** Four camper vans pitch up at the auction house looking for a new home, and Derek finds an Austin 16.

11.00 **Bangers & Cash** Derek picks up a restored 1925 Calthorpe motorbike that he thinks is a work of art.
12.00 M'T **Retro Electro Workshop** Shamil buys an 80s Technics record deck for Rob to restore.
1.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop**
8.00 **Outback Crystal Hunters** New edition Patrick's plan to extract Australia's largest smoky quartz cluster is derailed.
9.00 **Aussie Gold Hunters** New edition The Desert Diggers battle to get their dry blower running.
10.00 **Outback Car Hunters**
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars** Double bill.
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes... UK**
11.00 **Curvy Brides Boutique**
12.00 NOON **Deadly Affairs**
1.00 PM **American Detective with Lt Joe Kenda**
2.00 **Murder on CCTV**
3.00 **The Killer in My Family**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: The Killer Speaks** New edition
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Carla Fuqua.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **A Secret to Die For** Henry Stange's life is altered after a serious motorcycle accident.
8.00 **Murder She Solved** A detective goes undercover to catch the poisoner of a mother and her two sons.
9.00 **Britain's Most Evil Killers** The case of Levi Bellfield, who was found guilty of the murder of schoolgirl Milly Dowler.
10.00 **Killers: Caught on Camera** Series finale CCTV and GPS exposed Kaitlin Armstrong for Mo Wilson's murder.
11.00 **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder She Solved**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** A mother and daughter vanish while out shopping. **4.30** The disappearance of singer Walter Scott in 1983, who was later found dead in 1987. **5.00** The story of two separate confessions for the same crime. **5.30** Police believe an attack on two boys was perpetrated by thugs. **6.00** The murder of a prostitute who was found dead in a waterway. **6.30** The murder of a high-school girl in a South Carolina town.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killing Mum and Dad**
3.00 **Forensics: Catching...**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **How I Caught the Killer**
7.00 **Forensics: Catching the Killer** True-crime.
8.00 **World's Most Evil Killers**
9.00 **Killing Mum and Dad**
10.00 **Murdered at First Sight**
11.00 **Britain's Most Evil Killers**
12.00 M'T **World's Most Evil...**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked the Nation**
3.00 **Snapped** Documentary.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Berlin: Stories of the City** Documentary.
9.40 **Mafia's Greatest Hits**
10.50 **The Stuarts**
11.55 **Dreadnought Destruction: Sinking the German High Seas Fleet** Documentary.
1.00 PM **Mafia's Greatest Hits**
2.20 **Berlin: Stories of the...**
3.20 **The Stuarts**
4.30 **Mafia's Greatest Hits**
5.40 **Dreadnought Destruction: Sinking...**
6.50 **Berlin: Stories of the City** Documentary.
7.55 **The Stuarts**
9.00 **Once Upon a Time in Northern Ireland**
10.15 **Dreadnought Destruction: Sinking...**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Once Upon a Time in Northern Ireland**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.05 **Discovering: Dean Martin**
8.00 **The Directors**
9.00 **Dart Kings**
10.00 **Shaq** As shown at 7.00pm.
11.00 **Janet Jackson** As 8.00pm.
12.00 NOON **FILM Going Clear: Scientology and the Prison of Belief** Documentary. (2015, 15, 120min) ★★★★
2.10 PM **Hurst: The First and Only**
4.00 **The Directors**
5.00 **Discovering: Dean Martin**
6.00 **Dart Kings**
7.00 **Shaq** 4/4. Shaquille reflects on past relationships.
8.00 **Janet Jackson** 4/4. After the 2004 Super Bowl controversy, Janet finds herself blacklisted.
9.00 **I Am Luke Perry**
10.40 **On the Line: The Richard Williams Story** The father of tennis stars Venus and Serena retraces his family's journey.
12.30 AM **Brazil 2002**
2.15 **Right to Fight**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Dean Martin**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Animal Senses**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Surviving the Amazon**
11.00 **Ireland's Wild Islands with Eoin Warner**
12.00 NOON **Dawn to Dusk**
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Surviving the Amazon**
5.00 **Brazil Untamed**
6.00 **Dawn to Dusk**
7.00 **Monkey Life** Double bill.
8.00 **Arabian Seas** The explosion of life off the coast of Oman.
9.00 **Deadly Australians**
10.00 **Dawn to Dusk**
11.00 **Brazil Untamed**
12.00 M'T **Ireland's Wild Islands with Eoin Warner**
1.00 AM **Arabian Inferno**
2.00 **Arabian Seas**
3.00 **Deadly Australians**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **National Park Mysteries**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Shipwrecks: When History Resurfaces** Kevin explores a battleship in the Atlantic Ocean.
8.00 **The Secret Nazi Expeditions** A look at Heinrich Himmler's study of runes – letters of ancient Germanic writing.
9.00 **Scary Tales of New York** A murder plot to kill Irish down-and-out Michael Malloy.
10.05 **Life After People**
11.00 **Haunted Hospitals**
12.00 M'T **Ancient Aliens**
2.00 AM **Footprints of Civilisation**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **The First 48 Presents: Critical Minutes** New edition
10.00 **Fugitive Hunters: Mexico** New edition Documentary.
11.00 **Fugitives Caught on Tape**
12.00 M'T **Murder By Medic**
1.00 AM **The First 48 Presents...**
2.00 **Fugitive Hunters: Mexico**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Shark Attack Files**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Katavi: Africa's Fallen Paradise**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary.
8.00 **Europe From Above: Agricultural Wonders**
9.00 **Secrets of the Penguins** The banded penguins ventured far beyond their icy homes.
10.00 **Ice Road Rescue** A trailer load of salt threatens to pollute Norway's biggest salmon river. **11.00** Bjørn and Thord rescue a truck that got stuck just 200 metres from its destination.
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Storming Area 51**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Storming Area 51** Joe and Emmett Hayes head to Nevada desert to observe, investigate and embrace the pandemonium of storming Area 51, and dive into the history of the facility.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** The case of Hare Krishna devotee Charles St Denis, who disappeared in 1983.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.05 AM **Gardeners' World**
10.20 **Pointless** Double bill.
12.20 PM **Later... with Jools Holland**
2.50 **Pointless** Quiz show.
3.50 **Gardeners' World**
5.05 **Pointless** Double bill.
7.05 **Later... with Jools Holland** With Otis Rush, Elvis Costello & the Attractions, Counting Crows, Honky and Sheila Chandra. **8.20** With Traffic, Nick Cave & The Bad Seeds, Galliano, Morphine and Cassandra Wilson.
9.35 **Gardeners' World** As winter draws on, Monty Don wraps up the tree ferns to protect them from the cold weather. **10.15** Joe Swift looks at the most efficient greenhouse heaters.
10.55 **Pointless** Double bill of the quiz show hosted by Alexander Armstrong and Richard Osman.
12.55 AM **Later... with Jools Holland**
2.10 **Gardeners' World**
3.20 **Pointless**
4.55 **Gardeners' World**
5.25 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Love the Way You Lie**
9.00 **American Monster**
11.00 **Deadline: Crime with Tamron Hall** Double bill of editions.
1.00 PM **Broken Trust**
3.00 **Dead Reckoning**
5.00 **Bride Killa**
6.00 **Til Death Do Us Part**
7.00 **The Murder Tapes** An unknown shooter who went on a killing spree in Arizona. **8.00** How a seemingly typical missing persons case took a stunning turn when family and friends gave very different portraits of a missing divorcée.
9.00 **Does Murder Sleep?** The case of 61-year-old Wendy DiRodio, who was murdered in her home.
10.00 **No One Can Hear You Scream**
11.00 **Born Evil: The Serial Killer & the Saviour** Documentary.
12.00 M'T **Scene of the Crime with Tony Harris** Double bill.
2.00 AM **Bride Killa**
3.00 **Til Death Do Us Part**
4.00 **to 6.00** AM **The Murder Tapes**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** Richard decides to compete at an NEC show.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry continues his colossal Australian ride.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Poison** As 3.50am.
8.30 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
10.20 **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min)
12.20 PM **Exhibiting Forgiveness**
2.30 **Your Monster** As 5.25am.
4.20 **Beetlejuice Beetlejuice** Horror comedy sequel. (2024, 12, 105min) ★★★★
6.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★

10.20 Escape from the 21st...

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Exhibiting Forgiveness Drama starring André Holland and John Earl Jelks. An artist's rise to success is scuppered by a visit from his estranged father. (2024, 15, 117min)

12.05 AM **The Front Room** Horror thriller starring Brandy Norwood. (2024, 15, 94min)
1.50 **A Different Man** Psychological thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★
3.50 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
5.25 **to 7.10** AM **Your Monster** Comedy with Melissa Barrera. (2024, 15, 104min) ★★★★

Sky Cinema Hits

303 303 403 503 517

6.05 AM **Cleaner** (2025, 15) ★★★
7.50 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★
10.00 **Along Came Polly** Comedy. (2003, 12, 90min) ★★★
11.40 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
2.10 PM **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
4.00 **The Fast and the Furious**
6.00 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★

9.50 Anyone But You

8.00 Trap Director M Night Shyamalan's thriller starring Josh Hartnett. A serial killer attempts to evade a police blockade while attending a concert with his daughter. With Ariel Donoghue. (2024, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Anyone But You Romantic comedy with Sydney Sweeney and Glen Powell. After a first date, a duo's attraction turns chilly, until they are reunited at a wedding. (2023, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Goodfellas** Martin Scorsese's epic gangster drama. (1990, 18, 143min) ★★★★★
2.25 AM **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
4.20 **Sky Cinema Preview**
5.15 **to 6.55** AM **Johnny English** Comedy with Rowan Atkinson. (2002, PG, 88min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.45 AM **Anatomy of a Murder**
9.25 **The Color Purple** Musical drama. (2023, 12, 141min) ★★★
11.50 **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★
1.45 PM **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
3.35 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★

6.35 **My First Summer** Drama. (2020, 15, 80min) ★★★
8.00 **Bob Marley: One Love** Biographical drama starring Kingsley Ben-Adir. The story of how reggae icon Bob Marley overcame adversity, and the journey behind his revolutionary music. (2023, 12, 104min) ★★★
9.55 **Five Easy Pieces** Cult drama starring Jack Nicholson as a self-tormenting middle-class drifter. With Karen Black. (1970, 15, 98min) ★★★★★

11.45 **Anatomy of a Murder** Vintage courtroom drama starring James Stewart and Lee Remick. (1959, b/w, 12, 160min) ★★★★★
2.35 AM **Chuck Chuck Baby** Drama starring Louise Brealey. (2023, 15, 101min) ★★★★
4.25 **to 7.30** AM **Meet Joe Black**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **The Purge: Election Year**
8.40 **The Cinema List: Star Trek**
9.00 **King Kong** Peter Jackson's monster movie remake. (2005, 12, 187min) ★★★★
12.15 PM **Annabelle** Horror thriller. (2014, 15, 97min) ★★
2.05 **The Nun II** Horror sequel. (2023, 15, 110min) ★★
4.05 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★

5.55 **Back to the Future** Time-travel comedy fantasy starring Michael J Fox and Christopher Lloyd. A teenager is sent back in time to 1955 and must ensure that his future parents fall in love. (1985, PG, 115min) ★★★★★
8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine, Zachary Quinto and Idris Elba. (2016, 12, 122min) ★★★★
10.10 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★★

12.15 AM **The Purge: Election Year** Horror sequel starring Frank Grillo. (2016, 15, 108min) ★★★
2.10 **Thanksgiving** Horror thriller. (2023, 18, 106min) ★★★
4.05 **to 6.05** AM **Omni Loop** Sci-fi drama with Mary-Louise Parker. (2024, 12, 112min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

7.00 AM **Charlie and the Chocolate Factory** (2005, PG) ★★★★
9.00 **Spy Kids** (2001, U) ★★★★
10.40 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
12.30 PM **Spy Kids 3: Game Over** Action comedy sequel. (2003, U, 84min) ★★★
2.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
4.00 **Barbie** Fantasy comedy. (2023, 12, 114min) ★★★★
6.00 **Pan** Fantasy. (2015, PG) ★★★

8.00 Jack the Giant Slayer

8.00 Jack the Giant Slayer Fairy-tale fantasy starring Nicholas Hoult and Eleanor Tomlinson. A young farmboy scales a giant beanstalk to rescue a stranded princess – and encounters a race of sky-dwelling giants. (2013, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Snow White and the Huntsman Fantasy adventure starring Kristen Stewart, Chris Hemsworth and Charlize Theron. (2012, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Huntsman: Winter's War** Fantasy adventure starring Chris Hemsworth. (2016, 12, 114min) ★★★
2.10 **The Portable Door** Fantasy adventure starring Christoph Waltz and Sam Neill. (2023, PG, 130min) ★★★
4.15 **to 6.20** AM **The Voyagers** Italian fantasy. Subtitled. (2022, PG, 90min) ★★★

Sky Cinema Action

307 307 407 507 521

6.30 AM **Seeking Justice** (2011)
8.20 **Once Upon a Time in China II**
10.20 **Game of Death** Thriller. (1978, 18, 82min) ★★★
12.05 PM **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
2.00 **Charlie's Angels: Full Throttle** Comedy thriller sequel. (2003, 12, 106min) ★★
4.10 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
5.50 **Mission: Impossible II** Thriller sequel. (2000, 15) ★★★

4.10 Arcadian

8.00 Mission: Impossible III Action thriller with Tom Cruise, Philip Seymour Hoffman and Michelle Monaghan. Secret agent Ethan Hunt tries to free his kidnapped wife from the clutches of an international arms dealer. (2005, 12, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

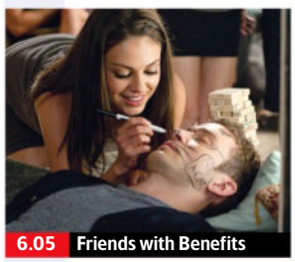
10.10 Mad Max: Fury Road Sci-fi thriller starring Tom Hardy. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's five brides. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Seeking Justice** Thriller. (2011, 15, 104min) ★★
2.05 **Zu: Warriors from the Magic Mountain** Action fantasy. (1982, PG, 95min) ★★★★
3.50 **Once Upon a Time in China II** Martial arts adventure sequel. (1991, 15, 120min) ★★★
5.55 **to 7.45** AM **Game of Death**

Sky Cinema Comedy

308 308 408 508 522

6.55 AM **Kiss Me, Stupid** (1964)
9.10 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
11.15 **The Invention of Lying** Comedy. (2009, 12) ★★★★
1.00 PM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
2.40 **The Brits Are Coming** (2018)
4.25 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
6.05 **Friends with Benefits** Comedy with Justin Timberlake. (2011, 15, 105min) ★★★



6.05 Friends with Benefits

8.00 Being John Malkovich Surreal comedy starring John Cusack, Cameron Diaz and Catherine Keener. A frustrated puppeteer turned filing clerk finds a portal into the mind of actor John Malkovich. (1999, 15, 112min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Naked Gun Spoof police thriller starring Leslie Nielsen. LA's most inept detective foils an assassination attempt on Queen Elizabeth II. (1988, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 The Brits Are Coming Crime caper. (2018, 15, 90min) ★
1.20 AM **Kiss Me, Stupid** Billy Wilder's outrageous comedy. (1964, b/w, PG, 124min) ★★★
3.35 **A Shot in the Dark** Comedy. (1964, PG, 98min) ★★★★
5.25 **to 7.00** AM **A Night at the Roxbury** Comedy spin-off. (1998, 15, 82min) ★

Sky Cinema Thriller

309 309 409 509 523

7.40 AM **K-19: The Widowmaker**
10.05 **Barber** As shown at 2.25am.
11.40 **The Island** Sci-fi thriller. (2005, 12, 136min) ★★★
2.00 PM **Jason Bourne** Thriller. (2016, 12, 123min) ★★★
4.10 **The Big Heat** Director Fritz Lang's classic gangster thriller. (1953, b/w, 15, 90min) ★★★★
5.45 **State of Play** Political thriller starring Russell Crowe, Ben Affleck and Rachel McAdams. (2009, 12, 127min) ★★★★

10.00 Law Abiding Citizen

8.00 Ocean's Eight Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett, Mindy Kaling and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **K-19: The Widowmaker** Cold War thriller with Harrison Ford and Liam Neeson. (2002, 12, 138min) ★★★
2.25 AM **Barber** Mystery drama. (2023, 15, 90min) ★★★
4.00 **The Royal Hotel** Thriller. (2023, 18, 91min) ★★★
5.40 **to 7.10** AM **Assassin** Thriller. (2023, 15, 88min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Siege at Red River** Western. (1954, PG) ★★★
12.45 PM **The Man from Laramie** Western. (1955, U) ★★★
2.50 **Young Winston** Biopic. (1971, PG, 157min) ★★★
5.40 **Arthur's Hallowed Ground** Comedy drama starring Jimmy Jewel. (1986, PG, 71min) ★★
7.10 **Brian and Charles** Offbeat comedy starring David Earl. (2022, PG, 79min) ★★★★

9.00 The Banshees of Inisherin

Brian and Charles (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Banshees of Inisherin Black comedy starring Colin Farrell, Brendan Gleeson and Barry Keoghan. A fiddler abruptly severs ties with his lifelong friend, who goes to desperate lengths to rebuild their relationship. (2022, 15, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Armageddon** Sci-fi adventure starring Bruce Willis. An oil driller and his team of roughnecks try to intercept and destroy a giant asteroid that is on a collision course with Earth. (1998, 12, 151min) ★★★
2.20 **to 4.00** AM **P'tang, Yang, Kipperbang** Nostalgic comedy drama starring John Albasiny. (1982, PG, 76min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.00 AM **Blue Beetle** As 12.25am.
8.15 **Madame Web** Fantasy. (2024, 12, 116min) ★★★
10.15 **Superman II** Fantasy sequel. (1980, PG, 127min) ★★★
12.25 PM **Superman III** As 10.15pm.
2.35 **Kick-Ass 2** Comic-book thriller sequel. (2013, 15, 99min) ★★★
4.20 **Venom: The Last Dance** Fantasy adventure starring Tom Hardy. (2024, 15, 110min) ★★★

6.20 **Hancock** Action comedy fantasy starring Will Smith. (2008, 12, 92min) ★★★
8.00 **Shazam!** Comedy adventure starring Zachary Levi and Mark Strong. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. (2019, 12, 132min) ★★★★
10.15 **Superman III** Fantasy adventure sequel starring Christopher Reeve and Richard Pryor. (1983, PG, 123min) ★★★

12.25 AM **Blue Beetle** Fantasy adventure with Xolo Maridueña and Bruna Marquezine. (2023, 12, 127min) ★★★★
2.35 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★
4.40 **to 6.30** AM **Kick-Ass 2** (2013)

Sky Cinema Greats

304 304 404 504 518

6.10 AM **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
8.00 **Young at Heart** As 4.50am.
10.00 **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
12.10 PM **A League of Their Own** Comedy drama starring Tom Hanks and Geena Davis. (1992, PG, 124min) ★★★★
2.20 **Field of Dreams** As 12.15am.

4.15 **Breakfast at Tiffany's** Vintage romantic comedy. (1961, PG, 106min) ★★★★★
6.15 **Love Story** Romantic melodrama starring Ali MacGraw and Ryan O'Neal. (1970, PG, 100min) ★★★★
8.00 **The Great Gatsby** F Scott Fitzgerald's melancholy tale starring Robert Redford and Mia Farrow. (1974, 12, 146min) ★★★
10.25 **Footloose** Teen dance drama starring Kevin Bacon and Lori Singer. (1984, 12, 107min) ★★★

12.15 AM **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
2.05 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★
4.00 **Sky Cinema Preview**
4.50 **to 6.55** AM **Young at Heart** Musical. (1954, U, 117min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.25 AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG, 78min) ★★★★.
7.55 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
9.25 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
11.00 **Extinct** As shown at 8.55pm.
12.35 PM **Trolls Band Together** Animated musical sequel. (2023, U, 91min) ★★★

2.15 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
4.00 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
5.45 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
7.20 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
8.55 **Extinct** Animated adventure. (2021, U, 84min) ★★★
10.25 **The Inventor** Animation. (2023, PG, 100min) ★★★

12.10 AM **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
1.35 **Batman: Return of the...**
3.00 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.30 **Little Vampire** (2020, PG) ★★★
5.55 **to 7.30** AM **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★

Movies 24

312 313 419

7.00 AM **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
9.00 **3 Bed, 2 Bath, 1 Ghost** Supernatural romantic comedy. (2023, PG, 84min) ★★
11.00 **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
1.00 PM **Finding Love In Saint Lucia** Drama. (2023, PG, 90min) ★★
3.00 **Heartstrings Attached** Drama. (2024, PG, 90min) ★★

5.00 **Romantic Rewrite** Romantic comedy. (2022, PG, 82min) ★★
7.00 **Hidden Gems** Romantic comedy starring Hunter King. (2022, PG, 85min) ★★
9.00 **The Royal We** Romantic comedy starring Mallory Jansen and Charlie Carrick. A princess who has abandoned her royal position faces the prospect of an arranged marriage. (2025, PG, 84min) ★★
11.00 **A Match in Manhattan** Drama. (2024, PG, 90min) ★★

1.00 AM **My Dreams of You** Romantic drama starring Cecilia Lee. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **The Love Issue** Drama with Alicia Dea Josipovic. (2023, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Sherlock Holmes** (S1)
6.35 **No Lady** Comedy directed by and starring Lupino Lane. (1931, b/w, U, 72min) ★★★
8.00 **The Girl in the Picture** Mystery. (1956, b/w, U, 63min) ★★
9.15 **The Butler's Dilemma** Comedy. (1943, b/w, U, 85min) ★★★
10.45 **The Deep Blue Sea** Drama. (1955, b/w, PG, 100min) ★★★
12.45 PM **The Punching Preacher**

1.20 **The Shillingbury Blowers** Comedy. (1979, PG, 95min) ★★
3.00 **Crown Court** Triple bill.
4.30 **What's On TPTV with Noel**
4.40 **Cactus Flower** Romantic comedy with Walter Matthau. (1969, PG, 103min) ★★★
6.45 **Look at Life**
6.55 **Those British Faces**
7.30 **The Cheaters** 2/27. (S2)
8.00 **The Brothers** 13/13. (S6)
9.05 **Travelling Man** 6/7. (S2)
10.10 **The Blue Lagoon** Romantic adventure. (1980, 15, 101min) ★

12.20 AM **A Kiss Before Dying** Thriller starring Robert Wagner. (1956, 12, 89min) ★★★
2.15 **Harrison's Flowers** Drama. (2000, 15, 130min) ★★★
4.45 **The Mysterious Mr Davis** Comedy. (1939, b/w, U) ★★★
5.55 **to 6.00** AM **Cinebox Memories**

THURSDAY Sport 12 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans**
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the second day of the ICC World Test Championship final at Lord's in London. The last time these two sides met in a Test match was at the end of a three-match series in January 2023, as Australia completed a 2-0 series victory at home. The Baggy Greens had won the first two matches of the series before the final game ended in a draw in a rain-affected affair.
12.30 PM **LIVE US Open Golf** Coverage of day one of the Major from Oakmont Country Club in Oakmont and Plum. When this venue last hosted the tournament in 2016, the opening day's play was blighted by heavy rain. American Andrew Landry, who was ranked 624th in the world, held the lead on three-under while still having one hole left to complete, while then-amateur Scottie Scheffler was the leader in the clubhouse at one-under.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **PL Retro** Bournemouth v Liverpool from 2016/17.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights**
8.00 **Gary Neville's Soccerbox** The presented talks to Paul Scholes. **8.30** With Robbie Fowler.
9.00 **The Fall and Rise of Leeds United** A look back at the relegations, points deductions, and heartbreak suffered by Leeds.
10.00 **Class of '92: Full Time** Another departure in the dugout sends shockwaves through the club, and Salford begin the hunt for their fourth manager of the season.
11.00 **Premier League Icons** A profile of Fernando Torres. **11.30** A profile of Gareth Bale.
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.00 **EFL Cup** The 2017 final.
11.00 **EFL** Championship play-off finals.
2.00 PM **Best Goals: EFL Cup 24/25**
2.30 **EFL Trophy Football**
3.00 **EFL Greatest Games**
4.00 **EFL Cup** Manchester United v Southampton in the 2017 final.
5.00 **Best Scottish Premiership Goals 2024/25** A look at the finest strikes of the season.
5.30 **SPFL** A look back on one of the most dramatic final days in the history of Scottish football.
6.30 **LIVE Baller League** Coverage of the final night of the UK-based version of the six-a-side football league staged at Copper Box Arena in London, with the top four teams competing to be crowned winners.
10.00 **EFL Greatest Games**
10.30 **Celtic: Another Season in Paradise** A review of Celtic's title-winning 2024/25 Scottish Premiership campaign.
11.00 **EFL** West Ham United v Blackpool in the 2011/12 Championship play-off final.
12.00 M'T **to 6.00** AM **SPFL Highlights**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **One-Day International Cricket** England v West Indies.
7.00 **Test Cricket** Australia v S Africa.
8.00 **One-Day International Cricket**
9.00 **Test Cricket** Australia v S Africa.
10.00 **LIVE Test Cricket Australia v South Africa.** The second day of the ICC World Test Championship final staged at Lord's in London.
6.15 PM **LIVE Vitality T20 Blast Cricket Essex Eagles v Glamorgan.** Coverage of the South Group match at the County Ground in Chelmsford. The Eagles came out on top in this meeting last year thanks to a two-wicket victory in an exciting match at this venue. Glamorgan made 166-8 in their innings with Colin Ingram leading the way with 52 from 29 balls, before Essex chased down their target with eight balls to spare.
9.45 **Best of ICC WT20**
10.00 **Ashes Greats** Archive action.
10.30 **Test Cricket** Australia v S Africa.
11.30 **Women's One-Day International Cricket**
12.30 AM **Best of ICC WT20**
1.00 **Test Cricket** Australia v S Africa.
2.00 **Vitality T20 Blast Cricket**
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **PGA Tour: The Cut**
6.30 **HotelPlanner Tour Golf Highlights** Recent action.
7.00 **US Open Official Films**
10.00 **PGA Tour** Highlights.
10.30 **HotelPlanner Tour Golf**
11.00 **McGinley & Chamblee at the US Open** A preview of the action ahead of the 125th edition of the US Open Championship.
12.30 PM **LIVE US Open** Coverage of day one of the Major, at Oakmont Country Club in Oakmont and Plum, Pennsylvania. When this venue last hosted the tournament in 2016, the opening day was blighted by heavy rain.
12.00 M'T **HotelPlanner Tour Golf**
12.30 AM **PGA Tour Champions Learning Centre**
1.00 **US Open Official Films**
2.00 **US Open** The opening day.
3.00 **US Open Official Films**
4.00 **US Open** Day one.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **ATP Tour This Week**
6.30 **Tennis** Miami Open review.
8.00 **WTA & ATP Tennis**
12.00 M'T **Tennis** Dubai Championships.
2.00 AM **Billie Jean King: My Story**
2.15 **Martina Navratilova: Unstoppable** An interview.
2.30 **ATP Sizzle Reel 2024**
2.45 **WTA Sizzle Reel 2024**
3.00 **US Open Classic Matches**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Gallagher Premiership Rugby Union** The semi-finals.
8.00 **French Open Tennis**
10.00 **Premier League Stories**
10.30 **LIVE AFL St Kilda Saints v Western Bulldogs.** Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **10.30am**.
1.30 PM **TNT Sports Reload**
1.45 **O Arise, All You Sons**
2.45 **LIVE T20 Cricket Ireland v West Indies.** Coverage of the opening T20 in the three-match series from Bready Cricket Ground in Magheramason, County Tyrone, Northern Ireland.
6.45 **TNT Sports Cricket Reload**
7.00 **AFL** Saints v Bulldogs.
8.30 **MotoGP Highlights**
9.30 **Fight Week** UFC 316 review.
10.00 **MLB Plays of the Week**
10.30 **MLB Highlights**
11.30 **LIVE MLB Baltimore Orioles v Detroit Tigers.** Coverage of the American League match from Camden Yards. Start-time **11.35pm**.
2.45 AM **MLB Plays of the Week**
3.15 **NBA Action** Highlights.
3.45 **Ally's Social Club**
4.30 **to 6.00** AM **WRC: More Than Machine**

TNT Sports 2

411 414 522 409 431

6.00 AM **Classic Premier League**
7.30 **IFSC Climbing World Cup**
8.30 **SailGP Highlights**
9.30 **Cycling** Criterium du Dauphine.
10.30 **MotoGP Highlights**
11.30 **TNT Sports Reload**
12.00 NOON **LIVE FIA World Endurance Championship** Coverage of the third free practice session of the 24 Hours of Le Mans.
2.00 PM **MLB Highlights**
3.00 **NBA** Game three of the finals.
4.30 **French Open Tennis**
6.30 **MotoGP Rewind**
6.45 **LIVE FIA World Endurance Championship** Coverage of the hyperpole session ahead of the 24 Hours of Le Mans.
8.45 **TNT Sports Reload**
9.00 **LIVE FIA World Endurance Championship** Coverage of the fourth free practice session ahead of the 24 Hours of Le Mans.
11.00 **WRC Review** Recent action.
12.00 M'T **UEFA Champions League Magazine** News and updates.
1.00 AM **UEFA Champions League – Stories of the Finals**
2.00 **Men's Cycling** Highlights.
4.00 **NBA** Game three of the finals.
5.30 **to 6.00** AM **NBA Action**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **PDC Classics**
8.00 **The Rugby Championship**
10.00 **Darts Gold** Colin Lloyd v John Part in the 2005 Matchplay final. **10.15** Michael van Gerwen v Raymond van Barneveld in 2012. **10.30** Phil Taylor v John Part. **10.45** Phil Taylor v Michael van Gerwen from 2013. **11.00** Colin Lloyd v John Part.
11.15 **World Cup of Darts** The 2023 semi-finals and final.
2.30 PM **World Cup of Darts** The 2024 semi-finals and final.
6.00 **LIVE World Cup of Darts** Coverage of the opening day of the tournament at Eissporthalle, Frankfurt, which will see a total of 40 teams compete for the title won by England last year. The first two days of competition will see 36 teams divided into 12 groups of three for a round-robin format, as they bid to earn a place in the second round alongside the top four seeded teams who receive an automatic bye to the knockout stage.
11.00 **Darts Gold** Archive action.
12.00 M'T **The Rugby Championship**
4.00 AM **PDC Classics** Highlights.
5.00 **to 6.00** AM **Darts Gold**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans** News and views on today's stories.
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **Sports Centre**
6.30 **World Cup: One Year Out** Preview of the 2026 World Cup.
7.00 **Sky Sports News**
8.00 **LIVE LPGA Tour Golf** Coverage of the opening day of the Meijer LPGA Classic, staged at Blythefield Country Club in Belmont, Michigan. American Lilia Vu made an astonishing return from a three-month injury layoff to claim the title at this event last year after beating Grace Kim and Lexi Thompson in a play-off, which at the time extended Thompson's five-year wait for a tournament victory.
11.00 **Sky Sports News**
12.00 M'T **Super League** Wigan Warriors v Warrington Wolves. **2.45** AM A replay of Castleford Tigers v Wakefield Trinity.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Test Cricket** Australia v S Africa.
8.00 **PGA Tour Champions**
9.00 **PGA Tour Golf** Canadian Open.
10.00 **Test Cricket** Australia v S Africa.
11.00 **PGA Tour Champions**
12.00 NOON **Formula 1**
1.00 PM **Test Cricket** Highlights.
2.00 **My Icon** Sporting influences.
2.30 **LIVE Ladies European Tour Golf** Coverage of day one of the Hulencourt Women's Open.
5.30 **EFL Greatest Games**
6.30 **LIVE Baller League** The final night of the UK-based version of the six-a-side football league.
10.00 **EFL Greatest Games**
11.00 **Fight Night** Chelli v Simpson.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
2.00 **Test Cricket** Australia v S Africa.
3.00 **EFL Greatest Games**
4.00 **US Open Official Films**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **Motocross World Championship** From Kegums.
9.00 **UEFA Champions League**
1.30 PM **Cycling** Recent action.
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage from the men's fifth stage, a 182.6km route from Saint-Priest to Macon.
4.30 **Sign Up – Into Football**
5.00 **NBA Action** Highlights.
5.30 **MLB Plays of the Week** A look at the most exciting recent plays.
6.00 **LIVE MLB Minnesota Twins v Texas Rangers.** Coverage of the American League match from Target Field. Start-time **6.10pm**.
9.15 **Sign Up – Into Football**
9.45 **MotoGP Rewind**
10.00 **Cycling** Recent action.
12.00 M'T **T20 Cricket Highlights**
1.00 AM **French Open Tennis**
3.00 **TNT Sports Reload**
3.30 **AFL** Another chance to see St Kilda Saints v Western Bulldogs.
5.00 **to 6.00** AM **Men's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **One Day International Cricket** Ireland v West Indies.
9.00 **NWSL** Recent action.
11.00 **Playing for Our Future: Football**
11.30 **Reframe the Game** Carol Glenn.
11.45 **WRC Review** Recent action.
12.45 PM **British Speedway**
1.45 **LIVE Cycling: Tour of Switzerland** The women's first stage, a 96.4km route in Gstaad.
4.45 **TNT Sports Reload**
5.15 **Crouchy and Cole**
5.45 **Kenny Allstar's Number 1's**
6.00 **LIVE Powerlifting World Classic Championship** The women's 69kg and men's 93kg events in Chemnitz, Germany.
9.00 **Ultimate Pool** Pairs Cup.
10.30 **TNT Sports Reload**
11.00 **AFL** Saints v Bulldogs.
12.30 AM **Fight Week** UFC 316.
1.00 **UFC Connected**
1.30 **Motocross World Championship**
4.30 **Fight Week** UFC 316 review.
5.00 **to 6.00** AM **SailGP Highlights**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **Transworld Sport** Magazine.
8.00 **PSA Squash Highlights**
9.00 **Motorsport** Drew Gibson.
10.00 **URC in 60** The semi-finals.
11.00 **Top 14 Rugby Union Highlights**
11.30 **DTM Highlights**
12.30 PM **Africa Eco Race**
1.30 **NASCAR Highlights**
2.30 **URC in 60** The semi-finals.
3.30 **Top 14 Rugby Union Highlights**
4.00 **Motorsport** Drew Gibson.
5.00 **Women's Football Weekly**
5.30 **UK Independent Kart Racing**
7.00 **PSA Squash Highlights**
8.00 **DTM Highlights** In Zandvoort.
9.00 **Indy Autonomous Challenge**
10.00 **URC in 60** The semi-finals.
11.00 **NASCAR Highlights**
12.00 M'T **World Surf League**
1.00 AM **Transworld Sport** Magazine.
2.00 **PSA Squash Highlights**
3.00 **DTM Highlights**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **Copa Del Rey** This year's final.
10.00 **CONMEBOL World Cup Qualifiers** Argentina v Colombia.
12.00 NOON **CONMEBOL World Cup Qualifiers** Brazil v Paraguay.
2.00 PM **FastZone** Motorsports action.
2.30 **GP Confidential** F1 news.
3.00 **NHL Ice Hockey** Another chance to see a play-off match.
5.00 **Temples of Sport** Iconic sporting venues from around the globe.
5.30 **CONMEBOL World Cup Qualifiers** Argentina v Colombia.
7.30 **GP Confidential** F1 news.
8.00 **CONMEBOL World Cup Qualifiers** Brazil v Paraguay.
10.00 **FastZone** Motorsports action.
10.30 **Bike World** Magazine.
11.00 **NHL Ice Hockey**
1.00 AM **LIVE NHL Ice Hockey** Coverage of a play-off match.
4.00 **FastZone** Motorsports action.
4.30 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Tonight**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Canada.
1.15 PM **Formula 1** The Canadian Grand Prix from 2023 and 2024.
5.55 **F1 Explained: Driver Cooling**
6.00 **Formula 1** Spanish Grand Prix. **7.00** Canadian Grand Prix.
8.00 **F1 Drivers Press Conference**
8.40 **F1 Explained: Driver Extraction**
8.45 **Formula 1** Canadian Grand Prix.
9.45 **F1 Drivers Press Conference**
10.25 **Villeneuve's Perfect Lap**
10.30 **Formula 1** Spanish Grand Prix.
11.30 **F1 Drivers Press Conference**
12.10 AM **Yuki Tsunoda at Red Bull**
12.15 **Formula 1** Canadian Grand Prix.
1.15 **F1 Explained: Driving Style**
1.20 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

13 June

Evening Planner

Comedy

Not Going Out

BBC1, 9pm (times vary) (box set, iPlayer)

The sitcom returns for a 14th series and Lee and Lucy, now empty nesters, decide it's time to move up the property ladder.

Comedy Drama

Anora

Sky Premiere, 10pm

Mikey Madison (right) won an Oscar for her role as a New York lap dancer who marries the son of a Russian oligarch.

OnDemand

tv+

Echo Valley

Available today

Julianne Moore stars as a mother who takes extreme measures to protect her drug addict daughter in this thriller.

OnDemand

Paramount+

Here After

Available today

Horror starring Connie Britton as a woman whose daughter starts displaying sinister behaviour after an accident.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Would I Lie... †	8.30 Alison...	9.00 Not Going Out	9.30 The Power of...	10.00 News; Local News	
	102 BBC2	7.00 Grand Tours of...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Hidden Treasures of the National Trust		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Sam Thompson's Match Ball Mission...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Millionaire Hoarders		9.00 Celebrity Gogglebox		10.00 Open House: The Great Sex...	
	105 5	7.00 Sardinia: Jewel of the Med		8.00 Cruising with Susan Calman		9.00 Kate			
	106 SKY SHOWCASE	7.00 The Simpsons				9.00 And Just Like That		10.00 The F1 Show	
ENTERTAINMENT	115 BBC3	7.00 Zog	7.30 Film: The Secret Life of Pets 2			9.00 Paranormal: The Village That Saw Aliens			
	116 BBC4	7.00 TOTP: 1998		8.00 TOTP: 1985	8.30 TOTP: 1984	9.00 Tom Jones at the BBC		9.55 Tom Jones: In Concert 1971	
	118 ITV2	7.00 Deal or No Deal		8.00 Million Dollar Listing: LA		9.00 Love Island		10.05 Family Guy	
	136 MORE4	‹ 6.55 Car S.O.S.		7.55 Kirstie and Phil's Love It or List It		9.00 The Sommerdahl Murders			
	135 E4	7.00 The Simpsons		8.00 Below Deck Down Under		9.00 Film: American Pie 2			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	‹ 6.45 Billions		7.55 Game of Thrones		9.00 Mare of Easttown		10.05 The Undoing	
	110 U&GOLD	7.00 Dad's Army	7.40 Gavin & Stacey			9.00 Still Open All Hours	9.40 Harry Enfield and...	10.20 Absolutely Fabulous	
	111 U&DAVE	7.00 Would I Lie to You?		8.20 Richard Osman's...		9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
	120 ITV4	7.00 Cycling: Critérium du Dauphiné...		8.00 Beat the Chasers – Celebrity Special		9.00 Film: Jurassic Park			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 Whose Line Is It Anyway? USA	
	139 SKY SCI-FI	7.00 Blood & Treasure		8.00 Stargate Atlantis		9.00 Grimm		10.00 The Walking Dead	
	113 SKY MAX	7.00 Stargate SG-1		8.00 Rob Beckett's Smart TV		9.00 Peacemaker		10.00 Film: Borat Subsequent Moviefilm	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Death in Paradise					
	130 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Dolly Parton: Song by Song		9.00 Opry Live		10.00 Classic Artists: Jethro Tull	
	132 U&W	7.00 999 Rescue Squad		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush: White Water		9.00 Expedition Files		10.00 Blowing Up History	
	162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Ocean with David Attenborough			9.45 OceanXplorers		10.30 Back to the...
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strangest Things		9.00 Rome's Bloodiest Dynasty: Caesar's...		10.00 UFOs: The Lost Evidence	
	155 U&YESTERDAY	7.00 Great American Railroad Journeys		8.00 Warbird Workshop		9.00 Porridge			
	121 SKY DOCS	7.00 100 Foot Wave		8.00 Flight 149: Hostage of War				10.00 I Am Johnny Cash	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.55 Exhibiting Forgiveness		8.00 Venom: The Last Dance				10.00 Anora	
	302 SUPERHEROES	‹ 5.50 Spider-Man 2		8.00 Spider-Man 3					10.25 Superman IV...
	303 HITS	7.05 The Godfather Part III						10.00 GoodFellas	
	304 GREATS	‹ 5.25 Scent of a Woman		8.00 Schindler's List					
	305 ANIMATION	7.15 The Angry Birds Movie 2				8.55 Sneaks			10.35 Open...
	306 FANTASY	‹ 6.15 The Lord of the Rings: The Two Towers					9.15 The Lord of the Rings: The Return of the King		
	307 ACTION	‹ 5.45 Mission: Impossible III		8.00 Twister				10.00 Bad Boys: Ride or Die	
	308 COMEDY	‹ 6.10 See No Evil, Hear No Evil		8.00 Girls Trip				10.10 The Naked Gun 2½: The Smell...	
	309 THRILLER	‹ 6.20 Poker Face		8.00 The Da Vinci Code					10.35 The Dry
	310 DRAMA	‹ 6.20 Lady Bird		8.05 8 Mile				10.05 Anora	
	311 SCI-FI	‹ 6.05 Back to the Future Part II		8.00 Interstellar					
	313 FILM4	‹ 6.40 Hunter Killer				9.00 Three Billboards Outside Ebbing, Missouri			
SPORT	401 MAIN EVENT	‹ 12.30 US Open Golf – Live: Coverage of day two of the Major							
	402 PREMIER LEAGUE	7.00 Premier League Highlights		8.00 Gary Neville's Soccerbox		9.00 Champions Show: Liverpool		10.00 Class of '92: Full Time	
	403 FOOTBALL	‹ 6.30 Championship Retro			8.30 EFL Trophy...	9.00 EFL Greatest Games		10.00 EFL Cup	
	404 CRICKET	‹ 6.55 Vitality T20 Blast Cricket – Live: Gloucestershire v Somerset						10.00 Ashes Greats	10.30 Test Cricket
	410 TNT SPORTS 1	‹ 6.30 FIM Speedway Grand Prix – Live: Coverage from the fourth round of the season						10.00 Men's Cycling World Tour	
	411 TNT SPORTS 2	7.00 MLB – Live: Chicago Cubs v Pittsburgh Pirates (Start-time 7.20)							10.15 NBA

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition Eric Knowles hosts the show from an antiques fair in Exeter. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Under the Vines** New episode 4/6. Tippy, Gus and Daisy try to get Louis back on track. (S1) (S)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Creating a Japanese and UK fusion garden in Bristol. (S)
4.30 **Bridge of Lies** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 The Power of Parker

7 PM

7.00 **The One Show** Clara Amfo and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Kat and Alfie have a big decision to make, Patrick makes a grand gesture, while Joel shows Tommy a video. (S)(AD)

8 PM

8.00 **Would I Lie to You?** With panellists Richard Osman, Steph McGovern, Jennifer Saunders and Joe Sugg. (S)(R)
8.30 **Alison Hammond's Big Weekend** New edition 5/6. With Lenny Henry. (S)(AD)
■ Entire series on BBC iPlayer

9 PM

9.00 **NEW SERIES Not Going Out** *House Move:* 1/6. Lee and Lucy make plans to move house. *See feature, page 4.* (S14) (S)(AD)
■ Entire series on BBC iPlayer
9.30 **The Power of Parker** New episode 3/6. (S2) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **St Denis Medical** New episode *Weird Stuff You Can't Explain:* 3/18. The staff's superstitions draw Ron's ire, while Joyce is forced to fire the chaplain. (S1) (S)(AD)
■ Entire series on BBC iPlayer
11.00 **St Denis Medical** New episode 4/18. Alex angers the hospital's resident 'Mean Girl' nurse, Rene. Ron leaves an angry note on a car that parked too close to his driver's side door. (S1) (S)(AD)
11.25 **FILM Superbad** Teen comedy starring Jonah Hill, Michael Cera and Christopher Mintz-Plasse. (S) (AD) (2007, 15, 105min) ★★★★
1.10 AM **Weather for the Week Ahead**
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Anna Haugh's Big Irish Food Tour** (S)(R)
8.30 **Sign Zone: Great Continental Railway Journeys** (S)(R)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **LIVE Tennis: Queen's** The HSBC Championships: Coverage of day five of the women's grass-court tournament at Queen's Club, featuring the quarter-finals. (S)
6.00 **Richard Osman's House of Games** Michael Buerk, Kate Humble, Glenn Moore and Thanyia Moore take part. (S)(R)
6.30 **Clive Myrie's Italian Road Trip** 15/15. Clive tracks down the best Prosecco in the world. (S)(R)

9.00 Hidden Treasures of the...

7 PM

7.00 **Grand Tours of Scotland's Rivers** 6/6. Paul Murton travels along the River Ayr. (S)(R)
7.30 **Beechgrove Garden** New edition George Anderson and Calum Clunie show how to earth up potato stalks. (S)

8 PM

8.00 **Gardeners' World** New edition Monty Don, Adam Frost, Rachel de Thame, Arit Anderson and Ashley Edwards visit Birmingham for the series' annual live event. Nick Bailey reveals his show garden designed to make every meter matter. (S)

9 PM

9.00 **Hidden Treasures of the National Trust** New edition 5/6. A work of art from the home of architect Erno Goldfinger undergoes conservation work, and hidden messages from an old master are found at Upton House. (S)

10 PM

10.00 **Inside No. 9** *CTRL/ALT/ESC:* 4/6. Jason, Lynne and their two daughters try out their local escape room, The Killer's Lair. (S9) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **FILM The Last Black Man in San Francisco** Drama starring Jimmie Fails. A young man yearns to reclaim a sense of belonging in his native San Francisco. (S) (2019, 15, 115min) ★★★★
12.55 AM **Sign Zone: Who Do You Think You Are?** 7/8. Will Young researches his ancestry. (S)(R)(AD)
1.55 **Sign Zone: Lockerbie – Our Story** Documentary. (S)(R)(AD)
2.55 **Sign Zone: Death Valley** (S)(R)
3.40 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Gary Barlow's Food and Wine Tour: Australia** New edition Gary is joined by Ronan Keating. (S)
3.00 **Riddiculous for Soccer Aid** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point for Soccer Aid** Liv Cooke, Lee Juggurnauth and Jeff Brazier take part. (S)(R)
5.00 **The Chase for Soccer Aid** Dermot O'Leary, Lynsey Hipgrave, Kyle Walker and Alex Brooke take on one of the Chasers. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Sam Thompson's Match Ball...

7 PM

7.30 **Emmerdale** Joe is quick to accuse Billy, Clemmie's phone goes missing, while Cain and Tracy try to blame each other. (S)(AD)

8 PM

8.00 **Coronation Street** Lou incenses Maria by turning up at the Platts' barbecue uninvited, Betsy secretly pays a visit to someone in prison, while Sally arrives home to find Tim looking after Joanie and Shanice. (S)(AD)

9 PM

9.00 **NEW Sam Thompson's Match Ball Mission for Soccer Aid** The reality star embarks on a 260-mile challenge to deliver the Soccer Aid match ball from Stamford Bridge in London to Old Trafford in Manchester. (S)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Who Wants to Be a Millionaire? For Soccer Aid** Jeremy Clarkson is joined by comedians Eddie Izzard and Omid Djalili. (S)(R)
11.40 **Heathrow: Britain's Busiest Airport** Terminal 4 turns blue, airside officer Hugh has a potential environmental mess on his hands, and an octogenarian forces herself into the country. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Deal or No Deal for Soccer Aid** With Alex Brooker. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Katie Piper's Weekend Escape** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 7-10/26. (S8) (S)(R)
8.10 **The King of Queens** (S)(R)(AD)
9.10 **Frasier** 10-13/24. (S1) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Los Angeles. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Help! We Bought a Village** (S)(R)
1.10 **Find It, Fix It, Flog It** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Narrow Escapes** Paul and Anthony get a helping hand with the big move to their new boat. (S)(R)(AD)
5.00 **Chateau DIY** Poor weather means Tim and Sasha must find a back-up plan to salvage a couple's big day. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** Gite owners Mark and Lesley take flight with an idea over the Normandy beaches. (S)(R)

11.05 Ghost Rider

7 PM

7.00 **News** (S)

8 PM

8.00 **Millionaire Hoarders** New edition In Faversham, Kent, two siblings seek a cash injection for their ancestral home, and a woman in Margate wants to liquidate her hoard of possessions to restore a once-grand hotel. (S)(AD)

9 PM

9.00 **Celebrity Gogglebox** New edition Some of Britain's best-known personalities turn their hand to being the country's most opinionated viewers, sharing their views on what they have been watching during the week. (S)(AD)

10 PM

10.00 **Open House: The Great Sex Experiment** New edition 6/8. One half of a gay couple seeks to explore his possible bisexual tendencies, while a man with erectile concerns wonders whether an orgy might help. (S)(AD)
11.05 **FILM Ghost Rider** Comic-book adventure starring Nicolas Cage. (S) (2006, 12, 125min) ★★★
1.10 AM **FILM Not Okay** Comedy drama. (2022, 15, 105min) ★★★★
2.55 **NEW Iris Prize Festival Shorts** *Rage Consumes Me.* (S)(AD)
3.05 **NEW Iris Prize Festival Shorts** *Miss Temperance.* (S)(AD)
3.20 **Travel Man: 48 Hours in Washington, DC** (S)(SL)(R)(AD)
3.45 **to 6.00** AM **Come Dine with Me**

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley and Guests** (S)
12.30 PM **Vanessa** (S)
1.35 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **The Stepsister** Thriller starring Annika Foster. (S) (2022, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** New edition Novice bar owners Dan and Charlotte host a 'fish-and-quiz' night, but having only ever cooked at home, the pressure is on. (S)
5.00 **News** (S)
6.00 **Dogs Behaving (Very) Badly** Graeme Hall helps to train three dogs that go overboard in protecting their home. (S)(R)
6.55 **News** (S)

8.00 Cruising with Susan Calman

7.00 NEW **Sardinia: Jewel of the Med** Exploring the Italian island, its countless historic sites and a conservation project to save the Sardinian Red Deer. (S)
7.55 **News** (S)

8.00 **Cruising with Susan Calman** New edition Part two of two. The presenter tours the town of Napier in a vintage car before visiting Tauranga, where she explores Te Puia's geysers and Maori culture. (S)

9.00 **Kate** A profile of the Princess of Wales, featuring first-hand testimonies from those who know her best to chart her rise from girl-next-door to future Queen after her marriage to Prince William. With never-before-seen access to those in her inner circle, this programme gets up close and personal to provide a definitive account and unique insight into the real Kate. (S)(R)

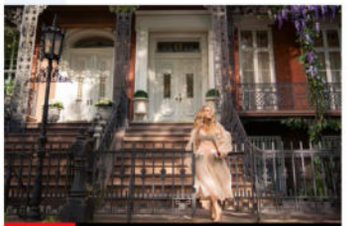
12.05 AM **Million Pound Motorhomes** An author goes on a research trip. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S6) (S)(R)(AD)
3.50 **10 Years Younger: Quick Tricks** Uncovering the truth about vanity labelling. (S)(R)
4.40 **The Wonderful World of Chocolate** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate SG-1** (S9) (S)(R)
11.00 **Ireland's Wild Islands with Eoin Warner** (S)(R)
12.00 NOON **The Flash** (S8) (S)(R)
1.00 PM **Hawaii Five-0** (S7) (S)(R)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 17/21. (S3) (S)(R)(AD)
5.00 **The Simpsons** *Postcards from the Wedge:* Bart plays his parents off against each other. (S)(R) **5.30** *The Great Wife Hope:* Marge campaigns against a combat sport. (S)(R)
6.00 **The Office (US)** 12/26. Jim hopes an Employee of the Month award will raise spirits. (S)(R) **6.30** 13/26. Andy's gifts to Erin prove unsuccessful. (S6) (S)(R)



9.00 And Just Like That...

7.00 **The Simpsons** *Stealing First Base:* Bart decides to steal a kiss from his crush at school. (S)(R) **7.30** *American History X-Cellent:* Police discover a set of stolen paintings at Mr Burns' home. (S)(R)

8.00 **The Simpsons** *Chief of Hearts:* Homer strikes up an unlikely friendship with Chief Wiggum. (S)(R) **8.30** *The Squirt and the Whale:* Lisa becomes emotionally attached to a beached whale. (S)(R)

9.00 **And Just Like That...** New episode 3/12. *Sex and the City* revival catching up with the lives of Carrie, Charlotte and Miranda. Stars Sarah Jessica Parker, Kristin Davis and Cynthia Nixon. (S3)

10.00 **The F1 Show** A look ahead to the Canadian Grand Prix, the 10th round of the season, held at Circuit Gilles-Villeneuve in Montreal.

11.00 **Sex and the City** 1/20. Carrie's first date with Jack Berger approaches. (S)(R) **11.40** 2/20. Miranda's video recorder becomes her new boyfriend. (S6) (S)(R)
12.15 AM **The Force: Manchester** (R)
1.10 **Brit Cops: Rapid Response** (R)
2.05 **Road Wars** (S)(R)(AD)
3.00 **SEAL Team** (S1) (S)(R)(AD)
4.00 **S.W.A.T.** 17/21. (S3) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00-8.30pm Landward (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.30pm Suzie Lee's Great Food Made Simple New edition (S) **8.00-8.30pm** EastEnders (S)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
8.00-8.30pm Best of Weatherman Walking New edition (S) **9.00-10.00** NEW Ruth and Steve: From Merthyr with Love (S) **10.40** NEW SERIES Not Going Out (S)(AD) **11.10** The Power of Parker New episode (S)(AD) **11.40** St Denis Medical New episodes (S)(AD) **12.25-1.10am** Celebrity Bridge of Lies (S)(R)

BBC1 North/Yorkshire & Lincolnshire
Sky 954/955, Freesat 954/955
8.00-8.30pm NEW Holiday Parks Exposed (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cais Quinnell **12.30** Heno **1.00** Y Ci Perffaith **1.30** Cymry ar Gynfas **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Trysorau'r Teulu **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Rhondda **6.30** Ralïo: Pencampwriaeth Rali'r Byd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Fets **8.55** Newyddion a'r Tywydd **9.00** Ar Led New edition **9.25** Y Llinell Las (AD) **10.25-11.30pm** Gogglebocs Cymru

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Zog** Animated adventure with the voices of Hugh Skinner and Tracey Ullman.
7.25 **The Catch Up**
7.30 FILM **The Secret Life of Pets 2** Animated sequel featuring the voice of Patton Oswalt. Max the terrier encounters canine-intolerant cows and hostile foxes when he visits the countryside. (2019, U, 86min) ★★★
8.50 **Press X on the BBC**
9.00 **Paranormal: The Village That Saw Aliens** 1/4. Sian Eleri examines the biggest mass UFO sighting in Britain. **9.30** 2/4. Sian heads to the hilltop Haven Fort Hotel. **10.00** 3/4. Sian's mind is blown to discover reports of hundreds of UFO sightings. **10.30** 4/4. Sian makes a startling discovery.
11.00 **Glow Up: Britain's Next Make-Up Star**
12.00 M'T **I Kissed a Boy**
12.55 AM **Top Gear**
1.55 **to 3.55** AM **Paranormal: The Village That Saw Aliens**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring Lighthouse Family, Steps, Janet Jackson and All Saints. **7.30** Performances by Robbie Williams, Clock, Lighthouse Family and Oasis.
8.00 **TOTP: 1985** Featuring Bruce Springsteen, Sister Sledge, Madonna, Billy Ocean and Marillion.
8.30 **TOTP: 1984** Featuring The Art Company, The Smiths and Scritti Politti.
9.00 **Tom Jones at the BBC** A celebration of the singer's performances at the BBC.
9.55 **Tom Jones: In Concert 1971** A performance by the singer, featuring appearances by the Treorchy Male Choir and The Blossoms.
10.50 **Tom Jones at Glastonbury** The singer's performance on the Pyramid Stage in 2009.
11.50 **Tom Jones' 1950s: The Decade That Made Me**
12.50 AM **Rolling Stones: Licked Live in NYC**
1.50 **to 4.00** AM **George Michael: Live in London**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
10.25 **A New Life in the Sun**
11.25 **Heir Hunters**
12.30 PM **Come Dine with Me** Five editions of the culinary contest from Devon.
3.10 **Four in a Bed** Five editions of the B&B challenge.
5.50 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up a 1994 Vauxhall Cavalier Turbo. **6.55** Tim and Fuzz are taking on their 100th car and their first electric conversion – a 1978 MG.
7.55 **Kirstie and Phil's Love It or List It** Phil Spencer and Kirstie Allsopp advise doctors Kathleen and Tom, who are divided about their three-bedroom Victorian sem in Newcastle.
9.00 NEW SERIES **The Sommerdahl Murders** 1/8. Return of the Danish crime drama starring Peter Mygind. A famous guitarist is murdered while visiting his parents' graves. Meanwhile, Detective Dan Sommerdahl hopes to mend his troubled marriage. Subtitled. (S2)
11.00 **24 Hours in A&E** A 54-year-old man is involved in a cycling accident and an 87-year-old has chest pains.
12.05 AM **999: On the Front Line** Medical documentary.
1.05 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Simpsons**
10.00 **Young Sheldon**
11.00 **Modern Family**
12.30 PM **The Big Bang Theory**
2.00 **Young Sheldon**
3.00 **Modern Family**
4.00 **The Simpsons**
5.00 **The Big Bang Theory**
6.30 **The Simpsons** Triple bill of the animated comedy.
8.00 **Below Deck Down Under** New edition Chaos ensues when charter guests become entangled in each other's dietary preferences.
9.00 FILM **American Pie 2** Teen comedy sequel starring Jason Biggs and Shannon Elizabeth. Four friends rent a lakeside house for the summer, and one decides he needs some sexual experience before the visit of a Czech exchange student. With Alyson Hannigan. (2001, 15, 106min) ★★★
11.00 **Naked Attraction**
12.05 AM **The Big Bang Theory**
1.00 **Brooklyn Nine-Nine**
2.00 **The Goldbergs**
2.55 **Modern Family**
3.25 **Below Deck Down Under**
4.15 **Ramsay's Kitchen Nightmares USA**
5.10 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Road Wars**
7.00 **Brit Cops: Law & Disorder**
8.00 **Border Patrol** Double bill.
9.00 **Border Security: Canada's Front Line** Double bill.
10.00 **Bondi Rescue** Double bill.
11.00 **Stop, Search, Seize**
12.00 NOON **The Good Doctor** (S5)
1.00 PM **FBI** 14/19. (S2)
2.00 **FBI: Most Wanted** 4/14. Barnes goes on a mission. (S1)
3.00 **Caught on Dashcam**
5.00 **Caught Red Handed**
6.30 **Nothing to Declare**

10.00 Chicago PD

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Chicago Med New episode *Family Matters:* 7/22. The tension between Archer and Lenox comes to a head. (S10)

9 PM

9.00 Chicago Fire New episode *Untouchable:* 7/22. Pascal and Severide revisit the storage facility to search for new evidence. (S13)

10 PM

10.00 Chicago PD New episode *Contrition:* 7/22. Cook takes on a tense undercover assignment. (S12)
11.00 **Bull** 6/16. (S5)
12.00 M'T **FBI** 13/15. (S3)
1.00 AM **FBI: Most Wanted** (S5)
2.00 **The Good Doctor** 10/18. (S5)
3.00 **The Cleaning Lady** 11/12. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **The Sopranos** 5&6/13. (S3)
10.10 **Billions** 1&2/12. (S7)
12.25 PM **Game of Thrones** (S5)
1.30 **The King** 5&6/8. (S1)
3.35 **The Sopranos** 5/13. Bobby 'Bacala' Baccalieri Sr comes out of retirement.
4.45 6/13. Meadow's social life at college takes a sudden turn for the worse. (S3)
5.40 **Billions** 1/12. Chuck aligns with an unlikely ally.
6.45 2/12. Chuck negotiates with a face from his past. (S7)

9.00 Mare of Easttown

7.55 Game of Thrones *Unbowed, Unbent, Unbroken:* 6/10. Jorah and Tyrion run into slavers, the Sand Snakes mount an attack and Arya continues her training. (S5)

9.00 Mare of Easttown *Fathers:* 2/7. Mare questions suspects in a grisly murder case. (S1)

10.05 The Undoing *The Bloody Truth:* 6/6. Haley walks an ethical tightrope in her defence strategy. (S1)
11.20 Homicide: Life on the Street Bayliss and Pembleton investigate the murder of a gay philanthropist. (S6)
12.15 AM **The Wire** 3/10. (S5)
1.20 **Mary & George** 3&4/7. (S1)
3.15 **Gomorrah** 5&6/12. (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S7)
8.00 **The Flash** 6/20. (S8)
9.00 **Stargate SG-1** (S9)
11.00 **Supergirl** 14/22. (S4)
12.00 NOON **The Flash** 7/20. (S8)
1.00 PM **Hawaii Five-0** (S7)
3.00 **SEAL Team** 21/22. (S1)
4.00 **S.W.A.T.** 17/21. (S3)
5.00 **Supergirl** 13/22. Manchester Black after he breaks out of prison with the help of his new team, the Elite. (S4)
6.00 **Stargate SG-1** 7/20. The crew hear reports of a System Lord living on Earth. (S9)

9.00 Peacemaker

7.00 Stargate SG-1 *Babylon:* 8/20. The crew members have an unexpected run-in with the legendary Jaffa of the Sodan. (S9)

8.00 Rob Beckett's Smart TV With Anna Maxwell-Martin, Cush Jumbo and Romesh Ranganathan.

9.00 Peacemaker *Stop Dragon My Heart Around:* 7/8. Harcourt, Murn, and Adebayo are surrounded by an alien force. (S1)

10.00 FILM Borat Subsequent Moviefilm Spoof documentary sequel starring Sacha Baron Cohen. Borat returns from Kazakhstan to America. (2020, 15, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Strike Back: Silent War**
1.00 AM **Brit Cops: Rapid Response** Documentary.
2.00 **Road Wars**
3.00 **SEAL Team** 21/22. (S1)
4.00 **S.W.A.T.** 17/21. (S3)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Olivia Meets Her Match**
9.30 **The Only Way Is Essex**
10.15 **Real Housewives of Miami**
11.10 **The Real Housewives of...**
12.10 PM **Dinner Date**
1.15 **Olivia Meets Her Match**
2.10 **The Only Way Is Essex**
3.10 **Million Dollar Listing: LA**
4.00 **Real Housewives of Miami**
5.00 **The Real Housewives of Beverly Hills** New edition
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

8.00 Million Dollar Listing: LA Flagg and Altman go head-to-head as they compete to sell their listings in Trousdale.

9.00 Love Island New edition Reality show in which singletons seeking a romance compete in the hope of finding love.

10.05 Family Guy 20/23. Meg is kidnapped while travelling across Europe.
10.35 21/23. Peter joins the Tea Party. (S10)
11.05 **Family Guy** 16/23. Stewie becomes terrified of the cover of a Queen album. (S10)
11.35 **American Dad!** 11 &5/19. (S8)
12.35 AM **Bob's Burgers** 8/22. (S13)
1.05 **Plebs** 1&2/6. (S1)
2.05 **Count Abdulla** (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.10 **Where the Heart Is**
9.15 **Agatha Christie's Poirot**
10.25 **The Royal** As 1.55am.
11.25 **Heartbeat** Double bill.
1.25 PM **Classic Emmerdale**
2.25 **Classic Coronation Street**
3.25 **Agatha Christie's Poirot**
4.30 **Downton Abbey** 1/9. Branson and Lady Mary are both ready for love again. (S5)
6.00 **Heartbeat** *A Whiter Shade of Pale:* A village newcomer is found battered to death.

4.30 Downton Abbey

7.00 Heartbeat *The War of the Roses:* An unpopular farmer is harassed by his neighbours, who want to force him out of business.

8.00 Midsomer Murders *The Point of Balance:* A touring dance show comes to Midsomer, but vicious rivalries are stirring behind the scenes with murderous results. Guest stars Nigel Havers and Christopher Timothy.

10.00 Grantchester 1/6. A man is stabbed and killed by an unseen assailant while attending a speech given by his father. (S4)
11.00 **Grantchester** 2/6. Sidney loses himself in drink. (S4)
11.55 **Cracker** 3/9. (S2)
1.00 AM **Where the Heart Is**
1.55 **The Royal** *Price of Progress:* Dr Makori gets a crash course in dealing with the locals.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Great Food Guys** Nick Nairn and Dougie Vipond cook a rack of Scottish lamb.
8.00 **Inside Central Station** The engineering team race to erect a huge new structure.
9.00 **Scotland's Game** 4/4. A look at some of the possible ways forward for Scottish football.
10.00 **Still Game** 1/9. Jack and Victor visit the local park, which has gone dangerously downhill – but Winston has a plan to improve it. (S2)
10.30 **Sacked in the Morning** New edition 7/10. With comedian Alex Horne.
11.00 PM **to 12.00** M'T **TRNSMT 2024** With Sugababes, Tom Grennan, Blossoms and Liam Gallagher.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Bored to Death** (S1)
9.15 **The Conners** (S2)
10.15 **Entourage** (S4)
11.25 **Barry** (S2&3)
12.40 PM **Eastbound & Down**
1.55 **Entourage** (S4)
3.10 **Bored to Death** (S1)
4.30 **Barry** (S2&3)
5.50 **The Office (US)** (S6)
6.45 **The Conners** (S2)
7.45 **Eastbound & Down** 5/6. Kenny abandons his plans for a comeback.
8.20 6/6. Kenny receives an offer from a professional team. (S1)
9.00 **And Just Like That...** New episode 3/12. Comedy drama. (S3)
10.00 **The Tonight Show Starring Jimmy Fallon** New edition Chat show.
11.00 **Nikki Glaser: Someday You'll Die** Stand-up.
12.10 AM **Sex and the City**
1.30 **Veep** 1&2/8. (S1)
2.50 **Hello Ladies** (S1)
4.20 **to 5.00** AM **Bored to Death**

Sky Arts

130/131 114/115 123 36 143 24 350 365

6.00 AM **André Rieu: Dancing Through the Skies**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Portrait Artist...**
1.00 PM **Tales of the...**
2.00 **Hepworth**
3.00 **The Directors**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Dolly Parton: Song by Song** Double bill.
9.00 **Opry Live** New edition With performances by Jon Pardi, Zach Top and Ashley McBryde.
10.00 **Classic Artists: Jethro Tull**
12.25 AM **Isle of Wight Festival 2024**
2.25 **The Who: Live at the Isle of Wight**
4.25 **Greatest Albums Live**
5.30 **to 6.00** AM **Music Icons**

Sky Mix

151 158 135 11 141 23

7.00 AM **Nothing to Declare**
10.00 **UK Border Force**
11.00 **Nothing to Declare**
12.00 NOON **Road Wars**
1.00 PM **Border Patrol**
2.00 **UK Border Force**
3.00 **Nothing to Declare**
4.00 **Star Trek: Enterprise**
5.00 **Stargate SG-1** (S4)
6.00 **Stargate Universe** (S1)
7.00 **Star Trek: Voyager** (S7)
8.00 **Star Trek: Deep Space Nine** *In the Hands of the Prophets:* 20/20. A religious fundamentalist criticises Keiko O'Brien. (S1)
9.00 **Forensics: Catching the Killer** The body of a 16-year-old girl is found.
10.00 **S.W.A.T.** 11/23. (S2)
11.00 **Grimm** 16/22. (S3)
12.00 M'T **Nothing to Declare**
2.00 AM **Brit Cops: War on Crime** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

7.30 AM **Unwind**
9.00 **Lingo** Double bill.
11.00 **Tipping Point**
1.00 PM **Who Wants to Be a Millionaire? Celebrity Special** Steph McGovern and Dion Dublin compete to win money for charity.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Laura Kenny and Krishnan Guru-Murthy compete in the big-prize quiz.
10.00 **Tipping Point** Double bill of the game show hosted by Ben Shephard.
11.55 **Wheel of Fortune**
12.50 **to 2.00** AM **Unwind**

+1 hour 319

GREAT! tv

157 167 170 50 48

8.00 AM **Hart to Hart** (S2)
9.00 **Diagnosis Murder**
11.00 **Father Dowling Mysteries** 3/22. (S3)
12.00 NOON **Sue Thomas: F.B.Eye** 6/19. (S3)
1.00 PM **Hart to Hart** (S2)
2.00 **Father Dowling Mysteries** 8/22. (S3)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** (S3&4)
9.00 **Randall and Hopkirk (Deceased)** *The Trouble with Women:* 23/26. Jeff and Marty investigate a crooked gambling club. (S1)
10.00 **The Avengers** *The Living Dead:* 7/24. (S5)
11.00 **The Persuaders!** (S1)
12.00 M'T **M*A*S*H** (S3&4)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **The Persuaders!** (S1)
4.00 **Highway to Heaven**
4.50 **to 5.00** AM **GREAT! Movie News Extra**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Derby Through the Years**
6.20 **The Protectors**
6.50 **The Professionals**
7.50 **Dempsey and Makepeace**
9.00 **Magnum, PI**
10.00 **Kojak**
11.05 **Giant Lobster Hunters**
12.05 PM **Dempsey and Makepeace**
1.10 **Magnum, PI**
2.10 **Kojak**
3.15 **Minder**
4.25 **The Professionals**
5.30 **British Touring Car Championship Highlights**

9.00 Jurassic Park

7.00 **Cycling: Critérium du Dauphiné Highlights** Action from stage six, a 126.7km route from Valserhône to Combloux.

8.00 **Celebrity Beat the Chasers** With Russell Kane, Matt Allwright, Dr Zoe Williams, Kaye Adams and Gyles Brandreth.

9.00 FILM **Jurassic Park** Steven Spielberg's monster thriller starring Sam Neill, Laura Dern and Jeff Goldblum. A billionaire showman creates an island leisure park populated by genetically engineered dinosaurs. (1993, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Wrestling: AEW Dynamite** Hard-hitting wrestling action, featuring Jon Moxley, Chris Jericho and Bryan Danielson.
1.30 AM **Dark Side of the Ring**
2.20 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S2)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: The Next Generation** 13/26. (S6)
2.00 **Blood & Treasure** 6/13. (S2)
3.00 **Stargate Atlantis** 4/20. (S1)
4.00 **Star Trek: Voyager** (S5)
5.00 **Star Trek: The Next Generation** 13/26. (S6)
6.00 **Star Trek: Enterprise** 24/26. Archer learns of the death of a former rival from the early days of the NY test programme. (S2)

11.00 True Blood

7.00 **Blood & Treasure** *Mystery at Poison Island:* 6/13. The team visit an abandoned bio-weapons facility in Kazakhstan. (S2)

8.00 **Stargate Atlantis** *Thirty-Eight Minutes:* 4/20. The ship is damaged and gets stuck halfway through the Stargate. (S1)

9.00 **Grimm** *Fugitive:* 1/13. Captain Renard claims power as the mayor-elect of Portland, posing a new threat to Nick. (S6)

10.00 **The Walking Dead** *The Key:* 12/16. Hilltop's leadership faces a difficult choice after the arrival of unexpected visitors. (S8)

11.00 **True Blood** 9/12. Eric's mind is altered by another spell. **12.00** M'T 10/12. Sookie manages to reverse Eric's memory loss, while Sam turns his anger on brutal alpha werewolf Marcus. (S4)
1.00 AM **Wynonna Earp** (S2&3)
3.00 **Blood & Treasure** As 7.00pm.
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S18)
9.00 **Father Brown**
10.00 **The Coroner** 10/10. (S1)
11.00 **Hudson & Rex** 12/16. (S2)
12.00 NOON **Shakespeare & Hathaway: Private Investigators** 9/10. (S2)
1.00 PM **Death in Paradise** (S11)
2.00 **Murdoch Mysteries** (S18)
4.00 **The Coroner** 10/10. (S1)
5.00 **Hudson & Rex** 12/16. (S2)
6.00 **Father Brown** *The Devil You Know:* A senior member of the police force is murdered during a bowls match.

4.00 The Coroner

7.00 **Shakespeare & Hathaway: Private Investigators** 9/10. A death threat is made at a tennis club. (S2)

8.00 **Death in Paradise** *Painkiller Thriller:* 5/9. A pop star is found dead at a rehab clinic. (S11)

9.00 **Death in Paradise** *Spot the Difference:* 5/8. A prisoner is stabbed to death while handcuffed to Richard. With Colin Salmon and Sarah Smart. **10.20** *An Unhelpful Aid:* 6/8. Fidel and Dwayne attempt to solve the murder of a diver. (S1)

11.20 **Father Brown** As 6.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators**
1.20 **Elementary** 24/24. Holmes pursues an elusive criminal as a gang war erupts. (S5)
2.25 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.20 **The Green Green Grass**
9.00 **My Hero**
9.40 **Are You Being Served?**
10.20 **Only Fools and Horses**
11.00 **Last of the Summer Wine**
12.20 PM **The Green Green Grass**
1.00 **Dad's Army**
2.20 **Only Fools and Horses**
3.00 **Are You Being Served?**
3.40 **Last of the Summer Wine**
5.00 **The Green Green Grass**
5.40 **Are You Being Served?**
6.20 **Only Fools and Horses**

5.40 Are You Being Served?

7.00 **Dad's Army** The men head off for a weekend at a training camp.
7.40 **Gavin & Stacey** Smithy goes missing, while Stacey prepares to move in with Gavin. **8.20** Smithy and Nessa visit the hospital for their first ultrasound scan.

9.00 **Still Open All Hours** Madge is convinced that her house is haunted.
9.40 **Harry Enfield and Chums** The Wobbly Randy Old Ladies take a trip to the petrol station.
10.20 **Absolutely Fabulous** Edina finds herself torn between love and duty.

11.00 **Not Going Out**
11.40 **Mrs Brown's Boys**
12.20 AM **Still Open All Hours**
1.00 **Absolutely Fabulous**
1.40 **Not Going Out**
2.15 **Avoidance**
2.55 **My Hero**
3.25 **to 4.00** AM **Gavin & Stacey**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Total Wipeout: Freddie & Paddy Takeover**
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Our Guy in India**
11.00 **Rick Stein's Far Eastern...**
12.00 NOON **Storage Hunters UK**
2.00 PM **Guy's Garage**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British** The duo prepare a selection of British gourmet dishes.
6.00 **Rick Stein's Far Eastern Odyssey** The seafood chef explores Sri Lanka and Bali.

5.00 Hairy Bikers' Best of...

7.00 **Would I Lie to You?** With Jo Brand, Roisin Conaty, Paul Foot and Ray Mears. **7.40** With Lady Leshurr, Alan Titchmarsh, Philippa Perry and Mike Wozniak.
8.20 **Richard Osman's House of Games** Guests include Radzi Chinyanganya and Darren Harriott.

9.00 **QI XL** Nabil Abdulrashid, Bill Bailey and Victoria Coren Mitchell join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Romesh Ranganathan hosts the satirical quiz, with Lemn Sissay and Jo Brand.
11.00 **8 Out of 10 Cats** With Gemma Collins, Jordan Stephens, Fin Taylor and Harriet Kemsley.
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **QI XL** As 9.00pm.
2.55 **to 4.00** AM **Richard Osman's House of Games**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Chateau DIY**
11.00 **Help! We Bought a Village** Documentary.
12.00 NOON **A Place in the Sun** From Lake Garda.
1.00 PM **Kirstie and Phil's Love It or List It: Brilliant Builds**
1.30 **Narrow Escapes**
2.30 **Chateau DIY**
3.30 **Come Dine with Me**
6.00 **Location, Location, Location** Double bill.
8.00 **Britain's Most Expensive Houses** A £10 million Hertfordshire property.
9.00 **24 Hours in A&E**
10.00 **Sky Coppers**
11.05 **Celebrity Gogglebox**
12.05 AM **Gogglebox**
1.10 **Taskmaster**
2.15 **Open House: The Great Sex Experiment**
3.20 **Millionaire Hoarders**
4.15 **to 4.45** AM **Travel Man: 48 Hours in Rotterdam**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Murder, She Wrote**
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Yankee White:* 1/23. First episode. The team investigate when a senior officer dies on the president's plane. **7.00** *Hung Out to Dry:* 2/23. A US Marine dies during a parachute training exercise. **8.00** *Seadog:* 3/23. The team make an alarming discovery while investigating the death of a sailor. (S1)
9.00 **Person of Interest** *Baby Blue:* 17/23. The Machine directs Finch to an abandoned six-month-old girl. **10.00** *Identity Crisis:* 18/23. Carter gains further insight into Reese's secret life. (S1)
11.00 **Law & Order: Special Victims Unit** (S12&24)
2.45 AM **The Good Wife**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Car Pound Cops**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Nightmare Tenants, Slum Landlords**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A woman who has been involved in a car crash.
9.00 FILM **Immortals** Epic action adventure starring Henry Cavill and Mickey Rourke. (2011, 15, 110min) ★★★
11.20 FILM **Outbreak** Thriller starring Dustin Hoffman, Rene Russo, Morgan Freeman and Donald Sutherland. (1995, 15, 128min) ★★★
2.05 AM **Skin A&E**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Traffic Cops**
10.15 **Police Interceptors**
11.20 FILM **Day of Anger** Western with Lee Van Cleef and Walter Rilla. (1967, 15, 95min) ★★
1.25 PM FILM **The Sons of Katie Elder** Western drama starring John Wayne and Dean Martin. (1965, U, 122min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
9.00 **Police: Suspect No 1** An innocent bystander is critically injured during a street brawl in Grimsby.
10.00 **The Motorway**
11.00 **Yellowstone** Series finale 10/10. (S4)
12.05 AM FILM **Wake of Death** Action drama starring Jean-Claude Van Damme. (2004, 18, 86min) ★★★
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.25 **Simply Nigella**
8.00 **Tipping Point**
11.00 **Nick Knowles' Better Homes** Double bill.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **999 Rescue Squad**
8.00 **Inside the Ambulance: Coast and Country**
9.00 **999 Rescue Squad** In Bradford, a minibus carrying children with additional needs collides with a stolen car. **10.00** A student captures his father's mountain bike accident on camera.
11.00 **Coupling** Triple bill.
1.00 AM **Louis Theroux's Forbidden America** Florida's rap scene.
2.00 **to 3.00** AM **The Weakest Link**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
7.50 **Pie in the Sky**
8.50 **Doctors**
9.25 **Holby City**
10.20 **Classic Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Pie in the Sky**
3.00 **Hamish Macbeth**
4.10 **Lovejoy**
5.25 **Keeping Up Appearances**
6.00 **Birds of a Feather**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Hammer of God:* A man is killed at the unveiling of a new church clock. **9.00** *The Flying Stars:* Suspicion grows about an accidental drowning.
10.00 **New Tricks**
11.20 **Bergerac**
12.35 AM **Darby and Joan**
1.35 **Rebus** *The First Stone.*
3.00 **to 4.00** AM **Holby City**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really
142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Antiques Road Trip** Double bill.
9.00 **Yorkshire Air 999** New edition The crew race against time to help an 11-year-old boy badly injured in a car crash.
10.00 **Helicopter ER** A man is badly hurt on his first bike ride in 60 years. **11.00** Medics tend to a rider who has suffered a cardiac arrest in the woods.
12.00 M'T **Celebrity Help! My House Is Haunted** Double bill of editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge
145 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Bob's Full House**
10.40 **Richard Osman's House of Games**
12.00 NOON **Classic Who Wants to Be a Millionaire?** Quiz show.
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Classic Who Wants to Be a Millionaire?**
5.00 **The Bidding Room**
6.00 **Bob's Full House**
6.40 **Richard Osman's House of Games**
8.00 **The Chase** Double bill of the quiz show.
10.00 **All Star Family Fortunes** Kyran Bracken and Sammy Winward compete for charity.
10.40 **Richard Osman's House of Games**
12.00 M'T **Weakest Link**
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

GREAT! action
323 319 426 42 33

8.10 AM **Wild West...**
9.20 **FILM Seminole Uprising** Western. (1955, PG, 74min) ★
11.00 **The High Chaparral**
12.00 NOON **Wanted: Dead or Alive** Double bill.
1.00 PM **FILM Silverado** Western. (1985, PG, 132min) ★★★
3.50 **FILM Battle of Rogue River** Western. (1954, PG, 90min) ★★
5.20 **FILM Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
7.00 **The High Chaparral**
8.00 **FILM The Unforgiven** Western. (1960, PG, 125min) ★★★
10.30 **FILM Den of Thieves** Crime thriller. (2018, 15, 137min) ★★★
1.25 AM **FILM Stonados** Sci-fi disaster movie. (2013, PG, 90min) ★
3.10 **to 5.00** AM **Wild West Chronicles**
+1 hour 324 319

GREAT! movies
321 318 425 34 32

9.00 AM **Heathrow: Britain's Busiest Airport**
10.00 **FILM Time of Death** Thriller. (2013, PG) ★★
12.00 NOON **Inside Paddington Station**
1.00 PM **FILM Killer Night Shift** Crime thriller. (2018, 15, 81min) ★★
2.55 **FILM Live Once, Die Twice** Thriller. (2006, 12, 120min) ★★
5.00 **FILM Lost Letter Mysteries: To the Altar** Crime drama. (2018, PG, 90min) ★★
7.00 **Sue Thomas: F.B.Eye**
9.00 **FILM Con Air** Thriller with Nicolas Cage. (1997, 18, 115min) ★★★★
11.35 **FILM Waterloo** Historical drama. (1970, U, 132min) ★★★
2.20 AM **Coast Guard Alaska**
3.30 **Air Rescue**
4.00 **to 6.00** AM **FILM The Black Widow Killer** Thriller. (2018, 12) ★
+1 hour 322 318

GREAT! romance
319 317 424 52 47

8.00 AM **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
10.05 **FILM A Christmas Break** Drama. (2020, PG) ★★
12.05 PM **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
2.00 **FILM Christmas on the River** Romantic comedy. (2019, PG, 88min) ★★
4.00 **FILM Hope at Christmas** Drama. (2018, PG) ★★
6.00 **FILM The Last Christmas Home** Drama. (2018, PG, 76min) ★★
8.00 **FILM Forever Christmas** Comedy. (2018, PG) ★★
10.00 **FILM Christmas on Mistletoe Lake** Drama. (2022, PG, 87min) ★★
11.55 **FILM The Christmas Chalet** Romantic drama. (2019, PG, 90min) ★★
2.00 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Christmas on the River** Comedy. (2019, PG) ★★
+1 hour 320 317 63

Rewind TV
182 92 150

6.00 AM **Highlights**
11.00 **Doctor in the House**
11.30 **The Monkees** (S1)
12.00 NOON **Married...**
12.30 PM **In Loving Memory**
1.00 **Please Sir!** 12/14. (S3)
1.30 **You're Only Young Twice**
2.00 **Brass** 3/13. (S2)
2.30 **Haggard** 1/7. (S2)
3.00 **Bramwell** 3/7. (S1)
4.00 **Stereo Underground**
5.00 **Worzel Gummidge Down Under** (S2)
5.30 **The Monkees** (S1)
6.00 **Watching** 5/11. (S5)
6.30 **Thick as Thieves** (S1)
7.00 **Brass** 3/13. (S2)
7.30 **Haggard** 1/7. (S2)
8.00 **In Loving Memory** (S3)
8.30 **You're Only Young Twice**
9.00 **Please Sir!** 12/14. (S3)
9.30 **Soap** 13/25. (S1)
10.00 **Thick as Thieves** (S1)
10.30 **Married... With Children**
11.00 **Doctor in the House**
11.30 **Lucky Feller**
12.00 M'T **Bramwell** (S1)
1.00 **to 6.00** AM **Highlights**

DMAX
159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Building Alaska**
11.00 **Building Off the Grid**
1.00 PM **Alaska: The Last Frontier** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Severe weather causes issues for the crew, as they battle 40ft waves, hurricane-force winds, icebergs and injuries.
9.00 **Junkyard Empire** A beat-up Chevy truck rolls into the yard. **10.00** Andy gives Bobby the keys to his Cooper to flip, but this Mini has major issues.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Building Alaska**
+1 hour 259 369 153

Food Network
140/141 154 190 43 148 39

6.00 AM **Secrets of the...**
6.30 **Nadiya's Simple Spices**
7.00 **Barefoot Contessa**
8.00 **Delicious Miss Brown**
8.30 **Girl Meets Farm**
9.00 **Rick's Food Heroes: Another Helping**
10.00 **John Torode's Ireland**
11.00 **Great British Bake Off**
1.00 PM **Secrets of the Curry Kitchen**
1.30 **Nadiya's Simple Spices**
2.00 **James Martin's Brittany**
3.00 **Barefoot Contessa**
4.00 **Delicious Miss Brown**
4.30 **Girl Meets Farm**
5.00 **Rick's Food Heroes: Another Helping**
6.00 **John Torode's Ireland**
7.00 **Great British Bake Off**
9.00 **Mary Berry Cooks**
10.00 **City Bakes**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Restaurant: Impossible**
+1 hour 240/241 154

Legend
148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 5/22. (S6)
9.00 **The Fall Guy** 4/23. (S1)
10.00 **Knight Rider** 17/24. (S2)
11.00 **FILM Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★
1.00 PM **FILM The Gambler** Musical drama. (1980, PG, 95min) ★★★
3.00 **FILM The Ride to Hangman's Tree** Western. (1966, U) ★★
5.00 **Star Trek** 29/30. (S1)
6.00 **Knight Rider** 18/24. (S2)
7.00 **The Fall Guy** 5/23. (S1)
8.00 **Walker, Texas Ranger**
9.00 **FILM Virtuosity** Sci-fi thriller. (1995, 15, 103min) ★★★
11.05 **FILM Deathwatch** Horror thriller. (2002, 15, 95min) ★★★
1.00 AM **FILM The Flock** Crime thriller. (2007, 18, 105min) ★★★★
3.05 **to 5.00** AM **FILM Stake Land** Horror. (2010, 15, 98min) ★★★★

Legend Xtra
317 316 171 69 138 51

6.00 AM **Category 7: The End of the World**
8.00 **FILM Arctic Apocalypse** Disaster movie. (2019, PG, 90min) ★
10.00 **The Lost World** (S1)
11.00 **Category 7: The End of the World**
1.00 PM **FILM The Fabulous Journey to the Centre of the Earth** Adventure. (1978, PG, 87min) ★★
3.00 **The Lost World** (S1)
4.00 **The A-Team** 22/23. (S2)
5.00 **Category 7: The End of the World**
7.00 **The Lost World** (S2)
8.00 **The A-Team** 23/23. (S2)
9.00 **FILM The Hunted** Thriller with Harry Hamlin and Mädchen Amick. (1998, 15, 92min) ★★
11.10 **FILM Beyond the Law** Thriller starring DMX. (2019, 15, 89min) ★
1.00 **to 3.00** AM **FILM American Siege** Thriller. (2021, 15, 91min) ★★
+1 hour 318 316 371 139

Blaze
164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers**
7.30 **Auction Hunters**
7.55 **Storage Wars**
8.55 **Hardcore Pawn**
10.15 **Alien Files: Unsealed**
11.10 **Bermuda Triangle...**
12.10 PM **What on Earth?**
1.05 **Pawn Stars**
2.05 **Canadian Pickers** New edition
3.05 **Storage Wars**
4.00 **Ancient Aliens**
6.00 **Alien Files: Unsealed**
7.00 **Canadian Pickers**
8.00 **Dickinson's Real Deal**
9.00 **Bermuda Triangle: Into Cursed Waters**
10.00 **Weird Britain**
11.00 **The UnXplained**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Alien Files: Unsealed**
2.00 **Ancient Aliens**
3.45 **Wicked Tuna**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT
153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Documentary.
10.00 **Tales from the Riverbank** River Wye.
11.00 **Ben Fogle: New Lives in the Wild** From Panama.
12.00 NOON **The Highland Vet**
1.00 PM **The Yorkshire Vet**
3.00 **Murder, She Wrote**
4.00 **Columbo**
5.20 **Entertainment News**
5.30 **Walking Victorian Britain** Birmingham.
6.00 **Inside the Tower of London** Documentary.
7.00 **Susan Calman's Grand Day Out** From Cheshire.
8.00 **Ben Fogle: New Lives in the Wild** A former carpenter living on a private island in Iceland.
9.00 **Dalgliesh** 5&6/6. (S1)
11.00 **Prisoner: Cell Block H**
1.00 AM **Happy Campers: The Caravan Park**
3.00 **Tales from the Riverbank** River Wye.
3.50 **to 4.00** AM **Entertainment News**

HGTV
158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **Love Your Garden**
3.00 **Fantasy Homes by the Sea** Jurassic Coast.
4.00 **Escape to the Country**
6.00 **Great British Bake Off**
7.00 **A Place in the Sun**
8.00 **Love Your Garden**
9.00 **My Lottery Dream Home** New editions A New York couple compromise on a home. **9.30** A couple choose from gated community stunners in Jacksonville.
10.00 **My Lottery Dream Home** Double bill.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC
133/134 139 165

7.00 AM **Extreme Couponing**
8.00 **Flip or Flop**
9.00 **Say Yes to the Dress**
11.00 **My 600lb Life**
12.00 NOON **Dr Pimple Popper** Medical series.
1.00 PM **7 Little Johnstons**
2.00 **Return to Amish**
3.00 **Little People, Big World**
5.00 **My 600lb Life**
6.00 **Dr Pimple Popper** Kaitlin has blue marks and scars due to long-term drug use.
7.00 **Dr Mercy** Tiana has mysterious growths under each of her armpits.
8.00 **My 600lb Life** Dr Now tries to fix two siblings' co-dependent eating. **10.00** A 23-year-old weighing nearly 700lbs.
12.00 M'T **Body Bizarre**
1.00 AM **I Didn't Know I Was Pregnant** Double bill.
2.00 **to 6.00** AM **My 600lb Life**
+1 hour 233/234 365

Comedy Central
112/113 135 132 345 360

8.00 AM **Home Improvement**
10.00 **Last Man Standing**
11.00 **Comedy Game Night**
12.00 NOON **The Ren & Stimpy Show** (S1)
1.00 PM **Friends** (S3)
9.00 **Michael McIntyre's Big Show** With Judge Rinder and Emma Bunton.
10.00 **Whose Line Is It Anyway? USA** New edition
10.30 **Whose Line Is It Anyway? USA**
11.00 **Key & Peele** Series finale Ray Parker Jr promotes his new greatest hits album.
11.30 **Russell Howard: Wonderbox**
1.25 AM **South Park** (S6)
2.55 **Beavis and Butt-Head**
3.10 **Reno 911!** 8/11. (S8)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra
127/128 136 154 345 360

6.00 AM **Home Improvement**
7.00 **Teleshopping**
9.00 **The Ren & Stimpy Show**
10.00 **Becker** 13&14/24. (S3)
11.00 **Friends** (S1)
1.00 PM **Criminally Funny**
2.30 **The Ren & Stimpy Show**
3.00 **Daria** 8&9/13. (S2)
4.00 **Guessable?**
5.00 **Becker** 13&14/24. (S3)
6.00 **Home Improvement**
8.00 **Last Man Standing**
9.00 **New Girl** 13&14/22. (S5)
10.00 **Friends** 11-14/24. (S2)
12.00 M'T **Al Murray Live – Barrel of Fun**
1.35 AM **Baddiel & Skinner Unplanned Live from London's West End**
2.35 **Rose Matafeo: Horndog**
3.30 **Stephen Bailey: Comedy Central Live**
3.55 **Beavis and Butt-Head**
4.05 **Becker** 14/24. (S3)
4.30 **Frank Skinner Live at Birmingham Hippodrome**
5.15 **to 6.00** AM **Home Improvement**

Sky Replay
152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **Nothing to Declare**
11.00 **Highway Cops**
12.00 NOON **Warehouse 13**
2.00 PM **The Real A&E**
3.00 **Stop, Search, Seize**
4.00 **Highway Cops**
5.00 **Border Patrol**
6.00 **The Cleaning Lady** (S3)
8.00 **Stop, Search, Seize**
9.00 **Sun, Sea and A&E**
11.00 **Chucky** *The Sinners Are Much More Fun:* 2/8. Chucky makes an appearance at the Three Amigos' new school. (S2)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own Road Trip: Dingle to Dover**
2.00 **We're Here**
3.10 **Duck Quacks Don't Echo** Lee Mack hosts.
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV
126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.25 **Teen Mom: Young & Pregnant** Reality series.
7.10 **Teen Mom OG**
8.30 **FriendZone**
9.00 **Teen Mom: Girls' Night In** Double bill.
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Catfish: Firsts**
4.00 **Catfish: The TV Show**
7.00 **Teen Mom UK**
8.00 **Help! I'm in a Secret Relationship!**
9.00 **Queerpiphany** With musician Cat Burns. **9.30** With content creator GK Barry.
10.00 **FILM Hitman** Thriller with Timothy Olyphant. (2007, 15, 100min) ★★★
12.00 M'T **MTV Unplugged**
1.00 AM **Gonzo with Jack Saunders**
2.00 **Ink Master**
2.45 **Celebrity Ex on the Beach** Reality series.
3.35 **to 4.00** AM **MTV Cribs**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Alaska: The Last Frontier**
9.00 **Barnwood Builders**
11.00 **Wheeler Dealers**
1.00 PM **Deadliest Catch**
3.00 **Gold Rush** Double bill.
5.00 **Building Off the Grid** A man tries to build a 22,000 square foot shipping container home.
6.00 **Border Control: Spain** A car hiding contraband cigarettes is stopped at a checkpoint. **6.30** A grisly arrival at Madrid Airport shocks even the most hardened Civil Guards.

9.00 Expedition Files

7.00 Wheeler Dealers After years of searching, Mike's found the ultimate 1980s hot hatch – the Renault 5 GT Turbo.

8.00 Gold Rush: White Water The crew discover a new site, The Golden Straits, igniting a frantic race for season-saving gold.

9.00 Expedition Files New edition Josh Gates investigates shocking conspiracy theories about the sinking of the *Titanic*.

10.00 Blowing Up History The construction of iconic megastructures created by bygone civilisations.

11.00 **Border Control: Spain**
12.00 M'T **Expedition Bigfoot** A witness with an experience of a family of Bigfoot.
1.00 AM **Expedition Files**
2.00 **Blowing Up History**
3.00 **Street Outlaws**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Tanked** Documentary.
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **The Zoo** Double bill.
4.00 **My Cat from Hell** Jackson Galaxy visits New York City to help a father and son.
5.00 **Animal Cops Philadelphia** A cat shelter is closed down.
6.00 **Tanked** Wayde and Brett design a tank for the San Jose Sharks hockey team.

8.00 Legends of the Wild

7.00 Pit Bulls & Parolees The team begin Operation Rhino, hoping to place a long-term shelter resident in a fantastic home.

8.00 Legends of the Wild Damian Duffy and Matt Hoffman investigate kangaroos being mauled in Victoria, Australia.

9.00 Legends of the Wild Damian Duffy and Matt Hoffman investigate a creature mutilating livestock in Ecuador.

10.00 Edge of Alaska The hidden city inside the mountain is within reach, but exploration means convincing locals for help.

11.00 **Meet the Orangutans** One of the young primate's bullying pushes limits. **11.30** It is feeding time.
12.00 M'T **Meet the Penguins**
1.00 AM **Alaska Monsters**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Colossal Machines**
9.00 **Air Crash Investigation**
12.00 NOON **NEW Lost Treasures of Rome: Women Dig History** A group of archeologists make the discovery of a century.
1.00 PM **Titanic: The Final Secret**
2.00 **Eyewitness WWII: Invasion Italy** Double bill.
4.00 **Draining the Thames: What Lies Beneath**
5.00 **Car S.O.S** A German classic.
6.00 **Nazi Megastructures** Trains used to transport prisoners to concentration camps.

9.45 OceanXplorers

7.00 Air Crash Investigation How a pilot saved the day when he lost all the engines of the aircraft after flying through a storm.

8.00 Ocean with David Attenborough Documentary exploring the planet's undersea habitats, highlighting the vital importance of these ecosystems and discovering opportunities for marine life recovery.

9.45 OceanXplorers The team follow the elusive sperm whale to its hunting grounds.

10.30 Back to the Titanic The first manned mission to the *Titanic* in nearly 15 years.

11.30 **Air Crash Investigation** Two pilots survive a crash which kills 37 passengers.
12.30 AM **Seconds from Disaster**
1.30 **To Catch a Smuggler**
2.30 **Bid & Destroy** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
6.50 **Swamp People**
7.45 **American Pickers**
8.45 **Forged in Fire**
9.35 **Dog Patrol**
10.05 **Storage Wars** Four editions.
12.00 NOON **Deep Water Salvage**
1.00 PM **The UnXplained with William Shatner**
2.00 **Digging for Britain**
4.00 **Rust Valley Restorers**
5.00 **Pawn Stars** Documentary.
6.00 **American Pickers** Mike and Danielle scour a sensory-overload attic in Detroit.

10.00 UFOs: The Lost Evidence

7.00 Forged in Fire Four bladesmiths must forge a fully functional serrated knife using steel from hand scissors.

8.00 Strangest Things Perplexing historical objects include the Jericho Head, a 9,000-year-old clay-covered artifact.

9.00 Rome's Bloodiest Dynasty: Caesar's Death to the Republic The day Julius Caesar led his army across the River Rubicon.

10.00 UFOs: The Lost Evidence A look at potential UFO inhabitation on Earth, starting with the top-secret military base Area 52.

11.00 **Sex: A Bonkers History** A look at sexual behaviour in the 20th century.
12.00 M'T **Evidence of the Unexplained** UFO sightings, terrifying abductions and other bizarre occurrences.
1.00 AM **Ultimate Mysteries**
2.00 **Royal Autopsy**
3.00 **Forged in Fire** As 7.00pm.
4.00 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Manhunt** As 4.00pm.
11.00 **War Factories**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** Josef Mengele.
5.00 **War Factories** Skoda's Czech factory, one of the biggest arms producers in Europe.
6.00 **Antiques Roadshow** Valuing rarities at Leeds Town Hall.

8.00 Warbird Workshop

7.00 Great American Railroad Journeys Michael Portillo joins the Jayhawks basketball team in Lawrence, Kansas.

8.00 Warbird Workshop Restoration expert Mark Masters and his son James rebuild a 1943 US Army Aeronca Defender.

9.00 Porridge The inmates discover there is a thief at large in the prison. **9.40** Fletch decides to sort out Godber's torrid love life, and comes up with a cunning plan. **10.20** The inmates take advantage whilst Mackay is away on holiday.

11.00 **Bangers & Cash** Dave collects a Swedish Volvo P1800S from an RAF base.
12.00 M'T **Abandoned Engineering** A look at some ruined engineering projects that have been put to alternative use.
1.00 **to 3.00** AM **Secrets of the London Underground**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Chasing Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Repair Shop**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **The Ultimate Cycling Show** New edition A comprehensive guide to bike racing.
8.00 **Shed and Buried**
9.00 **The Repair Shop** An optics expert is challenged with fixing up a well-loved telescope. **10.00** An art conservator is tasked with restoring a childhood painting.
11.00 **How Do They Do It?**
1.00 AM **Chasing Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Say Yes to the Dress: Atlanta** Double bill.
8.00 **Say Yes to the Dress**
9.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress: UK** Reality series.
11.00 **Curvy Brides Boutique**
12.00 NOON **Deadly Affairs**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **The Playboy Murders** New edition
10.00 **The Playboy Murders**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Snapped: Killer Couples** The disappearance of a businessman exposes a secret romance.
8.00 **Murder She Solved** An officer tries to track down a missing woman.
9.00 **Britain's Most Evil Killers** The case of Joanna Dennehy, who murdered three men and attacked two others.
10.00 **The Murder That Changed Britain** In 1992, Rachel Nickell was murdered on Wimbledon Common in front of her son.
11.30 **It Takes a Killer**
12.00 M'T **Murder by the Sea**
1.00 AM **Britain's Most Evil Killers** As 9.00pm.
2.00 **The Murder That Changed Britain**
3.30 **It Takes a Killer**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Close Calls: On Camera** Four editions.
11.00 **Medical Detectives**
2.00 PM **Close Calls: On Camera** Four editions.
4.00 **Medical Detectives** How cat hair helped police identify a killer. **4.30** Investigating a mass food poisoning in Oregon in 1984. **5.00** Investigating a bizarre case in which a woman was shot dead. **5.30** The disappearance of the American Atheists' founder. **6.00** A case involving a truck and an unconscious man. **6.30** Police call in forensic entomologists when the body of a woman is found in a box.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
7.00 **The Force: Manchester**
8.00 **Stop, Search, Seize**
9.00 **Highway Patrol**
10.00 **Road Wars**
11.00 **Killer in My Village**
12.00 NOON **How I Caught the Killer** Benjamin Laing.
1.00 PM **Britain's Most Evil...**
2.00 **Killing Mum and Dad**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **Killer in My Village**
6.00 **Killer Siblings**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Killer Siblings**
10.00 **The Girl on the Milk Carton** Jonelle Matthews.
12.20 AM **World's Most Evil...**
1.15 **Killer in My Village**
2.10 **Murders That Shocked the Nation** Mary Bell.
3.05 **Snapped** Susan Giglotti.
4.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Berlin: Stories of the City** Documentary.
9.45 **Mafia's Greatest Hits**
10.50 **The Stuarts**
12.00 NOON **Forgotten Allies: The Search for Burma's Lost Heroes**
1.00 PM **Mafia's Greatest Hits**
2.20 **Berlin: Stories of the City** Documentary.
3.25 **The Stuarts**
4.35 **Mafia's Greatest Hits**
5.40 **Forgotten Allies: The Search for Burma's Lost Heroes**
6.40 **Berlin: Stories of the City** Documentary.
7.50 **The Stuarts**
9.00 **Once Upon a Time in Northern Ireland**
10.10 **1945: The Savage Peace**
11.25 **Grand Tours of the Scottish Islands**
12.00 M'T **Once Upon a Time in Northern Ireland**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Vietnam War**
7.05 **Discovering: Peter Sellers**
8.00 **The Directors**
9.00 **Urban Secrets**
10.00 **Larry Kramer: In Love & Anger**
11.45 **My Icon: Nasser Hussain**
12.00 NOON **Music Box**
2.00 PM **Pantani: The Accidental Death of a Cyclist**
4.00 **The Directors**
5.00 **Discovering: Peter Sellers**
6.00 **Urban Secrets** A tour of the lesser-known sights of Brighton.
7.00 **100 Foot Wave** 2/5. A tragedy of the highest magnitude strikes Nazaré.
8.00 **Flight 149: Hostage of War** A British Airways flight held hostage in Kuwait City in 1990.
9.50 **My Icon: Leon Pryce**
10.00 **I Am Johnny Cash** A celebration of the life and career of the country singer-songwriter.
11.45 **Ibiza Narcos** 1-3/3. Triple bill.
2.45 AM **My Icon: Rachel Yankey**
3.00 **Taylor Mac's 24-Decade History of Popular Music**
5.00 **to 6.00** AM **Discovering: Peter Sellers**

Sky Nature

124/125 113/114 189 354 369

6.00 AM **Animal Senses**
7.00 **Monkey Life**
8.00 **Hope for Wildlife**
9.00 **Undiscovered Vistas**
10.00 **Surviving the Amazon**
11.00 **Ireland's Wild Islands with Eoin Warner**
12.00 NOON **Weird, Wild and Wonderful** Documentary.
1.00 PM **Monkey Life**
2.00 **Hope for Wildlife**
3.00 **Undiscovered Vistas**
4.00 **Surviving the Amazon**
5.00 **Brazil Untamed**
6.00 **Weird, Wild and Wonderful**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Rescue New Zealand**
9.00 **Survival of the Beast**
10.00 **Weird, Wild and Wonderful**
11.00 **Brazil Untamed**
12.00 M'T **Ireland's Wild Islands with Eoin Warner**
1.00 AM **Arabian Inferno**
2.00 **Wildlife Rescue New Zealand**
3.00 **Survival of the Beast**
4.00 **Hope for Wildlife**
5.00 **to 6.00** AM **Undiscovered Vistas**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging Up Britain's Past**
9.00 **UFO Files**
10.00 **Storm Stories**
11.00 **Ancient Aliens**
1.00 PM **Digging Up Britain's Past**
2.00 **UFO Files**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **Britain's Most Historic Towns**
6.00 **Lost Worlds**
7.00 **Craig Charles: UFO Conspiracies** A perplexing UFO encounter in south Wales.
8.00 **Ghost Ships** The Ghost Ship of Northumberland Strait.
9.00 **Ross Kemp: Mafia and Britain** A look into the exploits of the infamous Kray twins.
10.00 **Battle 360** A rookie platoon leader suffers his first losses.
11.00 **Secret Wars Uncovered**
12.00 M'T **Ancient Aliens**
2.00 AM **Evidence of the Unexplained**
3.00 **Strange Evidence**
4.00 **Blown Away**
5.00 **to 6.00** AM **Britain's Most Historic Towns**

Crime+Investigation

156 142 133

6.00 AM **Cold Case Files**
7.00 **Homicide Hunter**
8.00 **Interrogation Raw**
9.00 **Murdertown**
10.00 **Cruise Ship Killers**
11.00 **Imperfect Murder**
12.00 NOON **Murder By Medic**
1.00 PM **Criminal Confessions**
2.00 **Killer Britain with Dermot Murnaghan** Harry Jarvis.
3.00 **Murdertown**
4.00 **Cruise Ship Killers**
5.00 **Accident, Suicide or Murder?**
6.00 **After the First 48**
7.00 **Cold Case Files**
8.00 **Killer in Plain Sight**
9.00 **Fugitives Caught on Tape** New editions Double bill.
10.00 **Undercover: Caught on Tape** The case of Jerry Speziale.
11.00 **Fugitive Hunters: Mexico**
12.00 M'T **Murder By Medic**
1.00 AM **Fugitives Caught on Tape**
2.00 **Interrogation Cam**
3.00 **Criminal Confessions**
4.00 **Murdertown**
5.00 **to 6.00** AM **Imperfect Murder**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Secrets of the Zoo: Tampa**
9.00 **Monster Fish**
10.00 **Shark Attack Files**
11.00 **Fish Tank Kings**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Katavi: Africa's Fallen Paradise** Documentary.
3.00 **The Jungle King**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon and Siouxsie wrestle a 12ft mamba out of a drain.
7.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary.
8.00 **Africa's Hunters** A leopard defends its territory.
9.00 **The Wild Sides** An elephant matriarch leads her herd through a drought.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Deadliest**
1.00 AM **Monster Fish**
2.00 **The Incredible Dr Pol**
3.00 **Secrets of the Zoo**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **UFOs Over Phoenix**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Mysteries of the Deep**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **UFOs Over Phoenix** The sighting of mysterious lights over the city in 1997, for which officials have failed to come up with a reasonable explanation.
9.00 **Paranormal Declassified**
10.00 **How Do They Do It?**
11.00 **The 1980s: The Deadliest Decade** The case of 13-year-old Sarah Rairdon, who vanished from rural Minnesota in May 1985.
12.00 M'T **Forensic Detectives**
1.00 AM **Blowing Up History**
2.00 **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 151

9.00 AM **Gardeners' World**
9.40 **Celebrity Mastermind**
11.00 **Pointless** Double bill.
1.00 PM **Later... with Jools Holland**
3.40 **Pointless** Quiz show.
4.40 **Gardeners' World**
5.15 **Celebrity Mastermind** Val McDermid, Hannah Cockroft, Lizo Mzimba and Crissy Rock take part in the famous quiz. **5.55** Bobby Friction, Alice Roberts, Ewen MacIntosh and Simon Evans compete.
6.35 **Pointless** Double bill of the general knowledge quiz show.
8.35 **Later... with Jools Holland** Featuring Pretenders, Evan Dando, Jonathan Richman, Angélique Kidjo and more. **9.55** The host introduces performances by David Byrne, Seal, Cocteau Twins, Cracker and Ali Farka Toure.
11.15 **Gardeners' World**
11.55 **Celebrity Mastermind**
1.10 AM **Pointless** Double bill.
3.10 **Later... with Jools Holland**
5.20 **to 6.00** AM **Gardeners' World**

+1 hour 266 376

ID

154 141 166

8.00 AM **Til Death Do Us Part**
9.00 **Broken Trust**
11.00 **Dead Reckoning**
1.00 PM **Evil Lives Here: Shadows of Death** Double bill/
3.00 **The Big Swindle**
5.00 **Forbidden: Dying for Love**
7.00 **Murder in the Heartland** The case of Marshall Dent, whose body was found in a shallow grave on Native American land after an anonymous phone call. **8.00** Carol Lapaglia waited 25 years to marry the love of her life, Jack Parkes. However, just six weeks before their wedding day she found him shot dead in their living room.
9.00 **Murder Under the Friday Night Lights** In Texas, a popular high-school athlete is found dead in her bedroom.
10.00 **Seduced to Slay**
11.00 **Who the (Bleep) Did I Marry?**
12.00 M'T **Obsession: Dark Desires**
2.00 AM **Forbidden: Dying for Love**
4.00 **to 6.00** AM **Murder in the Heartland**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Extreme RVs**
7.00 **Kindig Customs**
8.00 **World's Biggest Shipbuilders**
9.00 **World's Greatest Motorcycle...**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **World's Greatest Motorcycle...**
4.00 **Holden Bros. Restos**
5.00 **Richard Hammond's Workshop** Neil agrees to help a friend with his 1930s Morris 8.
6.00 **Salvage Hunters: Classic Cars**
7.00 **Shed and Buried**
8.00 **Holden Bros. Restos**
9.00 **Car Fix** New editions
10.00 **World's Greatest Motorcycle Rides** Henry rolls into the Coral Bay area of Australia.
11.00 **Shed and Buried: Classic Cars**
12.00 M'T **Holden Bros. Restos**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Gear Dogs**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **Bookworm** As 3.50am.
9.00 **Escape from the 21st Century** Chinese fantasy. Subtitled. (2024, 15, 94min)
10.55 **The Front Room** As 2.10am.
12.35 PM **Old Guy** Action comedy. (2024, 15, 94min) ★★★
2.10 **Venom: The Last Dance**
4.05 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
5.55 **Exhibiting Forgiveness** Drama with André Holland and John Earl Jelks. (2024, 15, 117min)

10.00 Anora

8.00 Venom: The Last Dance Fantasy adventure starring Tom Hardy. Eddie Brock and partner-in-crime Venom face dangers from two worlds as the end of their symbiotic relationship grows near. With Chiwetel Ejiofor. (2024, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 PREMIERE Anora Oscar-winning comedy drama with Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. (2024, 18, 139min) ★★★★★
See review, page 22.
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Your Monster** Comedy. (2024, 15, 104min) ★★★★
2.10 **The Front Room** Horror thriller. (2024, 15, 94min)
3.50 **Bookworm** Comedy. (2024, 12, 103min) ★★★★
5.40 **to 7.00** AM **A Nice Indian Boy** Comedy. (2024, 12, 96min)

Sky Cinema Hits

303 303 403 503 517

6.55 AM **Chicago** As 4.55am.
8.55 **Anyone But You** Comedy. (2023, 15, 103min) ★★★★
10.45 **Speak No Evil** As 12.30am.
12.45 PM **The Godfather** Francis Ford Coppola's epic gangster saga starring Marlon Brando. (1971, 15, 167min) ★★★★★
3.45 **The Godfather Part II** Francis Ford Coppola's epic gangster sequel starring Al Pacino and Robert De Niro. (1974, 18, 200min) ★★★★★

12.45 The Godfather

7.05 The Godfather Part III Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman trying to put his criminal days behind him. With Diane Keaton. (1990, 15, 162min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Goodfellas Martin Scorsese's gangster drama based on the memoirs of a real-life Mafia hood. Stars Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★
2.25 **Johnny English** Comedy. (2002, PG, 88min) ★★★
3.55 **Sky Cinema Preview**
4.55 **to 6.50** AM **Chicago** Oscar-winning musical. (2002, 12, 112min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.30 AM **My First Summer** Drama. (2020, 15, 80min) ★★★
9.00 **Oslo** Drama. (2021, 15) ★★★
11.05 **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
12.50 PM **Monsoon** As 12.30am.
2.25 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
4.20 **The Sugarland Express** Steven Spielberg's comedy drama. (1974, PG, 110min) ★★★
6.20 **Lady Bird** Comedy drama starring Saoirse Ronan. (2017, 15, 94min) ★★★★★
8.05 **8 Mile** Urban drama starring Eminem and Kim Basinger. (2002, 15, 112min) ★★★
10.05 **PREMIERE Anora** Oscar-winning romantic comedy starring Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. With Mark Eydelshteyn. (2024, 18, 139min) ★★★★★
12.30 AM **Monsoon** Drama with Henry Golding and Parker Sawyers. (2019, 12, 85min) ★★★★
2.00 **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★
3.55 **to 6.00** AM **The Sons of Katie Elder** Western starring John Wayne. (1965, U, 122min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **Something in the Dirt** Sci-fi comedy drama. (2022, 15, 116min) ★★★★
8.10 **Dorian Gray** As 12.55am.
10.10 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
12.00 NOON **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
2.05 PM **Star Trek Beyond** Sci-fi. (2016, 12, 122min) ★★★★
4.15 **The Purge: Anarchy** Horror sequel. (2014, 15, 102min) ★★★
6.05 **Back to the Future Part II** Time-travel comedy adventure sequel starring Michael J Fox and Christopher Lloyd. Marty McFly is whisked into the future where he has to save his son from dire trouble. With Elisabeth Shue. (1989, PG, 107min) ★★★
8.00 **Interstellar** Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★
10.55 **Omni Loop** Sci-fi drama. (2024, 12, 112min) ★★★★
12.55 AM **Dorian Gray** Gothic horror drama. (2009, 15, 112min) ★★★
2.55 **Repo Men** Sci-fi thriller starring Jude Law. (2009, 18, 111min) ★
5.05 **to 6.55** AM **The Watched** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Fantasy

306 306 406 506 519

6.20 AM **Spy Kids** (2001, U) ★★★★
8.00 **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
9.50 **Spy Kids 3: Game Over** Action comedy. (2003, U) ★★★
11.20 **The Portable Door** Fantasy. (2023, PG, 130min) ★★★
1.20 PM **Pan** (2015, PG) ★★★
3.15 **The Lord of the Rings: The Fellowship of the Ring**
6.15 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★

3.15 The Lord of the Rings

The Lord of the Rings: The Two Towers
(film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.15 **The Lord of the Rings: The Return of the King** Epic fantasy concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga. As the forces of good and evil contend in a battle before the citadel of Minas Tirith, Frodo Baggins nears the end of his perilous quest. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
3.35 **Sky Cinema Preview**
4.20 **to 7.20** AM **The Lord of the Rings: The Two Towers**

Sky Cinema Action

307 307 407 507 521

7.45 AM **Once Upon a Time in China III** As shown at 1.55am.
9.45 **Pain & Gain** As 3.55am.
12.00 NOON **Red Right Hand**
2.00 PM **Arcadian** Dystopian thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
3.40 **Mad Max: Fury Road** Sci-fi thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
5.45 **Mission: Impossible III** Action thriller starring Tom Cruise. (2005, 12, 126min) ★★★★

8.00 Twister

8.00 **Twister** Disaster drama starring Helen Hunt and Bill Paxton as an estranged married couple of meteorologists who reunite to chase tornadoes across the American Midwest. With Jami Gertz and Cary Elwes. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
1.55 AM **Once Upon a Time in China III** Hong Kong historical adventure sequel. Subtitled. (1993, PG, 111min) ★★★
3.55 **to 6.10** AM **Pain & Gain** Dark comedy with Mark Wahlberg. (2013, 15, 124min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **LaRoy, Texas** As 11.45pm.
9.00 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
10.45 **Friends with Benefits** Comedy. (2011, 15, 105min) ★★★
12.45 PM **Being John Malkovich** Comedy. (1999, 15) ★★★★★
2.45 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
4.20 **Role Models** Comedy. (2008, 15, 99min) ★★★★
6.10 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★

10.10 The Naked Gun 2½

8.00 **Girls Trip** Comedy starring Regina Hall, Queen Latifah, Tiffany Haddish and Jada Pinkett Smith. Four old friends who have drifted apart reconnect for a wild weekend in New Orleans. (2017, 15, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Naked Gun 2½: The Smell of Fear** Police spoof sequel starring Leslie Nielsen as the world's least competent cop. With OJ Simpson. (1991, 15, 81min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.45 **LaRoy, Texas** Crime caper. (2023, 15, 112min) ★★★★
1.45 AM **A Night at the Roxbury** Spin-off comedy from US TV series *Saturday Night Live*. (1998, 15, 82min) ★
3.15 **The Pink Panther Strikes Again** Comedy. (1976, PG) ★★
5.10 **to 6.55** AM **Role Models**

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Caddo Lake** As 2.10am.
8.55 **The Cinema List: Thrillers**
9.10 **The Dry** As 10.35pm.
11.10 **State of Play** Political thriller. (2009, 12, 127min) ★★★★
1.20 PM **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★
3.15 **Assassin** As 12.35am.
4.45 **Unhinged** Psychological thriller. (2020, 15, 90min) ★★★
6.20 **Poker Face** Crime thriller. (2022, 15, 120min) ★★★

6.20 Poker Face

8.00 **The Da Vinci Code** Conspiracy thriller based on Dan Brown's novel, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the true nature of the Holy Grail while fleeing from the police and a murderous albino monk. (2006, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.35 **The Dry** Crime drama starring Eric Bana. A federal agent returns to his drought-stricken home town to attend a funeral of an old friend. (2020, 15, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Assassin** Action thriller. (2023, 15, 88min) ★★★
2.10 **Caddo Lake** Mystery thriller. (2024, 12, 99min) ★★★
4.00 **to 6.00** AM **Greedy People** Comedy with Himesh Patel. (2024, 15, 108min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Three Hours to Kill** Western. (1954, 12, 77min) ★★
12.35 PM **Broken Arrow** Western. (1950, PG, 93min) ★★★★
2.25 **The Violent Men** Western. (1955, PG, 96min) ★★★
4.20 **The Sound Barrier** Director David Lean's aviation drama. (1952, b/w, U, 109min) ★★★★
6.40 **Hunter Killer** Action thriller starring Gerard Butler. (2018, 15, 121min) ★★★

6.40 Hunter Killer

Hunter Killer
(film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Three Billboards Outside Ebbing, Missouri** Oscar-winning crime drama starring Frances McDormand and Sam Rockwell. A woman pressures the police into continuing the investigation into her daughter's murder. (2017, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Naked** Mike Leigh's drama starring David Thewlis as a bitter but unbowed traveller on an odyssey through 1990s Britain. With Lesley Sharp. (1993, 18, 132min) ★★★★
2.00 **to 3.50** AM **Locke** Thriller starring Tom Hardy and featuring the voices of Olivia Colman and Andrew Scott. (2013, 15, 85min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Superheroes

302 302 402 502 516

6.30 AM **Batman Unlimited: Monster Mayhem** As 4.00am.
8.00 **King Arthur: Legend of the Sword** Fantasy drama. (2017, 12, 126min) ★★★
10.10 **Hancock** Action comedy. (2008, 12, 92min) ★★★
11.50 **Superman IV: The Quest for Peace** As shown at 10.25pm.
1.30 PM **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
3.45 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
5.50 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
8.00 **Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2007, 12, 139min) ★★★
10.25 **Superman IV: The Quest for Peace** Fantasy adventure sequel starring Christopher Reeve. (1987, PG, 90min) ★
12.00 M'T **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
2.05 AM **Kick-Ass 2** Action thriller sequel. (2013, 15, 99min) ★★★
4.00 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
5.25 **to 6.45** AM **Batman Unlimited: Mechs vs Mutants** Animation. (2016, PG, 72min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
8.55 **It's a Wonderful Life** (1946)
11.10 **The Great Gatsby** F Scott Fitzgerald's melancholy tale. (1974, 12, 146min) ★★★
1.35 PM **Love Story** Melodrama. (1970, PG, 100min) ★★★★
3.25 **Nobody's Fool** Comedy drama starring Paul Newman. (1994, 15, 111min) ★★★★
5.25 **Scent of a Woman** As 1.15am.
8.00 **Schindler's List** Steven Spielberg's Oscar-winning historical drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
11.15 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro, Jodie Foster and Cybill Shepherd. (1976, 18, 110min) ★★★★★
1.15 AM **Scent of a Woman** Coming-of-age drama starring Al Pacino and Chris O'Donnell. (1992, 15, 157min) ★★★★
3.55 **Sky Cinema Preview**
4.55 **to 7.20** AM **It's a Wonderful Life** Frank Capra's classic fantasy. (1946, b/w, U, 125min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.30 **How to Train Your Dragon** Animated fantasy adventure. (2010, PG, 98min) ★★★★
9.15 **Madagascar: Escape 2 Africa** Animated comedy sequel. (2008, PG, 89min) ★★★
10.50 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
12.25 PM **Sneaks** As 8.55pm.
2.05 **Rango** Animated Western. (2011, PG, 103min) ★★★★
4.00 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
5.30 **The Angry Birds Movie** Animated comedy adventure. (2016, U, 97min) ★★★
7.15 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
8.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
10.35 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
12.05 AM **Little Vampire** Animation. (2020, PG, 85min) ★★★
1.35 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
3.10 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
4.35 **to 6.00** AM **Lego DC Comics Super Heroes: The Flash** Animation. (2018, U) ★★★

Movies 24

312 313 419

7.00 AM **The Best Version of Love** Comedy. (2023, PG, 86min) ★★
9.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
11.00 **Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
1.00 PM **Stepping into Love** Drama. (2023, PG, 82min) ★★
3.00 **Spring Breakthrough** Romantic drama with Morgan Bradley. (2023, PG, 90min) ★★
5.00 **Moriah's Lighthouse** Romantic comedy. (2022, PG, 84min) ★★
7.00 **The Professional Bridesmaid** Romantic drama starring Hunter King and Chandler Massey. (2023, PG, 90min) ★★
9.00 **Mystery Island: Winner Takes All** Murder mystery starring Elizabeth Henstridge and Charlie Weber. The winners of a contest compete to solve a fake murder at a luxury hotel – only for a real killing to take place. (2025, PG, 90min) ★★
11.00 **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★
1.00 AM **Styled with Love** Romantic comedy. (2022, PG, 89min) ★★
3.00 **to 5.00** AM **Love and the Radio Star** Comedy. (2022, PG) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Something in the City** Comedy. (1950, b/w, U) ★★★
7.35 **The Red House** Thriller. (1947, b/w, PG, 100min) ★★★
9.35 **They Came to a City** Fantasy. (1944, b/w, U, 78min) ★★★
11.10 **A Lifetime Ago**
11.40 **Unearthly Stranger** Chiller. (1963, b/w, PG, 90min) ★★
1.15 PM **The Kidnappers** Adventure. (1953, b/w, U, 89min) ★★★
3.00 **Ladies Who Do** Comedy. (1963, b/w, U, 85min) ★★
4.40 **It Always Rains on Sunday** Thriller. (1947, b/w, PG) ★★★★
6.30 **They Made Me a Fugitive** Thriller starring Trevor Howard. (1947, b/w, PG, 104min) ★★
8.25 **Strange But True**
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 4/12. (S3)
10.05 **Cellar Club with Caroline Munro**
10.10 **Portraits of Terror** Short film.
10.35 **Scared to Death** Horror thriller. (1946, U, 67min) ★★★
11.55 **Cellar Club with Caroline Munro**
12.00 M'T **Roadgames** Australian thriller. (1981, 15, 96min) ★★
2.05 AM **Women of the Prehistoric Planet** Sci-fi. (1966, U) ★★★
3.55 **House on Haunted Hill** Chiller. (1958, b/w, 12, 75min) ★★★
5.30 **to 6.00** AM **Time to Remember**

FRIDAY Sport 13 June

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News on today's early stories and a look at the back pages.
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the third day of the ICC World Test Championship final at Lord's in London. Australia ended a run of two consecutive Test series defeats at the hands of South Africa when the teams last met in the winter of 2022, as they won a three-match series 2-0. Before that the Proteas had won two series in a row, including a famous 2-1 series victory in Australia at the end of 2016.
12.30 PM **LIVE US Open Golf** Coverage of the second day of the Major staged at Oakmont Country Club in Oakmont and Plum, Pennsylvania. The players competing at this venue in 2016 when it last hosted the tournament endured a long second day, with half of the field still needing to begin their opening round after a rain-affected first day.
12.00 M'T **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Premier League Years**
12.00 NOON **Gary Neville's Soccerbox**
1.00 PM **PL Retro** A replay of Wigan Athletic v Arsenal from 2010.
3.00 **Premier League 100 Club**
4.00 **Premier League Icons**
5.00 **Premier League Highlights** Manchester City v Brentford. **5.30** Action from Manchester City v Brighton & Hove Albion. **6.00** Manchester City v Fulham. **6.30** Highlights from Manchester City v Ipswich Town. **7.00** Highlights from Manchester City v Newcastle United. **7.30** Manchester City v Southampton at Etihad Stadium.
8.00 **Gary Neville's Soccerbox**
9.00 **Champions Show: Liverpool** Liverpool's 2024/25 campaign.
10.00 **Class of '92: Full Time**
11.00 **Premier League Icons**
12.00 M'T **Premier League Legends**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **Premier League 100 Club**
5.30 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
10.30 **EFL** Blackpool v Cardiff City.
12.00 NOON **EFL Best Goals 2017/18**
12.30 PM **EFL Rivalries** East Midlands.
1.00 **EFL** Blackpool v Cardiff City.
2.30 **EFL Greatest Games**
4.00 **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final.
6.00 **Bundesliga: Ruhr Valley**
6.30 **Championship Retro** Leeds United v Derby County in 2019.
8.30 **EFL Trophy** Action from Sunderland v Tranmere Rovers.
9.00 **EFL Greatest Games** Highlights of Bolton Wanderers v Watford. **9.15** Action from Bolton Wanderers v Preston North End. **9.30** Sheffield United v Wolverhampton Wanderers. **9.45** Action from Nottingham Forest v Yeovil Town in 2006/07.
10.00 **EFL Cup** Manchester City v Tottenham Hotspur from 2021.
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 M'T **EFL** The 2020/21 play-offs.
3.00 AM **EFL Greatest Games**
4.00 **to 6.00** AM **Retro League One**

Sky Sports Cricket

404 404 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **Test Cricket** Australia v S Africa.
8.00 **Best of ICC WT20**
9.00 **Test Cricket** Australia v S Africa.
10.00 **LIVE Test Cricket Australia v South Africa.** Coverage of the third day of the ICC World Test Championship final from Lord's.
6.30 PM **Best of ICC WT20** England v Australia in the 2010 final.
6.45 **Ashes Greats** Adam Gilchrist's performances in 2001.
6.55 **LIVE Vitality T20 Blast Cricket Gloucestershire v Somerset.** Coverage of the South Group match staged at Seat Unique Stadium in Bristol. The hosts won this fixture last year thanks to a five-wicket victory.
10.00 **Ashes Greats** Adam Gilchrist's performances in 2001. **10.10** Glenn McGrath in 2001. **10.20** Andrew Flintoff in 2005.
10.30 **Test Cricket** Action from Australia v South Africa at Lord's.
11.30 **Best of England v Windies**
1.00 AM **Test Cricket** Highlights.
2.00 **Vitality T20 Blast Cricket**
5.05 **Best of England v Windies**
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 515 505 423 443

6.00 AM **US Open**
7.00 **In Bloom: Justin Rose Story**
8.30 **HotelPlanner Tour Golf**
9.00 **US Open** The opening day.
10.00 **Fitzpatrick: Boss of Brookline**
11.00 **PGA Tour Golf** Highlights.
11.30 **US Open** The opening day.
12.30 PM **LIVE US Open** Coverage of day two of the Major from Oakmont Country Club in Oakmont and Plum, Pennsylvania.
12.00 M'T **Ladies European Tour**
1.00 AM **US Open Official Films**
2.00 **US Open** The second day.
3.00 **US Open Official Films**
4.00 **US Open** Highlights.
5.00 **to 6.00** AM **Golf Academy**

Sky Sports Tennis

407 407 537 520 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **ATP Tennis** Halle Open final.
7.00 **ATP Tour This Week**
7.30 **WTA All Access**
8.00 **WTA & ATP Tennis**
12.00 M'T **Tennis** Indian Wells Open.
2.00 AM **Best of Jack Draper**
2.15 **Bitesize Tennis** Highlights.
3.00 **US Open Classic Matches**
4.00 **ATP Tennis** Halle Open final.
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **WTA All Access**

TNT Sports 1

410 413 521 408 430

6.00 AM **TNT Sports Reload**
6.30 **French Open Tennis**
8.30 **Premier League Stories**
9.00 **AFL** Saints v Bulldogs.
10.30 **LIVE AFL Hawthorn Hawks v Adelaide Crows.** Coverage of the match from UTAS Stadium in Launceston. Bounce-up **10.40am**.
1.30 PM **T20 Cricket Highlights**
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage from the sixth stage, a 139.1km route from Valserhone to Combloux.
4.30 **British Speedway** Leicester Lions v Sheffield Tigers.
5.30 **FIM Speedway Grand Prix Highlights** Action from the third round of the season in Prague.
6.30 **LIVE FIM Speedway Grand Prix** Coverage from round four of the season in Manchester.
10.00 **Cycling** Criterium du Dauphine. **11.00** Tour of Switzerland.
12.00 M'T **Men's Cycling Pro Series**
1.00 AM **LIVE NBA** Coverage from game four of the NBA Finals.
3.30 **NBA Action** Highlights.
4.00 **to 7.00** AM **LIVE AFL Brisbane Lions v GWS Giants.** Coverage of the match at Brisbane Cricket Ground. Bounce-up **4.20am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Formula E Unplugged**
6.30 **British Speedway**
7.30 **MotoGP** Grand Prix of Aragon.
8.30 **MotoGP Chequered Flag**
9.30 **LIVE Superbike World Championship** From Italy.
10.30 **Superbike Rewind**
11.45 **MotoGP Highlights**
12.45 PM **LIVE Superbike World Championship** From Misano World Circuit in Emilia-Romagna.
3.45 **MotoGP Rewind**
4.00 **Crouchy and Cole**
4.30 **NBA Action** Highlights.
5.00 **NBA on Fire** The latest news.
5.30 **MLB Highlights**
6.30 **MLB: Off the Bat**
7.00 **LIVE MLB Chicago Cubs v Pittsburgh Pirates.** Coverage of the National League match from Wrigley Field. Start-time **7.20pm**.
10.15 **NBA** Game three of the finals.
11.45 **NBA on Fire** The latest news.
12.15 AM **MLB Plays of the Week**
12.45 **TNT Sports Cricket Reload**
1.00 **MotoGP Highlights**
2.00 **Cycling** Criterium du Dauphine.
3.00 **Women's Cycling**
4.00 **British Speedway**
5.00 **to 6.00** AM **T20 Cricket Highlights**

Sky Sports Action

408 408 517 507 426 446

6.00 AM **The Rugby Championship**
8.00 **LIVE Super Rugby** Coverage of a semi-final, as the teams contest a place in the final.
10.00 **Darts Gold** Archive action.
11.00 **LIVE World Cup of Darts** Coverage of the afternoon session on day two of the tournament at Eissporthalle, Frankfurt, which will see the second match take place in each of the 12 round-robin groups.
4.00 PM **PDC Classics**
5.00 **Darts Gold** Archive action.
6.00 **LIVE World Cup of Darts** Coverage of the evening session on day two of the tournament at Eissporthalle, Frankfurt, as the group stage comes to an end and the line-up for the knockout phase is revealed.
11.00 **Darts Gold** Colin Lloyd v John Part in the 2005 Matchplay final. **11.15** Michael van Gerwen v Raymond van Barneveld in 2012. **11.30** Phil Taylor v John Part. **11.45** Phil Taylor v Michael van Gerwen from 2013.
12.00 M'T **Super League Highlights**
2.45 AM **Fight Night** A bout replay.
3.45 **Darts Gold** Action from 2013.
4.00 **to 6.00** AM **Fight Night**

Sky Sports Sky Sports+

412 410 518 508 427 447

6.00 AM **EFL Highlights**
7.00 **Good Morning Sports Fans**
10.00 **LIVE WTA & ATP Tennis** Coverage from the WTA and ATP Tours, including the WTA and ATP S-Hertogenbosch Open, and the ATP Stuttgart Open.
6.00 PM **Sports Centre** A round-up of the sports news with analysis and comments, plus interviews with the headline makers.
7.00 **Sky Sports News** Round-up of the latest sports news.
7.30 **LIVE Super League Hull Kingston Rovers v Catalans Dragons.** Coverage of the match from the 14th round of fixtures at Sewell Group Craven Park Stadium. While this is the first league meeting of the campaign between these teams, they did face each other in Challenge Cup semi-final last month, when KR came out on top with a 36-12 on neutral territory in York. Kick-off **8.00pm**.
10.15 **My Icon** Keegan Hirst.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Premier League Darts**
3.30 AM **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Highlights**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Test Cricket** Australia v S Africa.
8.00 **US Open Golf** The opening day.
9.00 **PGA Tour Champions**
10.00 **Fight Night** Two bout replays.
12.00 NOON **US Open Golf**
1.00 PM **Women's State of Origin**
2.00 **PL Greatest Games**
2.30 **LIVE Ladies European Tour Golf** Coverage of the second day of the Hulencourt Women's Open staged at Hulencourt Golf Club in Genappe, Belgium.
5.30 **PL Greatest Games**
6.00 **LIVE Netball Super League** Coverage of a top-flight match.
7.35 **Game On: The Unstoppable Rise of Women's Sport**
8.50 **Women's State of Origin**
9.50 **My Icon** Leon Pryce.
10.00 **Fight Night** Recent action.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics**
2.00 **Test Cricket**
3.00 **EFL Greatest Games**
4.00 **US Open Official Films**
5.00 **to 6.00** AM **Golf Academy**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
11.30 **UEFA Europa League & Conference League Magazine**
12.30 PM **Cycling** Tour of Switzerland. **1.30** Criterium du Dauphine.
2.30 **LIVE Cycling: Criterium du Dauphine** Coverage of the men's sixth stage, a route of 139.1km from Valserhone to Combloux.
4.30 **Ultimate Pool** Pairs Cup.
6.00 **T20 Cricket Highlights** Action from Ireland v West Indies.
7.00 **V8 Supercars Highlights**
9.00 **WRC Review** A look back at the latest action from the World Rally Championship and Rally Italy.
10.00 **NBA on Fire** The latest news.
10.30 **Ultimate Pool** Pairs Cup.
12.00 M'T **SailGP Highlights**
1.00 AM **AFL** Hawks v Crows.
2.30 **TNT Sports Cricket Reload**
2.45 **TNT Sports Reload**
3.00 **WRC Review** Recent action.
4.00 **to 6.00** AM **V8 Supercars Highlights**

TNT Sports 4

414 416 524 411 434

6.00 AM **IFSC Climbing World Cup**
7.00 **SailGP Highlights**
8.00 **Cycling** Criterium du Dauphine. **9.00** Tour of Switzerland.
10.00 **T20 Cricket Highlights**
11.00 **NBA** Game three of the finals.
12.30 PM **TNT Sports Reload**
12.45 **MLB Highlights**
1.45 **LIVE Cycling: Tour of Switzerland** The second stage, a 164.6km route from Gstaad-Campus Sursee to Oberkirch.
4.45 **TNT Sports Cricket Reload**
5.00 **French Open Tennis**
7.00 **AFL** Hawks v Crows.
8.30 **Powerlifting World Classic Championship** From Chemnitz.
9.30 **MotoGP Highlights**
10.30 **UFC Connected**
11.00 **UFC** Dvalishvili v O'Malley.
2.00 AM **UFC Fight Flashback**
3.30 **Fight Week** UFC 316 review.
4.00 **UFC Connected**
4.30 **IFSC Climbing World Cup**
5.30 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **DTM Highlights**
7.00 **Rugby Union Highlights**
8.30 **Motorsport** Le Tour Auto.
9.00 **NASCAR Highlights**
10.00 **World Surf League**
11.00 **PSA Squash Highlights**
12.00 NOON **Sporting Greats**
12.30 PM **URC in 60** The semi-finals.
1.30 **Top 14 Rugby Union Highlights**
2.00 **DTM Highlights**
3.00 **Women's Football Weekly**
3.30 **Indy Autonomous Challenge**
4.30 **PSA Squash Highlights**
5.30 **NASCAR Highlights**
6.30 **Motorsport** Drew Gibson.
7.30 **Top 14 Rugby Union Highlights**
8.00 **LIVE Top 14 Rugby Union** Coverage of a play-off match.
10.00 **Sporting Countdowns**
10.30 **MotorSport** Le Tour Auto.
11.00 **Top 14 Rugby Union**
1.00 AM **Sporting Greats**
2.00 **DTM Highlights** In Zandvoort.
3.00 **PSA Squash Highlights**
4.00 **to 6.00** AM **Transworld Sport**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **Champions Cup** The final.
9.20 **LaLiga Match Highlights**
9.30 **Bike World** Magazine.
10.00 **NHL Ice Hockey** A play-off.
12.00 NOON **Temples of Sport**
12.30 PM **GP Confidential**
1.00 **German Cup** Arminia Bielefeld v VfB Stuttgart in the final.
3.15 **LaLiga Specials**
3.30 **Football's Greatest**
4.00 **Top 14 Rugby Union**
6.00 **FastZone** Motorsports highlights.
6.30 **United Rugby Championship** A replay of the first semi-final. **8.30** The second semi-final.
10.30 **GP Confidential**
11.00 **Temples of Sport** Iconic sporting venues from around the globe.
11.30 **Champions Cup** Northampton Saints v Bordeaux Begles.
1.50 AM **LaLiga Match Highlights**
2.00 **Temples of Sport**
2.30 **Coppa Italia** Bologna v AC Milan.
4.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

406 406 516 506 424 444

6.00 AM **Formula 1** From Canada.
10.45 **Formula 1** Spanish Grand Prix.
11.45 **F1 Drivers Press Conference**
12.30 PM **Formula 1** Highlights.
1.30 **F1 Drivers Press Conference**
2.15 **Formula 1** Spanish Grand Prix.
3.15 **F1 Drivers Press Conference**
4.00 **F1 Academy** Canadian GP.
5.00 **Formula 1** Highlights.
5.15 **F1 Drivers Press Conference**
6.00 **LIVE Formula 1** The Canadian Grand Prix first practice session.
8.00 **The F1 Show** A race preview.
9.00 **F1 Team Principal Press Conference**
9.30 **Formula 1** Highlights.
9.45 **LIVE Formula 1** The Canadian Grand Prix second practice session.
11.15 **LIVE F1 Academy** The Canadian Grand Prix qualifying session. Start-time **11.30pm**.
12.15 AM **Formula 1** Highlights.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

NEW

tv+ Not a Box

Available from Friday, Apple TV+

It's no great secret that, with a pinch of creativity and a healthy dash of imagination, there is great potential in a simple cardboard box! In this new animated series based on the award-winning book by Antoinette Portis, young viewers are introduced to a Riley, a bright-eyed bunny who also loves to use a box to transport her to exciting make-believe worlds, full of new friends and fantastic adventures.

NEW

NETFLIX The Creature Cases

Available from Monday, Netflix

Secret agents Sam Snow and Kit Casey are back to solve more mysteries of the animal kingdom in a fifth chapter of the animated series for preschoolers.

Each episode sees the detective duo in a new ecosystem, from desert to swamp and island, where they teach us about the wildlife that lives there, and solve problems in the animal community.

And our favourite bit of the show? Of course, it's the mouse dance party at the end of each episode!

More great shows to watch this week...

PAW Patrol: Air Rescue

NEW

Available from Fri, Paramount+

The PAW Patrol pups take to the skies in never-before-seen aircraft, to help folk of Adventure Bay who need rescuing from the heights.

BeddyByes

NEW

Sat & Sun, 6.10pm, CBeebies

Welcome to Planet BeddyByes, where characters MeMo and BaBa introduce us to a calming bedtime routine, from playtime at the Play Tree and snack time at Yummy Land, to story time with Gramma Leeba.

Ocean with David Attenborough

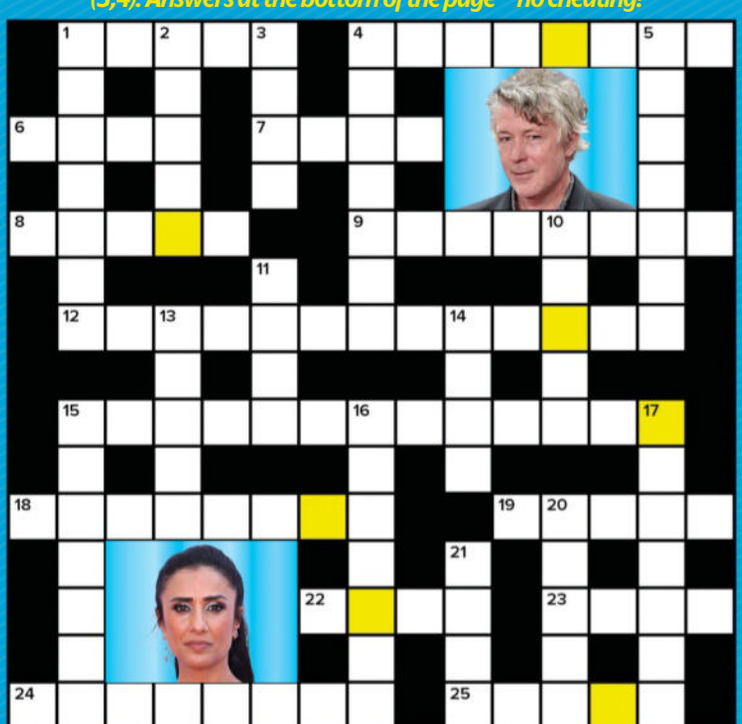
NEW

Sun, 8pm, National Geographic

The 99-year-old biologist teaches us how important it is to look after our oceans in this fascinating film.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a late English actor (3,4). Answers at the bottom of the page – no cheating!



ACROSS

1 See picture clue: Played Littlefinger in *Game of Thrones*, ----- Gillen (5)
4 Surname of Brenda Blethyn's character in ITV1 crime drama *Vera* (8)
6 Actor in biography series *Pam & Tommy*, Sebastian ---- (4)
7 *Don't* ---- *the Music*, Rihanna hit song from 2007 (4)
8 *Call Me by Your Name* actor, ----- Hammer (5)
9 *Nine Million* --------, 2005 hit for Katie Melua (8)
12 Epic 1966 movie starring Omar Sharif and Julie Christie (6,7)
15 Consumer-affairs show co-presented by Angela Rippon (3-3,7)
18 BBC sitcom that starred Robert Lindsay and Zoë Wanamaker (2,6)
19 Comedian, ----- Hill (5)
22 Actor who starred in 1995 film *Muriel's Wedding*, ---- Collette (4)
23 *He's Just Not That* ---- *You*, Ginnifer Goodwin and Ben Affleck film from 2009 (4)
24 -------- C. Moore, played Cindy Hayes in *Orange Is the New Black* (8)
25 Roddy -----, frontman of pop band Aztec Camera (5)

DOWN

1 American sci-fi series, -------- *Carbon* (7)
2 ----- Menzies, Scottish host of *A Place in the Sun* (5)
3 Graham ----, singer who's worked with David Crosby and Stephen Stills (4)
4 Debut album by Muse (7)
5 Alternative-rock band formed in 1994 and fronted by Brian Molko (7)
10 Jenna Coleman's role in BBC sci-fi series *Doctor Who*, ----- Oswald (5)
11 Nickname of 2017 *I'm a Celebrity...* winner (4)
13 Frank -----, director of 1946 movie *It's a Wonderful Life* (5)
14 Film starring Dame Judi Dench and Kate Winslet in the title role (4)
15 -------- Blanc, Michelin-starred French celebrity chef (7)
16 Ronan Keating's former pop band (7)
17 Rapper with his own chat show, Big -------- (7)
20 See picture clue: ----- Rani, British-Indian radio and TV presenter (5)
21 *The Simpsons* character infatuated with Marge Simpson, Artie ---- (4)

WORDS: LYNETTE BRIGHTON. PHOTOS: GETTY, APPLE TV+, NETFLIX, OLLY SCHOLEY / NATIONAL GEOGRAPHIC.

CROSSWORD SOLUTION

ANSWER: Ian Holm **ACROSS:** 1 Aidan 4 Stanhope 6 Stan 7 Stop 8 Armie 9 Bicycles 12 Doctor Zhivago 15 Rip-Off Britain 18 My Family 19 Harry 22 Toni 23 Into 24 Adrienne 25 Frame **DOWN:** 1 Altered 2 Danni 3 Nash 4 Showbiz 5 Placebo 10 Clara 11 Toff 13 Capra 14 Iris 15 Raymond 16 Boyzone 17 Norste 20 Anita 21 Ziff

Coming soon

Cameron Beck (Tom Hollander) and Iris Nixon (Niamh Algar)

The Iris Affair

Tom Hollander and Niamh Algar star in a tense international thriller

A tense cat-and-mouse chase across Italy is at the heart of Sky Atlantic's upcoming drama *The Iris Affair*.

Airing later this year, the eight-part thriller, penned by *Luther* creator Neil Cross, centres on highly intelligent Iris Nixon, played by Niamh Algar, who has a gift for solving tough riddles. After she cracks a series of mysterious online puzzles, she is led to Florence, where charming entrepreneur Cameron Beck (Tom Hollander) asks her to help him access a piece of enigmatic, top-secret but life-changing technology.

TAKING A RISK

When Iris realises that the device could potentially cause devastation, however, she decides to steal the journal containing the code that will activate it and goes on the run in Sardinia and Rome. But as danger grows ever nearer, can Cameron catch her?

Kristofer Hivju, Harry Lloyd, Meréana Tomlinson, Sacha Dhawan and Peter Sullivan co-star along with Maya Sansa, Debi Mazar, Marco Leonardi, Angela Bruce and Lorenzo de Moor.

THRILLING

'All I wanted to do was to make a show I wanted to watch,' says Cross. 'It's an unapologetically exciting, witty, chase-driven adventure show and features a lead character the likes of which I don't think we've ever met before on TV.

'I couldn't be more excited to share this world and these characters.'

WHAT'S NEXT FOR...

Jessica Hynes

The actor has signed up for C4 drama **Patience**'s second series. She will play DI Frankie Monroe, while Ella Maisy Purvis returns as the titular neurodiverse woman who helps the police crack tricky cases.

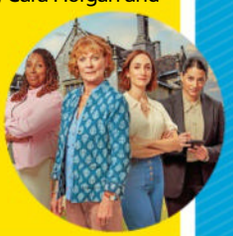
Lucy Worsley

The historian will host **Lucy Worsley Investigates: The American Revolution**, a two-part BBC2 series that will explore the Declaration of Independence's 250th anniversary in 2026 from Britain's perspective.

Coming Back

While the first run of Mark Gatiss' U&Alibi drama **Bookish**, centring on Gabriel Book, the crime-solving owner of an antiquarian bookshop in 1940s London, is set to air in July, a second run has already been ordered.

U&Drama's **The Marlow Murder Club** will reunite stars Jo Martin, Samantha Bond, Cara Horgan and Natalie Dew for a third series of mysteries. This time, the team will tackle the deaths of the mayor and a celebrity chef.



Next week — On sale Tuesday 10 June

Outrageous

U&Drama's period drama tells the real-life story of the free-spirited Mitford sisters.

The Waterfront

A US family struggles to keep its fishing business afloat in a twisty Netflix drama.

Isle of Wight Festival

Wall-to-wall coverage on Sky as Sting, The Corrs, Faithless and Amy Macdonald perform.

Club World Cup

Chelsea and Manchester City take on the world's best in a new tournament on 5 and DAZN.

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The charms at the back of the main image reveal even more intricate detail!
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